

BEHAVIORAL HEALTH ADVISORY BOARD  
**YOUTH & FAMILY COMMITTEE**  
**MINUTES ■ Wednesday, October 14, 2015**

<p><b>Present</b>  Denise Nielsen, Chair  René Beauchesne, BHAB  Jody Kussin, Casa Pacifica  Erick Elhard, Casa Pacifica  Daisy Pulido, City Impact  Lisa Connolly, CFS  Robin Godfrey, First 5  Laura Gutierrez Woolridge, Interface  Jody Tompkins, Jewish Family Service  Raul Zapata, Kids &amp; Families Together  Crystal Cummings, Kids &amp; Families Together  Laurie Jordan, Rainbow Connection  Rachel Lambert, Tri-County Regional Center  Lori Litel, United Parents  Jordan Waverek, Vista del Mar</p>	<p><b>VCBH Managers/Staff Present</b>  Susan Kelly, Youth &amp; Family Division Manager  Dr. Deborah Thurber, Y&amp;F Division Medical Director  Janet Kaplan, Preventions  Edith Pham, Recording Secretary</p> <p><b>NEXT MEETING:</b>  <b>Wednesday, December 9, 2015, 10:00 a.m. – 12:00 pm</b></p> <p>Ventura County Behavioral Health  1911 Williams Drive, Suite 200, Oxnard</p>
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Note: The committee has not yet approved these minutes. There may be additions/deletions or corrections before the minutes are accepted in final form.

	DISCUSSION/CONCLUSIONS	RECOMMENDATIONS/ ACTIONS	RESPONSIBLE
I.	<b>Call to Order</b> The Chair called the meeting to order at 10:10.		
II.	<b>Approval of the Agenda</b> The Chair asked the Committee to review and approve today's agenda.	The agenda was approved as written. <b>M/S/C</b>	
III.	<b>Approval of the Minutes</b> The Chair asked the committee to review and approve the minutes of the September 9 meeting.	The minutes were approved as written. <b>M/S/C</b>	
IV.	<b>Welcome and Introductions</b> The Chair welcomed everyone and asked for introductions.		
V.	<b>Chair Announcements</b> None.		
VI.	<b>Public Comments</b> None.		
VII.	<b>New Business</b> A. First 5 – Robin Godfrey The First 5 program has sites throughout the county. Children and parents can take classes and connect with resources. The Neighborhoods for Learning (NfL) focus on early learning and on health and family strengthening. Each NfL is adapted to the needs of the particular community it serves and has its own eligibility criteria. Most or all of the services are free or use a sliding scale based on income. First 5 provides parent leadership training to keep parents engaged in the planning of services.  B. November meeting – Denise Nielsen The next meeting is scheduled for November 11, which is a holiday. After a brief discussion, the committee voted to go dark in November.	Go dark in November. <b>M/S/C</b>	

<p><b>VIII.</b></p>	<p><b>Old Business</b></p> <p>A. Packets to local doctors – Denise Nielsen The workgroup will meet in the near future.</p> <p>B. Suicide Prevention workgroup – Jody Kussin This has been a difficult time as three youth have completed suicide in the last four weeks. Schools are providing grief counseling, which is outside CIRT’s scope. Laura Gutierrez Woolridge stated that Interface does respond to schools following suicides. State commissioners are holding a hearing on 10/21 in Santa Barbara. They are seeking input on the mental health needs of children.</p> <p>C. Parent workgroup – Lori Litel Peer certification is going through the legislative process. The curriculum for parent partner training is being drafted. VCBH has been approached to provide the cultural competence component.</p> <p>D. Katie A – Susan Kelly and Lisa Connolly CFS screens all children coming into dependency and re-screens at appointed intervals to ensure all children receive a mental health screening. Children are triaged by the VCBH Child Welfare Subsystem (CWS) clinicians and are assessed and provided treatment as needed. All children ages 0-5 are screened and offered short-term services and ongoing treatment as appropriate. All mental health services are home-based or in the field to meet the needs of the caregivers and children. In addition, those with higher level needs are referred to Casa Pacifica or Aspiranet TBS or IHBS adjunct services.</p> <p>E. VCBH Youth &amp; Family Division Medical Director’s update – Dr. Thurber VCBH continues to plan the opening of a Children’s Crisis Stabilization Unit in Oxnard. Four nurse practitioners are getting trained in child psychiatry. A problem that has emerged is that when foster children are placed on a hold for hospitalization, the hospitals are refusing to accept them without current orders for psychotropic medications signed by the judge of their county.</p>		
<p><b>IX.</b></p>	<p><b>Committee Members’ Comments, Activities, updates, items of interest</b></p> <p>A. Janet Kaplan stated that Prevention has received a \$299,000 grant to expand its drugged driving campaign.</p> <p>B. Lori Litel stated that United Parents has received a grant to hire a bilingual advocate. Also, it will provide 20-minute legal consultations once a month.</p> <p>C. Jody Tompkins stated that Jewish Family Services is receiving referrals from the Bar Association for family law consultations because the Bar Association currently does not have staff available to do pro bono work.</p>		
<p><b>X.</b></p>	<p><b>Items for the Next Meeting Agenda</b> Invite a representative from Beacon to give a presentation.</p>	<p>Chair Nielsen</p>	
<p><b>XI.</b></p>	<p><b>Adjourn</b> The meeting adjourned at 11:40.</p>		