

**BEHAVIORAL HEALTH ADVISORY BOARD
TRANSITIONAL AGE YOUTH (TAY) COMMITTEE
MINUTES ■ Thursday, January 25, 2018**

<p>Board Members Present Kay Wilson-Bolton, Alternate Committee Chair Georgia Perry, NAMI Jennifer Goble, TAY Tunnel</p>	<p>VCBH Staff Present Dina Olivas, Youth & Family Division Sr. Manager Cheryl Fox, Youth & Family Division Manager Sara Sanchez, TAY Clinic Greg Bergan, MHSA Edith Pham, BHAB Assistant</p> <p>NEXT MEETING: Thursday, February 22, 2018, 10:30 – 12:00 p.m. America’s Job Center (at River Park) 2901 N. Ventura Rd, Suite 300 (Ventura Room), Oxnard</p>
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Note: The committee has not yet approved these minutes. There may be additions/deletions or corrections before the minutes are accepted in final form.

	DISCUSSION/CONCLUSIONS	RECOMMENDATIONS/ ACTIONS	RESPONSIBLE
I.	Call to Order Alternate Chair Kay Wilson-Bolton called the meeting to order at 10:35 a.m.		
II.	Approval of the Agenda Ms. Wilson-Bolton asked the Committee to review and approve today’s agenda. It was unanimously approved as written.	The agenda was approved as written.	
III.	Approval of the Minutes Ms. Wilson-Bolton asked the committee to review and approve the minutes of the October 26, 2017 meeting. They were unanimously approved as written.	The minutes were approved as written.	
IV.	Welcome and Introductions Ms. Wilson-Bolton welcomed everyone and asked for introductions.		
V.	Chair Announcements Following the Board of Supervisors’ adoption of the revised BHAB Bylaws earlier this month, the committee chairs will identify who is a member of the committees.		
VI.	Public Comments None.		
VII.	<p>Presentation: The Insights Program – Cheryl Fox The Insights Program, which replaces Solutions Court, is an interagency collaboration between Probation, Juvenile Court, the District Attorney’s Office, Public Health, Office of Education, and VCBH. The goal is to reduce incarceration, hospitalization and other out-of-home placement, and to provide the support necessary for the youth to be successful in their home communities.</p> <p>The program serves youth ages 13 to 18 years old throughout the county. Either the youth or the family must want the service. During the initial phase, the youth and their families go to court on a weekly basis. Over time, contacts with the court, Probation and VCBH are spaced out, which is in line with the recovery model. This appeals to the youth.</p> <p>During the first six months, 36 youth were referred to the Insights Program, and 20 were accepted. The time between referral and admission in within two weeks. The average length of stay is anticipated to be nine months.</p> <p>See attached for details.</p>	Information	
VIII.	<p>VCBH Transitions Update – Sara Sanchez for Sevet Johnson</p> <p>A. The VCBH Transitions program currently services 216 TAY. B. Visits to local museums are being planned. C. A new LGBTQ group takes place on Thursdays.</p>		

	<p>D. A new Pet Partners program has started on Tuesday mornings: TAY clients are going to the county animal shelter in Camarillo, where they learn to volunteer and work with pets.</p> <p>E. Transitions continues to partner with the TAY Tunnel to provide ongoing support to their clients.</p> <p>F. The Department of Rehabilitation continues to come to the TAY clinics to provide information and linkage. Some TAY clients have been connected to vocational schools.</p> <p>G. A new clinician is working at the Oxnard and Conejo TAY clinics.</p>		
IX.	<p>VCBH Alcohol & Drug Program Update – Anna Flores Ms. Flores was not in attendance. An update was not provided.</p>		
X.	<p>Providers Update</p> <p>A. Jennifer Goble stated that the Thanksgiving celebration at the TAY Tunnel was attended by 14 members, and the holidays dinner was attended by 19 members. On December 12 the TAY Tunnel had a resource table at the Mexican Consulate. In December, Interface gave a presentation about sex trafficking and domestic violence prevention. Additionally, in January Interface spoke to the TAY Tunnel staff about these issues. The TAY Tunnel is hiring a peer partner. The health navigator has resigned. A peer partner co-facilitates a Wellness, Recovery and Action Plan (WRAP) class at Transitions. Peer partners continue to provide outreach at the Juvenile Facilities and the Todd Road jail once a week. They engage those ages 18-25 years old who will be transitioning back into the community within 90 days. TAY Tunnel staff meet up to three times with the TAY, introducing the WRAP and providing resources.</p>		
XI.	<p>Committee Members' and Participants' Comments, Activities</p> <p>A. Ms. Goble suggested using peer partners to support the youth who are enrolled in the Insights program.</p> <p>Ms. Goble also suggested providing support to the parents by restarting an informal program, "Wise Relationships with Your TAY." Parents and co-facilitators met for dinner every two weeks and discussed problems they were facing and possible solutions. Dina Olivas advised looking into the feasibility of doing this as an Innovations program. Ms. Goble agreed to discuss the idea with MHSA staff and present at the next meeting.</p> <p>B. Georgia Perry has spoken to Jason Meek, Executive Director of Turning Point Foundation, regarding its Dual Diagnosis group modeled after Alcoholics Anonymous and the feasibility of starting such a group for TAY.</p> <p>The Board of Supervisors has accepted the Growing Works proposal, a job training program for people with mental illness. It will be managed by Turning Point Foundation.</p>		
XII.	<p>Items for Next Meeting Agenda</p> <p>A. Discuss the feasibility of bringing back "Wise Relationships with Your TAY." B. Invite Jason Meeks to present on Turning Point's Dual Diagnosis group at a future meeting.</p>		<p>A. J. Goble B. E. Pham</p>
XIII.	<p>Adjourn The meeting adjourned at 11:50 a.m.</p>		



