

**BEHAVIORAL HEALTH ADVISORY BOARD  
TRANSITIONAL AGE YOUTH (TAY) COMMITTEE  
MINUTES ■ Thursday, June 22, 2017**

<p><b><u>Board Members Present</u></b>          Cmdr. Ron Nelson, Chair          Kay Wilson Bolton, BHAB          David Vahidi, CFS          Sharon Espinoza, Department of Rehabilitation          Monica Vergara, Interface          Amanda Rosales, Interface          Anthony Marron, TAY Tunnel          Javi Bautista, TAY Tunnel          Sheri Long, Vista Real Charter High School          Georgia Perry</p>	<p><b><u>VCBH Staff Present</u></b>          Sevet Johnson, TAY Manager          David Tovar, ADP Prevention          Greg Bergan, MHSA          Pam Roach, Transformational Liaison          Edith Pham, BHAB Assistant</p> <p><b>NEXT MEETING:</b>  <b>Thursday, July 27, 2017, 10:30 – 12:00 p.m.</b></p> <p>Ventura County Behavioral Health          1911 Williams Drive, Lake Tahoe Room (<u>second floor</u>), Oxnard</p>
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Note: The committee has not yet approved these minutes. There may be additions/deletions or corrections before the minutes are accepted in final form.

	DISCUSSION/CONCLUSIONS	RECOMMENDATIONS/ ACTIONS	RESPONSIBLE
I.	<b>Call to Order</b> Chair Cmdr. Ron Nelson called the meeting to order at 10:35.		
II.	<b>Approval of the Agenda</b> Cmdr. Nelson asked the Committee to review and approve today's agenda, noting that the presentation would need to take place prior to the discussion regarding the Annual Report. Pam Roach moved to approve as amended, Kay Wilson Bolton seconded. The motion passed unanimously.	The agenda was approved as amended. <b>M/S/C</b>	
III.	<b>Approval of the Minutes</b> Cmdr. Nelson asked the committee to review and approve the minutes of the May 25, 2017 meeting. Pam Roach moved to approve, Monica Vergara seconded. The motion passed unanimously.	The minutes were approved as written. <b>M/S/C</b>	
IV.	<b>Welcome and Introductions</b> Cmdr. Nelson welcomed everyone and asked for introductions.		
V.	<b>Chair Announcements</b> Cmdr. Nelson noted that he attended a meeting at the TAY Tunnel on June 1 <sup>st</sup> . The topic was Gaps in the Spectrum of Services for TAY. Cmdr. Nelson was impressed with the TAY Tunnel staff.  VCBH, the Sheriff's Office and Probation are collaborating on a project. About 15 inmates will be identified to receive Vivitrol injections as part of their medication-assisted treatment for their opioid addiction.  On June 21 several dogs graduated from the Rehabilitation Utilizing Furry Friends (RUFF Road) program and went to their forever homes.		
VI.	<b>Public Comments</b> None.		
VII.	<b>Presentation: Marijuana and TAY – David Tovar, VCBH ADP, Office of Traffic Safety (OTS) Grant Coordinator</b> Half of the U.S. states have approved or decriminalized the use of recreational marijuana.  Addiction treatment is expensive. Treatment is similar to pulling a person from a river, while prevention is keeping people from falling into the river.	Information	

	<p>71% of youth ages 5 to 17 list marijuana as their drug of choice. The average onset is 13. 41% are daily users. Studies show that the IQ of youth who use often is negatively affected.</p> <p>Public schools have teamed up with VCBH to offer several programs. One is a counseling program with youth, parents and peers when students are found with marijuana at school; this program helps youth understand the effect of marijuana. This program reduces the suspensions rate and increases the graduation rate. It is currently offered in Conejo and Fillmore, and the goal is to have every school district provide this program.</p> <p>60% of revenues from Prop 64 is for specific programs, e.g. school programs. Schools may use the results of a Healthy Kid survey to increase awareness.</p> <p>Parents can sign up to receive a monthly text message that helps them start conversations with their children.</p> <p>Toolkit for school counselors, parents and the public are available in print and on social media. The What's Your HighQ? Test is at <a href="http://venturacountylimits.org">http://venturacountylimits.org</a>. Information can also be found at <a href="https://www.mifactcheck.org">https://www.mifactcheck.org</a>. VCBH strives to raise the profile of the problem and create a dialogue.</p> <p>VCBH is not involved with setting guidelines and city ordinances regarding recreational marijuana, although it is sharing strategies and information and educating the local decision makers.</p> <p>Mr. Tovar noted that those who are enrolled in the DUI program take a survey that provides information regarding their use, place of last use, and other important data.</p>		
VIII.	<p><b>Discussion: BHAB TAY 2016-17 Annual Report</b>  A discussion took place regarding the committee. Feedback includes the following:</p> <p>Purpose: outreach, advocacy, bring concerns to the BHAB General Board. Information sharing, individual agency representatives can use information for their own clients. Network, refer clients to each other's agency.</p> <p>Challenges: outreach to East County to get representation on the committee, budget cuts, lack of direct input from TAY clients, lack of affordable housing, the need to educate parents and educators.</p> <p>Opportunities: survey the TAY clients in order to get their voice, gather data.</p> <p>Accomplishments: researched Transition to Independence Process (TIP); Erin Locklear and Monica Vergara of Interface presented on housing options, which helped the committee gain knowledge.</p> <p>Cmdr. Nelson will update the draft Annual Report. It will be further discussed at the July meeting.</p>	Update draft Annual Report	Cmdr. Nelson
IX.	<p><b>VCBH Transitions Update – Sevet Johnson</b></p> <p>A. All County-owned or leased properties and grounds are now smoke free. Clients are being educated about this change. Smoking cessation classes are being offered.</p> <p>B. A picnic with a Hawaiian theme will take place on July 20<sup>th</sup> for TAY clients.</p> <p>C. On August 16<sup>th</sup> Substance Abuse &amp; Mental Health Services Administration (SAMHSA) will hold its Voice Awards at UCLA. This event highlights people in the entertainment industry who speak about mental health in a non-stereotypical way.</p>	Information	
X.	<p><b>VCBH Alcohol &amp; Drug Program Update</b>  No representative from ADP was in attendance.</p>		

