

**BEHAVIORAL HEALTH ADVISORY BOARD
TRANSITIONAL AGE YOUTH (TAY) COMMITTEE
MINUTES ■ Thursday, July 26, 2018**

<p>Members Present Kay Wilson-Bolton, Committee Alternate Chair Ratan Bhavnani, BHAB Anna Colangelo, Casa Pacifica Erin Locklear, Interface Georgia Perry, NAMI Vanessa Cortez, TAY Tunnel</p> <p>Others Present Brooke Begg, Interface Guadalupe Paz, Probation</p>	<p>VCBH Staff Present Sara Sanchez, Transitions Pam Roach, Transformational Liaison Edith Pham, BHAB Assistant</p> <p>NEXT MEETING: Thursday, September 27, 2018, 10:30 – 12:00 p.m.</p> <p>Pacific Clinics TAY Tunnel 141 W. Fifth Street, Suite D, Oxnard</p>
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Note: The committee has not yet approved these minutes. There may be additions/deletions or corrections before the minutes are accepted in final form.

	DISCUSSION/CONCLUSIONS	RECOMMENDATIONS/ ACTIONS	RESPONSIBLE
I.	Call to Order Alternate Chair Kay Wilson-Bolton called the meeting to order at 10:35 a.m.		
II.	Approval of the Agenda Ms. Wilson-Bolton asked the Committee to review and approve today's agenda. She noted that the presentation on Welfare & Institutions Code 5270 could not be coordinated and will not take place today; it is being rescheduled for a later date. Pam Roach moved to approve the agenda as amended, Sara Sanchez seconded. The motion passed unanimously.	The agenda was approved as written. M/S/C	
III.	Approval of the Minutes Ms. Wilson-Bolton asked the committee to review and approve the minutes of the June 28, 2018 meeting. Anna Colangelo moved to approve, Pam Roach seconded. The motion passed unanimously.	The minutes were approved as written. M/S/C	
IV.	Welcome and Introductions Ms. Wilson-Bolton welcomed everyone and asked for introductions.		
V.	Chair Announcements Aegis Treatment Centers invites all to an open house of their expanded facility in Oxnard on August 23 rd from 4:00 to 6:00 p.m. See flyer.		
VI.	Public Comments None.		
VII.	Presentation Postponed, as noted in the Approval of the Agenda.		
VIII.	New Business A. Community Outreach Letter The committee reviewed the draft letter to the community (see attached), which encourages participation in this committee. The committee proposed sending the letter to United Parents, Ventura County Office of Education, the Ventura Unified Mental Health committee, Special Education Local Plan Area (SELPA) Community Advisory Committee, local community colleges, California Lutheran University, California State University Channel Islands, and providers listed on the TAY Housing Options brochure. Ratan Bhavnani moved to approve the letter as drafted and to send it to the proposed organizations. Erin Locklear seconded. The motion passed unanimously. B. Identify Housing Option Providers for TAY The TAY Housing Options brochure was reviewed and updated. 1. Under Less Structured Housing Options, General: remove Casa Pacifica (rentals plus assistance and coaching).	Send letter to various organizations to encourage participation in this committee. M/S/C	

