

BEHAVIORAL HEALTH ADVISORY BOARD

YOUTH & FAMILY COMMITTEE

MINUTES ▪ Wednesday, September 14, 2016

<p>Present Denise Nielsen, Chair Martie Miles, Aspiranet Marika Collins, Casa Pacifica Lisa Connolly, CFS David Swanson-Hollinger, CFS Laura Gutierrez Woolridge, Interface David Friedlander, Kids & Families Together Crystal Cummings, Kids & Families Together Karin Lucero Martinez, New Dawn Holly Winzenburg, New Dawn Regina Reed, SELPA Rachel Lambert, TCRC Lori Litel, United Parents</p>	<p>VCBH Managers/Staff Present Pete Pringle, Youth & Family Division Manager Dr. Deborah Thurber, Y&F Division Medical Director Kiran Sahota, MHSA Manager Pam Roach, Transformational Liaison Edith Pham, BHAB Assistant</p> <p>NEXT MEETING: Wednesday, October 12, 2016, 10:00 a.m. – 12:00 pm</p> <p>Ventura County Behavioral Health 1911 Williams Drive, Suite 200, Oxnard</p>
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Note: The committee has not yet approved these minutes. There may be additions/deletions or corrections before the minutes are accepted in final form.

	DISCUSSION/CONCLUSIONS	RECOMMENDATIONS/ ACTIONS	RESPONSIBLE
I.	Call to Order Chair Nielsen called the meeting to order at 10:15 a.m.		
II.	Approval of the Agenda Ms. Nielsen asked the Committee to review and approve today's agenda.	The agenda was approved as written. M/S/C	
III.	Approval of the Minutes Ms. Nielsen asked the committee to review and approve the minutes of the August 10, 2016 meeting.	The minutes were approved as written. M/S/C	
IV.	Welcome and Introductions Ms. Nielsen welcomed everyone and asked for introductions.		
V.	Chair Announcements A Mental Health Resource Fair will be held on Saturday, October 8 from 10:00 a.m. to 2:00 p.m. at Moorpark College.		
VI.	Public Comments None.		
VII.	New Business A. Overview of the Continuum of Care Reform (CCR) Innovation Proposal Pete Pringle, VCBH Youth & Family Division Manager, and Kiran Sahota, MHSA Manager, gave an update. AB403, which goes into effect in January 2017, mandates that mental health services be available for all children entering the foster care system. Foster children must be placed into families rather than congregate care, when appropriate. In Ventura County, it is anticipated that VCBH will serve an additional 600+ children. It will provide early assessment to determine the children's needs as they enter the foster care system. After the initial assessment/screening, the children and their parents may be referred for services. VCBH is putting together a team of five assessors. VCBH is working on a proposal under MHSA to fund the five assessor positions. VCBH wants to create a strong link between psychiatrists and general practitioners. It is looking into hiring a Mental Health Associate or Licensed Vocational Nurse to link the services.		

	<p>The group gave a few suggestions, such as partnering with Public Health; Dr. Thurber explained that this is a key point of the CCR. It was also recommended that a member of this committee participate in the Community Leadership Committee and report back to this committee.</p>		
<p>VIII.</p>	<p>Old Business</p> <p>A. Goals of the Committee for 2016-17 The Committee discussed and refined its goals for 2016-17. See attached. The Goals were accepted in their final form.</p> <p>B. Annual Report of the Committee The Committee reviewed the Annual Report and did not make any changes. The finalized Goals for 2016-17 will be added to the Report. The document was accepted as presented.</p> <p>C. Suicide Prevention workgroup – Kiran Sahota The Suicide Prevention conference at CSUCI will take place on September 16 in the morning; it is sold out. Ms. Sahota urged committee members to advocate for all 20 county school districts to be supportive of suicide prevention efforts. Ms. Sahota invited all to participate in the Suicide Prevention Committee which takes place on the first Friday of the month at 10:00 a.m. at VCBH Administration.</p> <p>D. Parent workgroup – Lori Litel The second Parent Curriculum training was held the previous week. Staff from other agencies participated. The next training will take place in December; the exact date is to be determined.</p> <p>E. VCBH update – Pete Pringle The Children’s Crisis Stabilization (CSU) facility is being updated to be ADA compliant. The opening is slated for December. Staff hiring and training are going well. New staff are shadowing the Crisis Team and may shadow staff in the clinics to familiarize themselves with VCBH prior to the opening of the CSU. On September 29 SELPA will hold an information session on the CSU for school psychologists and administrators. VCBH is looking to expand ISES staff by three clinicians, primary in the Oxnard and Santa Paula areas.</p> <p>F. VCBH Youth & Family Division Medical Director’s update – Dr. Thurber Dr. Dresnin, who has been working at the Juvenile Facility in Oxnard, will retire in the near future. He will be replaced by Dr. Thomas, who has experience in forensics. A state grant for training psychiatric nurse practitioners will continue next year. Child psychiatrists statewide are concerned about a law currently sitting on the Governor’s desk. It would require that children get lab work done prior to being prescribed psychotropic medications even though these medications do not require lab work.</p>	<p>Finalize Goals. M/S/C</p> <p>Finalize Annual Report M/S/C</p>	
<p>IX.</p>	<p>Committee Members’ Comments, Activities, updates, items of interest</p> <p>A. Marika Collins stated that AB741 is on the Governor’s desk.</p> <p>B. Pam Roach asked for feedback on the family packets. After a brief discussion, the committee agreed that it is helpful to have something to hand out to parents. The idea of creating an app for the packet was discussed again. Pete Pringle will talk to the IT manager.</p>	<p>Look into creating an app</p>	<p>P Pringle</p>

	<p>Regina Reed noted that no one seems to ask for the Yellow Ribbon cards. Ms. Roach showed the draft update of the Safety card and received some feedback.</p> <p>C. Karin Lucero Martinez stated that New Dawn will have an open house on October 20 from 4:00 to 7:00 p.m. at the Oxnard Outlet Center.</p> <p>D. Regina Reed stated that Agency 101 will take place on January 25, 2017.</p> <p>E. Lori Litel stated that she is looking into research that focuses on neuro-feedback for children.</p>		
<p>X.</p>	<p>Items for the Next Meeting Agenda Invite CFS to present on recruiting foster families.</p>		
<p>XI.</p>	<p>Adjourn The meeting adjourned at 11:50 a.m.</p>		