

**BEHAVIORAL HEALTH ADVISORY BOARD  
YOUTH & FAMILY COMMITTEE  
MINUTES ■ Wednesday, February 11, 2015**

<p><b>Present</b> Denise Nielsen, Chair René Beauchesne, BHAB Beau Godtel, Casa Pacifica Erick Elhard, Casa Pacifica Lisa Connolly, CFS Joelle Vessels, Interface Laurie Jordan, Rainbow Connection Regina Reed, SELPA Lori Litel, United Parents</p>	<p><b>VCBH Managers/Staff Present</b> Susan Kelly, Youth &amp; Family Division Manager Dr. Deborah Thurber, Y&amp;F Division Medical Director Janet Kaplan, Prevention Pam Roach, Transformational Liaison Edith Pham, Recording Secretary</p> <p><b>NEXT MEETING:</b> <b>Wednesday, March 11, 2015, 10:00 a.m. – 12:00 pm</b></p> <p>Ventura County Behavioral Health 1911 Williams Dr., Suite 200, Oxnard</p>
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Note: The committee has not yet approved these minutes. There may be additions/deletions or corrections before the minutes are accepted in final form.

	DISCUSSION/CONCLUSIONS	RECOMMENDATIONS/ ACTIONS	RESPONSIBLE
I.	<b>Call to Order</b> The Chair called the meeting to order at 10:05.		
II.	<b>Approval of the Agenda</b> The Chair asked the Committee to review and approve today's agenda. A. Pam Roach requested to add Family Resource Packets. B. Regina Reed requested to add Carpe Diem.	The agenda was approved with changes. <b>M/S/C</b>	
III.	<b>Approval of the Minutes</b> The Chair asked the committee to review and approve the minutes of the January 14 meeting.	The minutes were approved as written. <b>M/S/C</b>	
IV.	<b>Welcome and Introductions</b> The Chair welcomed everyone and asked for introductions.		
V.	<b>Chair Announcements</b> None.		
VI.	<b>Public Comments</b> None.		
VII.	<b>New Business</b> A. Drugged Driving campaign – Janet Kaplan Janet Kaplan passed around a copy of a pocket-size brochure titled "Weed: Myths & Facts." It is geared toward college students, and Prevention is working on a teen version. Prevention is using a \$160,000 grant to address drugged driving with a county-wide awareness campaign. Janet Kaplan noted that one in eight high school seniors reported driving with marijuana in his/her system in the past two weeks, and one in four had ridden with an impaired driver. Prevention is reaching out to parents, who are encouraged to visit <a href="http://VenturaCountyLimits.org">VenturaCountyLimits.org</a> . Dr. Thurber noted that it is challenging to get parents involved in their children's drug treatment.  B. Community Commission for Ventura County (CCVC) – Denise Nielsen The CCVC Task Force on Children's Crisis Services met on 1/23. It is co-chaired by Supervisor Steve Bennett and by Steve Elson, CEO of Casa Pacifica. Hillmont Psychiatric Center will no longer accept minors, and Vista del Mar often has no bed available, so children in crisis are often hospitalized outside the county.		

	<p>Susan Kelly stated that VCBH is actively researching the issue and investigating potential options.</p> <p>C. Committee meeting in May – Edith Pham In May the committee’s regular meeting conflicts with the CMHACY (California Mental Health Advocates for Children and Youth) conference in Monterey, which will be attended by some committee members. The committee voted to postpone its regular meeting to May 20<sup>th</sup> and get a report on the conference at that time.</p> <p>D. Family Resource Packets – Pam Roach The packets are handed to families when they come to STAR. They will need to be reviewed and updated if needed.</p> <p>E. Carpe Diem – Regina Reed The Carpe Diem conference on March 13 has openings for presenters for the two afternoon sessions. Suggestions should be sent to Regina Reed as soon as possible.</p>	<p>The May meeting will be moved to May 20. <b>M/S/C</b></p>	
<p><b>VIII. Old Business</b></p>	<p>A. Packets to local doctors – Denise Nielsen Denise Nielsen and René Beauchesne will meet to discuss this.</p> <p>B. Suicide Prevention workgroup – Erick Elhard CIRT (Children's Intensive Response Team) handles an average of two to five face-to-face contacts per day; this does not include children who have contact with law enforcement. The lack of local hospital beds for minors negatively impacts the handling of crises. There has been an increase in requests for CIRT to give presentations, especially at high schools. Dr. Thurber noted that very few CIRT children are open to VCBH at the time of the crisis.</p> <p>C. Parent workgroup – Lori Litel A discussion took place regarding the goals of the workgroup. Susan Kelly stated that parents can be encouraged to share their stories, especially with the Board of Supervisors. Lori Litel suggested using videos and a blog to get parents to tell their stories; she will research the feasibility.</p>	<p>Research possible blog for parents and videos by parents</p>	<p>L. Litel</p>
<p><b>IX. Committee Members’ Comments, Activities, updates, items of interest</b></p>	<p>A. Denise Nielsen stated that Agency 101 was useful. There were many booths, all with a lot of information to share.</p> <p>B. Denise Nielsen reminded everyone to take advantage of the justserve website for volunteer needs.</p> <p>C. Lori Litel stated that the Camarillo Chamber of Commerce has voted United Parents as one of the top ten businesses.</p> <p>D. Pam Roach stated that she has recently been appointed to the Mental Health Services Oversight and Accountability Commission Client and Family Leadership Committee (MHSOAC CFLC). She will soon attend her first meeting in Sacramento.</p>		
<p><b>X. Items for the Next Meeting Agenda</b></p>	<p>Dr. Thurber will give an overview of drug treatment.</p>		
<p><b>XI. Adjourn</b></p>	<p>The meeting adjourned at 11:40.</p>		