January 25, 2018

INSIGHTS

Juvenile Collaborative Court Program

Cheryl Fox, LCSW
Behavioral Health Manager

INSIGHTS: Collaborative Services



Program Development: A Collaborative Process

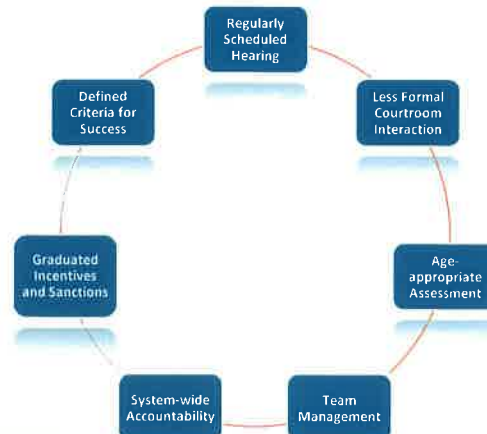
Participating Agencies:

- Probation Department
- Behavioral Health Department
- Public Defender's Office
- District Attorney's Office
- Office of Education
- Public Health




INSIGHTS: Program Components

7 Essential Components of a Mental Health Court *(Callahan, Steadman and Gerus)*




INSIGHTS: Program Description

- Developed in response to the needs of juvenile offenders with severe emotional disturbances / co-occurring substance use disorders who do not respond well to existing dispositional alternatives
- Coordinated services are offered to the youth / caregivers which may include comprehensive mental health services, substance abuse services, peer and parent support, and other county and community-based support resources
- Interagency / Court team members will work in strong collaboration to develop individualized multidisciplinary case plans
- Overarching GOALS of reducing incarcerations, hospitalizations, and other out of home placements and providing those support necessary for these youth to be successful in their home communities

 5

INSIGHTS: Team Approach

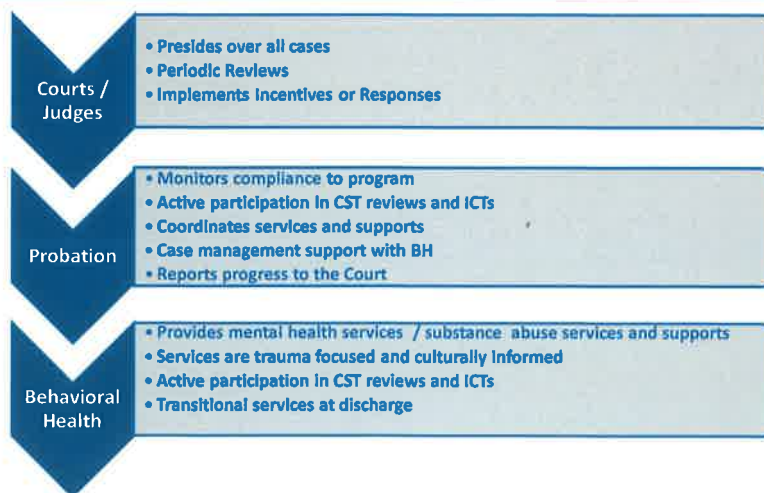
Coordinated Services Team (CST) <ul style="list-style-type: none">• Multi-agency• Screens Referral• Links to services	Insights Court Team (ICT) <ul style="list-style-type: none">• Multi-agency• Reviews Referral• Recommendations to the Court• Case Planning / Monitoring	Family Team Meetings (FTM) <ul style="list-style-type: none">• Youth / Family Voice• As needed for support• Recommendations to the ICT
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 6

