

**BEHAVIORAL HEALTH ADVISORY BOARD
TRANSITIONAL AGE YOUTH (TAY) COMMITTEE
MINUTES ■ Thursday, September 27, 2018**

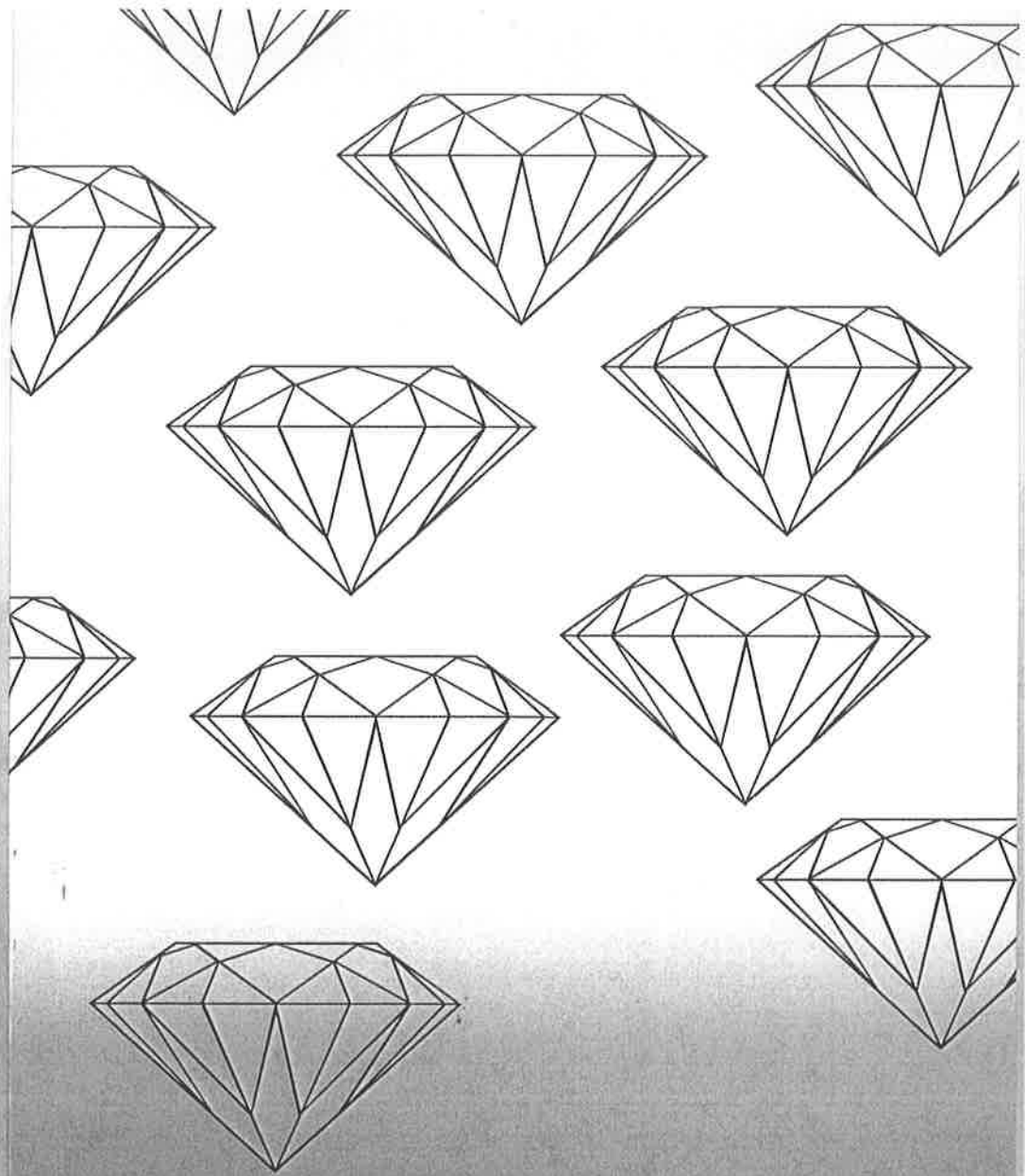
<p>Members Present Ron Nelson, Committee Chair Kay Wilson-Bolton, BHAB Ratan Bhavnani, BHAB Erin Locklear, Interface Georgia Perry, NAMI Jennifer Goble, TAY Tunnel Vanessa Cortez, TAY Tunnel Cici Romero, TAY Tunnel</p> <p>Others Present Ezequiel Sanchez, community partner Shari Espinosa, Department of Rehabilitation Denise Pont, Telecare VIPS Christopher Lopez, Pacific Clinics 66 Patrick Jeffries, Pacific Clinics 66 Lori Holdren Scott, Telecare, Brighter Tomorrows Christina Navarro, Telecare, House of Transitions Several TAY Tunnel Members</p>	<p>VCBH Staff Present Sara Sanchez, Transitions Manager Greg Bergan, Mental Health Services Act Edith Pham, BHAB Assistant</p> <p>NEXT MEETING: Thursday, October 25, 2018, 10:30 – 12:00 p.m. Ventura County Behavioral Health 1911 Williams Drive, Lake Tahoe Room (second floor), Oxnard</p>
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Note: The committee has not yet approved these minutes. There may be additions/deletions or corrections before the minutes are accepted in final form.

