

BEHAVIORAL HEALTH ADVISORY BOARD
YOUTH & FAMILY COMMITTEE
MINUTES ■ Wednesday, June 14, 2017

<p>Present Denise Nielsen, Chair Aliya Maki, Aspiranet Marika Collins, Casa Pacifica Ken McDermott, CFS Daisy Polido, New Dawn Laurie Jordan, Rainbow Connection Steven Graff, TCRC Gaby Fukunags, TCRC Nancy Cartajal, United Parents</p>	<p>VCBH Managers/Staff Present Pete Pringle, Youth & Family Division Chief Dr. Deborah Thurber, Y&F Division Medical Director Hilary Carson, MHSA Pam Roach, Transformational Liaison Edith Pham, BHAB Assistant</p> <p>NEXT MEETING: Wednesday, August 9, 2017, 10:00 a.m. – 12:00 pm</p> <p>Ventura County Behavioral Health 1911 Williams Drive, Training Room (first floor), Oxnard</p>
<p>Note: The committee has not yet approved these minutes. There may be additions/deletions or corrections before the minutes are accepted in final form.</p>	

	DISCUSSION/CONCLUSIONS	RECOMMENDATIONS/ ACTIONS	RESPONSIBLE
I.	Call to Order Chair Nielsen called the meeting to order at 10:05.		
II.	Approval of the Agenda Ms. Nielsen asked the Committee to review and approve today's agenda. Laurie Jordan moved to approve, Pete Pringle seconded. The motion passed unanimously.	The agenda was approved as written. M/S/C	
III.	Approval of the Minutes Ms. Nielsen asked the committee to review and approve the minutes of the May 10, 2017 meeting. Laurie Jordan moved to approve, Pete Pringle seconded. The motion passed unanimously.	The minutes were approved as written. M/S/C	
IV.	Welcome and Introductions Ms. Nielsen welcomed everyone and asked for introductions.		
V.	Chair Announcements During the summer break, some school districts are providing free lunch programs. Parents should check with their schools.		
VI.	Public Comments None.		
VII.	Presentation: Tri-Counties Regional Center (TCRC) – Dr. Steven Graff, Director of Clinical Services Tri-Counties Regional Center is an administrative entity, not a clinical entity. To be eligible for TCRC services, clients must have an intellectual disability, autism, cerebral palsy, epilepsy, or a disabling condition closely related to intellectual disability. In addition, they must have a substantial disability across multiple settings in at least three or more areas of major life activities. Services are voluntary and free. Upon referral, verbal and performance IQ are assessed. The family and its culture are taken into account. By law, the burden of proof is on the applicant. The individual treatment plan is based on needs rather than a diagnosis. Families can appeal when TCRC ends services or denies services. There is no method of re-assessing a child; assessment is only done at intake. For an intake	Information	

	<p>to take place, there needs to be a suspicion of eligibility. Parents can get referred to other resources, such as Rainbow Connection.</p> <p>TCRC has a mobile crisis team. Its staff cannot write involuntary holds, but they are trained to de-escalate situations, thus reducing the need for involuntary holds. Information is gathered about the situation prior to the mobile crisis team going out on the call. It is best to call the TCRC crisis team rather than 911, unless it is a life-threatening emergency.</p> <p>TCRC is not equipped to treat mental illness in the Developmentally Disabled. Pete Pringle noted that VCBH and TCRC have been meeting at the administrative level to discuss issues related to clients who have both a developmental disability and a mental illness. The two agencies will also hold monthly case conferences.</p> <p>See attached presentation and brochures for details.</p>		
VIII.	<p>New Business</p> <p>A. Summer schedule Ms. Nielsen proposed to go dark in July or August. All agreed to go dark in July.</p> <p>B. Discussion: Committee Objectives for 2017-18 Tabled due to time constraints.</p> <p>C. Discussion: Committee 2016-17 Annual Report Tabled due to time constraints.</p>	Go dark in July	
IX.	<p>Old Business</p> <p>A. MHSA Updates – Hilary Carson Community forums for Innovative Solutions to Mental Health Services will take place on:</p> <ul style="list-style-type: none"> o July 25, 6:00-8:00 p.m. at VCBH in Oxnard; o July 26, 1:00-3:00 p.m. at the Borchard Community Center in Newbury Park; o July 27, 6:00-8:00 p.m. at the Blanchard Community Library in Santa Paula. <p>B. Parent workgroup – Lori Litel/ Nancy Cartajal Tabled due to time constraints.</p> <p>C. VCBH update – Pete Pringle Tabled due to time constraints</p> <p>D. VCBH Youth & Family Division Medical Director's update – Dr. Thurber Tabled due to time constraints</p>		
X.	<p>Committee Members' and Participants' Comments, Activities, Updates Tabled due to time constraints</p>		
XI.	<p>Items for the Next Meeting Agenda Tabled due to time constraints</p>		
XII.	<p>Adjourn The meeting adjourned at noon.</p>		

Tri-Counties Regional Center Presentation: Youth & Family Services BHAB

Intake and Eligibility (over age 3)
Early Start Program (0-36 months)

Developmental Disability

- A mental or physical impairment manifested in childhood that continues indefinitely that affects at least three areas of an individuals' capacity to acquire self-care, language, learning, mobility, self direction, independent living and economic self-sufficiency skills.



