

BEHAVIORAL HEALTH ADVISORY BOARD
TRANSITIONAL AGE YOUTH (TAY) COMMITTEE
MINUTES ■ Thursday, November 29, 2018

<p>Members Present Kay Wilson-Bolton, Committee Chair Erin Locklear, Interface Georgia Perry, NAMI</p> <p>Others Present Anthony Marron, TAY Tunnel Cindy Doutt, Telecare VIPs Lorena Guereca, Vista Real Charter High School Ryan Boye, Department of Rehabilitation Emily Alexander, Department of Rehabilitation Laura Estrada, Children & Family Services Cathi Nye, Ventura County Office of Education</p>	<p>VCBH Staff Present Sara Sanchez, Transitions Manager Greg Bergan, MHSA Pam Roach, Transformational Liaison Debbie Conner, Management Assistant</p> <p>NEXT MEETING: Thursday, January 24, 2019, 10:30 – 12:00 p.m.</p> <p>Ventura County Behavioral Health 1911 Williams Drive, Lake Tahoe Room (second floor), Oxnard</p>
<p>Note: The committee has not yet approved these minutes. There may be additions/deletions or corrections before the minutes are accepted in final form.</p>	

	DISCUSSION/CONCLUSIONS	RECOMMENDATIONS/ ACTIONS	RESPONSIBLE
I.	Call to Order Chair Wilson-Bolton called the meeting to order at 10:33 a.m.		
II.	Approval of the Agenda Ms. Wilson-Bolton asked the Committee to review today’s agenda. A motion was made to approve the agenda and was seconded. The motion passed unanimously.	The agenda was approved as written. M/S/C	
III.	Approval of the Minutes Ms. Wilson-Bolton asked the committee to review and approve the minutes of the October meeting. Pam Roach moved to approve, Sara Sanchez seconded. The motion passed unanimously.	The minutes were approved as written. M/S/C	
IV.	Welcome and Introductions Ms. Wilson-Bolton thanked everyone for attending and asked for introductions.		
V.	Chair Announcements Ms. Wilson-Bolton noted that the November 19 General Meeting included a presentation by Patrick Jeffries on wellness and recovery. He had given a similar presentation at the September meeting of this committee.		
VI.	Public Comments None.		
VII.	Presentation: Court-Appointed Special Advocate (CASA) – Kay Wilson-Bolton Ms. Wilson-Bolton has been a CASA for foster youth for some time. She briefly spoke about her most recent appointee, who was able to be reunified with her family. She would like to see VCBH engage with this program as foster youth age out into the Transitions program. Ms. Wilson-Bolton agreed to make arrangements for a full presentation, tentatively scheduled for the January meeting.	Arrange for a presentation on CASA	K. Wilson-Bolton
VIII.	New Business A. Ms. Wilson-Bolton asked members to start thinking about ways to disseminate information to other agencies and partners. This topic will be included in a future committee meeting. B. Ms. Wilson-Bolton feels it would be helpful to have legislative updates on issues that pertain to the TAY population. She is considering having this as a standing agenda item. C. Ms. Wilson-Bolton relayed her concern about the impact of video games on children. She will speak with Supervisor Parks to see if she would be interested in taking the lead on addressing this issue.		

