

BEHAVIORAL HEALTH ADVISORY BOARD
TRANSITIONAL AGE YOUTH (TAY) COMMITTEE
MINUTES ■ Thursday, June 28, 2018

<p>Members Present Kay Wilson-Bolton, Alternate Committee Chair Jerry Harris, BHAB Chair Gina Petrus, BHAB Anna Colangelo, Casa Pacifica David Vahidi, Children and Family Services Monica Vergara, Interface Diane Melendez, Interface Jennifer Goble, TAY Tunnel Daniel</p> <p>Others Present Christan Perez, Interface Sheri Long, Vista Real Charter High School</p>	<p>VCBH Staff Present Dr. John Schipper, Adult Division Chief Sara Sanchez, Transitions Clinic Administrator Pam Roach, Transformational Liaison Edith Pham, BHAB Assistant</p> <p>NEXT MEETING: Thursday, July 26, 2018, 10:30 – 12:00 p.m.</p> <p>Ventura County Behavioral Health 1911 Williams Drive, Lake Tahoe Room (second floor), Oxnard</p>
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Note: The committee has not yet approved these minutes. There may be additions/deletions or corrections before the minutes are accepted in final form.

	DISCUSSION/CONCLUSIONS	RECOMMENDATIONS/ ACTIONS	RESPONSIBLE
I.	Call to Order Alternate Chair Kay Wilson-Bolton called the meeting to order at 10:38 a.m.		
II.	Approval of the Agenda Ms. Wilson-Bolton asked the committee to review and approve today's agenda. Sara Sanchez moved to approve, Pam Roach seconded. The motion passed unanimously.	The agenda was approved as written. M/S/C	
III.	Approval of the Minutes Ms. Wilson-Bolton asked the committee to review and approve the minutes of the May 24, 2018 meeting. Dr. Schipper moved to approve, Pam Roach seconded. The motion passed unanimously.	The minutes were approved as written. M/S/C	
IV.	Welcome and Introductions Ms. Wilson-Bolton welcomed everyone and asked for introductions.		
V.	Chair Announcements None.		
VI.	Public Comments None.		
VII.	<p>Presentation: H.E.A.R.T.– Helping to Educate, Address & Respond to Trafficking: Christan Perez, Program Manager, Interface Children and Family Services</p> <p>Trafficking is a crime against a person. It can be sex trafficking or labor trafficking. Trafficking can be wrongly reported as domestic violence. Some indicators of adult sex trafficking can include having few possessions, being depressed, or having tattoos/branding. Labor trafficking often involves work in the fields or restaurants; indicators can include bringing a translator to receive services, or someone else speaking for the patient.</p> <p>Interface's HEART staff receive referrals from law enforcement and from some service providers. They build trust and rapport before offering services to the victims. The information that staff receive is confidential. Staff give victims the 2-1-1 phone number as a safe way to connect to Interface in case the victim's cell phone is monitored. Interface outsources for an emergency shelter, which includes an onsite survivor advocate.</p> <p>Since August 2016 Interface has served 46 victims, 43 of them female. The average age of the victims is 22.</p> <p>Interface is available to provide presentations in the community.</p> <p>See attached for more information.</p>		

