

BEHAVIORAL HEALTH ADVISORY BOARD  
**YOUTH & FAMILY COMMITTEE**  
**MINUTES ■ Wednesday, April 11, 2018**

<p><b>Members Present</b>  Denise Nielsen, Committee Chair  Gane Brooking, BHAB  Margaret Cortese, BHAB  Martie Miles, Aspiranet  Ken McDermott, Children and Family Services  Regina Reed, SELPA  Dr. Steven Graff, Tri-Counties Regional Center  Lori Litel, United Parents</p> <p><b>Others Present</b>  Jerry Harris, BHAB Chair  Marlen Torres, BHAB  Aliya Maki, COEDS  Joelle Vessels, Interface  Carole Shelton, Rainbow Connection  Ariann Bulger, Seneca Crisis Services</p>	<p><b>VCBH Managers/Staff Present</b>  Dina Olivas, Youth &amp; Family Division Sr. Manager  Dr. Lisa Acosta, Y&amp;F Division Medical Director  Hilary Carson, MHSA  Pam Roach, Transformational Liaison  Edith Pham, BHAB Assistant</p> <p><b>NEXT MEETING:</b>  <b>Wednesday, May 9, 2018, 10:00 a.m. – 12:00 pm</b></p> <p>Ventura County Behavioral Health  1911 Williams Drive, Training Room (first floor), Oxnard</p>
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Note: The committee has not yet approved these minutes. There may be additions/deletions or corrections before the minutes are accepted in final form.

	DISCUSSION/CONCLUSIONS	RECOMMENDATIONS/ ACTIONS	RESPONSIBLE
I.	<b>Call to Order</b> Chair Nielsen called the meeting to order at 10:05 a.m.		
II.	<b>Approval of the Agenda</b> Ms. Nielsen asked the Committee to review and approve today's agenda. Regina Reed moved to approve, Margaret Cortese seconded. The motion passed unanimously.	The agenda was approved as written. <b>M/S/C</b>	
III.	<b>Approval of the Minutes</b> Ms. Nielsen asked the committee to review and approve the minutes of the March 14, 2018 meeting. Ms. Cortese moved to approve, Martie Miles seconded. The motion passed unanimously.	The minutes were approved as written. <b>M/S/C</b>	
IV.	<b>Welcome and Introductions</b> Ms. Nielsen welcomed everyone and asked for introductions.		
V.	<b>Chair Announcements</b> None.		
VI.	<b>Public Comments</b> None.		
VII.	<p><b>Presentation: Collaborative Educational Supports (COEDS) – Aliya Maki, Aspiranet COEDS Program Manager</b></p> <p>COEDS provides support services to children who are either at risk of being placed in residential placement or who are returning home from residential placement and whose behavior impacts their school performance. The services are provided as part of an Individualized Education Plan (IEP). COEDS is a versatile program, with three service options. Ongoing parent participation is expected.</p> <p>COEDS does not provide crisis services but provides support in times of crisis. It does not provide services when Therapeutic Behavioral Services (TBS) or wraparound services are in place.</p> <p>Current data shows that: 104 students are enrolled; the largest number of referrals come from Simi Valley, followed by the Oxnard Union High School District; the youngest child is 6 years old, and the oldest is 19; three fourth of enrollees are male students in high school.</p> <p>See attached for details.</p>		

