

BEHAVIORAL HEALTH ADVISORY BOARD
TRANSITIONAL AGE YOUTH (TAY) COMMITTEE
MINUTES ■ Thursday, March 23, 2017

<p>Board Members Present Kay Wilson-Bolton, Alternate Chair Erin Locklear, Interface Monica Vergara, Interface Amanda Rosale, Interface Cici Romero, TAY Tunnel</p>	<p>VCBH Staff Present Sevet Johnson, Transitions Manager Pam Roach, Transformational Liaison Felicia Skaggs, RISE Clinic Administrator Edith Pham, BHAB Assistant</p> <p>NEXT MEETING: Thursday, April 27, 2017, 10:30 – 12:00 p.m.</p> <p>Ventura County Behavioral Health 1911 Williams Drive, Training Room (first floor), Oxnard</p>
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Note: The committee has not yet approved these minutes. There may be additions/deletions or corrections before the minutes are accepted in final form.

	DISCUSSION/CONCLUSIONS	RECOMMENDATIONS/ ACTIONS	RESPONSIBLE
I.	Call to Order Alternate Chair Kay Wilson-Bolton called the meeting to order at 10:35.		
II.	Approval of the Agenda Ms. Wilson-Bolton asked the Committee to review and approve today's agenda.	The agenda was approved as written. M/S/C	
III.	Approval of the Minutes Ms. Wilson-Bolton asked the committee to review and approve the minutes of the February 23, 2017 meeting.	The minutes were approved as written. M/S/C	
IV.	Welcome and Introductions Ms. Wilson-Bolton welcomed everyone and asked for introductions.		
V.	Chair Announcements Ms. Wilson-Bolton noted that Cmdr. Nelson is out of town.		
VI.	Public Comments None.		
VII.	<p>Presentation: Rapid Integrated Support and Engagement (RISE) – Felicia Skaggs, Clinic Administrator RISE is designed to outreach to people, whether homeless or not, who would not ordinarily seek VCBH services. Staff build rapport and trust over time. They help clients access their basic needs, develop an action plan to link them to VCBH and other services, provide transportation as needed. The program promotes clients' independence in their journey toward recovery. Staff coordinate a warm handoff with the clinics.</p> <p>Two RISE clinicians are based at Hillmont Psychiatric Center. They connect or reconnect the clients to an outpatient clinic.</p> <p>RISE gets referrals from law enforcement, businesses, churches, schools, and government partners.</p> <p>RISE participates in the community intervention court. In addition, RISE meets monthly with all law enforcement agencies in the county to improve communication and identify individuals who have multiple contacts with law enforcement.</p> <p>A clinician and a case manager provide proactive services for youth being discharged from hospitals or being referred by schools.</p>	Information	

	<p>Last summer VCBH Crisis Team took over the crisis calls related to children and youth. RISE was given an additional clinician to handle post-crisis follow-up on those youth referrals from STAR. A RISE clinician will be co-located at the Children's Crisis Stabilization Unit and COMPASS (Comprehensive Assessment and Stabilization Services). This clinician will complete assessments of the youth, connect them to an outpatient clinic, and assist their families.</p> <p>See attached presentation for details.</p>		
VIII.	<p>VCBH Transitions Update – Sevet Johnson</p> <p>A. VCBH is preparing for a Triennial Medi-Cal audit. It will take place over several days starting on March 27.</p> <p>B. It can be challenging to get TAY clients to attend rehabilitation groups at the clinics. The Conejo TAY clinic is fortunate to have a new staff who has been able to engage the TAY in groups such as a reading group and a study group.</p> <p>C. Clients are requesting to have a recovery coach who can help normalize mental illness.</p>	Information	
IX.	<p>VCBH Alcohol & Drug Program Update</p> <p>No representative from ADP was in attendance.</p>		
X.	<p>Providers Update</p> <p>A. Cici Romero distributed the March schedule of events and groups taking place at the TAY Tunnel. A TAY Spectrum group for LGBTQ is scheduled to start in April.</p> <p>B. Erin Locklear stated that Interface is continuing to hold TAY collaborative meetings and looking into youth homelessness. Interface was given the opportunity to do training on federal assistance through HUD. Interface is looking into partnering with the Kingdom Center to shelter the TAY population. Interface would handle the case management for young women ages 18 through 21. Interface is doing outreach and engagement to youth in Simi Valley, where housing is the main challenge.</p>		
XI.	<p>Committee Members' Comments/Activities</p> <p>A. Pam Roach noted that the NAMI Walk will be on Saturday, May 6. She is the captain of the VCBH All Stars Team, and she invited all to join her team or participate in other ways.</p>		
XII.	<p>Items for Next Meeting Agenda</p> <p>Ms. Wilson-Bolton suggested inviting One Step a la Vez in Fillmore to give a presentation on their services. The group agreed.</p>	Invite One Step a la Vez to present in April	E. Pham
XIII.	<p>Adjourn</p> <p>The meeting adjourned at 11:10.</p>		