IX.	<p>Old Business</p> <p>A. Develop Action Plan Ms. Wilson-Bolton noted that Ratan Bhavnani’s recap of last month’s discussion on this topic is not available. The committee decided to hold off on developing the action plan as Dr. John Schipper, VCBH Adult Division Chief, had given some input at the October meeting but is not in attendance. Ms. Wilson-Bolton agreed to contact him and Mr. Bhavnani and request their attendance at the January meeting.</p>	Contact Dr. Schipper and Ratan Bhavnani and request their attendance in January	K. Wilson-Bolton
X.	<p>VCBH Transitions Update – Sara Sanchez</p> <p>A. The current Transitions census is 284.</p> <p>B. About 75 clients and their families attended the Dia de Los Muertos event. It gave the opportunity for those in attendance to grieve their losses.</p> <p>C. Transitions continues to collaborate with the TAY Tunnel and to look for new opportunities to do so, including joint activities.</p> <p>D. The new Transitions Clinic Administrator, Briana Crikelair, is bringing new ideas to engage the clients.</p> <p>E. The number of homeless TAY clients varies. Transitions collaborates with Casa de Esperanza, the Department of Rehabilitation and PathPoint to help clients across the county develop employment skills and other skills that will help them move toward independence.</p> <p>F. Transitions partners with the county animal shelter at the Camarillo airport. On Tuesdays, interested clients are transported to the shelter, where they are trained to work with the rescued dogs.</p>		
XI.	<p>VCBH Alcohol & Drug Program Update – Anna Flores</p> <p>Ms. Flores was not in attendance.</p>		
XII.	<p>Providers Update</p> <p>A. Ryan Boye noted that the Department of Rehabilitation (DOR) is developing relationships with local schools, including Special Education programs. The DOR Student Services department helps clients ages 16-22 gain skills and work experience. Mr. Boyle distributed copies of the DOR Student Services Options (DR 205A) form.</p> <p>B. Cathi Nye introduced herself as the Ventura County Office of Education (VCOE) Homeless Education Liaison. She works with all school districts in the county. She is currently preparing the distribution of 500 backpacks to homeless students. She works with the County’s Continuum of Care (CoC) to help find affordable housing.</p> <ul style="list-style-type: none"> • Ms. Wilson-Bolton noted that El Buen Pastor United Methodist Church in Santa Paula has two Safe Sleep sites, one for families with children and another one for adults. They allow the users to sleep in their own cars, which must be registered and insured. The parking lot is gated, and the County provides portable restrooms. <p>C. Greg Bergan provided a brief overview of the Mental Health Services Act (MHSA). The MHSA team is currently working on the county-wide Community Needs Assessment Survey and focus groups.</p> <p>D. Anthony Marron noted that the TAY Tunnel held various events which attracted a good number of TAY: movie day (8 participants), Fall Feast (12 participants), Gratitude Lunch. In January or February Straight Up will give a game show-type presentation that will teach about drug and alcohol prevention. Pacific Clinics is updating its marketing materials. Mr. Marron has met with intervention specialists from local high schools in Oxnard. The TAY Tunnel welcomes donations of jackets. An average of about 15 participants attend the TAY Tunnel program; a large number of them are homeless or couch surfing. One TAY Tunnel member is interested in attending future meetings of this committee.</p> <p>E. Cindy Doult noted that Telecare Ventura Early Intervention Prevention Services (VIPS) serves clients who are having their first psychotic break. The clients can stay</p>		

	<p>in this program for up to two years and receive various services, including medication support and rehabilitation. The program helps parents manage their youth and navigate the system. VIPS gives presentations to schools, churches and other external stakeholders to educate the community on the signs of early psychosis.</p> <p>F. Erin Locklear noted that Interface has been awarded state funds, which will help provide shelter for TAY. The minor youth shelter will be for teens up to age 17, and the TAY shelter will be for youth ages 18 to 24. 2-1-1 can be used to register youth who are homeless and to have them assessed for services. The county has five permanent supportive housing units dedicated to TAY.</p> <p>G. Pam Roach, VCBH Transitional Liaison, noted that in January 2019 the Transitions clinic in Oxnard will be added to the outreach efforts as she provides orientations to clients and families who are new to VCBH.</p> <p>H. Georgia Perry noted that NAMI offers a new four-hour family to family course and will also have a course for high schools.</p> <p>I. Laura Estrada introduced herself as the Human Services Agency’s Children & Family Services representative. She supervises a unit for foster care youth ages 16 to 21 who are in the transitional independent living age group.</p> <p>J. Lorena Guereca introduced herself as the Community Liaison for Vista Real Public Charter High School. It is a free public high school for youth ages 14 to 24. It partners with the Boys & Girls Club and PathPoint to help students obtain their high school diploma. Vista Real also helps the students with career building and exploration and resume writing. Vista Real has seven location throughout the county. Ms. Guereca distributed a flyer.</p> <p>Participants briefly discussed the food resources that are available in the community. Rueben Castro in Moorpark makes sure that no college-age individuals go hungry. Ms. Wilson-Bolton arranges for pick-up of food items from specific stores, to be redistributed in Santa Paula and Fillmore. People may call 2-1-1 to find out about resources. Pam Roach can provide information for East and West county; she can be contacted at pam.roach@ventura.org.</p>		
<p>XIII.</p>	<p>Committee Members’ and Participants’ Comments, Activities See Providers Update.</p>		
<p>XIV.</p>	<p>Items for Next Meeting Agenda Develop Action Plan.</p>		
<p>XV.</p>	<p>Adjourn The meeting adjourned at 11:55 a.m.</p>		