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Developmental Disability

- Disability must originate prior to age 18. [May change to 22 in the next few years].
- Disabilities that are solely physical are not eligible conditions.
- Disabilities that are solely psychiatric are not eligible conditions.
- Learning disabilities are not eligible conditions.



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Eligible Conditions

- Intellectual Disability
- Autism
- Cerebral Palsy
- Epilepsy
- Disabling Condition found to be closely related to intellectual disability or to require services similar to that required for individuals with an intellectual disability (also referred to as the 5th category)

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DSM-5

- Using the prior version (DSM-IV), individuals could be diagnosed with four separate disorders: autistic disorder, Asperger's disorder, childhood disintegrative disorder, or the catch-all diagnosis of pervasive developmental disorder not otherwise specified.

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Intellectual Disabilities



Courtesy of iChang

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Intellectual Disability

Lanterman Developmental Disabilities Services Act Welfare and Institutions Code, Division 4.5, Chapter 1, Section 4512 (a). Assembly Bill (AB) 2370, legislation enacted and chaptered on 9/22/12, replaced the term "mental retardation" with "intellectual disability."



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What is it?

- Intellectual Disability refers to
 - **significantly sub-average**
 - **general intellectual functioning**
 - **impairments in adaptive behavior**
 - **developmental period.**

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Continued.....

- **significantly sub average** is intelligence quotient of 70 or below on standardized measures of intelligence
- **general intellectual functioning** is the result obtained by assessment with one or more administered standardized intelligence tests

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Continued.....

- **impairments in adaptive behavior** are significant limitations in an individual's effectiveness in meeting the standards of maturation, learning, personal independence, and/or social responsibility that is expected for age and cultural group, as determined by clinical assessment using a standardized measure
- **developmental period** is that period of time prior to the 18th birthday.

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Intelligence Tests

- Intelligence tests are psychological tests that are designed to measure a variety of mental functions
- An assessment of intelligence and cognitive ability
- An **intelligence quotient**, or **IQ**, is a score derived from one of several different standardized tests designed to assess intelligence

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Severity Table

Four severity levels:

Mild (**F70**) Approximate IQ range of 50 to 69

Moderate (**F71**) Approximate IQ range of 35 to 49

Severe (**F72**) Approximate IQ range of 20 to 34

Profound (**F73**) IQ under 20

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Autism Spectrum Disorder

- Autism is a lifelong neuro-developmental disorder
- It is presumed to be present from birth and is usually apparent before the age of 3.
- Autism affects the individual's ability to communicate, understand language, play, and interact with others.

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What is it?

- Autism is a behavioral syndrome; its definition and clinical diagnosis are determined by patterns of behaviors that a person exhibits.
- Individuals with autism share common core deficits but also have significantly different clinical presentations, most professionals view this range of deficits as a "spectrum disorder."

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Early signs of ASD

- No big smiles or other warm, joyful expressions by six months or thereafter.
- No back-and-forth sharing of sounds, smiles, or other facial expressions by nine months or thereafter.
- No babbling by 12 months
- No Gesturing (pointing, waving bye-bye) by 12 months
- No two-word meaningful phrases (without imitating or repeating) by 24 months

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Continued.....

- Any loss of speech or babbling or social skills at any age.
- Doesn't make eye contact (e.g. look at you when being fed).
- Doesn't respond to his or her name or to the sound of a familiar voice.
- Doesn't follow objects visually.
- Doesn't point or wave goodbye or use other gestures to communicate.

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Continued.....

- Doesn't follow the gesture when you point things out.
- Doesn't make noises to get your attention.
- Doesn't initiate or respond to cuddling.
- Doesn't imitate your movements and facial expressions.
- Doesn't reach out to be picked up.

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Children & Adults with ASD might.....

- not point at objects to show interest (for example, not point at an airplane flying over)
- not look at objects when another person points at them
- have trouble relating to others or not have an interest in other people at all
- avoid eye contact and want to be alone

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Continued.....

- have trouble understanding other people's feelings or talking about their own feelings
- appear to be unaware when people talk to them, but respond to other sounds
- be very interested in people, but not know how to talk, play, or relate to them
- repeat or echo words or phrases said to them
- have trouble expressing their needs using typical words or motions

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Continued.....

- not play "pretend" games (for example, not pretend to "feed" a doll)
- repeat actions over and over again
- have trouble adapting when a routine changes
- have unusual reactions to the way things smell, taste, look, feel, or sound
- lose skills they once had (for example, stop saying words they were using)

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Epilepsy

Epilepsy is the most common seizure disorder; it is a chronic condition that briefly interrupts the normal electrical activity of the brain to cause unpredictable and recurrent seizures, which alter a person's consciousness, movement or actions for a short time.