INSIGHTS: Program Objectives

- Through a structured, collaborative process, identify probation youth who have mental health issues that may be contributing to their delinquent behaviors
- Engage youth and caregivers in an intensive mental health court supervised program that seeks to address the identified issues through comprehensive services and supports
- Through early engagement, reduce number of days spent in the Juvenile Facilities and length of probation wardship
- Through service provision for up to one year, reduce or eliminate hospitalizations, incarcerations, and/or other out-of-home placements
- Provide transitional / discharge planning that recognizes strengths and successes and provides linkage to aftercare services that support community maintenance.

INSIGHTS: Collaborative Services



INSIGHTS: Collaborative Services

The diagram consists of three downward-pointing chevrons on the left, each containing a stakeholder group. To the right of each chevron is a light blue rounded rectangle containing a list of services. The top chevron is labeled 'Schools' and lists: 'Address academic needs', 'Implement IEPs', and 'Active participation in CST reviews and ICTs'. The middle chevron is labeled 'Attorneys' and lists: 'Support services for all court proceedings', 'Active participation in CST reviews and ICTs', and 'Assist with legal issues / concerns'. The bottom chevron is labeled 'Public Health' and lists: 'Address health concerns, support, education' and 'Active participation in CST reviews'. At the bottom left is the Ventura County Behavioral Health logo, and at the bottom right is the number '9'.

- Schools**
 - Address academic needs
 - Implement IEPs
 - Active participation in CST reviews and ICTs
- Attorneys**
 - Support services for all court proceedings
 - Active participation in CST reviews and ICTs
 - Assist with legal issues / concerns
- Public Health**
 - Address health concerns, support, education
 - Active participation in CST reviews

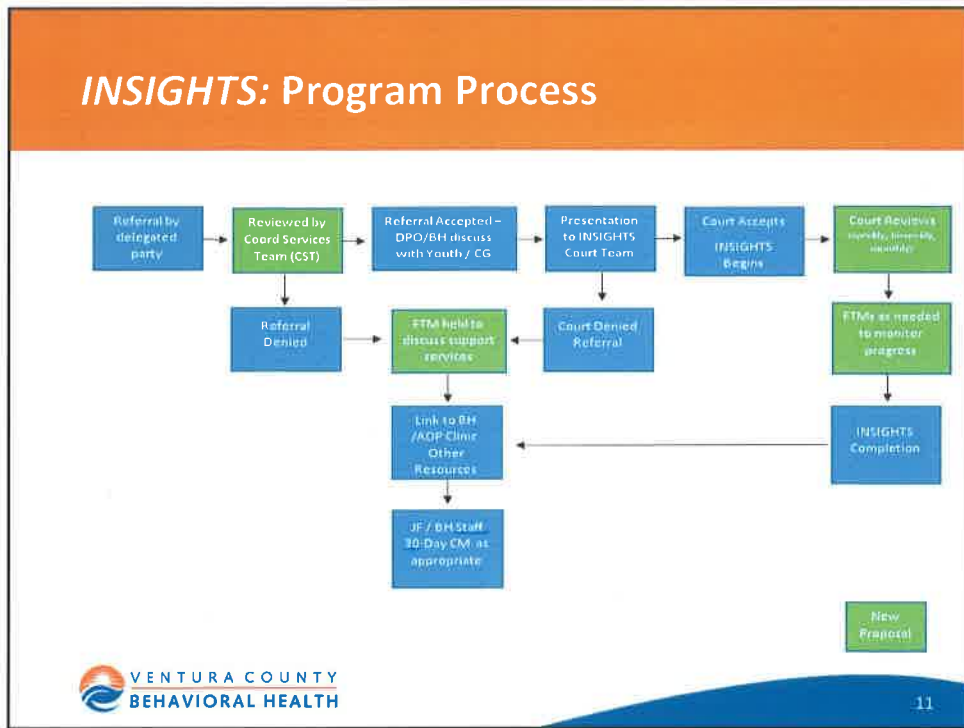
VENTURA COUNTY BEHAVIORAL HEALTH 9

INSIGHTS : Eligibility Criteria

The diagram features a vertical line on the left with five circles. The top, third, and fifth circles are filled with dark blue, while the second and fourth are white with dark blue outlines. To the right of each circle is a light blue rounded rectangle containing a criterion. The criteria are: 'Resident of Ventura County', 'WIC 602 Ward of Court', 'Meets "medical necessity" criteria for specialty mental health services', 'Competent and able to communicate with his/her attorney', and 'Youth and/or caregiver must agree to participate'. At the bottom left is the Ventura County Behavioral Health logo, and at the bottom right is the number '10'.