VIII.	<p>New Business: BHAB TAY Annual Report The committee reviewed Draft 1 of the BHAB TAY Annual Report.</p> <p>A. The objectives for 2018-19 were updated as follows:</p> <ul style="list-style-type: none"> • # 1: "Continue to encourage increased participation..." • # 2 and # 3 are similar; combine them. Rather than "Continue evaluation", use "Advocate." Add "child welfare system." Put "Advocate for increased housing options for TAY" as a stand-alone objective and add "Update the housing opportunity brochure." • # 4, "Increase community outreach...": needs further discussion. • # 5: add "Make recommendations to the BHAB as appropriate." <ul style="list-style-type: none"> ➢ Upon questioning, Mr. Harris, BHAB Chair, noted that formal recommendations to the BHAB should be made in writing so that they can be listed on the General Meeting agendas for discussion by the full board. 	Send the BHAB Assistant the housing opportunity brochure	S. Sanchez
	<p>B. Achievements were reviewed. Mr. Harris noted that the committee increased its membership due to changes in the BHAB bylaws.</p> <p>C. Recommendations for the upcoming year were discussed. Mr. Harris noted that this section could include a note about carrying over the objectives from the current year. Other suggestions are to promote participation of county agencies, such as Probation and Children and Family Services, of the VCBH Youth & Family Division, and of each city's ministerial association. Jennifer Goble agreed to send the BHAB Assistant a copy of the letter that the committee had prepared about four ago to encourage community participation.</p> <p>Ms. Wilson-Bolton noted that the work on the 2017-18 Annual Report will continue at the July meeting and asked all to come to that meeting with suggestions and feedback.</p>	Send the BHAB Assistant the committee's letter to the community	J. Goble
X.	<p>VCBH Transitions Update Dr. Schipper noted that the state has reduced the amount of funding for a triage grant by about 30%. Details are not clear, and VCBH had to put on hold the two TAY-focused outreach and engagement teams that were scheduled to start on July 1st.</p>		
XI.	<p>VCBH Alcohol & Drug Program Update – Anna Flores Ms. Flores was not in attendance.</p>		
XII.	<p>Providers Update Interface staff noted that Interface has reapplied for a youth demonstration project grant. This may create opportunities for a youth shelter.</p>		
XIII.	<p>Committee Members' and Participants' Comments, Activities</p> <p>A. Sheri Long noted that this is her last meeting as she and her family are relocating out of state. Currently, no replacement has been identified.</p>		
XIV.	<p>Items for Next Meeting Agenda</p> <ol style="list-style-type: none"> 1. Outreach letter. 2. Identify housing option providers for TAY. 3. Formal recommendation to BHAB regarding restarting the TAY support committee, as discussed in March. 4. TAY Committee FY 2017-18 Annual Report. 		
XV.	<p>Adjourn The meeting adjourned at noon.</p>		



Mental Health & Trauma Treatment
Domestic Violence & Child Abuse Prevention
Youth Crisis Intervention
Human Trafficking
Reentry Services
2-1-1 Information & Referral

if INTERFACE
CHILDREN & FAMILY SERVICES

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H.E.A.R.T. TEAM PRESENTS
VENTURA COUNTY'S
HUMAN TRAFFICKING
PREVENTION EFFORTS

if
INTERFACE
CHILDREN & FAMILY SERVICES

www.icfs.org

Presenter

3

Christan Perez
Program Manager
HEART Program
805-485-6114 ext.659

24/7 Crisis Hotline: 1-800-636-6738

Interface Children & Family Services www.icfs.org

Training Objective

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- Learn the definitions of labor and sex trafficking
- Learn how to recognize potential human trafficking victims
- Learn best practices for screening for human trafficking
- Become familiar with local resources

Interface Children & Family Services www.icfs.org

What is human trafficking?

- The act of recruiting, transporting, transferring, harboring or receiving a person through use of force, fraud, coercion or other means, for the **purpose of exploitation.**
- Trafficking Victims Protection Act of 2000

What Is Human Trafficking

Federal Law

Trafficking Victims Protection Act of 2000

Sex Trafficking

Commercial sex act induced by force, fraud or coercion, or in which person performing the act is under age 18, (22 USC § 7102).

Labor Trafficking

Using force, fraud or coercion to recruit, harbor, transport, obtain or employ a person for labor or services in involuntary servitude, peonage, debt bondage or slavery, (22 USC § 7102).

Trafficking vs. Smuggling

Trafficking and Smuggling are not interchangeable terms.

Trafficking:

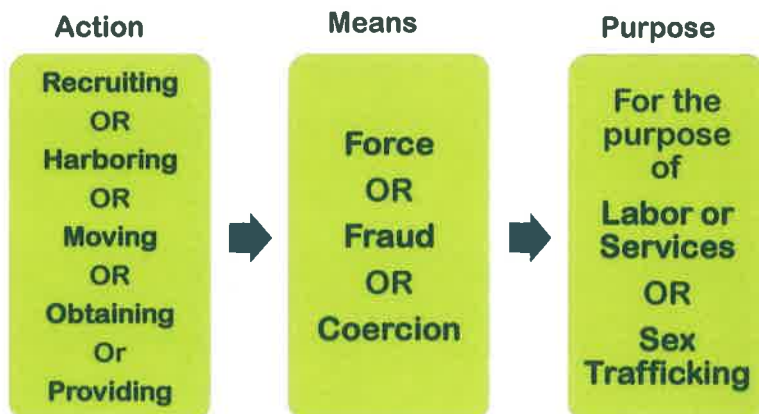
- Exploitation-based
- Does not require movement across borders
- Person is prevented from leaving once moved
- Person is victimized through force, fraud or coercion
- Involves sex or labor trafficking

