

**BEHAVIORAL HEALTH ADVISORY BOARD  
TRANSITIONAL AGE YOUTH (TAY) COMMITTEE  
MINUTES ■ Thursday, October 25, 2018**

<p><b>Members Present</b> Ratan Bhavnani, BHAB, Alternate Chair Giann Pemberton, Children and Family Services Georgia Perry, NAMI</p> <p><b>Others Present</b> Stephanie E., Casa Pacifica Lisa Brunelle, Department of Rehabilitation Ryan Boye, Department of Rehabilitation Cathi Nye, Ventura County Office of Education Kate English, One Step a la Vez</p>	<p><b>VCBH Staff Present</b> John Schipper, Adult Division Chief Anna Flores, Alcohol and Drug Programs Manager Sara Sanchez, Transitions Manager Greg Bergan, MHSA Pam Roach, Transformational Liaison Edith Pham, BHAB Assistant</p> <p><b>NEXT MEETING:</b> <b>Thursday, November 29, 2018, 10:30 – 12:00 p.m.</b> Ventura County Behavioral Health 1911 Williams Drive, Lake Tahoe Room (second floor), Oxnard</p>
--	--

Note: The committee has not yet approved these minutes. There may be additions/deletions or corrections before the minutes are accepted in final form.

	DISCUSSION/CONCLUSIONS	RECOMMENDATIONS/ ACTIONS	RESPONSIBLE
I.	<b>Call to Order</b> Alternate Chair Ratan Bhavnani called the meeting to order at 10:35 a.m.		
II.	<b>Approval of the Agenda</b> Mr. Bhavnani asked the Committee to review and approve today's agenda. Sara Sanchez moved to approve, Dr. John Schipper seconded. Mr. Bhavnani noted that the presentation by Kay Wilson-Bolton will not take place as she is not present. The motion to approve the agenda as amended passed unanimously.	The agenda was approved as amended. <b>M/S/C</b>	
III.	<b>Approval of the Minutes</b> Mr. Bhavnani asked the committee to review and approve the minutes of the September 27, 2018 meeting. Sara Sanchez moved to approve, Georgia Perry seconded. The motion passed unanimously.	The minutes were approved as written. <b>M/S/C</b>	
IV.	<b>Welcome and Introductions</b> Mr. Bhavnani welcomed everyone and asked for introductions.		
V.	<b>Chair Announcements</b> Mr. Bhavnani noted that he is chairing this meeting in Ms. Wilson-Bolton's absence. She is the new Chair following the retirement of the previous Chair, Cmdr. Nelson.		
VI.	<b>Public Comments</b> None.		
VII.	<b>Presentation: Court-Appointed Special Advocate (CASA) Program</b> Mr. Bhavnani noted that the presentation will take place at a future meeting. Ms. Wilson-Bolton, who was scheduled to present, is a CASA volunteer and is knowledgeable about the program.		
VIII.	<b>New Business</b> A. Appoint/Remove committee members Mr. Bhavnani thanked all for attending. He appointed Giann Pemberton of the Human Services Agency's Children & Family Services (CFS). He removed David Vahidi of CFS, whose new duties prevent him from attending, and Cmdr. Ron Nelson, former Chair of this committee, as he has retired from County employment and is no longer serving on the BHAB.  B. Develop Action Plan The committee reviewed the list of its objectives for 2018-19. Mr. Bhavnani noted that the full board has adopted the TAY objective # 3 as its own, so he narrowed the discussion to this one objective. Participants identified the current strategies in place, which include the letter to the community that invites interested parties to		