VIII.	<p><b>Ventura County Behavioral Health (VCBH) Youth &amp; Family Division Updates</b></p> <p>A. Dina Olivas</p> <ol style="list-style-type: none"> <li>1. In preparation for the move to managed care, VCBH sent to the state its completed Network Advocacy survey. Ms. Olivas thanked all the VCBH providers for helping with this task. The survey will be required on an ongoing basis.</li> <li>2. The yearly External Quality Review Organization (EQRO) review took place the preceding week. Consumers, providers and staff provided input. The review helps figure out what works and what improvements could be made.</li> <li>3. As part of the Continuum of Care Reform (CCR), the Children's Accelerated Access to Treatment and Services program for foster children has been launched.</li> </ol> <p>B. Dr. Acosta was not in attendance.</p> <p>C. Hilary Carson</p> <ol style="list-style-type: none"> <li>1. During its upcoming General meeting on April 16, the BHAB is scheduled to open a 30-day public comment period regarding the Mental Health Services Act (MHSA) Fiscal Year 2018/19 Update.</li> <li>2. On April 10 the Board of Supervisors voted to forward two MHSA Innovations Projects to the state for its approval.</li> <li>3. The local suicide rate for youth ages 0-24 has jumped from 5, or 5% of total suicides, in 2014 to 13, or 14%, in 2017.</li> <li>4. SB 1004, if passed, would allow the Mental Health Services Oversight and Accountability Commission (MHSOAC) to take control of Prevention and Early Intervention (PEI) funds. Many counties are opposed to this.</li> </ol>	Information	
IX.	<p><b>Committee Members' Comments, Activities, Updates</b></p> <p>A. Martie Miles noted that:</p> <ol style="list-style-type: none"> <li>1. Aliya Maki replaced Detra Young as the COEDS Program Manager.</li> <li>2. Aspiranet changed its logo about eight months ago and now has new signage on its building.</li> <li>3. Aspiranet is recruiting for a Clinical Director. Candidates must be licensed (LMFT, LCSW, Psy.D. or Ph. D.) and must have provided clinical supervisor in the past, with knowledge of foster care, child welfare and community behavioral health.</li> </ol> <p>B. Regina Reed noted that Ventura County Office of Education (VCOE) has almost 30 students in placement, which is a very high number. Most are out of state placements, and most are 16- or 17-year-old foster youth. Ms. Reed also noted that Mary Samples, Assistant Superintendent, Special Education Local Plan Area (SELPA), will retire this summer.</p> <p>C. Ken McDermott noted that through the Continuum of Care Reform (CCR), the Department of Social Services is addressing placement for foster youth. It has developed a short-term residential treatment program for foster youth in California, with the idea of stepping the youth back with family or in the lowest level of care as soon as possible.</p> <p>D. Ariann Bulger gave an update on the Crisis Stabilization Unit (CSU): the program is running at full capacity and has been on diversion more often since Vista del Mar Psychiatric Hospital closed due to the Thomas Fire. Children who need hospitalization now are sent out of county. COMPASS is full. It does have the capacity to expand; however, Seneca prefers to keep the program at two beds as this allows better individual care.</p> <p>E. Joelle Vessels noted that 3/4 of children receiving services through Interface present with child abuse issues. One third of staff is bilingual Spanish. Interface is working with Children and Family Services (CFS) on Home Builders, a preventive program which provides about 40 hours of intensive services over four weeks to children at risk of being removed from home.</p> <p>F. Lori Litel noted that:</p> <ol style="list-style-type: none"> <li>1. the state has about \$200 million for prevention. Some counties are not spending the funds allocated to them, and lawsuits are being filed.</li> <li>2. United Parents is working on parent/caregiver training. It has received close to 200 needs assessment surveys.</li> </ol>	Information	

	3. In June Ms. Litel will co-present at the NAMI California conference on mindful advocacy.		
X.	<b>Items for the Next Meeting Agenda</b> Presentation on Ventura Early Intervention Prevention Services (VIPS).		
XI.	<b>Adjourn</b> The meeting adjourned at 11:30 a.m.		



## **Parent and Community Education Event**

**The Camarillo Council of PTAs will be hosting a screening of “Not Alone”**

*(a film about teen depression and suicide)*

**Monday, May 14 at 6:30 pm at the Camarillo Roxy Theater**

“Suicide is the **SECOND** leading cause of death for ages 10-24.”

This film, *Not Alone*, was created to raise awareness of teen mental illness and to initiate an important discussion about suicide prevention within our community. The film was created by a high school student and features several students who share their personal stories of struggling with depression, anxiety, and self harm. The goal of the film is to help youth and adults recognize signs of depression and mental illness and learn how to Ask Questions, Listen, and Get Help.

We encourage parents, high school and middle school students\*\*, teachers, counselors, and community members to attend this film screening. Following the film, there will be a panel discussion about how to recognize signs of mental illness and depression and how to help someone who is struggling.

Thank you for your support!

**Tickets are \$5 per person.\***

**Seating is limited and tickets must be purchased in advance.**

BUY NOW

*\*price includes a small popcorn*

\*\* this film is recommended for ages 14 and up. Parents should use their judgment when bringing middle school students. Students need to be accompanied by a parent or guardian.