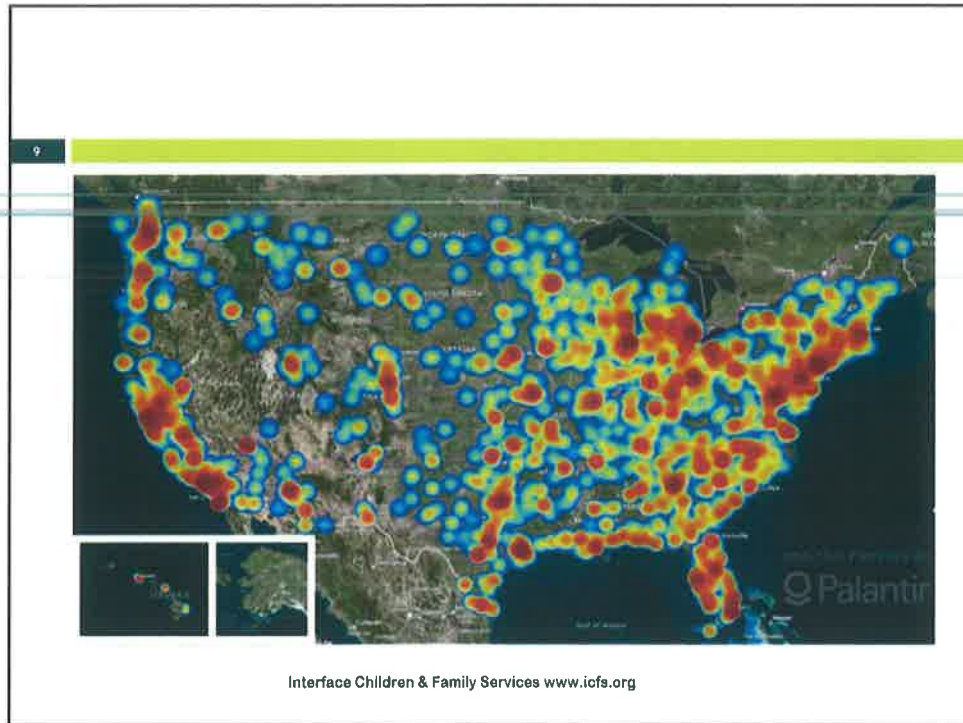
Smuggling:

- Transportation-based
- Must cross a national border
- Person is free to leave once crossing the border
- No labor or sex trafficking is required

Source: Department of Homeland Security's Blue Campaign, 2017.

A-M-P Model





Trafficking Methods

Sex Trafficking:

- Hotels/ motels
- Massage parlors
- Online ads- e.g. *backpage.com*
- Strip clubs
- Truck stops
- Street-based
- Escort services
- Brothels
- Trap houses
- Group homes

Labor Trafficking:

- Domestic work
- Agriculture
- Restaurant/ food industry
- Health & beauty service
- Personal caretakers
- Begging rings
- Factories
- Landscaping
- Construction
- Traveling sales crew



Recognizing Adult Sex Trafficking Victims

Physical Indicators:

- Multiple or recurrent STIs
- Abnormally high number of sexual partners
- Trauma to vagina and/or rectum
- Impacted tampon in vagina
- Signs of physical trauma
- Somatization symptoms:
 - Recurring headaches, abdominal pain, etc.
- Suspicious tattoos or branding

Behavioral Indicators:

- Depressed mood/ flat affect
- Anxiety/hyper-vigilance/panic attacks
- Affect dysregulation/irritability
- Frequent emergency care visits
- Unexplained/Conflicting stories
- Using language from “the life”
- Signs of drug or alcohol use

Source: National Human Trafficking Resource Center, 2016.

Branding Tattoos



Recognizing Labor Trafficking Victims

Physical Indicators:

- Musculoskeletal or ergonomic injuries
- Malnutrition/Dehydration
- Lack of routine screening and preventative care
- Untreated skin infections/inflamations
- Injuries or illness from harmful chemicals
- Vision complaints
- Somatization

Behavioral Indicators:

- Anxiety/ Panic Attacks
- Unexplained/ Conflicting Stories
- Overly vigilant or paranoid behavior
- Inability/Aversion to make decisions independently
- Affect dysregulation/ Irritability

Source: National Human Trafficking Resource Center, 2016.