	attend the meetings of the BHAB TAY Committee; MHSA stakeholder meetings; outreach to the TAY population done by the TAY Tunnel and the Department of Rehabilitation. New strategies that were suggested include engaging all agencies that serve the TAY population and/or have them give presentations to this committee, encouraging TAY to participate in this committee, using social media and survey monkeys to find out from TAY what services they may be interested in, implementing a series of routine focus groups where adults go to the Transition clinic to hear directly from clients. Mr. Bhavnani agreed to draft a recap of the discussion, which will be reviewed at the November 29 meeting.	Draft a recap of the discussion	R. Bhavnani
<b>IX.</b>	<b>Old Business</b> Mr. Bhavnani reminded all that they are encouraged to share the committee's letter to the community with anyone who may be interested in the TAY population.		
<b>X.</b>	<b>VCBH Transitions Update – Sara Sanchez</b> A. The current census is 271 clients. B. Transitions is planning a Dia De Los Muertos celebration on November 13 from 2:00 to 5:00 p.m. The event celebrates the life of those who have passed on and the TAY who have lost a part of themselves. Family and friends are welcome to attend. C. Collaboration with the TAY Tunnel is strong: holding events together, and bringing clients to the TAY Tunnel and to Transitions. D. Transitions collaborates with the Department of Rehabilitation and refers clients. E. Transitions continues to provide groups that help TAY be successful in the community.		
<b>XI.</b>	<b>VCBH Alcohol &amp; Drug Program Update – Anna Flores</b> A. ADP treats co-occurring disorders in an integrated way. Its works with the adult clinics when they have clients who have moderate to severe mental health issues with primary substance use disorder, and with Beacon's clients who have mild to moderate mental health disorders. Treatment for substance use disorders is short-term and usually lasts from 90 days to 6 months. B. Ms. Flores proposed to hear a presentation from Noemi Estrada on assessment and needs of the TAY. She is a lead counselor who started a TAY group in Oxnard.		
<b>XII.</b>	<b>Providers Update</b> Stephanie E. noted that 75 youth attended the recent Road to Independence, which was held at Casa Pacifica.		
<b>XIII.</b>	<b>Committee Members' and Participants' Comments, Activities</b> Cathi Nye noted that the Ventura County Office of Education (VCOE) will present an educational advocate training in late November. VCOE is also presenting a workshop on Trauma Informed Practices for Schools (TIPS); see attached.  Kate English provided some information about One Step a la Vez, a teen center that operates in downtown Fillmore. It focuses on youth ages 13 to 19 but helps out youth up to age 25. This drop-in center provides one hot meal every day, field trips and activities such as el Dia de los Muertos. One Step a la Vez also has a program called One Step Home, which provides laundry and showers.  Dr. Schipper noted that the triage expansion will start on November 1 <sup>st</sup> . It will use grant money to expand the existing Rapid Integrated Support and Engagement (RISE) program. It will consist of two tracks: clinicians ride-along with Law Enforcement, and outreach and engagement specific to TAY in the East and West County, each with three clinicians. Dr. Schipper proposed inviting Felicia Skaggs to present on this.  Georgia Perry provided an update on Growing Works, a plant nursery for VCBH clients. It teaches job skills, and five clients have been hired as employees. Mr. Bhavnani noted that Ms. Perry's husband has been instrumental in setting up this nursery.  Lisa Brunelle, Department of Rehabilitation manager in Oxnard, explained that DOR provides training, coaching and job placement for those with disabilities. It is a state		

	<p>agency. Most of its funding comes from the federal government, which is currently directing DOR to focus on youth ages 16 to 21 who are in school.</p> <p>Ryan Boye of Department of Rehabilitation distributed the following handouts:</p> <ul style="list-style-type: none"> <li>• Module Overview of an eight-module training that DOR provides;</li> <li>• DOR Student Services Options;</li> <li>• DOR Student Services Request (form DR 203).</li> </ul> <p>Mr. Boye noted that he meets TAY at the California Youth Authority in Camarillo. He goes to some schools and attends some Individualized Education Plan (IEP) meetings.</p>		
<b>XIV.</b>	<p><b>Items for Next Meeting Agenda</b></p> <ol style="list-style-type: none"> <li>1. Possible presentation on CASA.</li> <li>2. Action Plan</li> </ol>		
<b>XV.</b>	<p><b>Adjourn</b></p> <p>Mr. Bhavnani reminded all that the committee will next meet on November 29 and will go dark in December. The meeting adjourned at noon.</p>		

**MESA CONSULTIVA DE BEHAVIORAL HEALTH  
COMITÉ DE JÓVENES EN EDAD TRANSICIONAL (TAY)  
MINUTAS ■ Jueves 25 de octubre de 2018.**

<p><b><u>Miembros presentes</u></b> Ratan Bhavnani, BHAB Presidente Alterno Giann Pemberton, Servicios para niños y familias Georgia Perry, NAMI</p> <p><b><u>Otros presentes</u></b> Stephanie E., Casa Pacifica Lisa Brunelle, Departamento de Rehabilitación Ryan Boye, Departamento de Rehabilitación Cathi Nye, Oficina de Educación del Condado de Ventura Kate English, One Step a la Vez</p>	<p><b><u>Personal de VCBH presente</u></b> John Schipper, Jefe de División de Adultos Anna Flores, Gerente de Programas de Alcohol y Drogas Sara Sanchez, Gerente de Transiciones Greg Bergan, MHSA Pam Roach, Enlace Transformacional Edith Pham, Asistente BHAB</p> <p><b>SIGUIENTE JUNTA:</b> <b>Jueves, 29 de noviembre de 2018, de 10:30 - 12:00 p.m.</b> Ventura County Behavioral Health 1911 Williams Drive, Sala Lake Tahoe (segundo piso), Oxnard</p>
<p>Nota: El comité aún no ha aprobado estas minutas. Puede haber adiciones / eliminaciones o correcciones antes de que se acepten las minutas en su forma final.</p>	