**MESA CONSULTIVA DE BEHAVIORAL HEALTH
COMITÉ DE JÓVENES EN EDAD TRANSICIONAL (TAY)
MINUTAS ▪ Jueves, 29 de Noviembre, 2018**

<p>Miembros presentes Kay Wilson-Bolton, Presidenta del Comité Erin Locklear, Interface Georgia Perry, NAMI</p> <p>Otros presentes Anthony Marron, Túnel TAY Cindy Douth, Telecare VIPS Lorena Guereca, Vista Real Charter High School Ryan Boye, Departamento de Rehabilitación Emily Alexander, Departamento de Rehabilitación Laura Estrada, Servicios para Niños y Familias Cathi Nye, Oficina de Educación del Condado de Ventura</p>	<p>Personal de VCBH presente Sara Sanchez, Gerente de Transiciones Greg Bergan, MHSA Pam Roach, Enlace Transformacional Debbie Conner, Asistente de Gestión</p> <p>SIGUIENTE JUNTA: Jueves, 24 de enero de 2019, de 10:30 a 12:00 p.m.</p> <p>Ventura County Behavioral Health 1911 Williams Drive, Lake Tahoe Room (second floor), Oxnard</p>
<p>Nota: El comité aún no ha aprobado estas actas. Puede haber adiciones / eliminaciones o correcciones antes de que se acepten las actas en su forma final.</p>	

	DISCUSIÓN / CONCLUSIONES	RECOMENDACIONES /	DISCUSIÓN / CONCLUSIONES
I.	Llamar al orden El presidente Wilson-Bolton convocó la reunión a las 10:33 a.m.		
II.	Aprobación de la Agenda La Sra. Wilson-Bolton pidió al Comité que revise la agenda de hoy. Se hizo una moción para aprobar la agenda y fue secundada. La moción fue aprobada por unanimidad.	El orden del día fue aprobado como está escrito. M/S/C	
III.	Aprobar las minutas La Sra. Wilson-Bolton le pidió al comité que revisara y aprobara el acta de la reunión de octubre. Pam Roach hizo la moción de aprobar, Sara Sánchez la secundó. La moción fue aprobada por unanimidad.	Las minutas fueron aprobadas tal como están escritas. M/S/C	
IV.	Bienvenida y presentaciones La Sra. Wilson-Bolton agradeció a todos por asistir y pidió presentaciones.		
V.	Anuncios del Presidente La Sra. Wilson-Bolton señaló que la reunión general del 19 de noviembre incluyó una presentación de Patrick Jeffries sobre bienestar y recuperación. Él había dado una presentación similar en la reunión de septiembre de este comité.		
VI.	Comentarios del público Ninguno.		
VII.	Presentación: Programa de Defensor Especial Designado por el Tribunal (CASA)- Kay Wilson-Bolton La Sra. Wilson-Bolton ha visitado CASA para jóvenes de crianza temporal. Ella habló brevemente sobre un caso reciente de una persona que pudo reunirse con su familia. A ella le gustaría ver que VCBH participe en este programa a medida que los jóvenes se incorporan al programa Transitions. La Sra. Wilson-Bolton acordó hacer los arreglos para una presentación completa, programada provisionalmente para la reunión de enero.	Organizar una presentación acerca de CASA	K. Wilson-Bolton
VIII.	Nuevos Asuntos A. La Sra. Wilson-Bolton pidió a los miembros que comiencen a pensar en formas de difundir información a otras agencias y socios. Este tema será incluido en una futura reunión del comité. B. La Sra. Wilson-Bolton considera que sería útil contar con actualizaciones legislativas sobre temas relacionados con la población TAY. Ella está considerando tener esto como un tema permanente de la agenda. C. La Sra. Wilson-Bolton expresó su preocupación sobre el impacto de los videojuegos en los niños. Hablará con la Supervisora Parks para ver si estaría interesada en tomar la iniciativa para abordar este problema.		

