

BEHAVIORAL HEALTH ADVISORY BOARD  
**TRANSITIONAL AGE YOUTH (TAY) COMMITTEE**  
**MINUTES ■ Thursday, April 26, 2018**

<p><b>Members Present</b>          Cmdr. Ron Nelson, Committee Chair          Anna Colangelo, Casa Pacifica          Georgia Perry, NAMI          Vanessa Cortez, TAY Tunnel</p> <p><b>Others Present</b>          Jerry Harris, BHAB Chair          Gane Brooking, BHAB          Ratan Bhavnani, BHAB          Rocio Avina, Children and Family Services          Rachel McDuffee, Aegis Treatment Centers          Cindy Douth, Telecare          Christina Navarro, Telecare          Lori H. Scott, Telecare          Crystal Davis, Probation</p>	<p><b>VCBH Staff Present</b>          Sevet Johnson, Adult Division Sr. Manager          Greg Bergan, MHSA          Sara Sanchez, Transitions Clinic Administrator          Pam Roach, Transformational Liaison          Edith Pham, BHAB Assistant</p> <p><b>NEXT MEETING:</b>  <b>Thursday, May 24, 2018, 10:30 – 12:00 p.m.</b></p> <p>Ventura County Behavioral Health          1911 Williams Drive, Lake Tahoe Room (second floor), Oxnard</p>
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Note: The committee has not yet approved these minutes. There may be additions/deletions or corrections before the minutes are accepted in final form.

	DISCUSSION/CONCLUSIONS	RECOMMENDATIONS/ ACTIONS	RESPONSIBLE
I.	<b>Call to Order</b> Chair Cmdr. Ron Nelson called the meeting to order at 10:35 a.m.		
II.	<b>Approval of the Agenda</b> Cmdr. Nelson asked the Committee to review and approve today's agenda. Anna Colangelo moved to approve, Cmdr. Nelson seconded. The motion passed unanimously.	The agenda was approved as written. <b>M/S/C</b>	
III.	<b>Approval of the Minutes</b> Cmdr. Nelson asked the committee to review and approve the minutes of the March 22 <sup>nd</sup> meeting, then moved to approve the minutes. The motion passed unanimously.	The minutes were approved as written. <b>M/S/C</b>	
IV.	<b>Welcome and Introductions</b> Cmdr. Nelson welcomed everyone and asked for introductions.		
V.	<b>Chair Announcements</b> Cmdr. Nelson referenced the recent Aloha Steakhouse incident and noted that the committee has a lot of work to do to educate the public on homelessness and mental illness.		
VI.	<b>Public Comments</b> None.		
VII.	<b>Presentation: Todd Road Jail Health and Programming Unit Update – Cmdr. Nelson</b> The Ventura County Sheriff's Office (VCSO) has been working for the past several years to build a 64-bed Health and Programming Unit that will include programming and clinic space for inmates with medical and/or mental health special needs.  Currently, the total jail population averages 1550 to 1600 inmates per day. About 25-30% have been diagnosed with a mental illness, and 5% of them have a severe and persistent mental illness. This population is kept separated from the general population for their safety and that of the other inmates. Men are housed at the main jail at the Government Center, and women are housed at the Todd Road jail in Santa Paula. Neither one of these facilities is designed to house the mentally ill population, and they have little space for programming. The Ventura Adult Continuing Education provides services, and the California Forensic Medical Group (CFMG) provides psychiatric help and Moral Reconciliation Therapy.		