	DISCUSIÓN / CONCLUSIONES	RECOMENDACIONES / ACCIONES	RESPONSABLES
I.	<b>Llamar al orden</b> El Presidente suplente Ratan Bhavnani ordenó la reunión a las 10:35 a.m.		
II.	<b>Aprobar la agenda</b> El Sr. Bhavnani le pidió al Comité que revisara y aprobara la agenda de hoy. Sara Sánchez hizo la moción para aprobar, el Dr. John Schipper la secundó. El Sr. Bhavnani señaló que la presentación de Kay Wilson-Bolton no tendrá lugar ya que ella no está presente. La moción para aprobar la agenda tal como fue enmendada fue aprobada por unanimidad.	El orden del día fue aprobado con los cambios. <b>M / S / C</b>	
III.	<b>Aprobar las minutas</b> El Sr. Bhavnani le pidió al comité que revisara y aprobara las minutas de la reunión del 27 de septiembre de 2018. Sara Sánchez hizo la moción para aprobar, Georgia Perry la secundó. La moción pasó por unanimidad.	Las minutas fueron aprobadas tal como están escritas. <b>M/S/C</b>	
IV.	<b>Bienvenida y presentaciones</b> El Sr. Bhavnani dio la bienvenida a todos y pidió presentaciones.		
V.	<b>Anuncios del Presidente</b> El Sr. Bhavnani señaló que está presidiendo esta reunión en ausencia de la Sra. Wilson-Bolton. Ella es la nueva Presidenta luego del retiro del anterior presidente, el Comandante Nelson.		
VI.	<b>Comentarios del público</b> Ninguno.		
VII.	<b>Presentación: Programa de Defensor Especial Designado por el Tribunal (CASA)</b> El Sr. Bhavnani señaló que la presentación tendrá lugar en una reunión futura. La Sra. Wilson-Bolton, que estaba programada para presentar, es una voluntaria de CASA y está bien informada sobre el programa.		
VIII.	<b>Nuevos Asuntos</b> <p><b>A.</b> Designar / Eliminar miembros del comité El Sr. Bhavnani agradeció a todos por asistir. Presentó a Giann Pemberton, de la Agencia de Servicios Humanos, Children &amp; Family Services (CFS). Eliminó a David Vahidi de CFS, cuyos nuevos deberes le impiden asistir, y al Comandante Ron Nelson, ex presidente de este comité, ya que se retiró del empleo en el Condado y ya no está sirviendo en el BHAB.</p> <p><b>B.</b> Desarrollar el plan de acción El comité revisó la lista de sus objetivos para 2018-19. El Sr. Bhavnani señaló que la Mesa completa ha adoptado el objetivo TAY # 3 como propio, por lo que</p>		

	<p>redujo la discusión a este único objetivo. Los participantes identificaron las estrategias actuales implementadas, que incluyen la carta a la comunidad que invita a las partes interesadas a asistir a las reuniones del Comité BHAB TAY; reuniones de partes interesadas de MHSA; divulgación a la población TAY realizada por TAY Tunnel y el Departamento de Rehabilitación. Las nuevas estrategias que sugirieron incluyen involucrar a todas las agencias que sirven a la población TAY y / o hacer que hagan presentaciones a este comité, alentando a TAY a participar en este comité, usando las redes sociales y encuestando para averiguar a través de TAY qué servicios pueden interesar, implementando una serie de grupos de enfoque de rutina donde los adultos van a la clínica de Transición para escuchar directamente de los clientes. El Sr. Bhavnani acordó redactar un resumen de la discusión, que se revisará en la reunión del 29 de noviembre.</p>	Redactar un resumen de la discusión.	R. Bhavnani
<b>IX.</b>	<p><b>Asuntos Anteriores</b> El Sr. Bhavnani recordó a todos que se les invita a compartir la carta del comité a la comunidad con cualquier persona que pueda estar interesada en la población TAY.</p>		
<b>X.</b>	<p><b>Actualización sobre VCBH Transiciones – Sara Sanchez</b></p> <ul style="list-style-type: none"> <li>A. El censo actual es de 271 clientes.</li> <li>B. Transiciones está planeando una celebración del Día de los Muertos el 13 de noviembre de 2:00 a 5:00 p.m. El evento celebra la vida de aquellos que han fallecido y los TAY que han perdido una parte de sí mismos. La familia y los amigos son bienvenidos a asistir.</li> <li>C. La colaboración con el TAY Tunnel es sólida: organiza eventos juntos y lleva a los clientes a TAY Tunnel y a las Transiciones.</li> <li>D. Transiciones colabora con el Departamento de Rehabilitación y remite clientes.</li> <li>E. Transiciones continúa proporcionando grupos que ayudan a TAY a tener éxito en la comunidad.</li> </ul>		
<b>XI.</b>	<p><b>Actualización del programa de alcohol y drogas VCBH - Anna Flores</b></p> <ul style="list-style-type: none"> <li>A. ADP trata los trastornos coexistentes de manera integrada. Funciona con las clínicas para adultos cuando tienen clientes que tienen problemas de salud mental de moderados a graves con el trastorno por uso de sustancias primarias, y con clientes de Beacon que tienen trastornos de salud mental de leves a moderados. El tratamiento para los trastornos por uso de sustancias es a corto plazo y generalmente dura de 90 días a 6 meses.</li> <li>B. La Sra. Flores propuso escuchar una presentación de Noemi Estrada sobre la evaluación y las necesidades de TAY. Ella es una consejera principal que comenzó un grupo TAY en Oxnard.</li> </ul>		
<b>XII.</b>	<p><b>Actualización de proveedores</b> Stephanie E. señaló que 75 jóvenes asistieron al reciente Camino a la Independencia, que se llevó a cabo en Casa Pacífica.</p>		
<b>XIII.</b>	<p><b>Comentarios de miembros y participantes, actividades</b> Cathi Nye señaló que la Oficina de Educación del Condado de Ventura (VCOE, por sus siglas en inglés) presentará una capacitación educativa para defensores a fines de noviembre. VCOE también está presentando un taller sobre prácticas informadas sobre traumas en escuelas (TIPS); ver información adjunta.</p> <p>Kate English proporcionó información sobre One Step a la Vez, un centro para adolescentes que opera en el centro de Fillmore. Se enfoca en jóvenes de 13 a 19 años, pero ayuda a los jóvenes hasta los 25 años. Este centro ofrece una comida caliente todos los días, excursiones y actividades como el Día de los Muertos. One Step a la Vez también tiene un programa llamado One Step Home, que ofrece lavandería y duchas.</p> <p>El Dr. Schipper señaló que la expansión del triage comenzará el 1 de noviembre. Utilizará el dinero de la subvención para expandir el programa existente de Apoyo Rápido, Integrado e Involucramiento (RISE). Consistirá en dos ejes: los médicos viajan junto con oficiales de aplicación de la ley, y en el eje de la divulgación e involucramiento específico de TAY en el este y el oeste del condado, cada uno con tres clínicas. El Dr. Schipper propuso invitar a Felicia Skaggs a presentar sobre este tema.</p>		