Additional Red Flags

- Someone else is speaking for the patient
- Patient is constantly accompanied/monitored
- Patient is not aware of his/her location, the current date, or time
- Patient exhibits fear, anxiety, PTSD, submission, or tension
- Patient is reluctant to explain his/her injury
- Patient claims they have not slept in days
- Patient appears malnourished
- Patient's story keeps changing
- Patient is wearing clothing that may be consistent with sex work

Taking A Victim-Centered Approach to Trafficking

- ✓ Meet basic needs first
- ✓ Provide reassurance
- ✓ Build trust and rapport
- ✓ Be conscious of language
- ✓ Remain sensitive to power dynamics
- ✓ Avoid re-traumatization

Source: National Human Trafficking Resource Center, 2016.

Tips for Interacting with Trafficking Victims

- | | |
|---|--|
| <ul style="list-style-type: none"> □ Prioritize safety □ Ensure privacy □ Try to be relaxed and use an approachable tone □ Be open and non-judgmental □ Show compassion □ Allow for time □ Be aware of disclosure barriers □ Prepare for an emergency intervention □ Obtain a professional medical interpreter if needed | <ul style="list-style-type: none"> □ Explain confidentiality and limits □ Obtain consent □ Obtain minimal information needed to guide clinical decisions □ Ask if they would like to speak with an advocate who can help them and contact HT hotline as requested □ Prepare referral information □ Explain what will happen next □ Schedule follow up |
|---|--|

Sources: Caring for Trafficked Persons: Guidance for Health Providers, 2009 and Maclac-Konstantopoulos, 2017.

Communicating with Victims

- You have rights.
 - You are not alone and not to blame.
 - You are entitled to services and help.
 - Your wellbeing is my priority.
- Would you like to speak with a victim advocate?
 - If yes:***
 - We can call together...
 - If no:***
 - May I give you the number in case you'd like to call them in the future?
 - You have the right to say no. I respect your decision.

Interface's H.E.A.R.T. Program



- ❖ **H**elping to
- ❖ **E**ducate
- ❖ **A**ddress and
- ❖ **R**espond to
- ❖ **T**rafficking



Training and Outreach

19

- Presentations**
 - Program Overview
 - Red Flag Indicators
 - Q&A Technical Assistance

- Trainings**
 - Trauma Informed Care
 - HT 101
 - Tailored trainings for the identified audiences.



To request a presentation for your organization call:
(805) 485-6114 ext. 659

HT Population Served

20

- Assistance provided for victims 18+ yo
- Victims of sex and/or labor trafficking
- U.S. born and foreign nationals

Clients Served

21

46 Identified victims requesting services

- 39 Sex trafficking
- 2 Labor trafficking
- 5 both labor and sex trafficking

• Since August 2016

Responding to Trafficking Victims

- HEART Crisis Response 24/7
 - Law Enforcement
 - Medical Provider
 - Community Partner
 - National Human Trafficking Hotline
 - Self Referral
- Assess and Advocate
 - Inform of Rights
 - Assess and offer Basic Needs
 - Provide Advocacy
- Community Based Advocacy

Interface's HEART Shelter

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Emergency Shelter

- Emergency Shelter Placement
- Long Term Shelter Placement (6-9 month Program)
 - ❖ 6 Bed shelter
- Case Management/Advocacy for individuals not in need of shelter



Case Study #1: Labor Trafficking

24

40+ yo male survivor of labor trafficking; foreign born of Asian decent. Trafficked into the U.S. with the promise of a Visa and employment in the hotel industry. Upon arrival into the U.S., the location and scope of work changed. Client was forced into harsh working conditions and feared for his safety if he tried to leave. He was eventually able to escape and seek help from law enforcement. Client was connected with supportive services through Interface, and other community based agencies, to help meet his basic and other needs including housing, counseling, legal and immigration assistance.

Case Study #2: Sex Trafficking

25

20+ yo U.S. born female survivor of sex trafficking. Trafficking began when client was a minor and continued for nearly 10 years. Client was moved to various locations throughout the country. She had been unable to leave the life due to threats and fear for her safety. Eventually she was able to contact law enforcement with the help of the hotel staff where she had been staying. During the initial response, LE contacted Interface to initiate supportive services including intensive crisis counseling, emotional support, safe shelter, food, case management and assistance with relocation.