A Department of Ventura County Health Care Agency

RISE

(Rapid Integrated, Support & Engagement)

Felicia Skaggs M.S. BH Clinic Administrator III
RISE Team



RISE

(Rapid, Integrated Support & Engagement)

Developed from STAR's existing successful *Bridge Building* initiative, the primary mission of RISE is to prevent clients from "falling through the cracks" by engaging them early, frequently, and comprehensively via Bridge Building Services.

The RISE Team builds upon established relationships with law enforcement, IPU, A&R, NAMI, Client Network and other community providers to ensure services are integrated and reflect community priorities and develop new community relationships as necessary.

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RISE continued

- The team has identified core parts of bridge building services:
 - Establish contact intervals (daily, periodically, etc.), methods (phone, in person, etc.), and staff (CSC, BHC, Specialist)
 - Assess basic needs and provide required linkage (food bank, bus tokens, shelter, etc.)
 - Perform Safety Analysis
 - Develop Action Plan for linkage to VCBH
 - Provide transportation as needed
 - Coordinate warm handoff with clinics



Overview of RISE Team






Bridge Building Teams

- Ventura
- Oxnard
- PATH Grant (Homeless Outreach Countywide)
- Santa Clara Valley
- Thousand Oaks / Simi Valley


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Rapid Response Assessment Teams


- East (BHC, CSC)**
Samaritan Center / TO One Stop
- West (BHC, CSC)**
Turning Point / Ventura-Oxnard One Stop


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 Behavioral Health Clinicians at A&R & IPU

Unenrolled	Enrolled
<p>Not admitted: link to required mental health services such as CRT, VCBH STAR, Beacon etc.</p>	<p>Ensure communication with regional clinic so they are aware of contact with A&R</p>
<p>Admitted: develop relationship, connect to bridge builders, assess as needed</p>	<p>Assist with facilitating transfer from VCMC ER to A&R (both enrolled and unenrolled)</p>

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 Special Liaisons



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graph TD; A[Law Enforcement] --- B[Business/Medical Providers]; B --- C[Faith Based Community Partners]; C --- D[Government Partners- cps, aps, schools]; D --- A;
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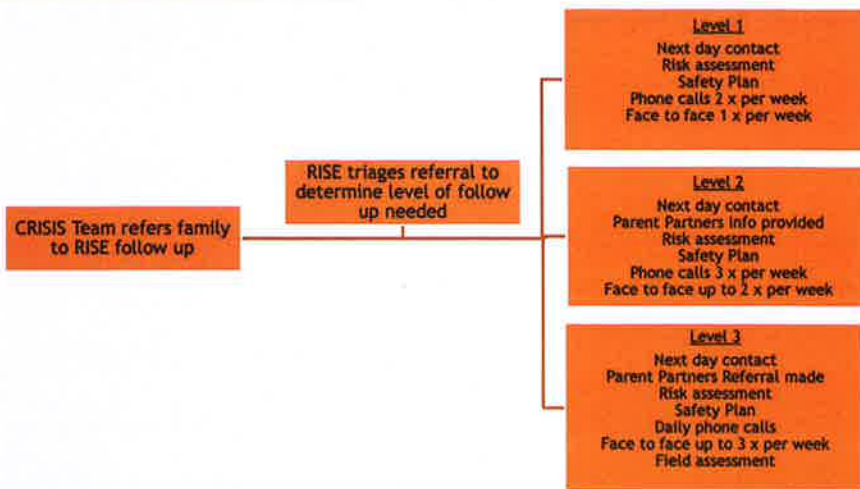