	<p>Georgia Perry proporcionó una actualización de Growing Works, un vivero de plantas para clientes de VCBH. Enseña habilidades laborales, y cinco clientes han sido contratados como empleados. El Sr. Bhavnani señaló que el esposo de la Sra. Perry ha sido fundamental en la creación de este vivero.</p> <p>Lisa Brunelle, gerente del Departamento de Rehabilitación en Oxnard, explicó que el DOR brinda capacitación, entrenamiento y colocación laboral para personas con discapacidades. Es una agencia estatal. La mayor parte de su financiamiento proviene del gobierno federal, que actualmente dirige al DOR para que se centre en los jóvenes de 16 a 21 años que asisten a la escuela.</p> <p>Ryan Boye del Departamento de Rehabilitación distribuyó los siguientes folletos:</p> <ul style="list-style-type: none"> <li>• Descripción del módulo de una capacitación de ocho módulos que proporciona DOR;</li> <li>• Opciones de servicios estudiantiles DOR;</li> <li>• Solicitud de servicios estudiantiles DOR (formulario DR 203).</li> </ul> <p>El Sr. Boye señaló que se encuentra con TAY en la Autoridad Juvenil de California en Camarillo. Él va a algunas escuelas y asiste a algunas reuniones del Plan de Educación Individualizada (IEP).</p>		
<b>XIV.</b>	<p><b>Asuntos para la agenda de la próxima reunión</b></p> <ol style="list-style-type: none"> <li>1. Posible presentación sobre CASA.</li> <li>2. Plan de acción</li> </ol>		
<b>XV.</b>	<p><b>Cierre de la Junta.</b></p> <p>El Sr. Bhavnani recordó a todos que el comité se reunirá el próximo 29 de noviembre y no hay junta en diciembre. La reunión concluyó al mediodía.</p>		

# Ventura County Behavioral Health Advisory Board Transitional Age Youth Committee

Updated on April 26, 2018

## Mission

The Transitional Aged Youth Committee (TAY) is a committee of the Behavioral Health Advisory Board. The BHAB TAY Committee is committed to promoting effective mental health and substance use disorder services, wellness and recovery of youth ages 16 through 25. The committee focuses on these youth in their efforts to launch and become healthy and productive adults.

The purpose of the Transitional Aged Youth Committee is to support the efforts of the Behavioral Health Advisory Board in its mission to promote and provide appropriate mental health and substance use disorder services for young adults ages 16 to 25, and to provide a forum for the TAY community to discuss the needs relevant to their health and wellness.

## 2018-19 Objectives

1. Increase participation of community partners serving TAY in the BHAB TAY meetings.
2. Continue evaluation and updating availability of TAY services related to housing options, work and volunteer opportunities and justice system.
3. Identify strategies, including advocacy, to address gaps in services for the TAY population related to mental health and substance abuse treatment, housing options, work and volunteer opportunities, and the justice system.
4. Increase community outreach, especially to underserved community, and improve communication among parents, clients, agencies and the Committee.
5. Keep the Behavioral Health Advisory Board members informed on matters pertaining to the needs of the TAY Community.
6. Provide committee level work for the TAY community at the direction of the Behavioral Health Advisory Board.

# COUNTY OF VENTURA – BEHAVIORAL HEALTH ADVISORY BOARD ACTION PLAN

OBJECTIVE TITLE: \_\_\_\_\_

SPECIFIC OBJECTIVE: \_\_\_\_\_

KEY INDICATORS: 1. \_\_\_\_\_

2. \_\_\_\_\_

3. \_\_\_\_\_

ACCOUNTABILITY: \_\_\_\_\_

TARGET COMPLETION DATE: \_\_\_\_\_

	ACTION STEPS	START DATE	COMPLETION DATE	ACCOUNTABILITY	ACTION STEP: ON TARGET	ACTION STEP: DELAYED*	STATUS
1.							
2.							
3.							

\*Explain project delays in status column, revise target dates as required, and state actions required to overcome/remove obstacle(s).