	<p>2. Under Shelters: add Salvation Army and Kingdom Center in Oxnard. Ms. Locklear noted that the cities of Ventura and Oxnard are planning to open their own year-round shelters in a few months. She also noted that none of the options are specifically for the TAY population.</p> <p>3. Under Clean & Sober Housing: remove Freedom House.</p> <p>4. Under Transitional Housing: change "varied" to "various" (second line).</p> <p>5. Under Additional Resources, One Stop: add "Every Friday from 10:00AM-Noon at El Buen Pastor United Methodist Church, 1029 E. Santa Paula St, Santa Paula."</p> <p>6. Move "Less Structures Housing Options" paragraph to the back of the brochure where "Additional Resources" paragraph currently is, and vice versa.</p> <p>7. Add the area code to all telephone numbers.</p> <p>Mr. Bhavnani noted that the brochure was printed by VCBH. He questioned whether the Adult brochure would be updated; Ms. Roach agreed to bring this up to the BHAB Adult Services Committee.</p> <p>Further discussion highlighted 2-1-1, which is an excellent referral. It is part of the coordinated entry system. Ms. Locklear also noted that many homeless representatives attend the Continuum of Care (CoC) meetings and share information on specific clients.</p> <p>C. Formal Recommendation to BHAB Regarding Restarting the TAY Support Committee Georgia Perry gave a brief reminder of the presentation on this topic that was done at the March meeting. The support group for parents of TAY ended in 2013. Restarting it would require some financial support and a person who would spearhead the project. Georgia Perry moved to make a formal recommendation to the BHAB asking it to support the restart of the project. Anna Colangelo seconded. The motion passed unanimously. Ms. Wilson-Bolton agreed to draft the recommendation.</p>	<p>Ask BHAB Adult Services Committee about Adult Housing Options brochure</p> <p>Recommend that the BHAB support the restart of the TAY Support Group. M/S/C</p> <p>Draft formal Recommendation</p>	<p>P Roach</p> <p>K Wilson-Bolton</p>
<p>IX. Old Business</p>	<p>Finalize the BHAB TAY Committee 2017-18 Annual Report Draft 2 was reviewed and updated.</p> <p>1. Under Achievements, add:</p> <ul style="list-style-type: none"> - Enhanced committee members' knowledge of service options for the TAY population. - Presentations to this committee. <p>2. Under Challenges, add:</p> <ul style="list-style-type: none"> - Lack of TAY-specific shelters. - Dissemination of information regarding services available for the TAY population. <p>3. Under Opportunities, add:</p> <ul style="list-style-type: none"> - Increase participation on this committee. - Increase advocacy for TAY-specific programming and shelters, mental health and substance use services, job training, and educational opportunities. <p>Ms. Locklear moved to accept the Annual Report as amended. Vanessa Cortez seconded. The motion passed unanimously.</p>	<p>Accept Annual Report as amended. M/S/C</p>	
<p>X. VCBH Transitions Update – Sara Sanchez</p>	<p>A. The current Transitions Program census is 275 TAY clients.</p> <p>B. A joint picnic with the TAY Tunnel will be held the following week.</p> <p>C. The Transitions Program will take clients to the county fair.</p> <p>D. Collaboration with the TAY Tunnel and the Department of Rehabilitation continues.</p>		
<p>XI. VCBH Alcohol & Drug Program Update – Anna Flores</p>	<p>Ms. Flores was not in attendance.</p>		

<p>XII.</p>	<p>Providers Update</p> <p>A. Ms. Cortez noted that:</p> <ul style="list-style-type: none"> - Last month, Public Health presented on tobacco and e-cigarettes and smoking gadgets; six TAY participated and asked a lot of questions; - Clients will go to the fair and to a picnic with Transitions; - With the hiring of peer partners, the TAY Tunnel is now fully staffed; - September is National Recovery Month. To mark this, the TAY Tunnel is inviting the committee to hold its September meeting in its offices and to hear a presentation from Patrick Jeffies, a Peer Partner at one of Pacific Clinics' Wellness Centers in Pasadena. He has compiled a book of poems written by 22 authors; see attached. Networking and a lunch would follow the BHAB TAY Committee meeting. <p>B. Ms. Locklear noted that Interface is reapplying for a street outreach grant to serve youth ages 12 to 21. Interface is working with the Continuum of Care to support the TAY and their need for shelter and transitional housing.</p> <p>C. Ms. Colangelo noted that in June Casa Pacifica staff was trained on substance use among emerging adults. This end-of-the-summer party will be held this month.</p>		
<p>XIII.</p>	<p>Committee Members' and Participants' Comments, Activities</p> <p>A. Guadalupe Paz noted that meetings of outreach partners are held at the City of Oxnard on the first Wednesday of every month at 10:00 a.m. During those meetings, providers share information about available services with parents.</p> <p>B. Ms. Roach noted that Public Health has a smoking cessation program that can be accessed free of charge.</p>		
<p>XIV.</p>	<p>Items for Next Meeting Agenda</p> <p>Ms. Wilson-Bolton proposed to have a presentation on Court-Appointed Special Advocates (CASA) at a future meeting. She briefly described her personal experience as a CASA volunteer.</p>		
<p>XV.</p>	<p>Adjourn</p> <p>The meeting adjourned at noon. Ms. Wilson-Bolton reminded all that the committee will go dark in August.</p>	<p>Reminder: dark in August</p>	



