

BEHAVIORAL HEALTH ADVISORY BOARD  
**YOUTH & FAMILY COMMITTEE**  
**MINUTES ■ Wednesday, March 14, 2018**

<p><b>Present</b>  Denise Nielsen, Committee Chair  Jerry Harris, BHAB Chair  Margaret Cortese, BHAB  Gane Brooking, BHAB  Josh Lepore, Casa Pacifica  Marika Collins, Casa Pacifica  Heather Davidson, First 5 Ventura County  David Friedlander, Kids &amp; Families Together  Crystal Cummings, Kids &amp; Families Together  Gina Johnson, Probation  Carole Shelton Kenewell, Rainbow Connection  Laurie Jordan, Rainbow Connection  Tyler Baker-Wilkinson, Seneca  Jonathan Porto, Seneca  Dr. Steve Graff, Tri-County Regional Center  Sheri Long, Vista Real Charter High School</p>	<p><b>VCBH Managers/Staff Present</b>  Dina Olivas, Youth &amp; Family Division Sr. Manager  Dr. Lisa Acosta, Y&amp;F Division Medical Director  Hilary Carson, MHSA  Pam Roach, Transformational Liaison  Edith Pham, BHAB Assistant</p> <p><b>NEXT MEETING:</b>  <b>Wednesday, April 11, 2018, 10:00 a.m. – 12:00 pm</b></p> <p>Ventura County Behavioral Health  1911 Williams Drive, Training Room (first floor), Oxnard</p>
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Note: The committee has not yet approved these minutes. There may be additions/deletions or corrections before the minutes are accepted in final form.

	DISCUSSION/CONCLUSIONS	RECOMMENDATIONS/ ACTIONS	RESPONSIBLE
I.	<b>Call to Order</b> Chair Nielsen called the meeting to order at 10:05 a.m.		
II.	<b>Approval of the Agenda</b> Ms. Nielsen asked the Committee to review and approve today's agenda. Dr. Steve Graff moved to approve, Laurie Jordan seconded. The motion passed unanimously.	The agenda was approved as written. <b>M/S/C</b>	
III.	<b>Approval of the Minutes</b> Ms. Nielsen asked the committee to review and approve the minutes of the February 14, 2018 meeting. Dr. Graff moved to approve, Dr. Acosta seconded. The motion passed unanimously.	The minutes were approved as written. <b>M/S/C</b>	
IV.	<b>Welcome and Introductions</b> Ms. Nielsen welcomed everyone and asked for introductions.		
V.	<b>Chair Announcements</b> None.		
VI.	<b>Public Comments</b> None.		
VII.	<b>Committee Membership</b> The committee resumed a discussion on committee membership which had begun at the February meeting. Ms. Nielsen noted that, with the recent revision to the BHAB Bylaws, each committee chair appoints regular participants to become members, who will be able to vote. When members cannot attend a meeting, they can send an agency representative.  Ms. Nielsen appointed the following as members of this committee:  Gane Brooking, BHAB Margaret Cortese, BHAB Martie Miles, Aspiranet Marika Collins, Casa Pacifica Ken McDermott, Children & Family Services Heather Davidson, First 5 Ventura County Crystal Cummings, Kids & Families Together	Appoint members to this committee	D. Nielsen