# Ventura County Behavioral Health Advisory Board

---

October 1, 2018

Members:

Claudia Armann  
Jamie Banker  
Ratan Bhavnani, 1<sup>st</sup> Vice Chair  
Nancy Borchard  
Gane Brooking, 2<sup>nd</sup> Vice Chair  
Kevin Clerici  
Margaret Cortese  
Monique Garcia  
Janis Gardner, Chair Emeritus  
Mary Haffner  
Jerry Harris, Chair  
Larry Hicks  
Patricia Mowlavi  
Cmdr. Ron Nelson  
Denise Nielsen  
Linda Parks, Supervisor  
Gina Petrus  
Irene Pinkard  
Marlen Torres  
Sheri Valley  
Kay Wilson-Bolton, Secretary

Dear Community Partner, TAY consumer and Families of TAY:

Greetings! We are the Behavioral Health Advisory Board Transitional Aged Youth (TAY) Committee, serving the interests of **youth 16 through 25 years old** regarding mental health, primary health care and substance abuse services in Ventura County. The BHAB TAY Committee has identified a goal to *“Encourage participation of community partners serving TAY in the BHAB TAY meetings.”*

We would like to extend an invitation for you to join us so that we can collaborate on ways to better serve our TAY population. We are interested in input regarding perceived gaps in services, particularly in the areas of housing, employment, legal concerns and education.

Current attendees represent service providers, family members, and TAY throughout the county; however, we are looking to expand participation and are interested in your feedback regarding the needs of TAY that you have contact with.

**We meet at Ventura County Behavioral Health offices in Oxnard on the 4<sup>th</sup> Thursday of each month from 10:30 to noon. You can provide feedback by replying to this email, or hopefully attending our meetings.**

Further questions or concerns please contact our Community Liaison: Pam Roach at [Pam.roach@ventura.org](mailto:Pam.roach@ventura.org) or call her at (805) 981-4227.

On behalf of the TAY Committee of the Behavioral Health Advisory Board, we thank you for your time and look forward to hearing from you. For more information, please visit the Behavioral Health Advisory Board website at: <http://vchca.org/bhab-transitional-age-youth-tay-committee>

Best regards,

Dr. Sevet Johnson, Director  
Ventura County Behavioral Health

Kay Wilson-Bolton  
Transitional Age Youth (TAY) Committee Chair  
Behavioral Health Advisory Board

Address:  
1911 Williams Drive, Suite 200  
Oxnard, CA 93036  
Phone: 805-981-1115  
Fax: 805-658-4512

VCBH invites you to:

# **Dia De Los Muertos Celebration**

**Tuesday**

**November 13, 2018**



**From 2:00PM-5:00PM**

**1911 Williams Dr. Oxnard**

**Williams Drive Training Room**

Enjoy a display of handmade memorials celebrate life, eat food, and socialize with friends and family.

Please contact Transitions for more information 805.981.9270.

VCBH le invita a :

# **La Celebración del día de los muertos**

**Martes**

**13 de Noviembre del 2018**

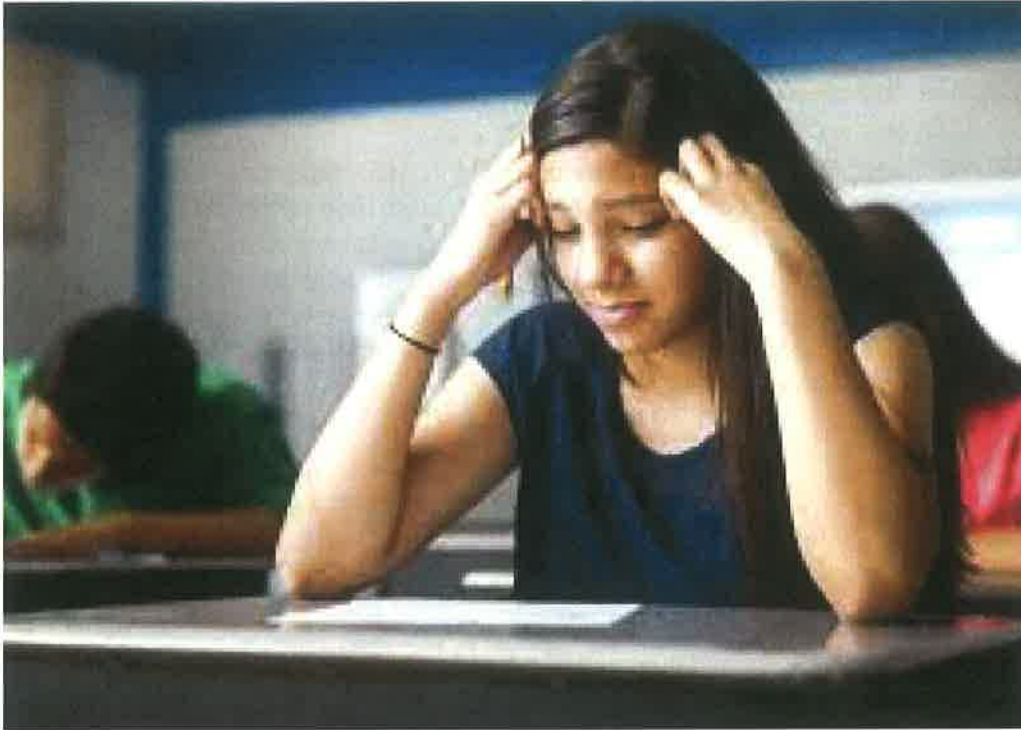


**De 2:00PM a 5:00PM**

**1911 Williams Dr. Oxnard**

Disfrute de comida, una muestra de altares hechos a mano celebrando la vida y de la compañía de amigos y familiares

Por favor contacte Transiciones al 805.981.9270.