Homeless Services

- RISE / P.A.T.H Program
 - Assistance for high risk/needs clients
- One Stop Center & Community Involvement
 - Assist community/governmental agencies



Post Crisis Follow Up





Crisis Stabilization Unit and COMPASS

- RISE Team will have a clinician co-located at the CSU and COMPASS.
 - Ensure linkage to services for unenrolled youth.
 - Ensure communication and reconnection back to VCBH clinics for enrolled youth.
 - Assist families with connection to appropriate resources as needed.

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Questions?

Thank you for your time.

Please let us know if you have any questions.

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RAPID INTEGRATED SUPPORT & ENGAGEMENT

RISE PROGRAM

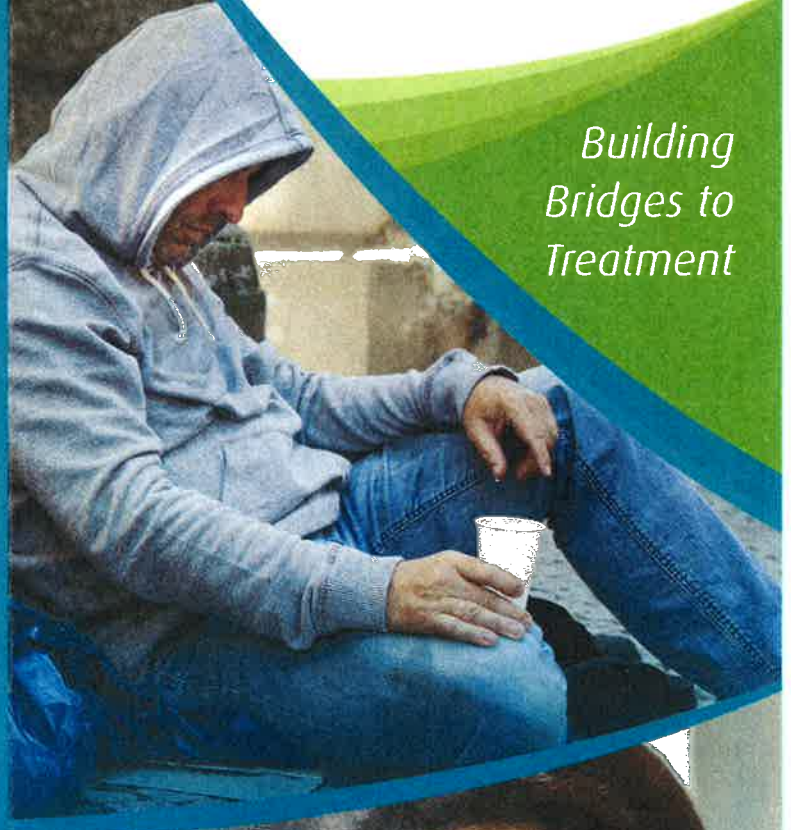
*Building
Bridges to
Treatment*

"I've never received this kind of support before. A RISE person keeps checking in with me to see how I'm doing. I would not have made it this far without their help."

— RISE Client

"I am very happy with the treatment, home visits and follow up from RISE. I felt like no one could help, provide support, or reach out to my son until I called RISE. I want to thank your team for your kindness and concern." — RISE Parent

"The Ventura County Sheriff's Office homeless intervention program, Project H.O.P.E., has been working with RISE since its inception. The combination of law enforcement and mental health impacting individuals with moderate to severe mental illness has been a great success. We look forward to our ongoing working relationship and many more successful stories." — Joseph Preciado, Camarillo Police Department



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If someone has, or appears to have mental health problems and is unable or unwilling to access assessment and treatment, RISE can help.

DO YOU KNOW SOMEONE...

- ...who has been released from a psychiatric facility but isn't following up with outpatient treatment?
- ...who is homeless and has a mental illness but currently refuses treatment?
- ...with serious mental health problems who is unable to access outpatient mental health clinics without assistance?
- ...whose symptoms are so severe that they cannot leave their home?
- ...who is having difficulty managing their symptoms in a public setting?
- ...who appears to be experiencing a low level crisis due to mental illness and is impacting the community?