	<p>In 2015 VCSO was awarded a grant to build a new facility designed to address the specific needs of this population. It is estimated that it will cost about \$60 million to build the facility next to the Todd Road jail. Preliminary plans have been prepared, and VCSO has received state approval to open a Request For Proposal (RFP). Three design builder teams have expressed strong interest. It is hoped that a contract will be ready for the Board of Supervisors' approval this September, with groundbreaking in September 2019. Construction will take 12 to 18 months.</p> <p>The new Health and Programming Unit will be about 55,000 square feet, all on one level. It will have 64 beds, with one person per cell. It will serve both men and women, who will be housed separately. Flexibility is built into the design, both in terms of male/female ratio and medical/mental needs. There will be meeting rooms, classrooms, recreational areas. The medical area will have space for dialysis and dental care. Psychiatric services will be provided at the new facility and will also continue to be provided at the two jails.</p> <p>Currently, there are about 30 men and 10 women with severe mental illness in custody. Typically, the average length of stay for the general population is 78 days. However, the mentally ill inmates tend to stay on average about two weeks or less as they are most often charged with petty crime. Most mentally ill inmates are ages 18 to 28.</p> <p>See attached Todd Road Jail Health and Programming Unit concept plan.</p>		
<p><b>VIII.</b></p>	<p><b>New Business</b></p> <p>A. Committee Objectives for Fiscal Year 2018-19</p> <p>Cmdr. Nelson noted that the BHAB committees have been asked to provide one or two objectives to the full BHAB, which will then adopt some as its own. Mr. Harris, BHAB Chair, noted that an Action Plan will be used to keep track of the progress on the objectives.</p> <p>The committee reviewed its mission statement and objectives for the current year. Mr. Harris noted that the mission statement does not mention substance use disorders, and Sevet Johnson noted that VCBH is changing the age range of Transitional Age Youth to 16-25 in order to align with the state.</p> <p>Ratan Bhavnani moved to change the committee's mission statement from age 18 to age 16. Mr. Harris moved to amend the first paragraph of the mission statement, to read "is committed to promoting effective mental health and substance use disorder services, wellness and recovery of youth ages 16 through 25" and to amend the second paragraph of the mission statement, to read "provide appropriate mental health and substance use disorders services for young adults ages 16 to 25". Mr. Bhavnani amended his motion, to include Mr. Harris's suggestion. Gane Brooking seconded. The motion passed unanimously.</p> <p>After a brief discussion on the objectives, Ms. Brooking moved to have Objective # 3 brought to the BHAB for possible inclusion on the BHAB objectives. Mr. Harris moved to amend this objective, to read "Identify strategies, including advocacy, to address gaps in services..." The motion passed unanimously.</p>	<p>Amend committee's mission. <b>M/S/C</b></p> <p>Bring Objective # 3 to the BHAB. <b>M/S/C</b></p>	
<p><b>IX.</b></p>	<p><b>Old Business</b></p> <p>None.</p>		
<p><b>X.</b></p>	<p><b>VCBH Transitions Update – Sevet Johnson and Sara Sanchez</b></p> <p>A. The current census is 280 clients. With the change in the minimum age of TAY, this number is expected to increase.</p> <p>B. In the previous week, VCBH Transitions and the TAY Tunnel had a joint social event, which was very successful. Clients were fully engaged.</p> <p>C. This year Transitions has been taking its TAY clients to a variety of museums. In June it will take them to the Santa Barbara botanical garden.</p> <p>D. Some BHAB TAY Committee members may be invited to attend a Mental Health Services Act (MHSA) stakeholder meeting to help assess the needs of this underserved population.</p>		

<p><b>XI.</b></p>	<p><b>VCBH Alcohol &amp; Drug Program Update – Anna Flores</b> Ms. Flores was not in attendance.</p> <p>Sevet Johnson noted that Dr. Loretta Denering is the new ADP Chief. The committee asked to invite her to an upcoming meeting.</p>	<p>Invite Dr. Denering to a committee meeting</p>	<p>E. Pham</p>
<p><b>XII.</b></p>	<p><b>Providers Update</b></p> <p>A. Greg Bergan noted that a 30-day public comment period is open regarding the MHSA Fiscal Year 2018/19 Update, which is posted on the MHSA website. Mr. Bergan is working on modifying the MHSA data collection tool, which will be used by the Prevention and Early Intervention (PEI) providers.</p> <p>B. Vannessa Cortez noted that the TAY Tunnel is in the process of hiring an employment specialist and a peer health navigator. Two peer partners have been hired, and one peer partner position is open. The TAY Tunnel is planning a summer birthday BBQ.</p> <p>C. Anna Colangelo noted that Casa Pacifica has started a new cohort for an independent living skills group.</p> <p>D. Cindy Doult noted that Telecare has openings for the TAY programs, which serve youth ages 16-25. Prevention services are provided in addition to services to high-risk clients.</p>		
<p><b>XIII.</b></p>	<p><b>Committee Members' and Participants' Comments, Activities</b></p> <p>A. Georgia Perry commented on the recent fatal stabbing that took place at the Aloha Steakhouse in Ventura and the subsequent public reaction. Ms. Perry noted that there seems to be a lack of understanding regarding homelessness, vagrancy, and mental illness. She would like for the Ventura city ambassadors to be trained on mental illness.</p> <p>B. Mr. Harris noted that the issue of homelessness will be discussed at the next BHAB Executive meeting.</p> <p>C. Ms. Brooking noted that there is a movement in Ventura to allocate more funding toward addressing homelessness.</p> <p>D. Mr. Bhavnani provided information on the movie Not Alone, about teen depression and suicide. It will be shown on May 14 at 6:30 p.m. at the Camarillo Roxy Theater.</p> <p>E. Anna Colangelo suggested educating various local elected officials by sharing information on mental health with them. Cmdr. Nelson noted that anyone can do so as a private citizen.</p>		
<p><b>XIV.</b></p>	<p><b>Items for Next Meeting Agenda</b> None were requested.</p>		
<p><b>XV.</b></p>	<p><b>Adjourn</b> The meeting adjourned at 11:45 a.m.</p>		



