

**BEHAVIORAL HEALTH ADVISORY BOARD
TRANSITIONAL AGE YOUTH (TAY) COMMITTEE
MINUTES ■ Thursday August 27, 2020**

<p>Members Present Margaret Cortese, Committee Chair Cathi Nye, VCOE Noemi Solis, Interface Artie Pascual, Interface Scott Walker, CIT VC Law Enforcement Anthony Maron, Pacific Clinics Laura Estrada, CFS Mary Hafner, BHAB Francisco Perez, Pacific Clinics</p>	<p>Ventura County Behavioral Health (VCBH) Managers/Staff Present Wendi Amezquita, VCBH Transitions John Schipper, VCBH Adult Division Chief Greg Bergan- VCBH MHSA Sara Sanchez, VCBH Adult Manager Eileen Corona, VCBH SUTS Gracie Lopez and Mariella Aguilar, BHAB Assistant</p> <p>NEXT MEETING: Thursday October 22, 2020</p>
<p>Note: The committee has not yet approved these minutes. There may be additions/deletions or corrections before the minutes are accepted in final form.</p>	

	DISCUSSION/CONCLUSIONS	RECOMMENDATIONS / ACTIONS	RESPONSIBLE
I.	Call to Order Margaret Cortese called the meeting to order at 10:30 a.m.		
II.	Approval of the Agenda Margaret asked the Committee to review and approve today’s agenda. Cathi Nye moved to approve; Anthony Maron seconded.	The agenda was approved as written. M/S/C	
III.	Approval of the August 27, 2020 Minutes Margaret asked the committee to review and approve the minutes of the August 27th, 2020 meeting. Cathi Nye moved to approve, Naomi Solis seconded. The motion carried unanimously.	The minutes were approved as written. M/S/C	
IV.	Welcome and Introductions Margaret welcomed everyone and asked for introductions.		
V.	Chair Announcements Margaret mentioned that it has been a long time since the BHAB TAY Committee has been active.		
VI.	Public Comments No public comments were made by the members/attendees.		
VII.	Review Mission Statement and Status of Action Plans, Margaret Cortese- Chair The BHAB Tay Committee promotes effective and substance use disorder services, wellness, and recovery for youth ages 16 through 25. The committee focuses on these youth in their efforts to become healthy and productive adults. There are 5 objectives: <ol style="list-style-type: none"> 1. Advocate for increased housing options for TAY. 2. Review the needs of the TAY population. Develop and prioritize strategies to address service needs for TAY population relative to mental health and substance abuse treatment. 3. Encourage increased participation of community partners serving TAY in the BHAB TAY Committee meetings. 4. Develop approaches to increase community outreach, especially to underserved communities. Improve communication among parents, clients, agencies, and the TAY committee. 5. Engage TAY population membership on this committee. 		

VIII.	<p>Ventura County Behavioral Health (VCBH) Youth & Family Division Updates</p> <p>John Schipper- Mentioned that every time a clinician has contact with a client, they are asked to record what the client’s living status is or what their housing status is. Dr. Schipper mentioned that this is difficult to sort through but its manageable to get a pull of that data and summarize it to get a sense of what percentage they have collected.</p> <p>Sara Sanchez- Welcomed Wendi Amezcuita who joined the TAY team as a Clinic Administrator. Sara mentioned that Wendi has taken the lead in outreach and presentation. Numbers have increased and continue to welcome more clients into the program, despite COVID pandemic. Started the Spanish Speaking Family Group and quite a few attend via Zoom. Will be starting the English Multifamily Group in a few weeks.</p> <p>Welcoming new staff into the program and a new bilingual clinician will be joining the TAY team in about a month or so. She will be dedicating herself and her work for the VC POP Program.</p> <p>Wendi Amezcuita- Care packages are being sent to clients. The clinicians are putting together packages that are being mailed out to participants homes. The packages include art supplies, journals, etc; that can be used for group when group starts, to try and create more community, even if the group is via Zoom.</p>		
IX.	<p>Committee Members’ Comments, Activities, Updates</p> <p>Cathi Nye- Cathi mentioned that the Housing Trust Fund recently voted on providing preliminary funding for housing for TAY youth in Oxnard. Housing Trust Fund is a non-profit in Ventura County helping to increase affordable housing options by leveraging public private partnerships to provide low cost flexible loans early in the housing development cycle.</p> <p>Wendi Amezcuita- Wendi mentioned that a lot of their clients have housing and stability, than the adults. Staff has been reporting a lot of struggles especially during COVID.</p> <p>Margaret Cortese- Margaret mentioned that the housing situation is very unstable. (Anthony Maron and John Schipper agreed with Margaret.)</p> <p>Anthony Maron- Mentioned that the shelters being full is a big issue for young adults. They are sleeping in cars and doubling or tripling with others to sleep in a single room.</p> <p>Anthony also mentioned that they provide classes 6 days a week via Zoom. One of the classes is RAP class. Recognizes triggers and how to take care of ourselves to maintain wellness. Other class subjects are Life Skills, Job Preparation, Art Class, and others available via Zoom.</p> <p>All services are free of charge. Center is also open Mondays, Wednesdays, and Fridays from 9am to 5pm but APPOINTMENTS ARE REQUIRED. Shower, laundry, and kitchen are available. COVID precautions are in place.</p> <p>Eileen Corona- Census numbers for clinics: Oxnard, 40. NSFM, 2. Ventura, 6. Simi Valley, 4. Fillmore, 4. Thousand Oaks, 5.</p> <p>Site closed in March and haven’t been opened to clients coming in but services are being provided through Zoom or by telephone.</p>		
X.	<p>Items for the Next Meeting Agenda</p> <p>Not discussed.</p>		
XI.	<p>Adjourn</p> <p>The meeting adjourned at 11:45a.m.</p>		