Resources for Trafficking Victims in VC



Interface Children & Family Services

1-800-636-6738 or 2-1-1

*24/7 Response and support for adults

CFS Child Abuse Reporting Hotline

(805) 654-3200

Forever Found's REACH Team

(805) 261-1212 or 2-1-1

*24/7 Response and support for minors

Additional Resources

- **National Human Trafficking Hotline**
1 (888) 373-7888
Polaris BeFree Textline:
"BeFree" (233733)
Monday-Sunday from 3-11pm EST
<https://humantraffickinghotline.org/resources>
- **Blue Campaign- Department of Homeland Security**
www.dhs.gov/bluecampaign
- **Ventura County Coalition Against Human Trafficking**
<http://www.vccaht.org>

Resources

Local:

- Interface 24/7 Crisis Hotline: 1-800-636-6738
- 211
- www.vccaht.org
- REACH Team (Under the age of 18)
(805) 261-1212

Reporting the Crime of Human Trafficking

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ONLY with adult's consent:

Ventura County District Attorney Investigator
(805) 383-4786

and/or

National Human Trafficking Hotline

1 (888) 373-7888

Polaris BeFree Textline
"BeFree" (233733) 12-7 PST, 7 days a week



QUESTIONS?

24/7 Crisis Hotline: 1-800-636-6738

What is Human Trafficking?

Human trafficking is a form of modern day slavery – a multi-billion dollar criminal industry that denies freedom to 20.9 million people around the world including the United States.

All trafficking victims share one essential experience—their loss of freedom.

A-M-P MODEL

Action + Means + Purpose = Human Trafficking

Human Trafficking		
ACTION	MEANS*	PURPOSE
Induce Recruits Harbors Transports Provides or Obtains	Force Fraud or Coercion	Commercial Sex (Sex Trafficking) or Labor /Services (Labor Trafficking)

*Minors induced into commercial sex are human trafficking victims— regardless if force, fraud or coercion is present.



Founded in 1973, Interface Children & Family Services is one of Ventura County's leading nonprofit social service agencies.

We work to prevent and heal the effects of abuse, neglect, and abandonment of children, domestic violence, family conflict, teenage crisis, and many similar issues.

For information about additional resources in your community:



Interface Administrative Office:
4001 Mission Oaks Blvd., Suite 1
Camarillo, CA 93012
(805) 485-6114
www.icfs.org

*Source: Polaris Project

H.E.A.R.T.

Helping to Educate, Address & Respond to Trafficking



Human Trafficking Assistance

Know the Signs

- Are they free to come and go as they please?
- Do they avoid eye contact?
- Do they appear fearful, anxious or submissive?
- Do they lack knowledge regarding whereabouts?
- Are they allowed to speak for themselves?
- Do they have control of their money or other personal belongings?
- Have their ID or other important documents been taken away?
- Are they being forced to work for someone to pay off a large debt?
- Are they being forced to work long or unusual hours?
- Do they move around frequently?
- Are they being forced to perform sexual acts for money?
- Were they recruited through false promises?
- Are they under 18 years old and getting paid for sexual acts?

Sources: Blue Campaign and Polaris Project

For help or information 24/7, call:

1-800-636-6738

Supporting Victims

HEART Crisis Response

Immediate, in-person response is available when requested by law enforcement or medical providers, to emotionally support adult survivors of sex and/or labor trafficking (both U.S. born and foreign nationals).

The advocates assess for basic and immediate needs, provide referrals and linkage to supportive services, inform survivors of their rights and discuss options for safely exiting their trafficking situation.

Community-Based Advocacy

In-person support and advocacy to help each survivor establish safety, work towards healing from their trauma and achieving self-sufficiency.

Emergency Shelter

A trauma-informed, and confidential shelter for adult survivors of trafficking. Survivors are provided a safe and supportive residential setting to begin healing from their trauma and working towards reclaiming their independence.

Training and Outreach



Training and technical assistance is available for medical professionals, law enforcement, hospitality providers, and other community agencies. Training aids with the identification and implementation of best practices for screening and responding to adult victims of sex and labor trafficking.

**To request a presentation for your organization call:
(805) 485-6114 ext. 659.**



*Strengthening
children, families
and communities
to be safe, healthy
and thriving.*

**Domestic Violence
& Human Trafficking Hotline**

For 24/7 Info & Assistance Call:

1.800.636.6738



*Fortaleciendo a
nuestros niños, familias
y comunidades para
estar seguros, sanos
y prósperos.*

**Línea Directa de Violencia
Doméstica y Trata de Personas**

**Para información y asistencia
las 24 horas llame al:**

1.800.636.6738



Christan Perez
Program Manager
Family Violence Intervention Services

4001 Mission Oaks Blvd., Suite 1 - Camarillo, CA 93012
cperez@icfs.org 805 485 6114 ext 659 www.icfs.org
24 Hour Crisis Hotline 1-800-636-6738