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CDER (Client Development Evaluation Report)

The CDER is a document on which data are recorded for individuals found eligible for regional center services. The CDER provides a descriptive database about individuals served.

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Cerebral Palsy ("CP")


The term Cerebral Palsy (CP) refers to a group of non-progressive disorders in the brain characterized by paralysis, spasticity, or abnormal control of movement or posture, such as poor coordination or lack of balance.



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Common Causes of CP

- Prenatal – congenital infection, maternal infection, intrauterine stroke.
- Perinatal – cerebral trauma during birth, brain anoxia, Interventricular hemorrhage, subdural hematoma, perinatal stroke or head trauma at birth
- Postnatal – meningitis, encephalitis, hypoxia, accidental head trauma or child abuse



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5th Category



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A Condition Similar.....

- **Fifth Category - Definition:**
"A disability found to be closely related to Intellectual Disability or to require treatment similar to that required for individuals with an intellectual disability, but shall not include other handicapping conditions which are solely physical or solely psychiatric in nature. "

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Continued.....

- An individual can be considered to be functioning in a manner that is similar to a person with an intellectual disability if the general intellectual functioning is in the low borderline range of intelligence (I.Q. scores ranging from 70-74).
- must also demonstrate substantial disability in at least three areas.

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Substantial Disability



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Definition of substantial Disability

Does the individual have a “substantial disability” across multiple settings in at least 3 or more areas of major life activities which are due to the qualifying eligibility condition?

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The areas of major life activities include:

- Self-Care
- Communication (both receptive AND expressive language)
- Learning
- Self-direction
- Mobility
- Capacity for independent living (13+)
- Economic self-sufficiency (13+)

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Self-Care

The individual has significant limitations in the Ability to acquire and perform basic self-care skills.

- Personal hygiene
- Grooming
- Feeding

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Communication

The individual has significant limitations in both the comprehension and expression of verbal and/or non-verbal communication resulting in functional impairments.

- Expressive Language
- Receptive Language

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Learning

The individual must be substantially impaired in the ability to acquire and apply knowledge or skills to new situations even with special intervention.

- General intellectual ability
- Academic achievement levels
- Retention
- Reasoning

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Mobility

The individual has significant limitations with independent ambulation. Mobility does not refer to the ability to operate motor vehicles or use public transportation.

- Needing crutches, walker, or wheelchair for mobility
- Gait abnormalities and/or coordination problems significantly interfere with mobility

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Self-Direction

The individual has significant impairment in the ability to make and apply personal and social judgments and decisions.

- Emotional development
- Interpersonal relations
- Personal independence

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Capacity for Independent Living (13+)

The individual is unable to perform age-appropriate independent living skills without the assistance of Another person.

- Performing age-appropriate, simple household tasks
- Managing multiple-step domestic activities
- Does not have age-appropriate capacity to be left unsupervised
- Significant difficulty with money management
- Obtaining appropriate health care

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Economic Self-Sufficiency (13+)

The individual lacks the capacity to participate in Vocational training or to obtain and maintain employment without significant support.

- Income
- Vocational training history
- Employment history

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Standardized measure of adaptive functioning

- Adaptive Behavior Assessment System, Second Edition (ABAS-III). Complete assessment of adaptive skill functioning.
- Vineland Adaptive Behavior Scales, Second Edition (VABS-III). Measure of adaptive behavior.

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Early Start Program

Early intervention focuses on helping eligible babies and toddlers learn the basic and brand-new skills that typically develop during the first three years of life.



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Early Start Program

What is it?

- Federally mandated 1986; **IDEA** part C.
- California Early Intervention Services Act. (SB 1085, October 1993).
- State and federally funded.
- Serves ages 0 to 3 years.

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IDEA - Part B



Part B of the IDEA addresses special education and related services for children and young adults ages 3 to 22.

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IDEA - Part C

Part C of the Individuals with Disabilities Education Act (IDEA) addresses early intervention services for infants and toddlers with disabilities, birth to age 3.



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Who is eligible?

- Infants and toddlers from birth to 36 months may be eligible for early intervention services if, through documented evaluation and assessment, they meet eligibility criteria.
- Children born with a condition with a known probability of causing a disability or delay [established risk] such as: Down Syndrome, Cerebral Palsy or extreme premature birth (less than 28 weeks gestation)

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Developmental Delay

Children with a developmental delay in one or more of the following areas of development:

- physical
- cognitive
- communication
- social/emotional
- self-help

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Early Start Eligibility

Who is eligible?

A 33% delay in at least one area is required for eligibility.

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What early intervention services are available?