Open House

Come see our new
expanded office suites



**Thursday,
August 23, 2018
4:00pm - 6:30pm**

**2045 Saviers Road
Oxnard, CA 93033**

Attendees are welcome to join us, have a tour of our facility, meet some of our staff, and learn more about our treatment program. Refreshments provided.

*Please contact Clinic Manager Maria Meza at (805) 483-2253
or email mmeza@aegistreatmentcenters.com*



Ventura County Behavioral Health Advisory Board

July 2018

Members:

Claudia Armann
Jamie Banker
Ratan Bhavnani, 1st Vice Chair
Nancy Borchard
Gane Brooking, 2nd Vice Chair
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Margaret Corlese
Monique Garcia
Janis Gardner, Chair Emeritus
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Jerry Harris, Chair
Larry Hicks
Patricia Mowlavi
Cmdr. Ron Nelson
Denise Nielsen
Linda Parks, Supervisor
Gina Petrus
Irene Pinkard
Marlen Torres
Sheri Valley
Kay Wilson-Bolton, Secretary

Dear Community Partner, TAY consumer and Families of TAY:

Greetings! We are the Behavioral Health Advisory Board Transitional Aged Youth (TAY) Committee, serving the interests of **youth 16 through 25 years old** regarding mental health, primary health care and substance abuse services in Ventura County. The BHAB TAY Committee has identified a goal to *“Encourage participation of community partners serving TAY in the BHAB TAY meetings.”*

We would like to extend an invitation for you to join us so that we can collaborate on ways to better serve our TAY population. We are interested in input regarding perceived gaps in services, particularly in the areas of housing, employment, legal concerns and education.

Current attendees represent service providers, family members, and TAY throughout the county; however, we are looking to expand participation and are interested in your feedback regarding the needs of TAY that you have contact with.

We meet at Ventura County Behavioral Health offices in Oxnard on the 4th Thursday of each month from 10:30 to noon. You can provide feedback by replying to this email, or hopefully attending our meetings.

Further questions or concerns please contact our Community Liaison: Pam Roach at Pam.roach@ventura.org or call her at (805) 981-4227.

On behalf of the TAY Committee of the Behavioral Health Advisory Board, we thank you for your time and look forward to hearing from you. For more information, please visit the Behavioral Health Advisory Board website at: <http://vehea.org/bhab-transitional-age-youth-tay-committee>

Best regards,

DRAFT

Dr. Sevet Johnson, Director
Ventura County Behavioral Health

Cmdr. Ron Nelson
Transitional Age Youth (TAY) Committee Chair
Behavioral Health Advisory Board

Address
1911 Williams Drive, Suite 200
Oxnard, CA 93036
Phone: 805-981-1115
Fax: 805-658-4512

POTENTIAL FUNDING ASSISTANCE

HOUSING AUTHORITIES:

- Ventura City, 647-5990
- City of Oxnard, 385-8041
- Pt. Hueneme, 986-6527
- Santa Paula, 525-3339
- Area (covers Camarillo, Moorpark, Simi Valley, Thousand Oaks, Fillmore & Ojai), 480-9991

INDEPENDENT LIVING PROGRAM (ILP) FOR FOSTER TAY, 654-3245

FOR OTHER LOCAL GOVERNMENT ASSISTANCE (LIKE HOUSING VOUCHERS):

- Contact an Agency Assisting TAY considering Housing Options (listed on previous page)