	DISCUSSION/CONCLUSIONS	RECOMMENDATIONS/ ACTIONS	RESPONSIBLE
I.	Call to Order Chair Ron Nelson called the meeting to order at 10:30 a.m.		
II.	Approval of the Agenda Mr. Nelson asked the Committee to review and approve today’s agenda. Ratan Bhavnani moved to approve, Sara Sanchez seconded. The motion passed unanimously.	The agenda was approved as written. M/S/C	
III.	Approval of the Minutes Mr. Nelson asked the committee to review and approve the minutes of the July 26 meeting. Mr. Bhavnani moved to approve, Ms. Sanchez seconded. The motion passed unanimously.	The minutes were approved as written. M/S/C	
IV.	Welcome and Introductions Mr. Nelson welcomed everyone and asked for introductions.		
V.	Chair Announcements Mr. Nelson thanked the TAY Tunnel staff for hosting the meeting and for the great work they do. Mr. Nelson noted that this is his last BHAB meeting. He has retired from the Sheriff’s Office and will leave the BHAB at the end of his term on October 13. He introduced Kay Wilson-Bolton as the next BHAB TAY Committee Chair.		
VI.	Public Comments None.		
VII.	Presentation: September is National Recovery Month – Patrick Jeffries, Pacific Clinics Peer Partner Jennifer Goble noted that the TAY Tunnel opened 11 years ago, and September is National Recovery Month. She introduced Mr. Jeffries, who has worked with Pacific Clinics for almost eight years. Mr. Jeffries read aloud the introduction and the last poem in the book “Diamonds In the Rough – Shine On!” He co-facilitates a creative writing group at Pacific Clinics in		

	<p>Pasadena. Writing and sharing their personal recovery story can be difficult for members. They write on any topic that inspires them. As they decided to assemble poems for the book, they looked for recovery-related poems.</p> <p>Noting how dangerous isolation can be, Mr. Jeffries gave a brief history of what he described as his “break with sanity.” He credits Pacific Clinics with his recovery.</p>		
VIII.	<p>New Business Committee meeting schedule in November and December 2018. Mr. Nelson noted that the November meeting is scheduled on Thanksgiving Day, and the December meeting is scheduled between Christmas and New Year. Mr. Bhavnani moved to hold the November meeting on November 29 and to go dark in December. Ms. Wilson-Bolton seconded. The motion passed unanimously.</p>	<p>Meet on November 29, go dark in December M/S/C</p>	
IX.	<p>Old Business Community Outreach Letter: Recipients’ mailing or email address Mr. Nelson noted that the letter was finalized at the July meeting. The BHAB Assistant will need the recipients’ contact information in order to send out the letter. A brief discussion took place, and it was agreed that the committee members and guests can share the letter with those they work with or have an interest in the TAY population. Ms. Wilson-Bolton requested that the letter include the date of the next two meetings.</p>	<p>Add the date of the next two meetings to the community outreach letter, share the letter</p>	<p>E. Pham, all members and guests</p>
X.	<p>VCBH Transitions Update – Sara Sanchez</p> <p>A. Ms. Sanchez noted that she is transitioning to being the new Manager for Transitions and the East County. A new Clinic Administrator for Transitions will start the following week.</p> <p>B. The current census for Transitions clients is 267.</p> <p>C. The Transitions clinic has ongoing groups in collaboration with the TAY Tunnel.</p> <p>D. The Dia de Los Muertos will take place on October 24 at VCBH. The event will be open to the community.</p>		
XI.	<p>VCBH Alcohol & Drug Program Update – Anna Flores Ms. Flores was not in attendance.</p>		
XII.	<p>Providers Update</p> <p>A. Christina Navarro noted that the Telecare Casas are doing well. Telecare is interested in getting their TAY clients involved with the TAY Tunnel.</p> <p>B. Shari Espinosa noted that the Department of Rehabilitation (DOR) is working on a potential contract with VCBH. The Department of Rehabilitation has a program to expedite services for clients who disclose that they receive services through VIPs or VCBH. By providing information on the impact that employment income can have on disability benefits, a DOR staff member can alleviate concerns that clients may have about holding a paying job.</p> <p>C. Jiann Pemberton noted that she is the new representative from the Human Services Agency’s Children and Family Services. She works with youth ages 16 to 21.</p> <p>D. Erin Locklear provided some information about an emergency services grant. Interface is looking at ways to address the need for transitional living for TAY.</p> <p>E. Jennifer Goble noted that:</p> <ol style="list-style-type: none"> 1. the TAY Tunnel is part of the Homeless Management Information System (HMIS), a case management portal for people who are homeless. There is a long wait list for adults, but the wait list for TAY is shorter; 2. the TAY Tunnel heard a presentation from Oxnard College staff, which is inspiring some clients to go back to school; 3. the Centers for Employment Training (C.E.T.) will have a representative at the TAY Tunnel on October 16; 4. a sexual health education presentation will take place at the TAY Tunnel on October 23; 		