IX.	<p>Asuntos Anteriores</p> <p>A. Desarrollar plan de acción</p> <p>La Sra. Wilson-Bolton señaló que el resumen de Ratan Bhavnani de la discusión del mes pasado sobre este tema no está disponible. El comité decidió no continuar con el desarrollo del plan de acción ya que el Dr. John Schipper, Jefe de la División de Adultos de VCBH, había dado su opinión en la reunión de octubre, pero no asistió. La Sra. Wilson-Bolton aceptó comunicarse con él y con el Sr. Bhavnani y solicitar su asistencia a la reunión de enero.</p>	Contactar al Dr. Schipper y Ratan Bhavnani y solicitar su asistencia en enero	K. Wilson-Bolton
X.	<p>VCBH Transitions Update – Sara Sanchez</p> <p>A. The current Transitions census is 284.</p> <p>B. About 75 clients and their families attended the Dia de Los Muertos event. It gave the opportunity for those in attendance to grieve their losses.</p> <p>C. Transitions continues to collaborate with the TAY Tunnel and to look for new opportunities to do so, including joint activities.</p> <p>D. The new Transitions Clinic Administrator, Briana Crikelair, is bringing new ideas to engage the clients.</p> <p>E. The number of homeless TAY clients varies. Transitions collaborates with Casa de Esperanza, the Department of Rehabilitation and PathPoint to help clients across the county develop employment skills and other skills that will help them move toward independence.</p> <p>F. Transitions partners with the county animal shelter at the Camarillo airport. On Tuesdays, interested clients are transported to the shelter, where they are trained to work with the rescued dogs.</p>		
XI.	<p>Actualización del programa de alcohol y drogas VCBH - Anna Flores</p> <p>La Sra. Flores no estuvo presente.</p>		
XII.	<p>Actualización de Proveedores</p> <p>A. Ryan Boye indicó que el Departamento de Rehabilitación (DOR) está desarrollando relaciones con las escuelas locales, incluidos los programas de Educación Especial. El departamento de Servicios Estudiantiles de DOR ayuda a los clientes de 16 a 22 años a adquirir habilidades y experiencia laboral. El Sr. Boyle distribuyó copias de las Opciones de Servicios Estudiantiles de DOR (DR 205A) formulario.</p> <p>B. Cathi Nye se presentó como el Enlace de Educación para Personas sin Hogar de la Oficina de Educación del Condado de Ventura (VCOE). Ella trabaja con todos los distritos escolares en el condado. Actualmente está preparando la distribución de 500 mochilas para estudiantes sin hogar. Ella trabaja con Continuum of Care (CoC) del condado para ayudar a encontrar viviendas asequibles.</p> <ul style="list-style-type: none"> • La Sra. Wilson-Bolton indicó que la Iglesia Metodista Unida El Buen Pastor en Santa Paula tiene dos sitios de sueño seguro, uno para familias con niños y otro para adultos. Permiten a los usuarios dormir en sus propios automóviles, que deben estar registrados y asegurados. El estacionamiento está cerrado y el Condado ofrece baños portátiles. <p>C. Greg Bergan proporcionó una breve descripción de la Ley de Servicios de Salud Mental (MHSA). El equipo de MHSA está trabajando actualmente en la Encuesta de evaluación de necesidades de la comunidad en todo el condado y en los grupos de opinión.</p> <p>D. Anthony Marron indicó que el Túnel TAY celebró varios eventos que atrajeron a un buen número de TAY: día de la película (8 participantes), Fiesta de otoño (12 participantes), Almuerzo de gratitud. En enero o febrero, Straight Up ofrecerá una presentación tipo juego que enseñará sobre la prevención de drogas y alcohol. Pacific Clinics está actualizando sus materiales de marketing. El Sr. Marron se ha reunido con especialistas en intervención de escuelas secundarias locales en Oxnard. El túnel TAY acoge donaciones de chaquetas. Un promedio de alrededor de 15 participantes asisten al programa TAY Tunnel; un gran</p>		