<http://www.camarillopta.org/not-alone-film-screening/>

## Collaborative Educational Services (COEDS)

*(from annual SELPA Social Emotional Continuum Training)*

- ▶ Aliya Maki, Manager, Aspiranet
- ▶ [Amaki@aspiranet.org](mailto:Amaki@aspiranet.org)
- ▶ 805-289-0120



## Overview/Best Practices

- Unique to Ventura County SELPA and Antelope Valley
- Intensive, in-home services to address issues at school
- Support services to prevent Residential Treatment
- Support for family and students returning home from Residential Treatment.
- Provides three options:

## Option 1

**COEDS Option 1** is an intensive, 1:1 short term intervention for **student** supports in the home and/or community in order to meet the goals specified in their IEP and Positive Behavior Intervention Plan (PBIP) or Comprehensive Behavior Intervention Plan (CBIP).

Staff: Behavioral Specialists with a bachelor's degree in a related field.

Review: Monthly to discuss progress on goals

**Recommended length: 120 days**

## Option 2

**COEDS Option 2** is intensive community-based services to mitigate the challenges faced by the **family** barriers to the student's ability to access his/her Special Education program.

Services: Social Work services and Parent-to-Parent Support; Family Support Team meetings, School FSTs, Parent Partner sessions

Reviews: Monthly with school team

Staff: Family Case Manager (Master's level) and Trained Parent Partner.

**Recommended length: 6-8 months**

## Option 3

**COEDS Option 3** is intensive and may be longer term. Option 3 includes community-based services to **students and families**.

Services and Staff: Social Work services (Family Case Manager), Behavior Intervention services (Youth Partner), and Parent-to-Parent Supports (Parent Partner).

On- call support can be added to this option

**Recommended length: 8-12 months**

## When is the COEDS program appropriate?

- Students who have already been receiving Educationally related Social Emotional Services (ERSES) for at least 3 months and need continual support in the home.
- Supporting students who are at risk of residential treatment or who are returning home from residential treatment.
- Supporting student in the least restrictive environment (preventative or maintaining behaviors).

## When is the COEDS program *not* appropriate?

Services should not be used as:

- ▶ Child care or respite
- ▶ Crisis team
- ▶ Ongoing transportation (school, events, etc.)
- ▶ Ongoing implementation of morning routine once parent/caregiver has been taught appropriate strategies
- ▶ Therapy
- ▶ Ongoing assistance for families with needs beyond social/emotional goals

Services are individualized and the COEDS team will always find ways to problem-solve and support areas of need

## Referrals

- Team discusses making the referral at an IEP meeting. COEDS staff should be present at that IEP to give overview of program.
- Referral packet gets completed and sent to Aspiranet. District psychologist or designated person in collaboration with ERSES clinician completes referral.
- An IEP is held within 30 days of submitting the referral to determine level of service. COEDS staff is again present. COEDS should receive signed copy of ISSP from clinician in order to begin services.

## Parent Engagement

- Parents are making the commitment to participate in all levels.
- Parent Involvement is expected in all 3 options of COEDS:
  - **Option 1:**
    - ▶ Daily check-ins with youth partner reviewing interventions, coping strategies, and behaviors observed.
    - ▶ Parents participate in monthly review meetings with Special Education Case Manager and ISBT.
  - **Option 2/3:**
    - ▶ Daily check-ins with youth partner reviewing interventions, coping strategies, and behaviors observed.
    - ▶ Individual meetings at a minimum of 1x a week with a parent partner.
    - ▶ Weekly family meetings facilitated by Family Case Manager and phone check-ins with parent.
  - **After Hour On Call Support- needs to be specifically noted on the IEP in the notes**

## It is time to move on when....

- Transitioning back to School Services (GRADUATION):
  - ▶ When referring Social/Emotional goals are met.
  - ▶ When client and family are utilizing skills on their own to increase safety, school attendance, and positive behaviors.
  - ▶ Continued support provided at school level (ISBT, psychs, counselors)
- Transition back to School Services:
  - ▶ If there is ZERO participation for at least 2 months from client's parents, team should convene an IEP meeting.
- RTC:
  - ▶ Client's safety is at risk. (looks like: ongoing suicide attempts, suicide threats, or increased escalated behaviors)

## Collaborative Educational Services (COEDS)

- ▶ Questions?
- ▶ Aliya Maki, Program Manager II, Aspiranet