

BEHAVIORAL HEALTH ADVISORY BOARD
TRANSITIONAL AGE YOUTH (TAY) COMMITTEE
MINUTES ■ Thursday, February 22, 2018

<p>Board Members Present Cmdr. Ron Nelson, Committee Chair Jerry Harris, BHAB Chair Anna Colangelo, Casa Pacifica David Vahidi, Children and Family Services - CFS Jennifer Goble, TAY Tunnel Karin Findeis, TAY Tunnel Christina Navarro, Telecare Edward Sajor, HSA AES</p>	<p>VCBH Staff Present Greg Bergan, MHSA Pam Roach, Transformational Liaison Edith Pham, BHAB Assistant</p> <p>NEXT MEETING: Thursday, March 22, 2018, 10:30 – 12:00 p.m.</p> <p>Ventura County Behavioral Health 1911 Williams Drive, Lake Tahoe Room (second floor), Oxnard</p>
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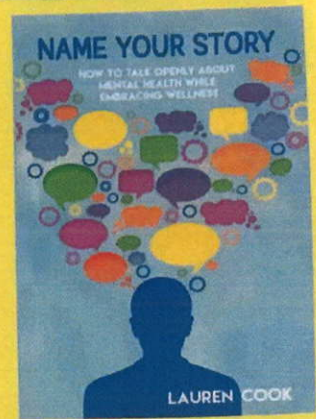
	DISCUSSION/CONCLUSIONS	RECOMMENDATIONS/ ACTIONS	RESPONSIBLE
I.	Call to Order Chair Cmdr. Ron Nelson called the meeting to order at 10:35 a.m.		
II.	Approval of the Agenda Cmdr. Nelson asked the Committee to review and approve today's agenda. Jennifer Goble moved to approve, Anna Colangelo seconded. The motion passed unanimously.	The agenda was approved as written. M/S/C	
III.	Approval of the Minutes Cmdr. Nelson asked the committee to review and approve the minutes of the January 22, 2018 meeting. Ms. Gomez moved to approve, Greg Bergan seconded. The motion passed unanimously.	The minutes were approved as written. M/S/C	
IV.	Welcome and Introductions Cmdr. Nelson welcomed everyone and asked for introductions.		
V.	Chair Announcements Cmdr. Nelson has invited two officials to attend meetings of this committee as they both work with students experiencing crises: Andrew Nelson of Ventura College, and Dr. Sean Kitaoka of California State University Channel Islands. Cmdr. Nelson attended a local Raising the Barn event organized by New York University's Patient Centered Outcome Research Institute staff. Judges, District Attorney's Office staff, clients, families and others in the mental health community discussed gaps in services. Another similar meeting will take place in the future. Cmdr. Nelson invited all to attend the next NAMI General meeting on March 13 at 7:00 p.m. in Camarillo. Lauren Cook will present on self-care and families.		
VI.	Public Comments None.		
VII.	Presentation: America's Job Center – Edward Sajor, Human Services Agency Edward Sajor gave an overview of the America's Job Center at River Park, 2901 N. Ventura Road, suite 300 in Oxnard, where this meeting took place. The location brings together various programs, such as the Employment Development Department (EDD), the Department of Rehabilitation, CalWORKs, Welfare to Work. It opened in 2016. It works with clients in the public and with employers. A self-help resource center is open to the public and allows job-seekers to update their resumes and research job opportunities. The center serves veterans. The center serves on average 1,100 people per month. The EDD runs various workshops that provide assistance in job readiness. Job seekers can avail themselves of many supportive and ancillary services based on their program eligibility. Those who are not eligible for those services are welcome to come to the resource center and receive help from employment specialists and EDD.		

