

BEHAVIORAL HEALTH ADVISORY BOARD
YOUTH & FAMILY COMMITTEE
MINUTES ▪ Wednesday, October 11, 2017

<p>Present Denise Nielsen, Committee Chair Gane Brooking, BHAB Jerry Harris, BHAB Chair Martie Miles, Aspiranet Ken McDermott, CFS Laura Gutierrez Woolridge, Interface Karina Garcia, Kids & Families Together Laurie Jordan, Rainbow Connection Regina Reed, SELPA Lori Litel, United Parents</p>	<p>VCBH Managers/Staff Present Pete Pringle, Youth & Family Division Manager Dr. Deborah Thurber, Y&F Division Medical Director Dina Olivas Youth & Family Division Manager Hilary Carson, MHSA Manager Pam Roach, Transformational Liaison Edith Pham, BHAB Assistant</p> <p>NEXT MEETING: Wednesday, November 8, 2017, 10:00 a.m. – 12:00 pm</p> <p>Ventura County Behavioral Health 1911 Williams Drive, Training Room (first floor), Oxnard</p>
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Note: The committee has not yet approved these minutes. There may be additions/deletions or corrections before the minutes are accepted in final form.

	DISCUSSION/CONCLUSIONS	RECOMMENDATIONS/ ACTIONS	RESPONSIBLE
I.	Call to Order Chair Nielsen called the meeting to order at 10:05 a.m.		
II.	Approval of the Agenda Ms. Nielsen asked the Committee to review and approve today's agenda. Laura Gutierrez Woolridge moved to approve, Pam Roach seconded. The motion passed unanimously.	The agenda was approved as written. M/S/C	
III.	Approval of the Minutes Ms. Nielsen asked the committee to review and approve the minutes of the September 13, 2017 meeting. Gane Brooking moved to approve, Regina Reed seconded. The motion passed unanimously.	The minutes were approved as written. M/S/C	
IV.	Welcome and Introductions Ms. Nielsen welcomed everyone and asked for introductions.		
V.	Chair Announcements Ms. Nielsen noted that the BHAB regularly has openings on its board. She encouraged all to consider serving on the board.		
VI.	Public Comments None.		
VII.	Discussion: Strategies to Achieve the Committee's Objectives The 2017-18 Objectives were reviewed. The following ideas were proposed and discussed: 1. Continuum of Crisis Stabilization Options Receive regular updates on the Crisis Stabilization Unit (CSU). 2. Continuum of Care Reform (CCR) Pete Pringle and Dina Olivas proposed reporting on CCR regularly. This could be listed on the agenda. 3. Community and Parent Outreach <ul style="list-style-type: none"> • Hold one or two meetings per year in the community, possibly at a church or school. Ms. Reed volunteered to contact the Assistant Superintendent about this as schools now have a focus on outreach. • Receive regular updates on the foster care system. Ken McDermott reviewed the steps that the Human Services Agency (HSA) has been taking 	Contact Assistant Superintendent	R. Reed

	<p>to recruit foster parents and noted that HSA tries to place children with relatives first. He noted that the disproportion of Hispanic children in the foster care system is seen throughout the state. Statewide data can be viewed on the California Child Welfare Indicators Project (CCWIP), a collaboration between UC Berkeley and the California Department of Social Services, at http://cssr.berkeley.edu/ucb_childwelfare</p> <ul style="list-style-type: none"> • Future meetings should include presentations on the agencies currently participating in the committee meetings. 		
VIII.	<p>New Business</p> <p>A. Meeting schedule – December Ms. Nielsen proposed to go dark in December, as has been done in previous years. Pam Roach moved to approve, Laurie Jordan seconded. The motion passed unanimously.</p>	Go dark in December M/S/C	
IX.	<p>Old Business</p> <p>A. Committee Annual Report Fiscal Year 2016-17 The committee reviewed Draft 4 of the committee's 2016-17 Annual Report. No changes were proposed. Pam Roach moved to approve as submitted, Martie Miles seconded. The motion passed unanimously.</p>	Approve Annual Report as submitted M/S/C	
X.	<p>Committee Participants Updates</p> <p>A. Parent workgroup – Lori Litel</p> <ol style="list-style-type: none"> 1. United Parents is using a portion of a state grant to survey parents and caregivers on the services that their children receive and on gaps in services. The main concern seems to be how to keep children safe when away from parents or caregivers. 2. United Parents is organizing an all-day event on November 29th at the Church for the Nations in Oxnard. The focus will be on parent participation. Representatives from the state are expected to attend. This event will be followed on November 30th by an event for professionals. It will be held from 9:00 a.m. to 2:00 p.m. at Casa Pacifica. Ms. Litel encouraged all to continue sharing the survey, as it will shape the focus of these events. So far, 150 surveys from this county have been turned in. 3. A Parent Partner training will take place on October 25, 26 and 27. The cost has been reduced to \$150. <p>B. MHSA Update – Hilary Carson</p> <ol style="list-style-type: none"> 1. The Preventing Suicide/Help & Hope conference was held on September 20th at Oxnard College. Many parents attended. Plans are already being made for next year's conference. 2. The MHSA Planning Committee will meet on October 17th to review the Innovations ideas that have been proposed. 3. VCBH will provide an LGBTQ training for clinicians and Rainbow Umbrella staff. In about a month Rainbow Umbrella will start providing a scaled-down version of the training to schools and other agencies. <p>C. VCBH update – Pete Pringle</p> <ol style="list-style-type: none"> 1. VCBH is continuing to discuss the feasibility of piggy-backing on the 211 service to provide information to the public about mental health services. 2. Since opening ten months ago, the Crisis Stabilization Unit (CSU) has had 328 admissions. Of those, 229 were covered by Medi-Cal, 99 were private insurance; 186 were discharged back home, for a 57% diversion rate. 3. VCBH recently gave a routine presentation to the Grand Jury; this went well. The Grand Jury was pleased to know that since the opening of the CSU and COMPASS, fewer children are hospitalized, and fewer are sent out of county for treatment. 4. Mental Health First Aid (MHFA) and MHFA For Kids training classes can be scheduled in the community. 5. Insight has replaced Solutions Court. It opened two months ago. It has enrolled ten or 11 children, who need a lot of case management. This 	Information	