# TALK SAVES LIVES

## A BRIEF INTRODUCTION TO SUICIDE PREVENTION

Learn the warning signs and risk factors of suicide, and how together, we can help prevent it.

Thursday, May 10<sup>th</sup> 2018

Doors Open: 6pm

Presentation and Panel  
Discussion: 6:30-8pm

Santa Susana High School  
3570 Cochran St, Simi Valley  
Multi-Purpose Room

Snacks will be provided

**RSVP:**

losangeles@afsp.org  
424.327.7101



AMERICAN FOUNDATION FOR  
Suicide Prevention

afsp.org



### **Parent and Community Education Event**

**The Camarillo Council of PTAs will be hosting a screening of “Not Alone”**

*(a film about teen depression and suicide)*

**Monday, May 14 at 6:30 pm at the Camarillo Roxy Theater**

“Suicide is the SECOND leading cause of death for ages 10-24.”

This film, *Not Alone*, was created to raise awareness of teen mental illness and to initiate an important discussion about suicide prevention within our community. The film was created by a high school student and features several students who share their personal stories of struggling with depression, anxiety, and self harm. The goal of the film is to help youth and adults recognize signs of depression and mental illness and learn how to Ask Questions, Listen, and Get Help.

We encourage parents, high school and middle school students\*\*, teachers, counselors, and community members to attend this film screening. Following the film, there will be a panel discussion about how to recognize signs of mental illness and depression and how to help someone who is struggling.

Thank you for your support!