	<p>A rapid response team goes to employers when massive or catastrophic, unplanned layoffs are occurring.</p> <p>Mr. Sajor took the committee on a tour of the center.</p>		
VIII.	<p>Committee Membership A discussion took place regarding the recent revision to the BHAB Bylaws. People who demonstrate their commitment through regular attendance at this committee's meetings can now be appointed as a member and be able to vote.</p> <p>Mr. Harris noted that the BHAB is listening more to the committees. For instance, it will select some committees' objectives and make them its own.</p>		
IX.	<p>VCBH Transitions Update – Sevet Johnson Ms. Johnson was not in attendance.</p>		
X.	<p>VCBH Alcohol & Drug Program Update – Anna Flores Ms. Flores was not in attendance.</p>		
XI.	<p>Providers Update</p> <p>A. David Vahidi noted that CFS has identified 20 youth who have been in institutions for two or more years. CFS will help them become more successful.</p> <p>B. Ms. Goble noted that the TAY Tunnel is still recruiting for two peer partners and a health navigator. She welcomes all help with this. The census at the TAY Tunnel is higher than the average for the past year.</p> <p>C. Anna Colangelo noted that Casa Pacifica staff is getting more training on substance use.</p> <p>D. Pam Roach noted that the Carpe Diem conference will take place on March 2nd, and a Spring Transition Fair will be on March 10.</p>		
XII.	<p>Committee Members' and Participants' Comments, Activities</p> <p>A. Ms. Goble requested to include "New Business" and "Old Business" on future agendas. Cmdr. Nelson agreed.</p> <p>B. Ms. Perris noted that in this day's edition, The Star newspaper published an article titled "Work project starts to take root. Camarillo nonprofit nursery will provide jobs for people with mental illness, give employees support, therapy." This article describes Growing Works. Ms. Perris also noted that in light of the recent high school shooting in Florida, it is important to educate parents and society on mental illness.</p> <p>C. Mr. Harris noted that he recently spoke with Sheriff Geoff Dean and told him of the great work that Cmdr. Nelson does. Mr. Harris also gave a presentation to the Board of Supervisors on February 13 and told them how important the work of the BHAB is.</p>		
XIII.	<p>Items for Next Meeting Agenda</p> <p>A. Continue the discussion on committee membership.</p> <p>B. Georgia Perris and Jennifer Goble will provide information on Wise Relationships with Your TAY.</p> <p>C. Invite Jason Meeks to present on Turning Point's Dual Diagnosis group at a future meeting.</p>	<p>Present on Wise Relationships</p> <p>Invite Jason Meeks</p>	<p>G. Perris, J. Goble</p> <p>E. Pham</p>
XIV.	<p>Adjourn The meeting adjourned at 11:45 a.m.</p>		

AUTHOR AND SPEAKER

LAUREN COOK

**TUESDAY, MARCH 13, 2018 7:00-9:00 PM
VINEYARD COMMUNITY CHURCH
1320 FLYNN RD., CAMARILLO, CA 93012**



 **NAMI Ventura County**
National Alliance on Mental Illness

MEETING TOPIC: SELF-CARE

- **How we can help families have conversations surrounding mental health.**
- **How to identify signs/ symptoms of the most common disorders.**
- **Education about how teens can get therapy and seek services.**
- **How we can proactively take care of our mental health through self-care.**

LAUREN'S BACKGROUND

Lauren has her Master's Degree in Marriage and Family Therapy and is getting her doctorate in Clinical Psychology from Pepperdine. She works with clients at Pepperdine Counseling Center and at UCLA with the Center for the Assessment and Prevention of Prodromal States.

WWW.THESUNNYGIRL.COM



What's next? After high school?

The *Ventura County Transition Project*
and the *Ventura County SELPA*
are pleased to present the 2017-2018



Spring Transition Fair

For 15-22 year-old diploma and certificate bound special education students and their families!
Meet directly with the representatives from adult service agencies in Ventura County.



Plan Ahead!

It's never too early to learn about resources for students with disabilities after high school. Help your high school student prepare for the quality adult life they envision. There are multiple options to investigate for your child's path toward adult life. Learn about the transition to adult life process and support agencies available.

Saturday, March 10, 2018

Open House

9:00AM – 12:00PM

Ventura County Office of Education

Conference and Educational Services Center
5100 Adolfo Rd., Camarillo CA 93012

Cost is Free! Student attendance is encouraged!

- Visit agency booths (Open House) 9:00am – 12:00pm
- Overview of the transition process (Adults) 9:30am or 10:30am
- Transition Activity (Students) 9:30am or 10:30am
- "Hear My Story": A young adult's journey into adult life (Students/Adults) 9:30am



Meet representatives from the following agencies:

Department of Rehabilitation
Regional Center
Community Colleges
Behavioral Health
Public Health and many more!