	<p>5. the TAY Tunnel health navigator, Mia, helps clients with their medical needs. The employment specialist, David, helps clients get ready for work.</p> <p>F. Denise Pont noted that Ventura Early Intervention Prevention Services (VIPS) has two tracks: the first one is for youth who exhibit prodromal symptoms, and the second one is for youth ages 16-25 who have had a break. Ms. Pont also noted that their clients in the second track have benefited from attending the TAY Tunnel.</p> <p>G. Georgia Perry reminded all that the NAMI Walk is on October 13; everyone is encouraged to participate. She also noted that it is important to share information in the local high schools in order to end the stigma surrounding mental illness.</p>		
XIII.	<p>Committee Members' and Participants' Comments, Activities</p> <p>Greg Bergan noted that the VCBH Mental Health Services Act (MHSA) Division is conducting a county-wide Needs Assessment Survey. He encouraged all to complete either the hard copies he distributed or the electronic version that is posted online. A link for providers will be shared. The deadline for filling out the survey has been extended to mid-October.</p>		
XIV.	<p>Items for Next Meeting Agenda</p> <p>Ms. Perry suggested to discuss how to present information on mental illness to the high school population. Ratan Bhavnani noted that Oak Park High School used to have a NAMI Club, NAMI clubs are present at Ventura and Moorpark Colleges, and there is a push statewide for getting NAMI clubs in high schools.</p>		
XV.	<p>Adjourn</p> <p>Mr. Nelson thanked all for their participation in the committee.</p> <p>Ms. Goble presented Mr. Nelson with a certificate of appreciation on behalf of the TAY Tunnel.</p> <p>The meeting adjourned at 11:55 a.m.</p>		



DIAMONDS
IN THE ROUGH
SHINE ON!

scribes of the tribe

(INTRO to Diamonds...)

I remember when poetry first dawned on me as a coping skill, vehicle for healing, mechanism for transcendence. It was late spring 2001. I was sitting at the black screen of my green 1996 Acer computer. I felt irritated, agitated, like the cells of my body were ignited. I felt like clawing out of my form. And then it began: finger to key, writing lyrically, the fury, sadness, confusion and rage inside of me. The first poems of my early process, "Flame", "Sea" and "Shadow," were slowly chiseled out. I didn't think of myself as a poet at the time, I just knew writing metaphorically helped me express the ineffable, it took me outside of myself; transported me from one place psychologically and physically to another place; almost always better.

As the years passed and I became more prolific, studied the forms, and wrote madly in love with the art of self-expression, it became clear to me that poetry saved my life; that poetry and creativity bore a direct relationship to my mental disorder. After becoming employed with The Pacific Clinics Wellness Center and adopting their concept of recovery, I conceptually joined the idea of Creative Writing as being a valid part of the self-help group curriculum; validating even more my weekly facilitation of The Creative Writing Group at The Wellness Center.

As I noticed how Creative Writing engaged folks, lifted their self-esteem, joined them with the community by connecting them with others; helping them define their own experience, I realized that we are the *scribes of the tribe* and that there is something happening within the bigger picture here. That, as a culture and society, mental health is becoming more prominent and relevant and creative writing provides a voice for a segment of the population where ordinary language often fails.