- speech and language therapy
- occupational therapy
- physical therapy
- nursing services
- behavior services
- service coordination (case management)
- specialized instruction, family training, home visits
- psychological services

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Transition – Services after age 3



California has determined that all children served in Early Start are potentially eligible for LEA special education and related services at age 3. Therefore, all children must be referred to Part B services. Service coordinators are required to make a referral to the family's school district of residence.

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Transition to RC after age 3

As part of the transition IFSP, the service coordinator must discuss eligibility for ongoing regional center services. If the parent(s) wish such consideration, the regional center will evaluate the child to determine eligibility under the Lanterman Developmental Disabilities Services Act.



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Prevention Program and other resources

- Whether or not if an infant or toddler is eligible for Early Start, a referral is made to the Family Resource Center (FRC).
- Local education agencies (LEAs) are responsible for providing needed services for infants with solely a visual, hearing or a severe orthopedic impairment. [solely low incidence]

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Family Resource Centers

Family Resource Center work in partnership with regional centers to help meet the needs in their communities. They offer supports that include information and referral, peer support, home visits and parent education. They also publish regular newsletters and calendars of local support groups, events, classes and other community resources.

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Rainbow Connect Family Resource Center

- **Rainbow Connection**
<http://rainbowconnectionfrc.weebly.com>
 - Oxnard (805) 485-9643
 - Simi Valley (805) 823-2325

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For more information contact:
Steven Graff, Ph.D.
TCRC Director of Clinical Services

Lalo Perez, L.C.S.W./M.F.T.
Intake Service Coordinator-Ventura
County

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The End



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Ventura County

Oxnard

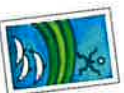
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Tri-Counties Regional Center

www.tri-counties.org

Person Centered in All We Do

Mission: TCRC provides person and family centered planning, services and supports for individuals with developmental disabilities

Services for School Age Children



Tri-Counties Regional Center





A Public School Education

The primary provider of services for school aged children with developmental disabilities is the publicly funded educational system. Children are entitled to free appropriate public education with non-disabled peers of similar ages. In some situations, the planning team may determine that additional, non-educational services are needed to support a child, and that regional center funding would be appropriate. Such services might include respite, behavioral services, supplemental day care, or another service related to the child's developmental disability.

Under Age Three

Services, supports and program options available for children under age three provide education and training for parents or caregivers in such areas as feeding, social adaptive development, positioning and communication. These options are provided through in-home parent education and support programs which are provided in natural environments such as the home. Our Early Start brochure has more information.

Age Three to 4.9 Years

Children with intensive Special Education needs are entitled to a free public education at 3 years of age. Special Education Preschool Programs provided by school districts are designed specifically to meet the unique, intensive needs of individuals whose educational needs cannot be met with modification of the regular instruction program. TCRC will work to support families in the transition to a public school program when the child turns 3.



Age 4.9 to 18 Years

Public school programs are intended to include, but not be limited to, academic training; pre-vocational and vocational training; speech therapy; occupational therapy and/or physical therapy; transportation services; mobility training; adaptive physical education; counseling services; social skills training; and other designated instructional services as identified in their Individualized Education Program (IEP). This IEP is reviewed at an annual meeting by the IEP team, which may consist of the parent, your Service Coordinator, your child's teacher or therapists, public school representative(s) and an advocate (if invited by parents).

Age 14 to 21 Years

In developing the Individualized Education Program, TCRC will collaborate with the person served, family, school and other community agencies to develop transition goals that will lead the individual to success in employment and/or other adult roles in the community.

Age 16 to 22 Years

Individuals in this age group are entitled to continue in public education if they have not yet completed their prescribed course of study or have not met proficiency standards. Tri-Counties Regional Center will collaborate with the person, family, school and other community agencies with transition goals that will lead the individual to success in employment and/or other adult roles in the community.



Family Support Services

Family support services are provided to assist the family in residing together. These services may include, but are not limited to: in-home respite care; behavioral services; in-home nursing care; out-of-home respite care; day care; and/or crisis intervention services. Family support services for school aged children may be provided when:

- The individual has behavior challenges, medical care needs or supervision needs that exceed those of children the same age without developmental disabilities.
- There are few or no natural supports or services through other publicly funded agencies available to provide necessary supervision during times when the parent(s) are away.
- The behavior or medical needs of the child require supervision by a trained professional.
- The family is experiencing a short-term crisis or emergency situation.

TCRC may authorize funding for the acquisition of specific adaptive skills when the planning team has determined the skills cannot be taught by the family or by other publicly funded agencies.

Other Publicly Funded Agencies or Programs

These include local public education agencies, private preschools, public daycare, Head Start,



private and/or public transportation services, and para-transit services. Individuals receiving SSI (Supplemental Security Income) or AFDC (Aid to Families with Dependent Children) may be eligible for Medi-Cal linked In-Home Supportive Services (IHSS) provided through the County Department of Social Services. When appropriate, TCRC will assist families to access these services, to provide the family with additional resources to purchase personal care assistance for the child while providing relief to the primary caregiver. IHSS must be exhausted prior to the authorization of regional center funding.