- Resident of Ventura County
- WIC 602 Ward of Court
- Meets "medical necessity" criteria for specialty mental health services
- Competent and able to communicate with his/her attorney
- Youth and/or caregiver must agree to participate

VENTURA COUNTY BEHAVIORAL HEALTH 10



- ### INSIGHTS: Phase I - Engage (60-90 Days)
- | | |
|---|--|
| <p>Probation</p> <ul style="list-style-type: none"> ▪ Weekly office reporting ▪ Random testing (test clean) ▪ Attending school (good behavior/ conduct) ▪ No violations /incident reports ▪ Attend court reviews ▪ Home visits / School visits ▪ Compliance with BH Treatment | <p>Behavioral Health</p> <ul style="list-style-type: none"> ▪ Assessments (determine baseline behaviors/symptoms) ▪ Attend weekly therapy (ind / family) ▪ Focus on pro-social activities/job search/ community service ▪ Access natural supports and engagement ▪ Medication compliance (if applicable) ▪ Family participation |
|---|--|
- 12

INSIGHTS: Phase II - Embrace (120-180 Days)

Probation

- Bi weekly office reporting
- Random testing (test clean)
- Monthly court review
- Attending school (good behavior conduct)
- No incident reports / violations Home /
- School visits (less frequent if in compliance)
- Positive change in behavior (i.e. verbalizing coping skills)
- Reward incentive if applicable
- While at JF, attend school daily and participate in programming
- Compliance with BH services

Behavioral Health

- Introduction to alternative treatment/coping skills
- Explore and implement new support skills
- Decrease negative coping, increase positive coping
- Increased functioning at school, home, work, etc.
- Weekly therapy meeting (individual/family)
- Case Manager support (transportation, employment assistance, assist w/obtaining legal documents, pro-social activities, etc.)
- Medication compliance (if applicable)



INSIGHTS: Phase III - Excel (60-90 Days)

Probation

- Monthly office reporting
- Random testing (test clean)
- Court reviews once a month (or as needed)
- Attending school (good behavior conduct)
- If in custody, no incident reports / violations
- Home / School visits
- Positive change in behavior (i.e. verbalizing coping skills)
- Acknowledgment that the program has helped them make lasting changes to their behavior (i.e. can express alternatives to previous behavior)

Behavioral Health

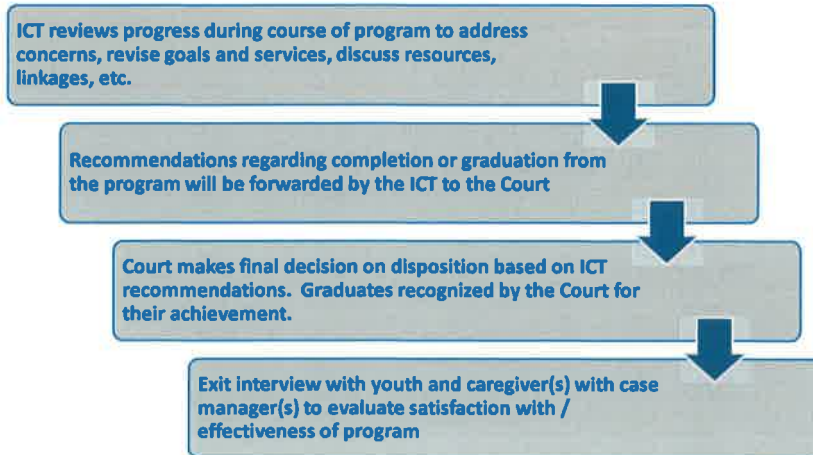
- Therapy meeting 2-3 times per month
- Consistent pro-social participation (i.e. church, sports, volunteer, etc.)
- Medication compliance (if applicable)
- Family participation
- Active participation in transition planning



INSIGHTS: Ongoing Collaboration / Support

Team	Family	Court
<ul style="list-style-type: none">• Coordinated Services Plan• Regular Progress Reports• Recommendations for Additional Services and Supports	<ul style="list-style-type: none">• Conjoint sessions with DPO / BH• Progress Reports / Family Team Meetings• Linkage to support resources for youth / caregivers• Incentives / Recognitions	<ul style="list-style-type: none">• Ongoing monitoring with ICT• Incentives / Responses as appropriate• Formal Recognitions