**Tickets are \$5 per person.\***

**Seating is limited and tickets must be purchased in advance.**

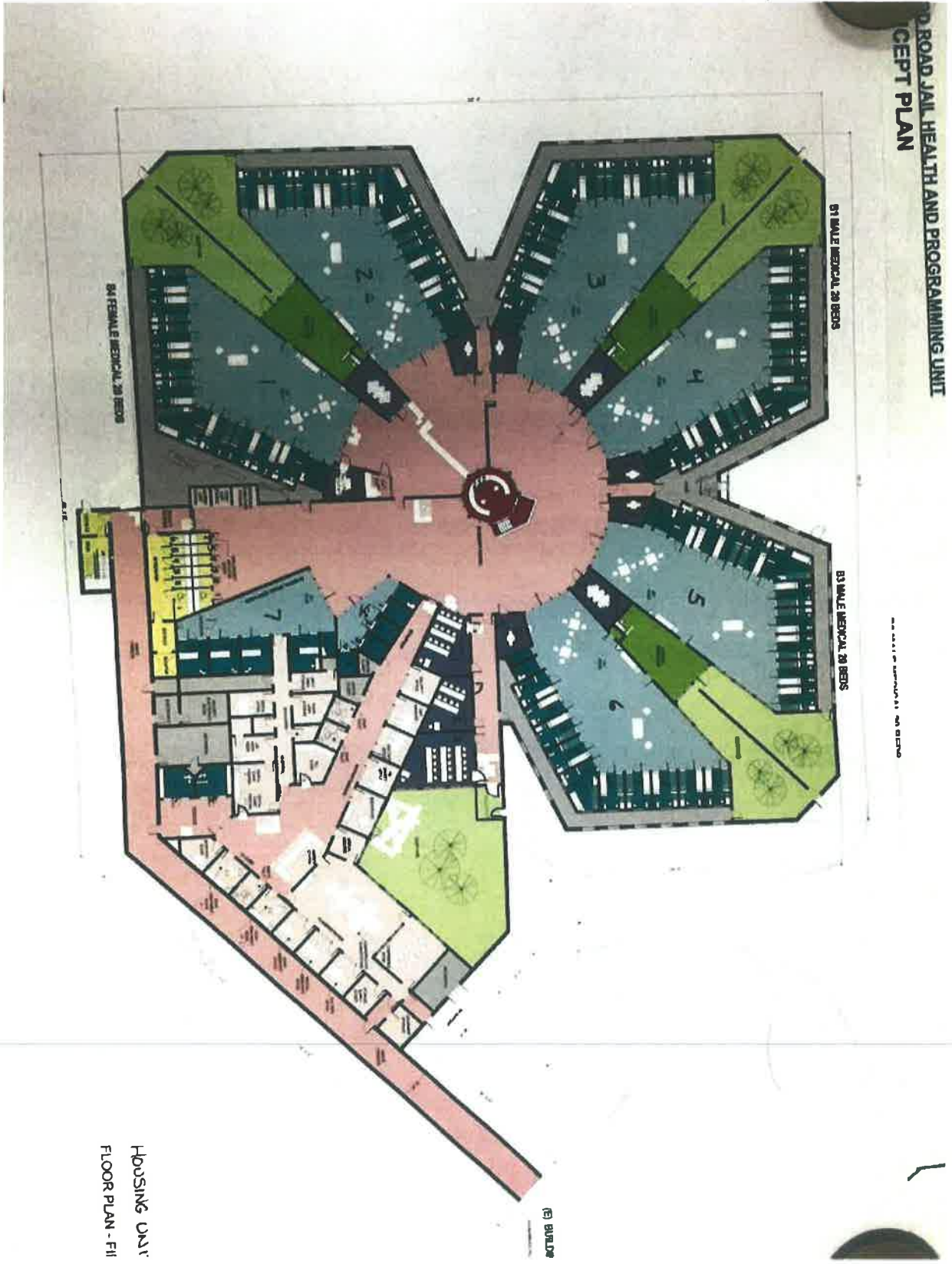
**BUY NOW**

*\*price includes a small popcorn*

\*\* this film is recommended for ages 14 and up. Parents should use their judgment when bringing middle school students. Students need to be accompanied by a parent or guardian.

<http://www.camarillopta.org/not-alone-film-screening/>

Todd Road Jail  
Health and Programming Unit 64-Bed Conceptual Design



HOUSING UNIT  
FLOOR PLAN - F11

# Ventura County Behavioral Health Advisory Board Transitional Age Youth Committee

## Mission

The Transitional Aged Youth Committee (TAY) is a committee of the Behavioral Health Advisory Board. The BHAB TAY Committee is committed to promoting the mental health, wellness and recovery of youth ages 18 through 25. The committee focuses on these youth in their efforts to launch and become healthy and productive adults.

The purpose of the Transitional Aged Youth Committee is to support the efforts of the Behavioral Health Advisory Board in its mission to promote and provide appropriate mental health services for young adults ages 18 to 25, and to provide a forum for the TAY community to discuss the needs relevant to their health and wellness.

## 2017-18 Objectives

1. Increase participation of community partners serving TAY in the BHAB TAY meetings.
2. Continue evaluation and updating availability of TAY services related to housing options, work and volunteer opportunities and justice system.
3. Identify strategies to address gaps in services for the TAY population related to mental health and substance abuse treatment, housing options, work and volunteer opportunities, and the justice system.
4. Increase community outreach, especially to underserved community, and improve communication among parents, clients, agencies and the Committee.
5. Keep the Behavioral Health Advisory Board members informed on matters pertaining to the needs of the TAY Community.
6. Provide committee level work for the TAY community at the direction of the Behavioral Health Advisory Board.