Transportation

As part of the Individualized Family Service Plan (IFSP), TCRC may authorize the most cost-effective transportation supports or services for children when parent-provided transportation, including public transit, is unavailable. Such transportation will be authorized only when a parent or adult caregiver accompanies the child. TCRC will not authorize transportation for children who attend Special Education programs or when transportation is required to meet objectives in the Individualized Education Program. Transportation of school age children to school and recreational activities, medical and dental appointments, therapy services and other occasional trips in the community is the responsibility of the parent(s), the primary caregiver(s) or the residential service provider.

California Children's Services

California Children's Services (CCS) is a state program for children with certain diseases or health problems. Through this program, children up to 21 can get the health care and services they need. CCS will connect you with doctors and trained health care people who know how to care for your child with special health care needs.

The Medical Therapy Program (MTP) is a special program within California Children's Services that provides physical therapy (PT), occupational therapy (OT) and medical therapy conference (MTC) services for children who have handicapping conditions, generally due to neurological or musculoskeletal disorders.

Some CCS programs are free. To get the CCS Medical Therapy Program, your child must be under 21 and have a medical problem that CCS covers, and be a resident of California with an adjusted gross annual family income under \$40,000. Anyone such as a parent, teacher, school nurse, or physician can refer a child to CCS.

Residential Options for Children

TCRC believes that people with developmental disabilities should be able to participate in family life. Therefore, a high priority will be placed on supporting children living with their families. When appropriate, certified Foster Family Agencies or licensed residential facilities may be used. These living arrangement services provide an atmosphere that respects an individual's preferences, values, ethnic differences and beliefs.

Assessment & Educational Services

Various assessments will be done by the school district to determine your child's strengths and needs. These assessments may include a psychological, health, speech, hearing, and/or language assessment. The assessments required by the school district will be discussed during the transition planning meeting. The results of the assessments and your child's eligibility for educational services will be determined at the IEP meeting with the school district. The regional center and the school district will share each other's assessments and information and explain the results to you. You may request copies of your child's assessments. Assessments may be done in your home at the infant program

Family Resource Centers

Family Resource Centers work in partnership with regional centers to help meet the needs in their communities. These centers provide a vital network of parent support, including a way for parents to connect with other parents in similar situations. They offer a variety of supports that include information and referral, peer support, home visits and parent education. They also publish regular newsletters and calendars of local support groups and events, with information about clubs, social programs, classes, support groups, and other community resources.

Family Resource Centers Offer

- Parent-to-parent family support
- Home visits
- Information and referral
- Public awareness
- Parent education
- Support when transitioning to new services or programs
- Prevention Resources and Referral Services (PRRS)
- Support families in accessing translation assistance
- Support services available throughout the tri-counties area
- Support in accessing generic resources
- And more

San Luis Obispo County

Parents Helping Parents

San Luis Obispo (805) 543-3277

Atascadero (805) 461-7415

php@ucp-slo.org

www.phpslo.org

Santa Barbara County

Alpha Resource Center

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Ventura County

Rainbow Connection Family Resource Center

Oxnard (805) 485-9643

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to charge for diagnosis and assessment. Most other services and supports are free, regardless of age or income. If a child under the age of 18 is at home with regional center funding, the parent may be required to share the cost. The fees may be required to share the cost. The fees are published by DDS under the Annual Family Fee (AFFP) or the Family Cost Participation Fee (FCPP) and depends upon the parents' ability. For children (age 3 to 18) living at home, the parent may be required for Respite and Day Care. This is set through the Family Cost Participation Program which is mandated by California legislation. Medi-Cal eligibility, family size and income are considered during FCPP assessment.

Services Needed

Services purchased include funds for respite, day program services, transportation, medical and non-medical services and more. Additional services include speech/occupational and physical therapy, counseling, clinical psychology, psychiatry, behavior management consultation, home health and home services, nursing, special training for parents, equipment, medical equipment or supplies, pharmaceutical services. Generic resources and coverage shall be accessed first.

Developmental Services System

Services System

- Welfare Services Agency
 - Services
 - Developmental Services Regional Centers
 - Developmental Centers
 - Mental Health
 - Health
- PLANNING & ADVOCACY SYSTEM**
- Council
 - County of California (DRC)
- LOCAL EDUCATION SYSTEM**
- Department of Public Instruction
 - Local Education Local Plan Areas (SELPA)
 - School districts

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**Tri-Counties
Regional Center**

www.tri-counties.org
Person Centered in All We Do

Mission: TCRRC provides person and family centered planning, services and supports for individuals with developmental disabilities to maximize opportunities and choices for living, working, learning and recreating in the community.