# TIPS

## Trauma Informed Practices for Schools

For Teachers, Counselors, Administrators, and all School Staff

FREE Workshop Registration (all held at VCOE, 5100 Adolfo Road, Camarillo CA 93012):

9/26/18 9-11 AM <http://vcoe.k12oms.org/1627-154958>

1/15/19 1-3 PM <http://vcoe.k12oms.org/1627-154961>

10/15/18 6-8 PM <http://vcoe.k12oms.org/1627-154960>

3/14/19 6-8 PM <http://vcoe.k12oms.org/1627-154962>

4/24/19 1-3PM <http://vcoe.k12oms.org/1627-154963>

TRAUMA is an umbrella term used to describe the inability of an individual or a community to respond in a healthy way physically, emotionally, and mentally to acute or chronic stress.

Becoming “trauma-informed” means recognizing that people often have many different types of trauma in their lives. People who have been traumatized need support and understanding from those around them. Often, trauma survivors can be re-traumatized by well-meaning caregivers and community service providers.

### *Participants will:*

Learn about the physiological impacts of trauma on the brain and possible emotional, behavioral, social and intellectual/academic impacts on students in foster care (e.g., attachment issues, externalized behaviors, disabilities, etc.)

Learn about the Adverse Childhood Experiences (ACES) studies and how they relate to life-long impacts for students impacted by trauma

How schools and classrooms are creating trauma sensitive learning environments and strategies for responding to these impacts

Hear about the importance of self-care: addressing our own traumatic experiences/history



# TRAINERS



Amber spent her early childhood in foster care before being adopted into a home that interfaced with over 200 foster children. After graduating high school at sixteen years old, she pursued and was granted emancipation at seventeen years old. Amber is currently attending college and will graduate with a bachelor's degree in Sociology in 2021. In the future, she plans to obtain a master's in social work with the ultimate goal of working in foster youth services. She hopes to dedicate her life and career to advocacy for foster youth.

Pam has been a Parent Educator for nearly 30 years. Much of her expertise in trauma has been through her own personal experience. Pam has raised her daughter's three children. She adopted two and remained guardian of the oldest. All of them have experienced trauma but the youngest has significant repercussions from 5 years of neglect due to living in a drug-filled environment. She shares that raising her granddaughters has been the hardest thing she has ever done, but it has prepared her and encouraged her to be an advocate for those in similar situations. For her, this is the most important, impactful work she could ever do.



Donovan spent time in foster care as a teenager and graduated early from high school with the help of his advocate. He is currently a psychology major at Ventura College. In the future, he plans to work with youth in foster care, either in a group home or as a social worker. His other passions include music, motorsports, and auto repair.

Angelica spent most of her teenage years in foster care. She lived in 7 different placements before aging out of care. She is currently a senior at CSU Channel Islands working toward a bachelor's degree in Psychology, with plans to continue to graduate school for a master's degree. Her ultimate goal is to work as a clinical psychologist. Angelica is also a mother to a beautiful four-year-old daughter.



Noelle is a recent graduate of CSU Channel Islands with a bachelor's degree in Psychology. As a student, she worked and participated in the PATH Program to assist students who have been in the foster care system as well as students facing or have faced homelessness. It is Noelle's desire to help those who have not faced homelessness understand the stigma and lack of resources homeless children and families often face.

## **Module Overview**

### **Module 1: Introduction to Services**

1. Introduction to Services (20-25 mins)
2. "Any" Game Activity (10-15 mins)
3. Sample Application Activity (5-10 mins)
4. Don't Forget...Activity (5 mins)
5. Basketball Review Game (5-10 mins)

### **Module 2: Self-Interest and Self-Advocacy**

1. List of Questions Activity (10-15 mins)
2. Self-Advocacy Lesson (35-40 mins)
3. Don't Forget...Activity (5 mins)
4. Basketball Review Game (5 mins)

### **Module 3: Job Search**

1. "10 Things You Can Do Today for Your Job Search" Activity (30 mins)
2. Don't Forget...Activity (5 mins)
3. Basketball Review Game (5 mins)

### **Module 4: Resume**

1. Background Knowledge Activity (5 mins)
2. Resume Building (20-30 mins)
3. 30 Second Elevator Speech (15 mins)
4. Don't Forget...activity (5 mins)
5. Basketball Review Game (5 mins)

### **Module 5: Interview Skills**

1. Grocery List Activity (10 mins)
2. "Interview Ready" Activity (10 mins)
3. Mock Interview Demonstration (30 mins)
4. Don't Forget...activity (5 mins)
5. Basketball Review Game (5 mins)