We are a tribe and the transcendence of mental illness offers the opportunity for a rite of passage. The vision for *Diamonds in The Rough* is to continue, with even greater effectiveness to reach these next generations of folks afflicted with mental dis-ease and disorder. The objective is to communicate and convey to them that they are not alone and that they are imminently capable; in the spirit of William H. Compton Jr.

We envision this new channel as a movement to get books of poetry to folks still struggling, especially those diagnosed or hospitalized for the first time; to get recovery to people early, let them know that they are not alone, they haven't been left behind; rather, in fact, that they've become more intimately aligned with the world and the divine and we are awaiting their next line. Your investment in this cause directly elevates the fallen, gives solace to the lonely, hope to the beaten, faith to the mistreated and voice to the unheard. After all we all came from *The Word!*



Ventura County Behavioral Health Advisory Board

October 1, 2018

Members:

Claudia Armann
Jamie Banker
Ratan Bhavnani, 1st Vice Chair
Nancy Borchard
Gane Brooking, 2nd Vice Chair
Kevin Clerici
Margaret Cortese
Monique Garcia
Janis Gardner, Chair Emeritus
Mary Haffner
Jerry Harris, Chair
Larry Hicks
Patricia Mowlavi
Cmdr. Ron Nelson
Denise Nielsen
Linda Parks, Supervisor
Gina Petrus
Irene Pinkard
Marlen Torres
Sheri Valley
Kay Wilson-Bolton, Secretary

Dr. Sevet Johnson, Director
Ventura County Behavioral Health

Dear Community Partner, TAY consumer and Families of TAY:

Greetings! We are the Behavioral Health Advisory Board Transitional Aged Youth (TAY) Committee, serving the interests of **youth 16 through 25 years old** regarding mental health, primary health care and substance abuse services in Ventura County. The BHAB TAY Committee has identified a goal to *“Encourage participation of community partners serving TAY in the BHAB TAY meetings.”*

We would like to extend an invitation for you to join us so that we can collaborate on ways to better serve our TAY population. We are interested in input regarding perceived gaps in services, particularly in the areas of housing, employment, legal concerns and education.

Current attendees represent service providers, family members, and TAY throughout the county; however, we are looking to expand participation and are interested in your feedback regarding the needs of TAY that you have contact with.

We meet at Ventura County Behavioral Health offices in Oxnard on the 4th Thursday of each month from 10:30 to noon. You can provide feedback by replying to this email, or hopefully attending our meetings.

Further questions or concerns please contact our Community Liaison: Pam Roach at Pam.roach@ventura.org or call her at (805) 981-4227.

On behalf of the TAY Committee of the Behavioral Health Advisory Board, we thank you for your time and look forward to hearing from you. For more information, please visit the Behavioral Health Advisory Board website at: <http://vchca.org/bhab-transitional-age-youth-tay-committee>

Best regards,

Kay Wilson-Bolton
Transitional Age Youth (TAY) Committee Chair
Behavioral Health Advisory Board

Address:

1911 Williams Drive, Suite 200
Oxnard, CA 93036
Phone: 805-981-1115
Fax: 805-658-4512

HOWEVER YOU LIKE TO

DO IT

YOU CAN DO IT

HEALTHY.

OCTOBER 23RD HEALTHY SEXUAL BY GILEAD

Sexual Health Education Presentation

A representative from Gilead, the maker of *PrEP and **PEP, is coming to TAY Tunnel to give a Sexual Health Education presentation on how to be sexually healthy. There will be food provided and it will last 1 hour.



Pacific Clinics

**FREE FOOD WITH
PARTICIPATION!**

RSVP with Pacific
Clinics Health Navigator
Mia Lewis at
mlewis@pacificclinics.org
or Call (805)240-2538

Time: 12-1pm

Where: TAY Tunnel

What: Sexual Health
Education Presentation

20,000,000 new STI
cases occur every
year in the US. That
number is way too
high. But together
we can lower it.

*PrEP (Pre- Oxposure
Prophylaxis) To prevent
HIV and to control the
spread of infection. 1 pill
every day.

**PEP (Post Exposure
Prophylaxis) PEP is taken
within 72 hours after
possibly being exposed
to HIV to prevent
becoming infected.

**PACIFIC CLINICS - TAY
TUNNEL**

141 W Fifth St Suite D
Oxnard, CA 93030

October 23rd, 2018 @ 12-1pm

**TAY TUNNEL INVITES ALL 18-25 YEAR OLDS TO
COME SPEAK TO A REPRESENTATIVE FROM
CENTERS FOR EMPLOYMENT TRAINING
(C.E.T.).**

NO APPOINTMENT NEEDED

IS THERE A COST?



