

VENTURA COUNTY BEHAVIORAL HEALTH ADVISORY BOARD
TRANSITIONAL AGE YOUTH (TAY) COMMITTEE
MINUTES ■ Thursday, March 26, 2015

<p><u>Present</u> McKian Nielsen, BHAB TAY Committee Chair Sharon Espinosa, Dept. of Rehab. Patti Yabu, Interface Roxanne Brooks, CFS Brenda Ramirez, Probation Carl Brewer, Probation Carrie Therault, Probation Denise Quintero, TAY Tunnel Gretchen Marshall, Telecare</p>	<p><u>VCBH Managers/Staff Present</u> Meredyth Leafman, Manager, TAY/Older Adults Program Anna Flores, Manager, ADP Lucianne Ranni, ADP Program Pam Roach, Transformational Liaison Irma Victorino, Recording Secretary</p> <p>NEXT MEETING: Thursday, April 23, 2015, 10:30 a.m. – 12:00 pm Ventura County Behavioral Health 1911 Williams Dr., Suite 200, Oxnard CA 93036</p>
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Note: The committee has not yet approved these minutes. There may be additions/deletions or corrections before the minutes are accepted in final form.

	DISCUSSION/CONCLUSIONS	RECOMMENDATIONS/ACTIONS	RESPONSIBLE
I.	Call to Order The Chair called the meeting to order at 10:35 am.		
II.	Approval of the Agenda 1. The Chair asked the committee for any discussion or changes to the agenda. 2. A motion was made and seconded to approve the agenda as presented.	The agenda was approved as written. M/S/C	
III.	Approval of the Minutes 1. The Chair asked the committee to review and approve the minutes of the March 26, 2015 meeting. 2. A motion was made and seconded to approve the minutes as written.	The minutes were approved as written. M/S/C	
IV.	Welcome and Introductions The Chair welcomed everyone and asked for introductions.		
V.	Chair Announcements 1. The Annual NAMI Walk is scheduled on Saturday, May 2, 2015. 2. The Chair shared an article on <i>Survey finds freshmen party less, worry about money more</i> featured in LA Times on Feb. 5, 2015.		
VI.	Public Comments None		
VII.	ADP Presentation - Anna Flores, Manager, ADP 1. Main topics of the presentation a. Confidentiality of Drug and Alcohol Record b. Guidelines for Co-occurring treatment 2. Ms. Flores discussed the referral process. ADP Outpatient Clinics are open from 8:30 am to 8:00 pm to accommodate schedule of clients who are working. Copies of Consent for Release of Confidential Information were distributed. She mentioned that a signed consent is necessary to assist in the coordination of treatment.		

	<ol style="list-style-type: none"> 3. Ms. Flores explained that the adult services are designed to help adults 18 years old and over seeking help with alcohol or other substance use problem. Group curriculum includes: <ol style="list-style-type: none"> a. Living in Balance b. Matrix Approach c. Co-occurring disorder program d. Effective parenting e. Seeking safety 4. Treatment groups for adults from 18-25 in Oxnard. This is not a separate track, but a scheduling accommodation, offered when practical. 5. Ms. Flores mentioned that the ADP co-occurring quadrant 3 or those with low severity MH and high severity Substance Use Disorder are their target population. 6. Location of outpatient clinics were provided. 7. Ventura County ADP Program brochures were distributed. 		
VIII.	<p>Review of 2015 BHAB Goals and action plan</p> <ol style="list-style-type: none"> 1. Upon review of 2013-2014 BHAB TAY Goals, the following editorial revisions were suggested: <ol style="list-style-type: none"> a. Delete Nos. 1 and 7 goals b. Move Outreach to underserved Community and Agencies serving TAY to one of the goals c. Under the 4th goal, delete “analyze how well TAY have access to house.” d. Revised goals will be reflected 2014-2015 BHAB TAY Goals. 2. Following action plans were suggested: <ol style="list-style-type: none"> a. To increase participation and educate community partners, it was suggested to organize outreach by organizing TAY Resource Fair at least once a year. b. Create a survey and distribute to community in order to identify what they need. c. Develop TAY brochure making sure that resources are current. d. Have a resource table available in the jail reception area. 3. It was suggested to choose two to three goals from the list which are attainable and make the BHAB General Committee Goals as model/guide. 4. Ms. Leafman suggested to table the revised goals next meeting. Copy of revised BHAB TAY Goals and BHAB General Committee goals will be made available next meeting for discussion. 		
IX.	<p>Update VCBH Transitions Program</p> <ol style="list-style-type: none"> 1. TAY started the EBP Multi-Family Problem Solving Group for Psychosis. The group will be scheduled every other week and will target clients diagnosed with psychosis. 2. TAY will again participate in the TAY Un-Convention on May 29 at LA. 3. VIPS program is expanding in East County located in Simi Valley. The paper is going to the Board of Supervisor early May. 		
X.	<p>VCBH Contracted Providers’ Update</p> <ol style="list-style-type: none"> 1. TAY Tunnel, Denise Quintero <ol style="list-style-type: none"> a. 2013/14 total membership – 103 		

	<p>b. 2013/14 total visitors – 322</p> <p>c. Open house for members and TAY parents is scheduled in May. Date to be announced. This is a 12-week series support group to gain parenting skills.</p>		
XI.	<p>Comments</p> <p>1. Ms. Flores clarified that the ADP Program offer treatment groups for clients who are 18 to 25 years old. There are also separate groups for women.</p> <p>2. For next meeting, it was suggested inviting Anthony Marron or his designate from Pacific Clinic/TAY Tunnel to talk about jail project. Denise Quintero will confirm to the Chair availability of Mr. Marron.</p>	Contact Anthony Marron if available to present next meeting.	Denise Quintero
XI.	<p>Items for Next meeting</p> <p>1. Review 2014-2015 BHAB TAY Goals and BHAB General Committee Goals.</p> <p>2. Presentation of Pacific Clinic/TAY Tunnel, Anthony Marron or designate.</p>	To be confirmed	Denise Quintero
XII.	<p>Next meeting Thursday, April 23, 2015</p>		
XIII.	<p>Adjourn The meeting adjourned at 11:45 am</p>		