	<p>program requires excellent collaboration between various agencies through wraparound plans to reduce hospitalization and incarceration.</p> <p>6. Thirteen clinical staff attended a 32-hour train-the-trainer training regarding LGBTQ. These staff will be able to provide six-hour trainings to VCBH staff and agency partners.</p> <p>D. VCBH Youth & Family Division Medical Director's update – Dr. Thurber</p> <ol style="list-style-type: none"> 1. The Division is recruiting for 1.5 Full Time Equivalent (FTE) psychiatrist. 2. VCBH worked with HSA to map the process from prescribing psychotropic medications to foster children all the way through the delivery of these medications. HSA will look to streamline the process. Public Health has agreed to have some of its nurses help out with paperwork for out-of-county foster children who are placed in Ventura county. 3. Later this month, Dr. Thurber will present on the Ventura County crisis continuum of care at the annual meeting of the American Academy of Child Psychiatry in Washington, D.C. 		
XI.	<p>Committee Members' and Participants' Comments, Activities, Updates</p> <p>A. Jerry Harris would like to see an increase in services in the East County. Dina Olivas noted that the Simi Valley Youth & Family Clinic is the second largest in the county. Mr. Harris noted that at the upcoming BHAB General Meeting, he will ask BHAB members to consider facilities they would like to visit. The committee proposed to have the BHAB conduct site visits at Aspiranet, United Parents, and Kids & Families Together.</p> <p>B. Laura Gutierrez Woolridge noted that Interface is expanding its offices in Oxnard.</p> <p>C. Karina Garcia announced that Kids & Families Together will hold a ribbon cutting ceremony on Thursday, November 9th from 4:00 to 5:30 p.m. at 864 E. Santa Clara Street, Ventura.</p>		
XII.	<p>Items for the Next Meeting Agenda</p> <p>Possible presentation on Alcohol and Drug Program (ADP) services to children and youth.</p>	Contact ADP	P. Pringle, E. Pham
XIII.	<p>Adjourn</p> <p>The meeting adjourned at 11:30 a.m.</p>		

**BEHAVIORAL HEALTH ADVISORY BOARD
YOUTH & FAMILY COMMITTEE
2016-2017 Annual Report
Submitted by Denise Nielsen, Chair**

Youth & Family Committee members and participants:

Members:

Denise Nielsen	Chair; BHAB Member	Karyn Bates	BHAB Member
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Participants:

Martie Miles	Aspiranet	Laurie Jordan	Rainbow Connection
Marika Collins	Casa Pacifica	Regina Reed	SELPA
Kimberly Bennett	Casa Pacifica	Sheri Long	Vista Real Charter HS
Lisa Connolly	HSA/CFS	Lori Litel	United Parents
Ken McDermott	HSA/CFS	Pete Pringle	VCBH
Laura Gutierrez Woolridge	Interface	Dr. Deborah Thurber	VCBH
David Friedlander	Kids & Families Together	Pam Roach	VCBH
Crystal Cummings	Kids & Families Together	Kiran Sahota	VCBH
Daisy Polido	New Dawn	Hilary Carson	VCBH
Karin Lucero Martinez	New Dawn	Edith Pham	VCBH

MISSION

The BHAB Youth & Family Committee advocates for the continuum of care and development in the delivery of services for youth and their families, believing that addressing the unique needs of minors and their caregivers is essential to the health of the community.

OBJECTIVES 2016-17

- 1. Continuum of Crisis Stabilization Options**
 - a. Monitor the Crisis Stabilization Unit. Identify remaining gaps in the continuum of crisis services.
 - b. The Committee will receive ongoing updates from the Suicide Prevention workgroup.