THE RISE PROGRAM is offered by Ventura County Behavioral Health specifically to encourage and enable people in these situations to get assessment and treatment. The field-based outreach team makes contact, then provides ongoing support in navigating any challenges to accessing care. And it's not just one-time assistance – the RISE team follows up with clients as needed and may be closely involved with case management.

CONTACT US

There are 3 ways to refer someone to RISE:

- 1) Call the RISE Engager of the Day: (805) 981-4233
- 2) Fax the referral form to RISE: (805) 981-9268
- 3) Email the referral form:
Riseprogram@ventura.org

If a person is experiencing a moderate or high risk crisis – if their words or behaviors suggest they may harm themselves or others, or if they appear to be gravely disabled – do not contact RISE. Contact the Crisis Team at 1-866-998-2243.

Building Bridges to Treatment

March 2017

T.A.Y Tunnel



(Transitional Age Youth)
Hours: Mon.-Fri. 9-5:30 Sat 10-3

141 W. Fifth St. Ste. D
805-240-2538

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
		1 9-10 Plan your Day 10-11 Life Skills 11-12 Creative Expression 1-2 Job Readiness 2-3 Productive Hour 3-4:30 TAY WRAP (4)	2 9-10 Plan your Day 10-11 Nutritional Health 11-12 WRAP 1-2:30 Closed Staff Meeting 3-4 Physical Wellness 4-5 Positive Interactions	3 9-10 Plan your Day 10:30-11 Food Pantry 11-12:30 TAY WRAP (8) 2-3 Youth WRAP 3-4 Creative Expression 4-5 Positive Interactions	4 Open 10-3 10-11 Productive Hour 12-1 Creative Expression 12-1 Nutritional Health 1-2 Youth WRAP 2-2:45 Productive Hours
6 9-10 Plan your Day 10-11 Creative Expression 11-12 WRAP for Addiction 1-2 Job Readiness 2-3 Youth WRAP 3-4 Positive Interaction *center closing at 5:00pm	7 9-10 Plan your Day 10-11 Nutritional Health 11-12 TAY Council 1-2 Job Readiness 3-4 Youth WRAP 4-5 Positive Interactions	8 9-10 Plan your Day 10-11 Life Skills 11-12 Creative Expression 1-2 Job Readiness 2-3 Productive Hour 3-4:30 TAY WRAP (5)	9 9-10 Plan your Day 10-11 Nutritional Health 11-12 WRAP 1-2 Current Events 3-4 Physical Wellness 4-5 Positive Interactions	10 9-10 Plan your Day 10:30-11 Food Pantry 11-12:30 TAY WRAP (1) 2-3 Youth WRAP 3-4 Creative Expression 4-5 Positive Interactions *center closing at 5:00pm	11 Center CLOSED Community Event
13 9-10 Plan your Day 10-11 Creative Expression 11-12 WRAP for Addiction 1-2 Job Readiness 2-3 Youth WRAP 3-4 Positive Interaction *center closing at 5:00pm	14 9-10 Plan your Day 10-11 Nutritional Health 11-12 TAY Council 1-2 Job Readiness 3-4 Youth WRAP 4-5 Positive Interactions	15 9-10 Plan your Day 10-11 Life Skills 11-12 Creative Expression 1-2 Job Readiness 2-3 Productive Hour 3-4:30 TAY WRAP (6)	16 9-10 Plan your Day 10-11 Nutritional Health 11-12 WRAP 1-2 Current Events 3-4 Physical Wellness 4-5 Positive Interactions	17 9-10 Plan your Day 10:30-11 Food Pantry 11-12:30 TAY WRAP (2) 2-3 Youth WRAP 3-4 Creative Expression 4-5 Positive Interactions	18 Center CLOSED Community Event
20 9-10 Plan your Day 10-11 Creative Expression 11-12 WRAP for Addiction 1-2 Job Readiness 2-3 Youth WRAP 3-4 Positive Interaction *center closing at 5:00pm	21 9-10 Plan your Day 10-11 Nutritional Health 11-12 TAY Council 1-2 Job Readiness 3-4 Youth WRAP 4-5 Positive Interactions	22 9-10 Plan your Day 10-11 Life Skills 11-12 Creative Expression 1-2 Job Readiness 2-3 Productive Hour 3-4:30 TAY WRAP (7)	23 9-10 Plan your Day 10-11 Nutritional Health 11-12 WRAP 1-2 Current Events 3-4 Physical Wellness 4-5 Positive Interactions	24 9 Plan your Day 10:30 Food Pantry 11-12:30 TAY WRAP (3) 2-3 Youth WRAP Closing at 3:00 pm Staff Meeting	25 Open 10-3 10-11 Productive Hour 12-1 Creative Expression 12-1 Nutritional Health 1-2 Youth WRAP 2-2:45 Productive Hours
27 9-10 Plan your Day 10-11 Creative Expression 11-12 WRAP for Addiction 1-2 Job Readiness 2-3 Youth WRAP 3-4 Positive Interaction *center closing at 5:00pm	28 9-10 Plan your Day 10-11 Nutritional Health 11-12 TAY Council 1-2 Job Readiness 3-4 Youth WRAP 4-5 Positive Interactions	29 9-10 Plan your Day 10-11 Life Skills 11-12 Creative Expression 1-2 Job Readiness 2-3 Productive Hour 3-4:30 TAY WRAP (8)	30 9-10 Plan your Day 10-11 Nutritional Health 11-12 WRAP 1-2 Current Events 3-4 Physical Wellness 4-5 Positive Interactions	31 Center CLOSED Cesar Chavez Day	**Please note schedule may change. We appreciate your flexibility. Please feel free to call ahead.