<p><b>XI.</b></p>	<p><b>Providers Update</b></p> <p>A. Anthony Marron noted that the TAY Tunnel staff is continuing outreach efforts, including to the Mexican Consulate, where they might set up a table. Presentations are given regularly at El Concilio. Every Thursday the TAY Tunnel has an outing at the beach. The TAY Tunnel is turning ten. The occasion will be celebrated during an event on September 29; details will follow.</p> <p>B. Javi Bautista is working on building connections in the Latino community, where stigma is prevalent.</p> <p>C. Monica Vergara noted that Interface is helping a client secure housing through Pathway to Home. It is also providing help with the client's education.</p> <p>D. Ms. Vergara announced two upcoming events, where provider participation is welcome:</p> <ol style="list-style-type: none"> <li>1. The 9<sup>th</sup> annual A Family Affair on August 5 in Santa Paula;</li> <li>2. The Salsa Festival on July 29<sup>th</sup> and 30<sup>th</sup> in Oxnard.</li> </ol> <p>Information will be emailed.</p>		
<p><b>XII.</b></p>	<p><b>Committee Members' and Participants' Comments, Activities</b></p> <p>A. Sheri Long noted that about 80 Vista Real Charter High School students recently participated in a graduation ceremony. Most of them were at risk for not graduating. The campus is open for summer school. The school is in the early stages of discussion with Casa Pacifica regarding the possibility of opening a satellite campus there. The National Association of Women in Construction is running a one-week construction camp for 27 girls ages 15-19.</p> <p>B. David Vahidi noted that since AB12 (extended foster care) was implemented in 2012, CFS has been working more closely with the adult system of care to improve the lives of TAY.</p> <p>C. Cmdr. Nelson reminded all that on July 19<sup>th</sup> from 5:30 8:00 p.m. Casa Pacifica will have a barbeque for all past and present TAY.</p>		
<p><b>XIII.</b></p>	<p><b>Items for Next Meeting Agenda</b></p> <p>A. Request a presentation from Casa Pacifica. B. Annual Report.</p>	<p>Schedule presentation</p>	<p>E. Pham</p>
<p><b>XIV.</b></p>	<p><b>Adjourn</b> The meeting adjourned at 11:50.</p>		