*About
TCRRC*



**Tri-Counties
Regional Center**
SAN LUIS OBISPO • SANTA BARBARA • VENTURA



Who We Are

Counties Regional Center (TCRC) is one of twenty non-profit regional centers in California providing life-long services and supports for people with developmental disabilities residing in San Luis Obispo, Santa Barbara and Ventura Counties.

Eligibility for Services

Children and adults who are substantially disabled, and to conditions falling within the legal definitions of developmental disability" are eligible. These conditions include intellectual disability, cerebral palsy, epilepsy, and autism. The onset of these conditions must have been prior to age 18. A separate program, Early Start, is available for children under three years of age. Eligible children have at least a 33% delay in one or more areas: either cognitive, communication, social or emotional, adaptive, or physical and motor development. Age three, eligibility for regional center services is considered. Only some of the children in the Early Start program continue to receive services through the regional center.

Referral Procedure

Parents, guardians and conservators, or a person over age 18, can begin by contacting the local office. An "intake" can be started by speaking with an Intake Service Coordinator or the On Duty Service Coordinator in each county. Professionals and other interested parties may also refer, but only with permission from the individual and family. The Intake Service Coordinator collects basic information, and then arranges to meet in person to complete an assessment for eligibility.

Understanding Assessment

The Intake Service Coordinator obtains information from a variety of sources, including the applicant,

family members, advocates and service providers. The purpose of intake is to assist families in understanding the nature of their situation and to determine whether a person is eligible for services. If it is determined that a person is eligible, future meetings will be established to develop a Person Centered Individual Program Plan.

Person Centered Individual Program Plans

Building upon a foundation of hopes and dreams for the future as well as an assessment of the person's needs, preferences and life choices, the Person Centered Individual Program Plan states specific objectives to develop competencies and achieve personal goals in the areas of community participation, housing, work, school and leisure time. The plan includes a special section describing those services and supports necessary to maintain the child at home. The plan is written with input from the person with a developmental disability, parents, Service Coordinators and a wide circle of friends and relatives.

Service Coordination

Service coordination assures the successful implementation of the Individual Program Plan. It may be provided by regional center staff or by another trained person.

Our Reach

We have around 300 staff members, most of whom are Service Coordinators, and we serve over 12,000 individuals with developmental disabilities through six regional offices.

How We Work

We use person centered thinking principles in our work with persons served as well as in our relationships with colleagues and community partners. We live by

our mission and vision, adhere to our Code of Ethics, exceed requirements of our performance contract with the state and implement our own Strategic Performance Plan.

The Foundation of Our Work

The Lanterman Act is part of the Welfare and Institutions Code that regulates supports and services for the developmentally disabled. It states that individuals with developmental disabilities have a right to services and supports to help them live independently and productively lives.

Our Take on Ethics

The Ethics Committee proactively and successfully promotes ethical conduct and behavior amongst individuals and organizations working on behalf of people with developmental disabilities in the Tri-Counties area. TCRC pledges to set the standard for professional conduct by acting ethically and with integrity in all matters.

Organizations Affected by Lanterman

The Lanterman Act contains provisions for how the State Department of Developmental Services (DDC) which is part of the Health and Human Services Agency, is organized and how it functions. It also includes provisions that govern Developmental Centers (state hospitals), regional centers and State Council.

How We Are Monitored

TCRC is funded and monitored by the Department of Developmental Services (DDS), with oversight from the Tri-Counties Association for the Developmentally Disabled Inc. (TCADD). The regional center is guided by both a Performance Contract with DDS and a Strategic Performance Plan.



What is Rainbow Connection Family Resource Center?

Rainbow Connection is a family resource center that serves children and adults with developmental disabilities and other special needs, their families, the professionals who work with them, and their communities.

Rainbow staff members are all family members of children or adults with special needs. The staff knows from their own experiences the issues, concerns, joys, and challenges of parenting a child with special needs.

We believe that every person should be valued, respected, and given the opportunity to reach their fullest potential. Rainbow Connection Family Resource Center is dedicated to offering understanding, support, information, education, and resources to all members of the community.

FAMILIES HELPING FAMILIES

- Parent to Parent Matches: Matching parents with similar interests and concerns.
- Support Groups for family members.



SOCIALIZING

- Social activities for people served and their families.
- Opportunities to try new activities in the community.
- Dances for various ages.

INFORMATION AND RESOURCES

- Information on various disabilities.
- Information on trainings, workshops, presentations, and events.
- Community Outreach

EDUCATION AND TRAINING

- Trainings on specific topics.
- Presentations by professionals
- Conferences
- Phone-in training
- Other workshops available



LIBRARY

- A large lending library of books, DVDs, games, and developmental toys is available at our locations in the Tri-Counties Regional Center offices in Oxnard & Simi Valley. Internet access is available at both sites. A mobile library is available for group meetings.



Our libraries are open to the public.

SPANISH SERVICES

Many of our activities are available in Spanish including support and resources.