	<p>número de ellos son personas sin hogar o sofá cama. Un miembro de TAY Tunnel está interesado en asistir a futuras reuniones de este comité.</p> <p>E. Cindy Doutt notó que los Servicios de Prevención de Intervención Temprana (VIPs) de Telecare Ventura atienden a clientes que están teniendo su primera interrupción psicótica. Los clientes pueden permanecer en este programa hasta dos años y recibir diversos servicios, incluido el apoyo con medicamentos y la rehabilitación. El programa ayuda a los padres a manejar a sus jóvenes y navegar el sistema. VIPs hace presentaciones a escuelas, iglesias y otras partes interesadas externas para educar a la comunidad sobre los signos de la psicosis temprana.</p> <p>F. Erin Locklear señaló que a Interface se le han otorgado fondos estatales, lo que ayudará a proporcionar refugio para TAY. El albergue para menores será para adolescentes hasta los 17 años, y el albergue TAY será para jóvenes de 18 a 24 años. 2-1-1 se puede usar para registrar a los jóvenes sin hogar y para que sean evaluados para los servicios. El condado tiene cinco unidades de vivienda de apoyo permanentes dedicadas a TAY.</p> <p>G. Pam Roach, Enlace de Transición de VCBH, indicó que, en enero de 2019, la clínica Transiciones en Oxnard se agregará a los esfuerzos de divulgación mientras proporciona orientaciones a clientes y familias que son nuevas en VCBH.</p> <p>H. Georgia Perry señaló que NAMI ofrece un nuevo curso familiar de cuatro horas y también tendrá un curso para escuelas secundarias.</p> <p>I. Laura Estrada se presentó como representante de Servicios para Niños y Familias de la Agencia de Servicios Humanos. Ella supervisa una unidad para jóvenes en cuidado de crianza de 16 a 21 años que están en el grupo de edad de vida independiente de transición.</p> <p>J. Lorena Guereca se presentó a sí misma como Enlace de la Comunidad para Vista Real Charter Charter Public School. Es una escuela secundaria pública gratuita para jóvenes de 14 a 24 años. Se asocia con el Boys & Girls Club y PathPoint para ayudar a los estudiantes a obtener su diploma de escuela secundaria. Vista Real también ayuda a los estudiantes a desarrollar y explorar su carrera y reanudar la escritura. Vista Real tiene siete ubicaciones en todo el condado. La Sra. Guereca distribuyó un volante.</p> <p>Los participantes discutieron brevemente los recursos alimenticios que están disponibles en la comunidad. Rueben Castro en Moorpark se asegura de que ninguna persona en edad universitaria pase hambre. La Sra. Wilson-Bolton organiza la recogida de alimentos de tiendas específicas para ser redistribuida en Santa Paula y Fillmore. Las personas pueden llamar al 2-1-1 para obtener información sobre los recursos. Pam Roach puede proporcionar información para el este y el oeste del condado; Se la puede contactar en pam.roach@ventura.org.</p>		
XIII.	<p>Comentarios de los miembros del Comité y de los participantes, actividades Ver actualización de proveedores.</p>		
XIV.	<p>Artículos para la próxima reunión Desarrollar el plan de acción.</p>		
XV.	<p>Cierre de la Junta. La reunión concluyó a las 11:55 a.m.</p>		