WEED

MYTHS  FACTS

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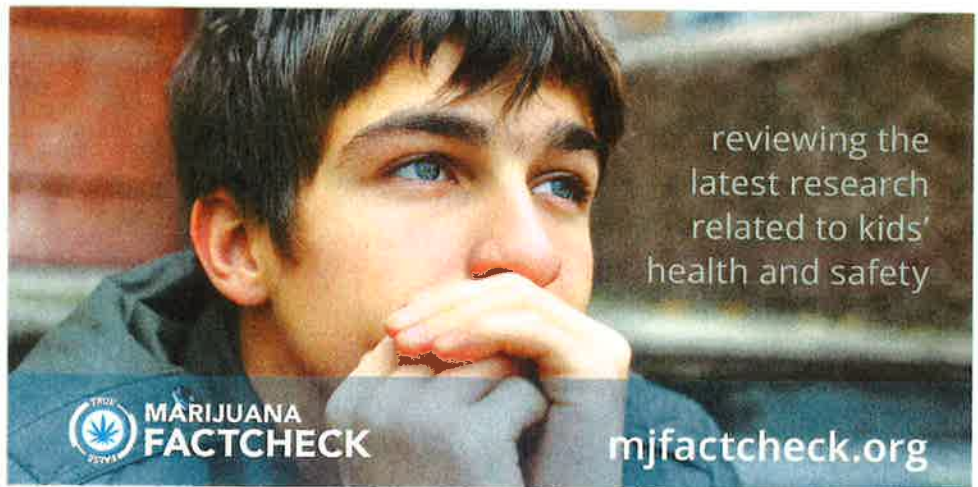
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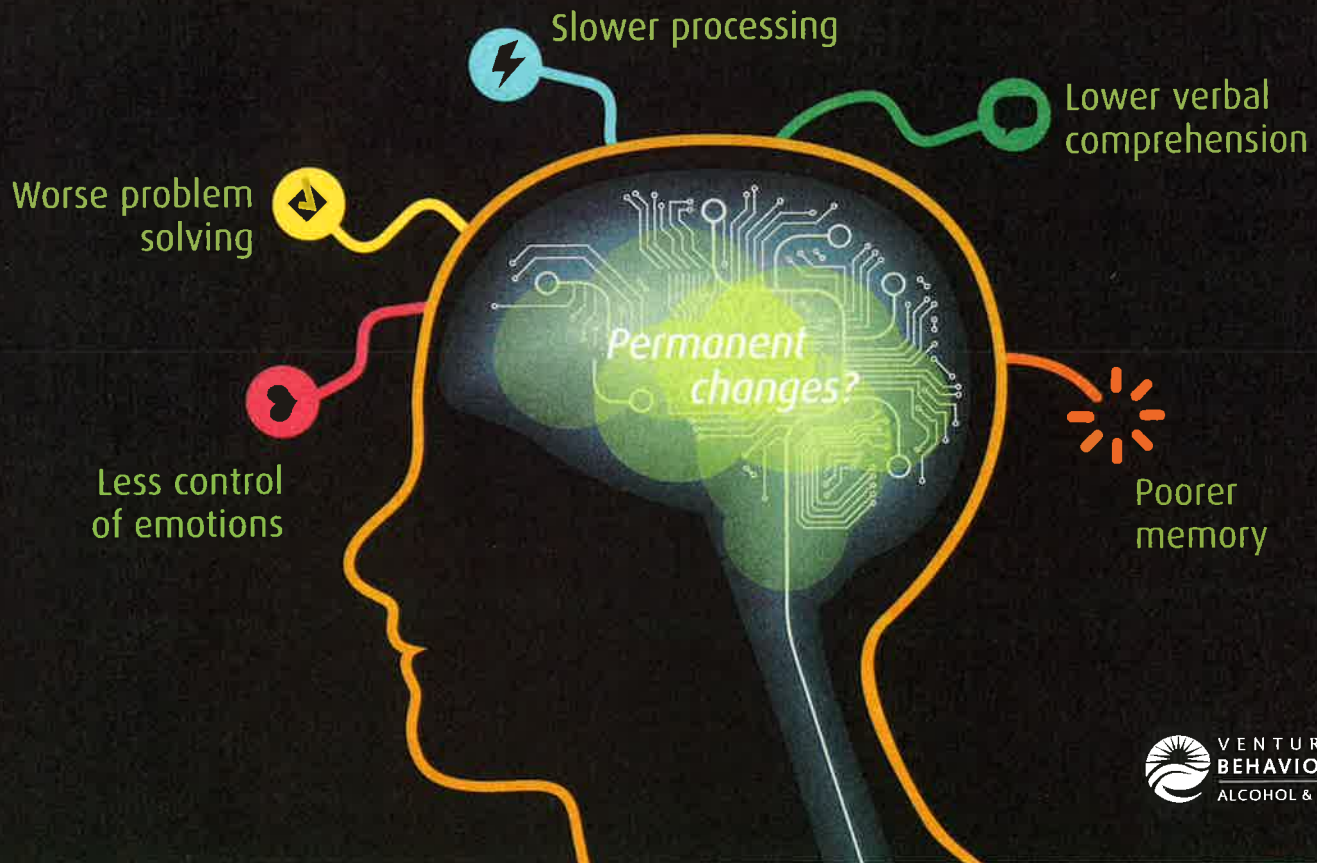
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# MARIJUANA & YOUR KID'S BRAIN



VENTURA COUNTY  
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## RETHINKING MARIJUANA

### Yesterday's high times?

THINK AGAIN. Potency of marijuana is 3-5 times higher than it used to be: 10% THC in the past to 35% now.

### Resilient young brains?

THINK AGAIN. Mental, emotional and physical functions can be reduced. Learning and memory can be permanently affected.

### School life unchanged?

THINK AGAIN. Lower grades, poor sports participation and lost opportunities occur: 60% of daily users do not complete school.

### Pipes, bong and joints?

THINK AGAIN. Kids have access to many forms of marijuana, some disguised: baked goods, pot-infused drinks, gummy bears, Pot-Tarts, butane hash oil (BHO) wax and shatter, and vape pens.

### Drive better when stoned?

THINK AGAIN. WEEDUI is real: driving under the influence of marijuana is a dangerous crime – and a doctor's note is not an excuse.

### Not addictive?

THINK AGAIN. The younger marijuana use begins, the greater likelihood of addiction: higher potency may mean even greater risk.