### **Module 6: Interview Skills (continued)**

1. Common Interview Questions (30 mins)
2. Mock Interviews (20 mins)
3. Don't Forget...activity (5 mins)
4. Basketball Review Game (5 mins)

### **Module 7: Soft Skills**

1. Team Survival Scenario (10-15 mins)
2. Work Place Scenario Game (25-35 mins)
3. Don't Forget...Activity (5 mins)
4. Basketball Review Game (5 mins)

### **Module 8: Individual Counseling/Review Game**

1. Review Game/One on One Meetings (30-40 mins)
2. Don't Forget...Final Activity (10-15 mins)

**DOR Student Services Options\***

DR 205A (Rev. 09/18)

Page 1 of 2

**Form Purpose**

DOR Student Services help students prepare for workplace success by exploring options, getting ready to work, and creating careers.

This document explains the purpose of each of the five types of DOR Student Services, and also lists examples of the types of things you can do, learn, and explore in each category. You and your DOR staff member may use these examples to identify which activities in your local area match your interests and needs.\*\*

Keep in mind that each of these activities may be offered in one or more of the following ways: in a classroom, in a group setting in the community, one-on-one, or on an individualized basis.

**Job Exploration Counseling**

Job exploration counseling offers ways to learn about the different kinds of jobs and which ones are best for your strengths and interests.

Explore Career Options

- Learn about the jobs and job families in the labor market
- Understand what jobs and industries are popular right now (i.e., "in-demand")
- Find out what jobs pay good wages
- Learn what jobs lead to better jobs
- Learn about career pathways in your local area

Find the Jobs that Fit You Best

- Explore career interests through interest inventories, conversations, and labor market research
- Discuss different kinds of work, including self-employment, supported employment, and nontraditional employment
- Understand what you need to do to get the career you want

**Work-Based Learning Experiences**

Work-based learning experiences offer a variety of ways to connect with local professionals and get real-world work experience.

Real-World Work Experiences

- Work experiences
- Internships (paid or unpaid)
- Apprenticeships (informal)
- Volunteer opportunities
- Job Shadowing

Research & Connections

- Informational interviews to research employers and different kinds of jobs
- Work site tours to learn about industries, companies, and job skills
- Mentoring opportunities

\*The Student Services Options are intended for potentially eligible students, who are defined as students with disabilities, ages 16 through 21, who have not yet applied or been found eligible for the vocational rehabilitation program.

\*\*This form is intended to be used in conjunction with the DR 205 DOR Student Services Agreement\* form.

**DOR Student Services Options\***

DR 205A (Rev. 09/18)

Page 2 of 2

**Postsecondary Counseling**

Postsecondary counseling helps you learn about different educational programs available and resources to support your educational success.

Postsecondary Education Options

- Learn about different kinds of academic and occupational training
- Explore career options available with different programs
- Discover what programs are connected to career pathways
- Find out what classes or credentials you need for the career you want
- Learn which schools offer the programs and supports you want

Resources to Support Your Success

- Get advice on educational programs and course offerings
- Learn about the admissions process at college, technical, and trade schools
- Discover resources and disability support services to help you succeed in school
- Identify options to pay for school
- Get support in completing the financial aid application (FAFSA)

**Workplace Readiness Training**

Workplace readiness training helps you prepare for employment by learning good work habits and interpersonal skills, and developing independent living skills.

Good Work Habits & People Skills

- Practice interviewing
- Understand employer expectations
- Strengthen communication and other soft skills needed for work
- Develop social skills for work

Financial & Independent Living Skills

- Learn to search and apply for jobs
- Learn ways to get to work
- Develop money management skills
- Learn what happens to SSI/SSDI benefits when you go to work
- Find out how to live independently

**Self-Advocacy Training**

Self-advocacy training helps you build leadership skills, gain confidence in professional environments, and understand what you need to succeed in the workplace.

Build Knowledge & Confidence

- Understand your rights at work
- Learn your responsibilities at work
- Learn about accommodations and supports and how to request them
- Practice communicating thoughts, needs, and concerns

Build Connections & Leadership Skills

- Participate in mentoring opportunities with educational staff or employees of businesses, boards, associations, or organizations
- Participate in leadership activities
- Conduct informational interview

**DOR Student Services Request**

DR 203 (REV 07/17)

Page 1 of 2

Student Last Name	First Name	Middle Initial
Mailing Address	City	Zip Code
County	Phone Number	Email Address

Date of Birth (mm/dd/yyyy)	Gender	<input type="checkbox"/> Male	<input type="checkbox"/> Female	<input type="checkbox"/> Decline to State
----------------------------	--------	-------------------------------	---------------------------------	---

Race (please check all that apply)	Ethnicity:
<input type="checkbox"/> White <input type="checkbox"/> Black or African American <input type="checkbox"/> American Indian or Alaska Native <input type="checkbox"/> Hawaiian <input type="checkbox"/> Samoan <input type="checkbox"/> Guamanian or Chamorro <input type="checkbox"/> Other Pacific Islander <input type="checkbox"/> Chinese <input type="checkbox"/> Korean <input type="checkbox"/> Asian Indian <input type="checkbox"/> Japanese <input type="checkbox"/> Vietnamese <input type="checkbox"/> Filipino <input type="checkbox"/> Laotian <input type="checkbox"/> Cambodian <input type="checkbox"/> Other Asian <input type="checkbox"/> Decline to State	Hispanic / Latino <input type="checkbox"/> Yes <input type="checkbox"/> No

Please state the student's disability or reason for IEP/504 eligibility:	Documentation (please select one)
	<input type="checkbox"/> IEP (provide a copy) <input type="checkbox"/> Other (specify type and attach a copy if applicable): <input type="checkbox"/> 504 Plan (provide a copy) <input type="checkbox"/> School Signature (see below)

**Complete this section only if "School Signature" is selected:** I confirm that the student is enrolled in the school identified below and has a record of or is regarded as having the disability stated above.