- 2. Continuum of Care Reform**

Follow and evaluate the implementation of the Continuum of Care Reform (CCR). Identify further needs or gaps in services to children in foster care.

- 3. Community and Parent Outreach**
 - a. Advocate for the participation of one or more Committee members on the Community Leadership Committee (CLC).
 - b. Engage community agencies to schedule presentations regarding the role and activities of this Committee.
 - c. Recruit community members to serve on the Committee, and inform families about mental health services available.
 - d. Create innovative strategies to increase parent participation in this Committee.

- e. Raise awareness of alcohol and drug use information. Actively disseminate alcohol and drug use prevention information to the community partners, including community-based organizations (CBOs), law enforcement, and school districts.
- f. Maintain the availability of relevant materials on the Ventura County Behavioral Health's [wellnesseveryday.com/saludsiempre](http://www.wellnesseveryday.com) website.
- g. Continue to update and oversee the compilation of the family resource packets for distribution.

INTRODUCTION

The BHAB Youth & Family Committee meets on the second Wednesday of the month from 10:00 to noon at the Ventura County Behavioral Health Administration building in Oxnard. Attendance and participation are open to the families of youth receiving mental health services from Ventura County Behavioral Health, service providers, Behavioral Health Advisory Board (BHAB) members, and anyone with an interest in the children and youth residing in Ventura County. The Youth and Family Committee is responsible to look into the needs, programs and services for children and youth, and to report on these matters to the BHAB.

ACHIEVEMENTS

1. Provided current information related to children and youth.
2. Advocated for the opening of the Children's Crisis Stabilization Unit (CSU).
3. Maintained collaborative relationships with community agencies.
4. Updated the safety plan and distributed in the community.

2016-17 PRESENTATIONS

July 2016

Presenter: Susan Kelly, Ventura County Behavioral Health, Youth & Family Division Manager
Topic: Continuum of Care Reform (CCR)

August 2016

Presenter: Ellen Mastright, Human Services Agency, Children & Family Services Manager
Topic: Continuum of Care Reform (CCR)

September 2016

Presenter: Kiran Sahota, MHSA Manager, and Pete Pringle, VCBH Youth & Family Division Chief
Topic: Overview of the CCR Innovation Proposal

October 2016

Presenter: Angelina McCormick-Soll, Human Services Agency
Topic: Foster VC Kids

January 2017

Presenter: Julie Glantz, VCBH Adult Services Division, STAR/Crisis/RISE Manager
Topic: Crisis Team

February 2017

Presenter: Sheri Long, Community Liaison, Learn4Life Concept Charter Schools
Topic: Vista Real Public Charter High School

March 2017

Presenter: Tyler Baker-Wilkinson, Assistant Director, Ventura Crisis Stabilization Unit

Topic: Children's Crisis Stabilization Unit.

May 2017

Presenter: Felicia Skaggs, VCBH Adult Services Division, RISE Clinic Administrator

Topic: Rapid Integrated Support and Engagement (RISE)

June 2017

Presenter: Dr. Steven Graff, Director of Clinical Services, Tri-Counties Regional Center

Topic: Tri-Counties Regional Center

CHALLENGES

1. Identify ways to disseminate information to parents.
2. Services for children who do not have an Individualized Education Plan (IEP) and are showing signs of mental health stress.
3. Services for children who are covered by private insurance.
4. Committee meeting time is a challenge to get parents' involvement.

OPPORTUNITIES

1. Utilize new technology, such as creating an app to link parents, children and professionals to relevant information.
2. Hold one or two committee meetings in the community at different times of day.
3. Survey parents to find out their level of knowledge of available services.
4. Advertise upcoming committee presentations to the parents.

RECOMMENDATIONS

1. Hold one or two meetings a year in the community.
2. Approach community organizations and request to present at their meetings.

2017-18 OBJECTIVES

1. **Continuum of Crisis Stabilization Options**
 - a. Monitor the Crisis Stabilization Unit. Identify remaining gaps in the continuum of crisis services.
 - b. The Committee will receive ongoing updates from the Suicide Prevention workgroup.
2. **Continuum of Care Reform**

Follow and evaluate the implementation of the Continuum of Care Reform (CCR). Identify further needs or gaps in services to children in foster care.
3. **Community and Parent Outreach**
 - a. Engage community agencies to schedule presentations regarding the role and activities of this Committee.

- b. Recruit community members to serve on the Committee, and inform families about mental health services available.
- c. Create innovative strategies to increase parent participation in this Committee.
- d. Raise awareness of alcohol and drug use information. Actively disseminate alcohol and drug use prevention information to the community partners, including community-based organizations (CBOs), law enforcement, and school districts.
- e. Maintain the availability of relevant materials on the Ventura County Behavioral Health's wellnesseveryday/saludsiempre website.
- f. Continue to oversee the development of the family resource app.

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