

BEHAVIORAL HEALTH ADVISORY BOARD
TRANSITIONAL AGE YOUTH (TAY) COMMITTEE
MINUTES ■ Special Meeting on Friday, November 18, 2016

<p><u>Board Members Present</u> McKian Nielsen, Chair Josh Lepore, Casa Pacifica Sharon Espinoza, Dept. of Rehabilitation Monica Vergara, Interface Jennifer Goble, Pacific Clinics TAY Tunnel Karin Findeis, Pacific Clinics TAY Tunnel Anasa Matthews, Aegis Treatment Centers</p>	<p><u>VCBH Staff Present</u> Pam Roach, Transformational Liaison Sara Sanchez, TAY Clinic Administrator Anna Flores, ADP Edith Pham, BHAB Assistant</p> <p>NEXT MEETING: Thursday, January 26, 2017, 10:30 – 12:00 p.m.</p> <p>Ventura County Behavioral Health 1911 Williams Drive, Training Room (first floor), Oxnard</p>
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Note: The committee has not yet approved these minutes. There may be additions/deletions or corrections before the minutes are accepted in final form.

	DISCUSSION/CONCLUSIONS	RECOMMENDATIONS/ ACTIONS	RESPONSIBLE
I.	Call to Order Chair McKian Nielsen called the meeting to order at 10:35.		
II.	Approval of the Agenda Mr. Nielsen asked the Committee to review and approve today's agenda.	The agenda was approved as written. M/S/C	
III.	Approval of the Minutes Mr. Nielsen asked the committee to review and approve the minutes of the September 22, 2016 meeting.	The minutes were approved as written. M/S/C	
IV.	Welcome and Introductions Mr. Nielsen welcomed everyone and asked for introductions.		
V.	Chair Announcements A. Mr. Nielsen apologized for missing the October 27 meeting, which had to be canceled. He thanked everyone for attending today's meeting. B. Mr. Nielsen reminded everyone that the committee will go dark in December.	Go dark in December	
VI.	Public Comments None.		
VII.	Presentation: Career Club – Karin Findeis, Pacific Clinics Ms. Findeis, Employment Specialist at the Pacific Clinics TAY Tunnel, presented on the Career Club. The youth enrolled in the club learn skills such as how to prepare a resume, fill out an application, act in the workplace (e.g. dress appropriately, handle conflicts with coworkers, call in sick), open checking and saving accounts, set a budget, balance life and work. Support is also provided after the TAY gain employment. In the past quarter, the Career Club assisted 26 TAY, and half are now employed. In FY 2015-2016 47 unduplicated TAY participated in employment services, ten of whom were VCBH clients. So far in FY 2016-2017, 23 unduplicated TAY have participated in employment services, seven of whom are VCBH clients. Ms. Findeis reminded the committee that the TAY Tunnel Wellness Center is limited to youth who have a mental illness or substance abuse. They need to be attached to a system of care.		
VIII.	Discussion about housing resources A long discussion took place regarding housing resources for the TAY populations. Some highlights include: A. Housing resources for TAY are very limited.		

	<p>B. The current VCBH brochure came out in 2012 and is outdated. NAMI has a brochure on housing options for TAY.</p> <p>C. Cece Romero of the TAY Tunnel attends the Continuum of Care (CoC) meetings. She may want to give a presentation on the topic.</p> <p>D. Opening a TAY sober living place would be helpful.</p> <p>E. Funding from HUD (Housing and Urban Development) may become available.</p> <p>F. A PATAY (Progressing Advancement of TAY) housing group meets at Casa Pacifica to discuss gaps in the system.</p> <p>G. Data is needed to help advocate for TAY housing, especially sober living. Members also agreed that each program should report how many TAY they serve, and how many of those are homeless.</p> <p>H. Mr. Nielsen agreed to schedule housing presentations from NAMI, Cece Romero of the TAY Tunnel, and Eric Stenard from Interface.</p>	<p>Collect data on their programs' enrolled TAY</p> <p>Schedule presentations</p>	<p>All</p> <p>M. Nielsen</p>
<p>IX.</p>	<p>Finalize TAY Committee Annual Report The draft of the TAY Committee Annual Report for 2015-2016 was reviewed. No changes were made. It was accepted in its final version.</p>	<p>Finalize Annual Report M/S/C</p>	
<p>X.</p>	<p>VCBH Transitions Update – Sara Sanchez As part of Thanksgiving celebrations, TAY clients will create cards that will be given out in the community. The Transitions Program continues to engage TAY in the community.</p>		
<p>XI.</p>	<p>VCBH Alcohol & Drug Program Update- Anna Flores Gateway High School is being certified as a treatment program. The state has approved VCBH's Drug Medi-Cal Organized Delivery System (DMC-ODS) plan. Ventura is now one of ten counties in the state with an approved plan.</p>	<p>Information</p>	
<p>XII.</p>	<p>Providers Update Josh Lepore stated that Casa Pacifica gave out 20 turkeys and meals to alumni. It is also hosting a Thanksgiving dinner.</p>		
<p>XIII.</p>	<p>Committee Members Comments/Activities A. Sharon Espinoza of the Department of Rehabilitation asked Ms. Findeis to give a presentation at her offices.</p>		
<p>XIV.</p>	<p>Items for Next Meeting Agenda Continue the discussion on housing resources. In February, Aegis will present on substance use.</p>		
<p>XI.</p>	<p>Adjourn The meeting adjourned at 11:40.</p>		