Signature of School Official: \_\_\_\_\_ Date: \_\_\_\_\_



Printed Name of School Official: \_\_\_\_\_ Title: \_\_\_\_\_

School Name	School Address	<input type="checkbox"/> Secondary School	<input type="checkbox"/> Postsecondary School
-------------	----------------	---	---

School Type	Expected Date of Graduation/Exit from School (mm/dd/yyyy)
<input type="checkbox"/> Public <input type="checkbox"/> Private <input type="checkbox"/> Charter <input type="checkbox"/> Home school <input type="checkbox"/> GED program <input type="checkbox"/> Vocational/Technical <input type="checkbox"/> College/University <input type="checkbox"/> Other	

Parent/Guardian/Conservator Last Name	First Name	Relationship
Phone Number	Email Address	<input type="checkbox"/> Parent <input type="checkbox"/> Guardian <input type="checkbox"/> Conservator

I give permission to school personnel to release this information to the Department of Rehabilitation. (20 U.S.C. 1232g(b) and 34 CFR 99.30 and 99.31.) I confirm that the student has documentation of or is regarded as having the disability stated above. I give consent for the student to participate in student services provided or arranged by the DOR, for as long as the student qualifies for such services.

Student Signature	Date Signed	Parent/Guardian/Conservator Signature	Date Signed
			

**DOR Student Services Request**

DR 203 (REV 07/17)

Page 2 of 2

**FORM PURPOSE**

This form is intended to request student services for potentially eligible students, in accordance with 34 CFR 361.48(a). Student services may include any of the following pre-employment transition services: job exploration counseling, work-based learning experiences, postsecondary enrollment counseling, work readiness training, and self-advocacy training. "Potentially eligible" students are defined as students with disabilities, ages 16 through 21, who have not yet applied or been found eligible for the vocational rehabilitation program. This is not an application for vocational rehabilitation services. Please go to [DR222 VOCATIONAL REHABILITATION SERVICES APPLICATION](#) to access an application for vocational rehabilitation services.

**FORM COMPLETION INSTRUCTIONS**

Complete this form to document that the student is currently enrolled in a recognized education program and is considered a student with a disability as defined in 34 CFR 361.5(c)(51). Parent/Guardian contact information and consent are required for students with disabilities who are less than 18 years of age and not an emancipated minor. Conservator contact information and consent are required for students with disabilities who are over 18 and have a conservator with relevant authority. An electronic version of this form is available on the Department of Rehabilitation (DOR) website at [www.dor.ca.gov](http://www.dor.ca.gov). For more information on the requirements for pre-employment transition services for students with disabilities, refer to 29 USC sections 705(37) and 733, and 34 CFR parts 361.48(a) and 361.5(c)(51). Consent for the student to participate in student services may be revoked at any time by providing written notice to the local DOR office.

**NOTICE AND PRIVACY STATEMENT**

The information requested on this form is necessary to correctly identify the individual as a student with a disability as defined in 34 CFR 361.5(c)(51), to provide authorization for the provision of pre-employment transition services, and to provide authorization for school personnel to release the information requested on this form to the DOR to coordinate, provide, or arrange student services in accordance with 29 USC sections 705(37) and 733 and 34 CFR parts 361.48(a) and 361.5(c)(51). Individuals should not provide any personal information on this form that is not requested.

The student, or parent, guardian, or conservator as appropriate, has the right to revoke this authorization by providing written notice to the school personnel. If the student, or parent, guardian, or conservator as appropriate, revokes the authorization, it will not affect information released to the DOR before the school personnel received the written notice revoking the authorization.

An individual has the right to inspect information maintained by the DOR about the individual, unless otherwise prohibited or conditioned by law or regulation. For assistance accessing such information, contact the DOR. The DOR's Privacy Policy is online at [www.dor.ca.gov](http://www.dor.ca.gov). The DOR office locations and contact information can be found at <http://www.dor.ca.gov/DOR-Locations/index.asp>.

Any personal information maintained by the DOR is subject to the limitations in the California Information Practices Act (Civ. Code § 1798 et seq.), Title 34 Code of Federal Regulations section 361.38, and California Code of Regulations, title 9, sections 7140 through 7143.5. The DOR may release personal information in response to a court order, investigations in connection with law enforcement, fraud, or abuse, subject to the limitations set forth in California Code of Regulations, title 9, section 7143.5. (34 CFR 361.38(e)(4) and (5).)