

BEHAVIORAL HEALTH ADVISORY BOARD
YOUTH & FAMILY COMMITTEE
MINUTES ■ Wednesday, March 11, 2015

<p>Present Denise Nielsen, Chair René Beauchesne, BHAB Martie Miles, Aspiranet Chris Blum, Aspiranet Erick Elhard, Casa Pacifica Kim Patterson, Interface Laura Woolidge, Interface Lori Litel, United Parents Sara Wade, Vista del Mar Jordan Waverek, Vista del Mar</p>	<p>VCBH Managers/Staff Present Dr. Deborah Thurber, Y&F Division Medical Director Pam Roach, Transformational Liaison Janet Kaplan, Prevention Salvador Manzo, Office of Health Equity and Training Edith Pham, Recording Secretary</p> <p>NEXT MEETING: Wednesday, April 8, 2015, 10:00 a.m. – 12:00 pm</p> <p>Ventura County Behavioral Health 1911 Williams Drive, Suite 200, Oxnard</p>
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Note: The committee has not yet approved these minutes. There may be additions/deletions or corrections before the minutes are accepted in final form.

	DISCUSSION/CONCLUSIONS	RECOMMENDATIONS/ ACTIONS	RESPONSIBLE
I.	Call to Order The Chair called the meeting to order at 10:05.		
II.	Approval of the Agenda The Chair asked the Committee to review and approve today's agenda.	The agenda was approved as written. M/S/C	
III.	Approval of the Minutes The Chair asked the committee to review and approve the minutes of the February 11 meeting.	The minutes were approved as written. M/S/C	
IV.	Welcome and Introductions The Chair welcomed everyone and asked for introductions. Sarah Wade introduced Jordan Waverek, who will attend this Committee's meetings in the future.		
V.	Chair Announcements None.		
VI.	Public Comments None.		
VII.	New Business A. Overview of Drug Treatment – Dr. Thurber Dr. Thurber presented on Pediatric Psychopharmacology, including diagnoses and treatment issues. In the 1980s psychotropic medications were seldom used in children. There is little research on pediatric psychopharmacology, other than for ADHD and autism. The state is looking to reduce the use of psychotropic medications in foster children, who are prescribed medications more often than other children. Dr. Thurber noted that it is extremely difficult to recruit child psychiatrists.	Information	
VIII.	Old Business A. Packets to local doctors – Denise Nielsen Tabled. B. Suicide Prevention workgroup – Erick Elhard - Now that Kiran Sahota has been hired as the new PEI manager, the Suicide Prevention workgroup will make plans to meet in the near future.		

	<ul style="list-style-type: none"> - CIRT is in its peak season for number of calls and acuity. Fortunately, there is excellent collaboration with Dr. Thurber/VCBH, the schools and other community partners. - Trends include increased acuity and substance use. Family stressors include poverty and hunger. - Requests for community presentations are increasing. <p>C. Parent workgroup – Lori Litel</p> <ul style="list-style-type: none"> - The group did not meet last month. - Lori Litel has submitted a proposal to VCBH to get funding for a blog that could be used as a way to involve parents and give them a voice. 		
IX.	<p>Committee Members' Comments, Activities, updates, items of interest</p> <p>A. Denise Nielsen stated that CCVC (Community Commission for Ventura County), co-chaired by Supervisor Steve Bennett, met at the Juvenile Facility. VCBH is studying the feasibility of transforming one of the facility's vacant buildings into a children's crisis stabilization unit. Dr. Thurber added that she participated in a recent tour of such facilities in the Bay Area. VCBH has hired a consultant to advise on opening such a facility locally.</p> <p>B. Dr. Thurber stated that she has hired a psychiatrist for the East County. She is also interviewing a possible candidate.</p> <p>C. Denise Nielsen encouraged everyone to find volunteers for their organizations through www.JustServe.org</p> <p>D. Denise Nielsen encouraged everyone to participate in the NAMI Walk on Saturday, May 2nd. Register at www.NamiWalks.org</p> <p>E. Pam Roach stated that Carpe Diem will take place this coming Friday, March 13th. The event includes several presentations and resource tables.</p> <p>F. Lori Litel stated that the Camarillo Chamber of Commerce is honoring United Parents for its 20 years of service to the community.</p> <p>G. Sarah Wade provided a handout of the 2015 Lunch & Learn Series at Vista del Mar. Registration is required.</p>		
X.	<p>Items for the Next Meeting Agenda</p> <p>Not discussed.</p>		
XI.	<p>Adjourn</p> <p>The meeting adjourned at 11:40.</p>		