**BEHAVIORAL HEALTH ADVISORY BOARD
TRANSITIONAL AGE YOUTH COMMITTEE**

2017-2018 Annual Report

Submitted by Cmdr. Ronald Nelson, Chair

Transitional Age Youth Committee members

Cmdr. Ronald Nelson, Committee Chair

Kay Wilson-Bolton, BHAB

Anna Colangelo, Casa Pacifica

David Vahidi, Children and Family Services

Erin Locklear, Interface

Georgia Perry, NAMI

Jennifer Goble, Pacific Clinics

Vannessa Cortez, TAY Tunnel

Cici Romero, TAY Tunnel

Organizations that participate on occasion

Aegis Treatment Centers

Telecare

Ventura County Probation Agency

Ventura County Behavioral Health

Vista Real Charter High School

Crisis Intervention Team

Department of Rehabilitation

MISSION

The Transitional Aged Youth Committee (TAY) is a committee of the Behavioral Health Advisory Board. The BHAB TAY Committee is committed to promoting effective mental health and substance use disorder services, wellness and recovery of youth ages 16 through 25. The committee focuses on these youth in their efforts to launch and become healthy and productive adults.

The purpose of the Transitional Aged Youth Committee is to support the efforts of the Behavioral Health Advisory Board in its mission to promote and provide appropriate mental health and substance use disorder services for young adults ages 16 to 25, and to provide a forum for the TAY community to discuss the needs relevant to their health and wellness.

2017-18 OBJECTIVES

1. Increase participation of community partners serving TAY in the BHAB TAY meetings.
2. Continue evaluation and updating availability of TAY services related to housing options, work and volunteer opportunities and justice system.
3. Identify strategies to address gaps in services for the TAY population related to mental health and substance abuse treatment, housing options, work and volunteer opportunities, and the justice system.
4. Increase community outreach, especially to underserved community, and improve communication among parents, clients, agencies and the Committee.
5. Keep the Behavioral Health Advisory Board members informed on matters pertaining to the needs of the TAY Community.
6. Provide committee level work for the TAY community at the direction of the Behavioral Health Advisory Board.

DRAFT 1

INTRODUCTION

The BHAB TAY Committee meets on the fourth Thursday of the month from 10:30 a.m. to noon at the Ventura County Behavioral Health Administration building in Oxnard. Attendance and participation are open to Transitional Age Youth and their families, service providers, Behavioral Health Advisory Board (BHAB) members, and anyone with an interest in the TAY community. The TAY Committee is responsible to look into the needs, programs and services for the TAY population, and to report on these matters to the BHAB. The committee also receives direction from the BHAB to research issues that come to the attention of the BHAB on matters related to the TAY population.

ACHIEVEMENTS

1.

2017-18 PRESENTATIONS

July 2017: Casa Pacifica's Services to TAY – presented by Anna Colangelo, Psy.D.

September 2017: The Behavioral Health Advisory Board and Its Committees – presented by Jerry Harris, BHAB Chair

October 2017: The Oxnard Dream Center – presented by Richard Linares, Director

January 2018: The Insights Program – presented by Cheryl Fox, VCBH Youth & Family Division Manager

February 2018: America's Job Center – presented by Edward Sajor, Human Services Agency

March 2018: Wise Relationships with Youth TAY – presented by Jennifer Goble of Pacifica Clinics, Georgia Perry of NAMI, Pam Roach, VCBH Transformational Liaison

April 2018: Todd Road Jail Health and Programming Unit Update, presented by Cmdr. Ron Nelson

May 2018: Turning Point Foundation Dual Diagnosis Group – presented by Jason Meek, Executive Director

June 2018: HEART, Helping to Educate, Address & Respond to Trafficking – presented by Christan Perez, Program Manager, Interface Children and Family Services

CHALLENGES

DRAFT 1

OPPORTUNITIES

RECOMMENDATIONS

2018-19 OBJECTIVES

1. Increase participation of community partners serving TAY in the BHAB TAY meetings.
2. Continue evaluation and updating availability of TAY services related to housing options, work and volunteer opportunities and justice system.
3. Identify strategies, including advocacy, to address gaps in services for the TAY population related to mental health and substance abuse treatment, housing options, work and volunteer opportunities, and the justice system.
4. Increase community outreach, especially to underserved community, and improve communication among parents, clients, agencies and the Committee.
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