	<p>Laurie Jordan, Rainbow Connection Regina Reed, SELPA Tyler Baker-Wilkinson, Seneca Dr. Steve Graff, Tri-County Regional Center Lori Litel, United Parents Sheri Long, Vista Real Charter High School</p> <p>Gina Johnson will provide the name of a Probation employee who will attend regularly. Ms. Nielsen agreed to appoint that person as a member.</p>	<p>Provide name of Probation attendee</p>	<p>G. Johnson</p>
<p><b>VIII.</b></p>	<p><b>VCBH Youth &amp; Family Division Update – Dina Olivas</b></p> <p>A. Continuum of Care Reform (CCR) No update.</p> <p>B. Crisis Stabilization Unit (CSU) and Comprehensive Assessment and Stabilization Services (COMPASS) Ms. Olivas deferred this report to Tyler Baker-Wilkinson, Program Director, who reported the following:</p> <ul style="list-style-type: none"> <li>• From inception through the end of February 2018, the CSU has had 586 admissions. Of those, 323 were discharged back to the community, 29 were admitted to COMPASS, and 233 were hospitalized at the Inpatient Unit. The overall diversion rate is 60%.</li> <li>• Recently, the average length of stay has been 19 hours at the CSU and two weeks at COMPASS. This increase is due to the temporary closure of Vista del Mar Psychiatric Hospital in December following the Thomas Fire. The closure of Vista del Mar Hospital is also making it more difficult to locate inpatient beds when needed.</li> <li>• Upon admission, the CSU accepts or breaks the 5585 psychiatric holds, which are written by VCBH clinicians or Crisis Team or by law enforcement.</li> <li>• About 20% of the children/youth who are admitted to the CSU are on a voluntary status.</li> <li>• Seneca accepts children ages 6 to 17 for the CSU, regardless of insurance status. It accepts youth ages 12-17 for COMPASS; they have to have Medi-Cal.</li> </ul> <p>C. Insights Program No update.</p> <p>D. Other</p> <ol style="list-style-type: none"> <li>1. The state is moving to a managed care system. Reimbursement will be based on the services provided/clinical benchmarks that clients reach rather than the minutes of services provided. Each county is responsible for developing its own model. Several participants voiced their concerns regarding this change. Ms. Olivas noted that the counties will have to demonstrate that individuals are getting healthier and there will be consequences if this does not happen. Mr. Harris noted that the BHAB will push for a seamless transition to managed care. As part of this shift, the state has required that each county provide a list of available services. VCBH has been contacting its contract providers to compile a list, which must be completed and sent to the state by the end of the month.</li> <li>2. The External Quality Review Organization (EQRO) will come during the first week of April. It will review the services provided. Providers will be invited to some of the sessions.</li> </ol>		
<p><b>IX.</b></p>	<p><b>Other VCBH Updates</b></p> <p>A. Youth &amp; Family Division Medical Director, Dr. Acosta</p> <ol style="list-style-type: none"> <li>1. VCBH is preparing for the upcoming EQRO visit.</li> <li>2. Two psychiatrists are expected to come on board, one in August and one in October.</li> <li>3. Dr. Acosta has met with Public Health to ensure that the sharing of information on foster youth is done more consistently.</li> </ol>		

	<p>4. Dr. Acosta has been invited to serve on the child death review board, which reviews all pediatric deaths in the county. She is also on the Gold Coast board and helps decide which medications are approved to be on the formulary.</p> <p>5. VCBH is looking into creating a smooth procedure for treating clients with an eating disorder. Currently, there are no local eating disorder programs, whether intensive or residential, that take Medi-Cal.</p> <p>B. MHSA Update – Hilary Carson</p> <p>1. Two Innovation projects are open for public comments: Suicide Prevention – Bartenders As Gatekeepers, and Push Technology to provide support to youth and adults being discharged from psychiatric hospitals. Both projects and Public Comment cards are posted on the MHSA website. Ms. Carson encouraged all to return their comments before March 26.</p> <p>2. The MHSA Division is drafting an annual report of all MHSA-funded services. The report will be posted for a 30-day review. It is also working on a county-wide needs assessment, which has not been done since 2009. Community input will be collected through a survey and through various focus groups that will meet throughout the county; more information will be provided when available.</p>		
<p><b>X.</b></p>	<p><b>Committee Members’ and Participants’ Comments, Activities, Updates</b></p> <p>A. Parent Workgroup – Lori Litel, United Parents Ms. Litel was not in attendance.</p> <p>B. Dr. Graff noted that on April 19 an autism conference will take place at the Ventura County Office of Education. He will forward information to the BHAB Assistant for dissemination.</p> <p>C. Marika Collins noted that Casa Pacifica has submitted its Short-Term Residential Therapeutic Program (STRTP) license application for a co-occurring program that Josh Lepore will oversee.</p> <p>D. Gina Johnson noted that Probation is faced with a lack of local residential treatment for youth with substance abuse disorders. She is hopeful that Casa Pacifica will accept such youth who are on probation. Ms. Johnson also noted that Probation has contracted with Phoenix House in Lake View Terrace for youth who have a substance abuse disorder.</p> <p>E. Heather Davidson noted that funding to First 5 Ventura County is being cut drastically.</p>	<p>Send information to BHAB Assistant</p>	<p>Dr. Graff</p>
<p><b>XI.</b></p>	<p><b>Items for the Next Meeting Agenda</b> Contact Ventura Early Intervention Prevention Services (VIPS) and invite them to present.</p>	<p>Invite VIPS to present</p>	<p>E. Pham</p>
<p><b>XII.</b></p>	<p><b>Adjourn</b> The meeting adjourned at 11:20 a.m.</p>		