WHAT COURSES
DO THEY OFFER?

HOW DO I PAY FOR IT?

HOW LONG DOES
IT TAKE?

**TUESDAY OCTOBER 16TH 9AM-1130AM
TAY TUNNEL 141 W. FIFTH STREET
SUITE D**

**FOR INFORMATION CONTACT
ANTHONY MARRON AT
805-240-2538 OR
AMARRON@PACIFICCLINICS.ORG**



JOIN TODAY

- Are you 16-24 years old?
- Eligible to work in the US?
- Have a barrier to meeting your education and/or employment goals?
- Ventura Resident?



Youth Networked Services

Opportunities Include:

- ◆ Paid internships
- ◆ Resume Building Workshops
- ◆ Interview Techniques
- ◆ Application Assistance
- ◆ Job Search
- ◆ And more...

East County & Camarillo:

Pierrette Authier—805.298.3507

Santa Paula, Fillmore, Piru:

Marixza Juarez—805.302.2666

Ventura & Ojai:

Jessica Gallardo—805.654.5297

East County & Camarillo
Pierrette Authier
805.298.3507

Santa Paula, Fillmore, Piru
Marixza Juarez
805-302-2666

Ventura & Ojai
Jessica Gallardo
805.202.6887

- Young Adults, 16-24
- Ventura County Resident
- Must possess one or more of the following eligibility requirements:
homeless, high school dropout, pregnant/ parenting, foster youth, criminal record, documented disability, English language learner

East County y Camarillo
Pierrette Authier
805.298.3507

Santa Paula, Fillmore, Piru
Marixza Juarez
805-302-2666

Ventura y Ojai
Jessica Gallardo
805.202.6887

- Adultos Jóvenes de 16 a 24
- Residentes del Condado de Ventura
- Tienen que tener una o más de los requisitos necesarios:
Estar sin Hogar, Deserción Escolar, Embarazada/Crianza, Juventud de Crianza, Antecedentes Penales, Discapacidad Documentada, Estudiante de Inglés.

YOUTH Networked Services

Find your career path today!

- Paid Work Experience
- Transportation Assistance
- Interview and Work Clothes
- Employment Skills Workshops
- Goal Completion Incentives
- Career Exploration
- Assistance with Vocational Training
- Other Employment/Education Supports



Servicios para Juventud en Red

¡Encuentre su carrera hoy!

- Experiencia de Trabajo Pagada
- Asistencia con Transportación
- Entrevistas y Ropa para Entrevistas.
- Talleres de Habilidades para el Empleo
- Competición de Metas Incentivos
- Exploración de Careras
- Asistencias Profesional
- Otros Empleo/Educación Soporte





Youth Networked Services

OPEN ENROLLMENT

Are you looking to make a difference in your future?

Eligibility

- 16-24 years old
- Ventura County resident* (*Oxnard & Port Hueneme residents see below*)
- Have valid Social Security card & CA I.D., or CA D.L.
- Struggling with one or more barriers to success: probation, parents and/or pregnant, drop-out, foster care, documented disability, IEP, ESL, homeless, etc.

Services

- Vocational, career, and academic guidance & support
- Financial awards and incentives
- Academic planning, career exploration, work readiness workshops, financial literacy training, entrepreneur skills training, and work experience
- Supportive services for employment and educational success: gas cards/bus passes, supplies, clothes, fees etc.

*Services to Oxnard and Port Hueneme residents are provided by the Boys and Girls Club of Greater Oxnard and Port Hueneme

Youth Networked Services (YNS), funded by the Workforce Innovation and Opportunity Act (WIOA) in partnership with the County of Ventura offers a free program for youth, ages 16-24, facing one or more barriers towards employment and future success. We are currently interviewing youth for enrollment in our new program year which is starting **NOW!**

Call and schedule an appointment today!

Pierrette Authier	Marizza Juarez
Camarillo & East County	Santa Paula/Fillmore/Piru
805-298-3507	805-302-2666
pierrette.authier@pathpoint.org	marizza.juarez@pathpoint.org
Jessica Gallardo	
Ventura/Ojai	
805-654-5297	
jessica.gallardo@pathpoint.org	

www.pathpoint.org

OUR MISSION: LEARNING. LIVING. BUILDING COMMUNITIES SINCE 1964.

Our Vision: We envision inclusive communities where all people have power and opportunity to create a better life.