SECULAR NONPROFITS

- Many Mansions, 496-4948
- Cabrillo Economic Development Corporation, 659-3791
- Peoples Self Help Housing Corp, 962-5152 x270
- Mercy Housing, 415-355-7100

RELIGION-BASED NONPROFITS

Churches/synagogues & their affiliates

HOUSING WHILE ATTENDING SCHOOL

- TEACH: Teacher Education
- Assistance for College & Higher Education
- FAESA: Free Application for Federal Student Aid

SOCIAL SECURITY INCOME ("SSI")

INDEPENDENT LIVING RESOURCE CENTER 477-7384

Potential Employment Assistance
Department of Rehabilitation
Contact: 263-2680

ADDITIONAL RESOURCES

VCBH (Ventura County Behavioral Health) Transitions Program, 981-9270
HSA (Human Services Agency), 385-1800

Or Join Us At:

Pacific Clinics TAY Wellness & Recovery Center:
TAY Tunnel
141 W. 5th St., Suite D, Oxnard, CA 93030
805-240-2538
Monday-Friday 9AM-5:30PM, Saturday 11AM-3PM
United Parents, 384-1555
National Alliance of Mental Illness (NAMI), 641-2426
Women of Substance & Men of Honor
(for TAY touched by the foster or criminal justice systems)
376-0472

Independent Living Resource Center, 650-5993
Project Understanding, 628-3332
Foster TAY's Emancipation Conference

One Stop Multi-Service Center:

Multitude of social service agencies & professionals offer their services to those in need:

- 1) Every Tuesday from 10AM-1PM
in the Ventura Public Health Auditorium,
3147 Loma Vista Road, Ventura, and
- 2) Every Wednesday from 8:30AM-11:30PM
at Community Action Transition Center,
621 Richmond Avenue, Oxnard

www.wellnesseveryday.org/tay

Information Provided by TAY Committee of the Ventura County
Mental Health Board.



HEALTH, RECOVERY & WELLNESS
Ventura County Health Care Agency

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TAY (TRANSITIONAL AGE YOUTH) HOUSING OPTIONS in Ventura County



HOUSING OPTIONS FOR TAY

There are lots of housing options – do your research and find out what will work best for you. Visit, interview, ask around. The organizations listed are intended as examples only. This list is not complete, and organizations listed are not endorsed in any manner. Seek agency assistance if needed.

LESS STRUCTURED HOUSING OPTIONS

General

Parents, relatives or family, or friends**
Guardian**
Room & Board**
Host Home**
Rent room or apartment**
Rent shared apartment or house**
Rentals plus assistance and coaching from nonprofits** (such as from Casa Pacifica or Kids & Families Together)
Motels** (short-term)

Vocational Residential

College Housing
Boarding School
Job Corps
Peace Corps (degree possibly required)
CA Conservation Corps

Career Residential

Resorts
National Park Service
Military
Offshore oil rigs
Camps
Live-in caretaker

**Children of TAY may be welcome too.

SHELTERS

Rescue Mission (male), Oxnard, 487-1234
Turning Point, Ventura, 652-2151
Lighthouse** (female), Oxnard, 385-7200
Winter Shelters** call 211

CLEAN & SOBER HOUSING

Freedom House (male), Oxnard, 483-8343
Sullivan House (male), Oxnard, 204-6615
Khepera House (male), Ventura, 653-2696
S.O.S. (female), Oxnard, 403-6801
Unity and Recovery for Women, Oxnard, 248-6895
Unity and Recovery for Men, Oxnard, 469-6997
Hacienda Sober Living, (male & female), Oxnard, 351-9352
Stepping Stones Sober Transitional Living Center for Men, Oxnard, 223-9174

RESIDENTIAL TREATMENT FOR SUBSTANCE ABUSE &/OR TRAUMA & THEIR GRADUATE HOUSES

Prototypes** (female), Oxnard, 382-6296
Khepera House (male), Ventura, 653-2596

TRANSITIONAL HOUSING

The Shore,** 628-3332
Turning Point, varied locations, 652-2151
Victory Outreach, Oxnard, 988-4102
Lighthouse for Women & Children,** Oxnard, 385-7200
Salvation Army,** Ventura, 648-4977
Kingdom Center/Genesis,** Ventura, 643-7675
Rain Transitional Living Center,** Camarillo, 389-3308

Some housing options available upon referral to Ventura County Behavioral Health Department.
Contact VCBH Housing Info Line: 981-5422

PERMANENT SUPPORTIVE HOUSING

Affordable rental housing with flexible services available when needed by resident.