DOR Student Services Options*

DR 205A (Rev. 09/18)

Page 1 of 2

Form Purpose

DOR Student Services help students prepare for workplace success by exploring options, getting ready to work, and creating careers.

This document explains the purpose of each of the five types of DOR Student Services, and also lists examples of the types of things you can do, learn, and explore in each category. You and your DOR staff member may use these examples to identify which activities in your local area match your interests and needs.**

Keep in mind that each of these activities may be offered in one or more of the following ways: in a classroom, in a group setting in the community, one-on-one, or on an individualized basis.

Job Exploration Counseling

Job exploration counseling offers ways to learn about the different kinds of jobs and which ones are best for your strengths and interests.

Explore Career Options

- Learn about the jobs and job families in the labor market
- Understand what jobs and industries are popular right now (i.e., "in-demand")
- Find out what jobs pay good wages
- Learn what jobs lead to better jobs
- Learn about career pathways in your local area

Find the Jobs that Fit You Best

- Explore career interests through interest inventories, conversations, and labor market research
- Discuss different kinds of work, including self-employment, supported employment, and nontraditional employment
- Understand what you need to do to get the career you want

Work-Based Learning Experiences

Work-based learning experiences offer a variety of ways to connect with local professionals and get real-world work experience.

Real-World Work Experiences

- Work experiences
- Internships (paid or unpaid)
- Apprenticeships (informal)
- Volunteer opportunities
- Job Shadowing

Research & Connections

- Informational interviews to research employers and different kinds of jobs
- Work site tours to learn about industries, companies, and job skills
- Mentoring opportunities

*The Student Services Options are intended for potentially eligible students, who are defined as students with disabilities, ages 16 through 21, who have not yet applied or been found eligible for the vocational rehabilitation program.

**This form is intended to be used in conjunction with the DR 205 DOR Student Services Agreement* form.

Postsecondary Counseling

Postsecondary counseling helps you learn about different educational programs available and resources to support your educational success.

Postsecondary Education Options

- Learn about different kinds of academic and occupational training
- Explore career options available with different programs
- Discover what programs are connected to career pathways
- Find out what classes or credentials you need for the career you want
- Learn which schools offer the programs and supports you want

Resources to Support Your Success

- Get advice on educational programs and course offerings
- Learn about the admissions process at college, technical, and trade schools
- Discover resources and disability support services to help you succeed in school
- Identify options to pay for school
- Get support in completing the financial aid application (FAFSA)

Workplace Readiness Training

Workplace readiness training helps you prepare for employment by learning good work habits and interpersonal skills, and developing independent living skills.

Good Work Habits & People Skills

- Practice interviewing
- Understand employer expectations
- Strengthen communication and other soft skills needed for work
- Develop social skills for work

Financial & Independent Living Skills

- Learn to search and apply for jobs
- Learn ways to get to work
- Develop money management skills
- Learn what happens to SSI/SSDI benefits when you go to work
- Find out how to live independently

Self-Advocacy Training

Self-advocacy training helps you build leadership skills, gain confidence in professional environments, and understand what you need to succeed in the workplace.

Build Knowledge & Confidence

- Understand your rights at work
- Learn your responsibilities at work
- Learn about accommodations and supports and how to request them
- Practice communicating thoughts, needs, and concerns

Build Connections & Leadership Skills

- Participate in mentoring opportunities with educational staff or employees of businesses, boards, associations, or organizations
- Participate in leadership activities
- Conduct informational interview

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