

BEHAVIORAL HEALTH ADVISORY BOARD
YOUTH & FAMILY COMMITTEE
MINUTES ■ Wednesday, April 12, 2017

<p>Present Denise Nielsen, Chair Ken McDermott, HSA/CFS Joelle Vessels, Interface Daisy Polido, New Dawn Lori Litel, United Parents</p>	<p>VCBH Managers/Staff Present Jennifer Dougherty, Youth & Family Division Manager Dr. Deborah Thurber, Y&F Division Medical Director Kiran Sahota, MHSA Manager Hilary Carson, MHSA Pam Roach, Transformational Liaison Gracie Lopez, Youth & Family Division Chief's Assistant Edith Pham, BHAB Assistant</p> <p>NEXT MEETING: Wednesday, May 10, 2017, 10:00 a.m. – 12:00 pm</p> <p>Ventura County Behavioral Health 1911 Williams Drive, Training Room (first floor), Oxnard</p>
<p>Note: The committee has not yet approved these minutes. There may be additions/deletions or corrections before the minutes are accepted in final form.</p>	

	DISCUSSION/CONCLUSIONS	RECOMMENDATIONS/ ACTIONS	RESPONSIBLE
I.	Call to Order Chair Nielsen called the meeting to order at 10:10.		
II.	Approval of the Agenda Ms. Nielsen asked the Committee to review and approve today's agenda.	The agenda was approved as written. M/S/C	
III.	Approval of the Minutes Ms. Nielsen asked the committee to review and approve the minutes of the March 8, 2017 meeting.	The minutes were approved as written. M/S/C	
IV.	Welcome and Introductions Ms. Nielsen welcomed everyone and asked for introductions.		
V.	Chair Announcements Ms. Nielsen invited everyone to participate in the NAMI Walk on May 6.		
VI.	Public Comments None.		
VII.	Presentation: Rapid Integrated Support and Engagement (RISE) – Felicia Skaggs, Clinic Administrator Felicia Skaggs was unable to attend the meeting and requested to present at the May 10, 2017 meeting.	Postponed until next meeting	F. Skaggs
VIII.	Old Business A. Suicide Prevention workgroup – Kiran Sahota <ol style="list-style-type: none"> Ms. Sahota introduced a member of her team, Hilary Carson, who will now regularly attend this committee's meetings. Ms. Sahota invited all to attend the Suicide Prevention Committee meetings on the first Friday of the month from 10:00 to 11:30 in VCBH Administration. The suicide conference held last year at Cal State Channel Islands required a lot of work. If a conference is put together this year, Ms. Sahota would want it to be in Spanish and she would partner with other agencies. 	Information	

4. The older adult population has had the largest increase in suicide.
5. In March a 12-year-old county resident died by suicide. He had been the victim of bullying.
6. VCBH is looking into ways to use MHSA funds more efficiently. Several factors make this necessary: MHSA has over-spent in the last few years, there are many uncertainties about the possible repeal of the Affordable Care Act, and the state government has moved realignment funds.
7. VCBH is out of compliance regarding children's Full Service Partnership (FSP). In the next fiscal year VCBH needs to have 24/7 crisis services for children.
8. Ms. Sahota will present to the state the Children's Accelerated Access to Treatment and Services (CAATS). This is an Innovations project under which all foster children would receive mental health treatment.
9. Now that the Community Leadership Committee (CLC) has disbanded, a couple of small workgroups are looking at planning and strategic goals for the future. Public forums will take place throughout the county to get feedback from the community.
Ms. Sahota asked for two or three volunteers to help identify gaps in services. These volunteers should be parents of children receiving services at VCBH. A meeting will take place later on this month, possibly in the evening to accommodate parents' schedules.

B. Parent workgroup – Lori Litel

The parent partner training that was scheduled this week had to be canceled due to low enrollment.

C. VCBH update – Jennifer Dougherty

1. Last week Comprehensive Assessment and Stabilization Services (COMPASS) opened. This is the short-term crisis residential program co-located with the Children's Crisis Stabilization Unit (CSU). COMPASS is for youth 12 to 17 years old, on Medi-Cal, who do not need hospitalization but are not yet ready to go back into the community. Currently, two children can be in the program at one time. Seneca is contracted to run this program and the CSU.
2. VCBH will present its May Is Mental Health Month conference on May 18. This year it will focus on bipolar disorder and treatment.
3. At the Juvenile Facility (JF), a gap in services was identified for youth who have an Individualized Education Plan (IEP) that includes mental health services/ISES (Intensive Social Emotional Services). It was difficult to coordinate services for these students. Six months ago VCBH added an ISES clinician specifically to work at JF. She provides services and case management in accordance with IEPs. She contacts the treating clinicians and the schools when youth come into and leave the Juvenile Facility. She provides faster linkage to the home clinics, which helps lower recidivism. Ventura County seems to be the only county in the state with this service.
Ms. Litel noted that the number of youth in Juvenile Facility has dropped by 70% over the past several years; this drop is mostly attributed to the prevention efforts that divert the youth away from JF.

D. VCBH Youth & Family Division Medical Director's update – Dr. Thurber

1. When psychiatrists need to prescribe psychotropic medication to children in foster care, they have to fill out the JV220 paperwork, which must be approved by the court. This is done every six months or when there is a change in medication.
2. Criteria for reviewing medication management have been tightened as psychiatrists could now be investigated by the Medical Board if they prescribe three or more medications at a time.

	<p>3. The county Public Health Department has received funding for a public health nurse to help with the coordination of medical and mental health services for foster youth.</p> <p>4. One of VCBH Quality Insurance projects now includes youth on dependency through Probation, whether they are county youth or youth from out of county who are placed in Ventura county.</p>		
<p>IX.</p>	<p>Committee Members' Comments, Activities, updates, items of interest</p> <p>A. Lori Litel announced that United Parents has been awarded a \$2.1 million grant to help parents and caregivers of children with mental illness throughout California and ensure that their voice is heard. United Parents will have seven partners throughout the state. This year it will hold three events that will include education for parents and caregivers. United Parents will survey them about their needs. The grant will also help educate agencies and professionals.</p> <p>B. Pam Roach noted that she has met with Ms. Nielsen, Joelle Vessels and Pete Pringle regarding the creation of an app for the Family Resource Packet, which is handed out to parents when they come to STAR for services. This app would be specific to VCBH and would include links to various services. Ms. Sahota proposed to use the Wellness Every Day website. She volunteered to contact her contractor, Idea Engineering, to see whether Wellness Every Day could be an app.</p> <p>C. Ms. Dougherty is presenting a two-part Mental Health First Aid training for people who work with youth. Part 1 is on April 14, and part 2 on April 20. The training is free of charge.</p>	<p>Follow up re app</p>	<p>K. Sahota</p>
<p>X.</p>	<p>Items for the Next Meeting Agenda Presentation: RISE.</p>		
<p>XI.</p>	<p>Adjourn The meeting adjourned at 11:20.</p>		