Paseo Santa Clara, Oxnard
Paseo del Rio, Oxnard
"D" Street, Oxnard
El Patio, Ventura
Harvard Place, Santa Paula
Paseo de Luz, Oxnard (Feb. 2012)
Villa Calleguas, Camarillo
La Rahada, Simi Valley
Esseff Village, Thousand Oaks
Casa de Paz, Simi Valley
Richmond Terrace, Thousand Oaks

OTHER RESIDENTIAL PROGRAMS

Board & Care (licensed; non-medical 24-hour care) "TAY-friendly" ones available

Social Rehabilitation

(licensed residential treatment with full range of social rehabilitation services)
Telecare Camarillo (maximum stay of 18 months)

Mental Health Recovery Center

(licensed program with intensive support & rehabilitation services)
Hillmont House

**BEHAVIORAL HEALTH ADVISORY BOARD
TRANSITIONAL AGE YOUTH COMMITTEE
2017-2018 Annual Report**

Submitted by Cmdr. Ronald Nelson, Chair
Reviewed during the BHAB TAY Meeting of July 26, 2018

Transitional Age Youth Committee members

Cmdr. Ronald Nelson, Committee Chair
Kay Wilson-Bolton, BHAB
Anna Colangelo, Casa Pacifica
David Vahidi, Children and Family Services
Erin Locklear, Interface

Georgia Perry, NAMI
Jennifer Goble, Pacific Clinics
Vannessa Cortez, TAY Tunnel
Cici Romero, TAY Tunnel

Organizations that participate on occasion

Aegis Treatment Centers
Telecare
Ventura County Probation Agency
Ventura County Behavioral Health

Vista Real Charter High School
Crisis Intervention Team
Department of Rehabilitation

MISSION

The Transitional Aged Youth Committee (TAY) is a committee of the Behavioral Health Advisory Board. The BHAB TAY Committee is committed to promoting effective mental health and substance use disorder services, wellness and recovery of youth ages 16 through 25. The committee focuses on these youth in their efforts to launch and become healthy and productive adults.

The purpose of the Transitional Aged Youth Committee is to support the efforts of the Behavioral Health Advisory Board in its mission to promote and provide appropriate mental health and substance use disorder services for young adults ages 16 to 25, and to provide a forum for the TAY community to discuss the needs relevant to their health and wellness.

INTRODUCTION

The BHAB TAY Committee meets on the fourth Thursday of the month from 10:30 a.m. to noon at the Ventura County Behavioral Health Administration building in Oxnard. Attendance and participation are open to Transitional Age Youth and their families, service providers, Behavioral Health Advisory Board (BHAB) members, and anyone with an interest in the TAY community. The TAY Committee is responsible to look into the needs, programs and services for the TAY population and to report on these matters to the BHAB. The committee also receives direction from the BHAB to research issues that come to the attention of the BHAB on matters related to the TAY population.

2017-18 OBJECTIVES

1. Increase participation of community partners serving TAY in the BHAB TAY meetings.
2. Continue evaluation and updating availability of TAY services related to housing options, work and volunteer opportunities and justice system.
3. Identify strategies to address gaps in services for the TAY population related to mental health and substance abuse treatment, housing options, work and volunteer opportunities, and the justice system.

4. Increase community outreach, especially to underserved community, and improve communication among parents, clients, agencies and the Committee.
5. Keep the Behavioral Health Advisory Board members informed on matters pertaining to the needs of the TAY Community.
6. Provide committee level work for the TAY community at the direction of the Behavioral Health Advisory Board.