Sign Language Interpretation is available but must be reserved 2 weeks in advance. Call 805.437.1560
For more information on Transition go to www.vcsepa.org /Transition to Adult Life

Work project starts to take root



Interim nursery manager Dennis Perry takes measurements on property that will become the Growing Works nursery on Lewis Road. The project will provide jobs for people with mental illness. PHOTOS BY CHUCK KIRMAN/THE STAR

Camarillo nonprofit nursery will provide jobs for people with mental illness, give employees support, therapy

Claudia Boyd-Barrett
Special to Ventura County Star
USA TODAY NETWORK

A nine-acre vacant plot in Camarillo is slated to become a plant nursery and demonstration garden as part of a county-led effort to provide jobs for people with mental illness.

The Growing Works Nursery and Demonstration Gardens will be on county-owned land at 1722 S. Lewis Road in Camarillo, close to existing housing for the mentally ill. The nursery is expected to employ 70 to 100 people a year. Employees will receive job training, therapy and ultimately assistance with transitioning into other horticulture-related employment.



County Supervisor Linda Parks says she came up with the idea after learning about a similar program in San Luis Obispo County that has been running since 1984.

Jobs

Continued from Page 1A

County Supervisor Linda Parks said she came up with the idea after learning about a similar program in San Luis Obispo County that has been running since 1984. She said the nursery will provide a much-needed opportunity for people with mental illness to develop job skills while also reaping the therapeutic benefits of working with nature and in the outdoors.

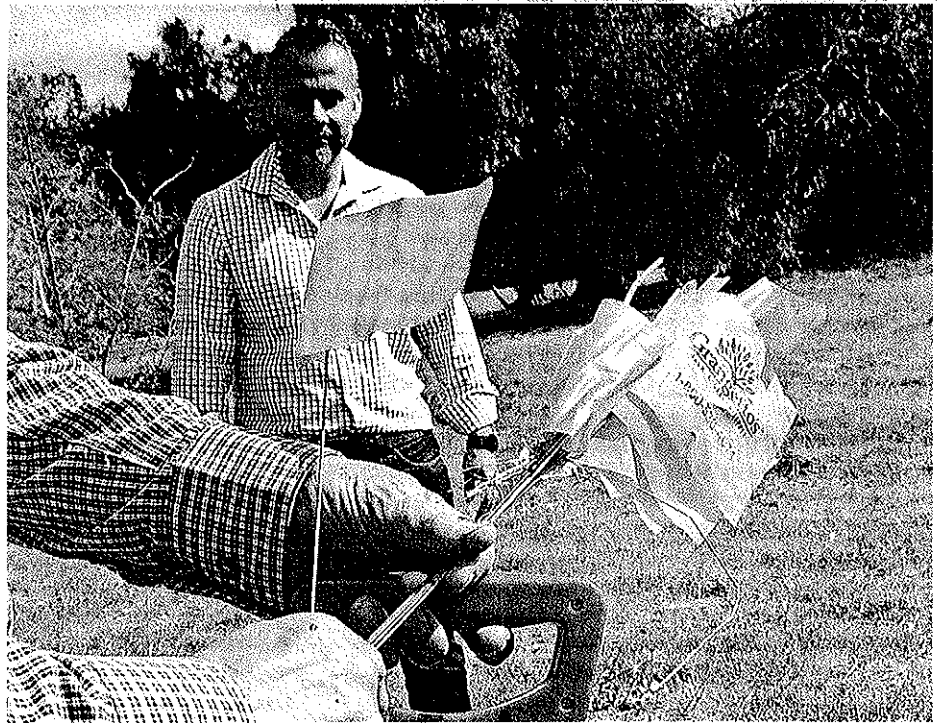
Additionally, the nursery will specialize in growing and selling native and drought-tolerant plants. That will be helpful to homeowners and businesses looking to replace thirsty lawns or restore vegetation lost during the Thomas Fire, Parks said.

"There are so many benefits to this," she said. "It really goes to two major parts of my mission at the county: one is helping people with mental illness, and also helping the environment."