Locations

Oxnard 9:00 – 5:00 Monday - Friday
2401 E. Gonzales Rd., Suite 100
Oxnard, CA 93036
805-485-9643 | Spanish 805-485-9892

Simi Valley 9:00 – 5:00 Monday - Friday
2635 Park Center Dr., Ste A,
Simi Valley, CA 93065
805-823-2325 | Spanish 805-485-9892

More information on other side ►



Connecting with Rainbow Connection!

We offer information, training, and support for families with children in the Prevention, Resource & Referral Program, the

Early Start Program and children and adults served by the Tri-Counties Regional Center.



Visit our Website:

rainbowconnectionfrc.weebly.com/



Like us on Facebook:

facebook.com/RainbowConnectionFRC



Follow us on Pinterest:

pinterest.com/rainbowfrc



Follow us on Instagram:

instagram.com/rainbowconnectionfrc



Follow us on Twitter:

[@RainbowFRC](https://twitter.com/RainbowFRC)



Enroll in our E-news list

to receive reminders and information of New and On-Going Events via E-mail at:

rainbowconnectionfrc.weebly.com/sign-up-e-mail-list-of-events.html

or Send us an E-mail: rainbow@tri-counties.org

There is help and support and we can help you find it!

For more information, call Rainbow: (805) 485-9643, (805) 485-9892 en Español

More information on other side ►



¿Qué es Rainbow Connection Centro de Recursos Familiar?

Rainbow Connection es un centro de recursos para las Familias de niños y adultos con discapacidades de desarrollo y otras necesidades especiales, los Profesionales que trabajan con ellos y la Comunidad.

El personal de Rainbow son padres o familiares de niños o adultos con necesidades especiales. El personal sabe por su propia experiencia los problemas, preocupaciones, alegrías y desafíos de ser padre de un individuo con necesidades especiales.

Creemos que cada persona debe ser valorada, respetada, y recibir la oportunidad de alcanzar su máximo potencial. Rainbow se dedica a ofrecer comprensión, apoyo, información, educación y recursos a todos los miembros de la comunidad.

FAMILIAS AYUDANDO A FAMILIAS

- Padres reunidos con otros padres: los padres comparten preocupaciones e intereses similares.
- Grupos de apoyo: Para individuos con necesidades especiales y sus familias.



SOCIALIZACION

- Actividades sociales para los consumidores y sus familias.
- Oportunidades de nuevas actividades en la comunidad.
- Bailes para adultos y jóvenes.

INFORMACION Y REFERENCIAS

- Paquetes de información sobre discapacidades
- Información sobre entrenamientos, presentaciones y eventos.
- Directorios de recursos de nivel local, estatal y nacional.
- Información acerca de acceso a la comunidad

SERVICIOS EN ESPAÑOL

- Muchas de nuestras actividades están disponibles en español. Ofrecemos apoyo y recursos en español.

Sitio Web: <http://rainbowconnectionfrc.weebly.com>

Oxnard 9:00 – 5:00pm Lunes – Viernes
2401 E. Gonzales Rd., Suite 100
Oxnard, CA 93036
805 485-9643 Spanish 805 485-9892



EDUCACION Y ENTRENAMIENTO

- Entrenamientos en grupo sobre temas específicos.
- Presentaciones por profesionales
- Conferencias
- Otros talleres disponibles



BIBLIOTECA

- Tenemos bibliotecas abiertas al público en nuestras oficinas de Oxnard y Simi Valley, donde encontrara libros, vídeos, cintas de audio, libros electrónicos, juegos y juguetes disponibles. Ofrecemos acceso al Internet y una biblioteca móvil que está disponible para reuniones de grupos. Nuestras oficinas están abiertas al público, Llámenos!

Correo Electrónico: rainbow@tri-counties.org

Simi Valley 9:00 – 5:00pm Lunes – Viernes
2635 Park Center Dr., Ste A
Simi Valley, CA 93065
805 823-2325 Spanish 805 485-9892



¡Conectándose con Rainbow Connection!

Ofrecemos información, entrenamiento, y apoyo para familias con niños y adultos con servicios del Centro Regional de Los Tres Condados, y los profesionales que trabajan con ellos, y sus comunidades.



Visítenos en la página Web:

rainbowconnectionfrcespanol.weebly.com



Síguenos en Facebook:

facebook.com/RainbowConnectionFRC



Síguenos en Pinterest:

pinterest.com/rainbowfrc



Síguenos en Instagram:

instagram.com/rainbowconnectionfrc



Síguenos en Twitter:

twitter.com/RainbowFRC

Inscríbese en nuestra lista de E-News

para recibir recordatorios e información de nuevos eventos a través del CORREO ELECTRONICO en:

<http://rainbowconnectionfrc.weebly.com/sign-up-e-mail-list-of-events.html>

o Mande un correo electrónico a

rainbow@tri-counties.org



¡Hay ayuda y apoyo y nosotros le podemos ayudar a encontrarla!

Nosotros somos padres de niños con necesidades especiales.