INSIGHTS: Program Completion



INSIGHTS: Performance Indicators

- Process**
 - # of referrals versus # accepted
 - Time from referral to admission
 - Avg. length of service
- Collaboration**
 - Level of participation at CSTs / ICTs
 - Participation in FTMs
- Performance Outcomes**
 - Youth accountability (attendance, violations, etc)
 - Satisfaction with services
 - Graduation Rates
 - # of incarcerations, hospitalizations, placements

VENTURA COUNTY BEHAVIORAL HEALTH 17

INSIGHTS: Summary of Program Enhancements

- Broadening of referral sources to all agency partners involved in youth
- Coordinated Services Team to screen referrals and monitor cases
- Youth and/or Caregiver can agree to services
- Structured "Phases" to promote engagement and feelings of success
- Immediate linkage to community mental health providers to promote connection and continuity of care.
- Employment of Family Team Meetings to increase collaboration

VENTURA COUNTY BEHAVIORAL HEALTH 18

INSIGHTS

Questions?

Thank You!



What's next? After high school?

The *Ventura County Transition Project*
and the *Ventura County SELPA*
are pleased to present the 2017-2018



Spring Transition Fair

For 15-22 year-old diploma and certificate bound special education students and their families!
Meet directly with the representatives from adult service agencies in Ventura County.



Plan Ahead !

It's never too early to learn about resources for students with disabilities after high school. Help your high school student prepare for the quality adult life they envision. There are multiple options to investigate for your child's path toward adult life. Learn about the transition to adult life process and support agencies available.

Saturday, March 10, 2018

Open House

9:00AM – 12:00PM

Ventura County Office of Education

Conference and Educational Services Center
5100 Adolfo Rd., Camarillo CA 93012

Cost is Free! Student attendance is encouraged!

- Visit agency booths (Open House) 9:00am – 12:00pm
- Overview of the transition process (Adults) 9:30am or 10:30am
- Transition Activity (Students) 9:30am or 10:30am
- "Hear My Story": A young adult's journey into adult life (Students/Adults) 9:30am



**CAUTION. . .
Adult Life Ahead**

Meet representatives from the following agencies:

Department of Rehabilitation

Regional Center

Community Colleges

Behavioral Health

Public Health and many more!

Sign Language Interpretation is available but must be reserved 2 weeks in advance. Call 805.437.1560
For more information on Transition go to www.vcselpa.org /Transition to Adult Life



¿Que sigue? ¿Después de la secundaria?

El Proyecto de Transición del Condado de Ventura
Y SELPA del Condado de Ventura
Se complace en presentar el 2017-2018



Feria de Transición de Primavera

¡ Para estudiantes de educación especial 15-22 años de edad destinados a recibir un diploma o certificado y sus familias! Reúnase directamente con los representantes de las agencias de servicios para adultos en el Condado de Ventura.



Plan Ahead!

(¡Planee con anticipación!)

Nunca es demasiado pronto para aprender acerca de los recursos para los estudiantes con discapacidades después de la escuela secundaria. Ayude a su estudiante de preparatoria a prepararse para la calidad de la vida adulta que imaginan. Obtenga más información acerca de la transición a la vida adulta y a las agencias de apoyo disponibles.

Sábado 10 de marzo de 2018

Casa Abierta

9:00AM – 12:00PM

Oficina de Educación del Condado de Ventura

Centro de Conferencias y Servicios Educativos
5100 Adolfo Rd., Camarillo CA 93012

¡El costo es gratis! La asistencia del estudiante se anima!

- Visite los puestos de agencias (Casa Abierta) 9:00am – 12:00pm
- Descripción general del proceso de transición (adultos) 9:30 a.m. o 10:30 a.m.
- Actividad de transición (estudiantes) 9:30 a.m. o 10:30 a.m.
- "Escucha mi historia": el viaje de un adulto joven hacia la vida adulta (Estudiantes / Adultos) 9:30 a.m.

**Precaución. . .
Vida Adulta
Adelante**

Conozca a representantes de las siguientes agencias:

Departamento de Rehabilitación

Centro Regional

Colegios Comunitarios

Salud del comportamiento

Salud Pública y muchos más!

La interpretación de lenguaje de señas está disponible, pero debe reservarse con 2 semanas de antelación.

Llame al 805.437.1560 Para obtener más información sobre Transición,
visite www.vcselpa.org / Transición a la vida adulta