Mission Statement

The TAY Tunnel empowers individuals to take an active role in creating positive lifestyle changes within a supportive, safe and understanding environment. By creating stepping stones to independent living, we can all light the path to a happier and healthier lives.

March 2017

T.A.Y Tunnel
(Transitional Age Youth)
Hours: Mon.-Fri. 9-5:30 Sat 10-3



141 W. Fifth St. Ste. D
805-240-2538

Center Events

TAY closed: 2nd closed from 1-2:30pm staff meeting, 11th closed for a community event, 18th Closed for a community event, 24th closing at 3pm staff meeting, 31st closed for Cesar Chavez Day

TAY Events:

TAY Parent Network Project: make an appointment

Community Partner Meetings

VCBH Orientation: TBD

One Stop: Every Wednesday 10:00am – 11:30am you can attend One Stop at Community Action in Oxnard. Members are welcome to make an appointment staff can assist to access One Stop resources.

Class Descriptions

Plan Your Day: Members are encouraged to plan appointments and tasks to accomplish during this time.

WRAP: During this class individuals develop their own Wellness Recovery Action Plan.

Youth WRAP: During this class individuals develop a Wellness Recovery Action Plan for overall wellness.

WRAP for Addiction: During this class individuals develop a Wellness Recovery Action Plan for addictive behaviors.

Job Readiness: Employment techniques and tools such as resume writing and interviewing are explored.

Life Skills: Participants focus on developing social interaction and independent living skills.

Physical Wellness: Class members engage in outdoor and indoor physical activity.

Creative Expression: Members are encouraged to use various artistic mediums to express themselves.

Positive Interaction: Series of activities that promote positive social interaction.

TAY WRAP (section): An 8 session formal course in which members receive a certificate of completion from Pacific Clinics- TAY Tunnel. Course focuses on indentifying strengths, triggers, and developing tools to maintain wellness.

Music Appreciation: Members analyze the impact music has on their feelings, their mood, and their behaviors.

Nutritional Health: In class we will be learning the fundamentals of a healthy eating. This will include understanding the complexities of nutrition labels, calorie counting, separating fact vs. fiction, and researching diet patterns.

Career Club: Members engage in peer support and learn about job readiness skills (Must be signed up to participate)

Wow Book: Members who are catching up on Career Club (Must be signed up to participate)

Current Events: We discuss weekly world events and how it affects our lives

<https://www.facebook.com/TayTunnel>

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