Turning Point, a Ventura-based nonprofit, will run the nursery and provide support and therapy to employees. The organization specializes in assisting the mentally ill, including people who are homeless and veterans with post-traumatic stress disorder. Executive Director Jason Meek called the project "a wonderful idea" and said it will offer numerous benefits to those employed there.

"There's definitely a correlation between having work and feeling productive and a sense of well-being," he said. "And there are some calmness (benefits), relieving anxiety, depression, you're outside, you're in the fresh clean air, you're interacting with others who have similar struggles as you. There's a massive amount of support staff that's going to be available.

"So the overall environment is going



Marz Farms CFO David Martinez watches measurements being taken at Growing Works, which will become a nonprofit nursery on county property 1 mile from a partner in the project, CSU Channel Islands. CHUCK KIRMAN/THE STAR

to be therapeutic in and of itself. And then on a physical level, it lowers blood pressure and things like that."

The project is expected to cost \$600,000 a year. More than half would be funded through plant sales. Anticipated customers include the county, CSU Channel Islands, California Lutheran University, Naval Base Ventura County, and local restoration projects, landscapers and retail nurseries.

Job training contracts through the Ventura County Behavioral Health Department would provide the remaining 40 percent of funds for the nursery's operation, according to project documents.

Startup costs are covered by \$70,000 from Turning Point, along with various

monetary and in-kind contributions from local businesses and organizations, including \$40,000 worth of fencing from Marz Farms and volunteer labor from the Navy Seabees and California Conservation Corps.

Work so far has focused on clearing two acres of the land in preparation for the demonstration garden, which will have around 8,000 plants and serve as an initial training ground for the employees. Parks said the garden should open in the next month or so. A soft opening for the entire nursery is planned for the spring, she said.

"We're really, really excited," Meek said. "We're looking forward to producing horticulture and assisting those on their journey to recovery."

NAMI Golf Tournament Entry Form

Please complete both sides of this form
FOR "TEE TO GREEN" SPONSORSHIP SPECIAL

- Platinum Sponsor: \$2,500 includes 2 foursomes
 - Gold Sponsor: \$1,000 includes 4 players
 - Silver Sponsor: \$500 includes 2 players
 - Bronze Sponsor: \$200: Entry + Tee Sign
- *extra signage and recognition at awards with each of these sponsors*

Visit: www.namiventura.org

INDIVIDUAL GOLF ENTRY

Green Fee and Golf Cart • Lunch @ Clubhouse

Tee Prize Package _____

• Entry for all Golf Contest Club
_____ players @ \$125 ea.

TEE SPONSOR SIGN \$100

Call David Deutsch (805) 890-6738
David@namiventura.org

Tee Sponsor Sign Text _____

Extra Lunch Tickets _____

And awards 1:30 pm—3:30 pm
Tickets @ \$35.00 ea.

Total Amount Enclosed _____

- Call to pay by phone (805) 641-2426 Visa/Mastercard
- Credit Card Visa / MasterCard (Circle One)
- Check: Please make checks payable to NAMI Ventura County

Name on Card _____


Credit Card Number _____

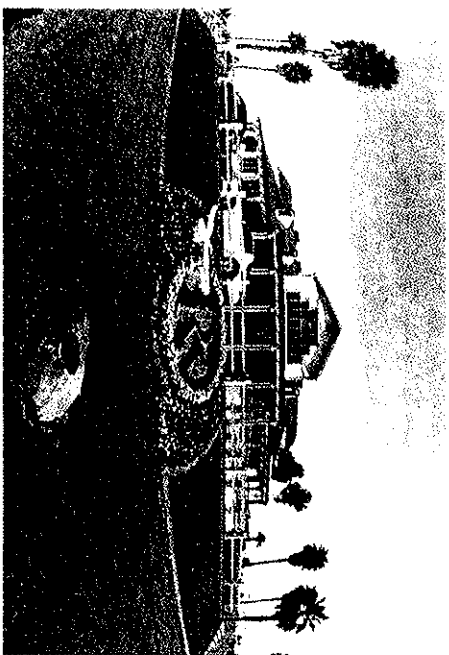
Exp. Date _____




 **NAMI Ventura County**
National Alliance on Mental Illness

Telephone: (805) 641-2426
Fax: (805) 275-2188
Email: info@namiventura.org
Website: www.namiventura.org
Mailing Address:
NAMI Ventura County
P.O. Box 1613
Camarillo, CA 93011-1613