Para mas información llame a Rainbow: (805) 485-9892, (805) 485-9643 en Ingles



Public Transportation In Ventura County

***Come Learn About Recent Changes and
Share Your Input for the Future***

Presented by
Margaret Heath-Schoep
Paratransit & Special Projects Manager
Gold Coast Transit District

**June 28, 2017
10:00 AM – 11:30 AM
Oxnard**

Come explore your transportation options. If you have questions about which service is available to get you where you want to go, come spend part of your morning with us.

We will have Gold Coast Transit staff on hand to answer your questions and also invite you to provide input to help us develop additional service in the future.

- **Explore your transportation options**
- **Get information on fares and schedules**
- **Provide input on future route planning**
- **Tell us what you would like to see**

Registration Required
**If you need support to attend this presentation, please have
your personal assistant accompany you.**

Phone: 805-485-9643

E-mail: rainbow@tri-counties.org

Website: <http://rainbowconnectionfrc.weebly.com/register-now.html>

Follow us on:





Prediabetes Are You Concerned About Your Youth?

**Presented by
Gold Coast Health Plan
Mary Arevalo
Health Educator**

June 20, 2017 | 10:00 AM – 11:30 AM | Oxnard

**Many children have prediabetes and don't know it.
This presentation is for you and your child.**

Come and learn about:

- **What prediabetes is**
- **The dangers of prediabetes**
- **Understanding the risks of prediabetes**
- **Recognizing prediabetes**
- **Learning about a healthy weight**
- **Nutrition basics**
- **Working with your primary care doctor**
- **Accessing specialty care**
- **Getting active (Including a 10 minute Zumba demonstration)**

Registration Required. Children are welcome and must be accompanied by an adult. Childcare available if requested no less than 24 hours before presentation.

Phone: 805-485-9643

E-mail: rainbow@tri-counties.org

Website: <http://rainbowconnectionfrc.weebly.com/register-now.html>



**Gold Coast
Health Plan**
A P.O.D. P.C. Co.

Follow us on:





Rainbow Connection Library is available online and as a free APP



Now you can access our library anywhere and anytime you have access to a mobile device, computer or tablet.

You can search for a specific book or other materials or browse through the Rainbow library in general. You can check to see if a book or video is available and request a hold for pick-up.

- From your computer go to <http://opac.libraryworld.com/opac/signin.php>
- In your Mobile device app store, key in "LibraryWorld". This app is free.

Our sign-in/log-in name is "rainbowlibrary" with no password required.

Rainbow library patrons can request a hold on books or videos by clicking on the 'Request Hold' box on the right. Input your name, phone number (in the patron number field) and email address then click on the "Request hold" box to complete the process. Follow the same process if you decide to cancel your request. Please be sure to provide complete contact information when submitting a "Hold request" so we can contact you.

We hope the library system makes it more convenient for you to make use of the wonderful resources we have here at Rainbow Connection.

Our library online is made possible through a generous donation from
The D'Augustine Foundation, Breckenridge, Colorado

If you have any questions, please contact Rainbow Connection at 805-485-9643

Follow us on:



E-mail: rainbow@tri-counties.org
Website: <http://rainbowconnectionfrc.weebly.com/register-now.html>



Rainbow Connection Library

**¡Ahora disponible en línea y como una
Aplicación en su móvil gratis!**



Ahora puede tener acceso a nuestra biblioteca en cualquier lugar y a la hora que sea que usted tenga acceso a un dispositivo móvil, computadora o tableta.

Nuestro nuevo sistema le permitirá buscar libros específicos y otros materiales, o simplemente revisar nuestra biblioteca en general. Usted podrá ver si un libro o video está disponible y hacer su reservación para recoger lo despues.

- Desde su computador valla a el sitio <http://opac.libraryworld.com/opac/signin.php>
- Desde su dispositivo móvil, vaya a "LibraryWorld". La aplicación es gratuita.

Nuestro nombre de usuario: "rainbowlibrary" No requiere contraseña

Una vez conectados, encuentre el artículo que busca. Presione la caja "Request Hold" a su derecha. Ponga su nombre, número de teléfono (en "patron number") dirección de correo electrónico y complete el proceso presionando otra vez "Request Hold". Igualmente, si desea cancelar su pedido, siga el mismo proceso.

Asegúrese de proveer toda la información requerida en caso de que necesitemos comunicarnos con Ud. Esperamos que nuestro nuevo sistema de biblioteca le permita hacer más uso de los magníficos recursos que tenemos a su disposición en Rainbow Connection.

Nuestra biblioteca en línea se hace posible a través de una generosa donación por The D"Augustine Foundation, Breckenridge, Colorado

Si tiene preguntas, por favor llámenos (805) 485-9892.

Siganos en:



LibraryWorld®

Correo electrónico: rainbow@tri-counties.org

Sitio web:

<http://rainbowconnectionfrc.weebly.com/register-now.html>