ACHIEVEMENTS

1. The TAY Committee increased its membership following changes in the BHAB Bylaws.

2017-18 PRESENTATIONS

July 2017: Casa Pacifica's Services to TAY – presented by Anna Colangelo, Psy.D.

September 2017: The Behavioral Health Advisory Board and Its Committees – presented by Jerry Harris, BHAB Chair

October 2017: The Oxnard Dream Center – presented by Richard Linares, Director

January 2018: The Insights Program – presented by Cheryl Fox, VCBH Youth & Family Division Manager

February 2018: America's Job Center – presented by Edward Sajor, Human Services Agency

March 2018: Wise Relationships with Youth TAY – presented by Jennifer Goble of Pacifica Clinics, Georgia Perry of NAMI, Pam Roach, VCBH Transformational Liaison

April 2018: Todd Road Jail Health and Programming Unit Update, presented by Cmdr. Ron Nelson

May 2018: Turning Point Foundation Dual Diagnosis Group – presented by Jason Meek, Executive Director

June 2018: HEART, Helping to Educate, Address & Respond to Trafficking – presented by Christan Perez, Program Manager, Interface Children and Family Services

CHALLENGES

DRAFT 2

OPPORTUNITIES

RECOMMENDATIONS

1. Carry over the 2017-18 objectives into the new year.
2. Promote the participation of county agencies: Probation and Human Services Agency's Children and Family Services. Encourage the participation of the Ventura County Behavioral Health Youth & Family Division.
3. Promote the participation of the various city ministerial association.

2018-19 OBJECTIVES

1. Continue to encourage increased participation of community partners serving TAY in the BHAB TAY meetings.
2. Advocate for increased housing options for TAY. Update the housing opportunity brochure.
3. Advocate and updating availability of TAY services related to work and volunteer opportunities and justice system. Identify strategies, including advocacy, to address gaps in services for the TAY population related to mental health and substance abuse treatment, work and volunteer opportunities, and the child welfare and justice systems.
4. Increase community outreach, especially to underserved community, and improve communication among parents, clients, agencies and the Committee.
5. Keep the Behavioral Health Advisory Board (BHAB) members informed on matters pertaining to the needs of the TAY Community. Make recommendations to the BHAB as appropriate.
6. Provide committee level work for the TAY community at the direction of the Behavioral Health Advisory Board.

DRAFT 2

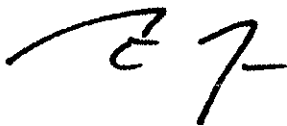
May 2018

Dear Reader,

Diamonds in the Rough is a book of 30 collected poems written by 22 authors. Each writer is a part of The Pacific Clinics William H. Compton Jr. Wellness Center community. They represent lived experience that recalls various stages of recovery in mental health. We've included poems that give voice to all moments of experience on the journey toward integration and wholeness in mind, body and spirit. We felt it was important to present both ends of the spectrum, each perspective. The poems presented tend from darkness to light. In the end, we embrace the darkness with the light, for it is the darkest of nights that frame our brilliant light shining bright. We've done this to pay tribute to the vehicle of creative writing, poetry, as a way to heal the writer. And hopefully, potentially, the reader.

Representing the ascension that we strive for but which isn't always easily grasped. The hope is that the writer can travel through time and extend the metaphorical hand for one currently in the struggle and inspire that person to feel and heal. For the truth to be revealed and for the compassion to unite ourselves hand in hand. This is the nature of existence for us as individuals discovering the meaning of our self within the self and within the larger community, society, civilization. The great author and thinker, Bebe Moore Campbell once said: "Mental Health will be the next great Civil Rights Movement." In its early stages let it gather momentum from: *Diamonds In the Rough*.

Best regards,



Patrick Thomas Jeffries

All proceeds from the book will go toward continuing this movement by spreading the message of recovery and making this book and future editions available to those who need it the most.