 **NAMI**
Ventura County
GOLF TOURNAMENT



**Victoria Lakes
Course**
April 6, 2018

 **RIVER RIDGE**
2401 West Vineyard Avenue
Oxnard, CA 93056



National Alliance on Mental Illness

The largest grassroots mental health organization in the United States

Our mission is to provide emotional support, education and resources for families affected by mental illness. Through community collaboration and education, we advocate for a life of quality and dignity one without discrimination for all people affected by this illness

Tournament Prizes for:

- Hole in one
- Closest to the Pin
- Longest Drive
- Putting Contest
- Great Raffle Prizes and Live Auction Items

Tee Sponsorship Opportunity

Tee Sponsorships Available
 Call David Deutsch
 (805)890-6738
 david@namiventura.org

Proceeds from the tournament will be used to continue helping those in our community whose lives have been made so difficult by serious mental illness. We never charge for our classes, and your participation will help ensure our high-quality programming can continue.

For more info visit our website:
...namiventura.org

River Ridge Golf Club

2401 Vineyard Avenue Oxnard, CA
 April 6, 2018

Agenda

- 7:00-7:30am.....Check-In
- 8:15am.....Shotgun Start
- 1:30-3:30pm.....Lunch, Awards & Raffle

Individual Golf Entry includes:

- Green Fees and Golf Cart
- Entry for all Golf Contests
- 5 Raffle Tickets

Lunch at the River Ridge Golf Club

Format: Texas Scramble

With Texas Scramble each team member tees off at each hole. The captain selects the best tee shot, then each member places his/her ball within 1 club length from this point and plays out the hole with his/her own ball. The selected drive is counted as the first shot of each of the team members for that particular hole. The use of another golfer's tee shot DOES NOT apply on par 3 holes. On these holes each member of the team must play their own ball for the entire hole. A minimum of 3 drives is required from each player. The method of scoring in Texas Scramble is based on the popular Single Stableford format

Entry Form

Please complete both sides

Golfer 1

Name _____
 Company _____
 Address _____
 City/State/Zip _____
 Business Phone _____

Handicap or Best Score: _____ If you don't have one, enter your best 18-hole score from the last three years. If you haven't played in the last three years, enter the best 18-hole score you've ever made. If you don't make an entry, we'll assign a zero handicap. Maximum handicap is 24.

Golfer 2

Name _____
 Company _____
 Address _____
 City/State/Zip _____
 Business Phone _____
 Handicap or Best Score: _____

Golfer 3

Name _____
 Company _____
 Address _____
 City/State/Zip _____
 Business Phone _____
 Handicap or Best Score: _____

Golfer 4

Name _____
 Company _____
 Address _____
 City/State/Zip _____
 Business Phone _____
 Handicap or Best Score: _____



Pacific Clinics
ADVANCING BEHAVIORAL HEALTHCARE
TAY Tunnel

NOW HIRING PEER PARTNERS

Apply at <http://www.pacificclinics.org/careers>

Pacific Clinics is a non-profit organization searching for young professionals interested in working in a peer run peer driven center.

The ideal candidate would be:

Between the ages of 18-25

Bilingual Spanish - not required

Have lived experience in a system of care (Foster Care, Mental Health, Criminal Justice, and or Juvenile Justice)

Basic computer knowledge

Flexible work schedule

Position Summary

Under direct supervision, the peer partner provides peer-to-peer support drawing on shared experience as a peer to validate the consumer's experience. Provides guidance and encouragement to consumer to take responsibility and actively participate in their own recovery. This position models competency in recovery and serves as a mentor for consumers in a Wellness Center setting.

If you would like more information, please contact Vanessa Cortez at 805-240-2438 or email at vcortez@pacificclinics.org.

The TAY Tunnel empowers individuals to take an active role in creating positive lifestyle changes within a supportive, safe and understanding environment. By creating stepping stones to independent living, we can all light the path to a happier and healthier lives

Made possible through the California Mental Health Services Act and Ventura County Behavioral Health.