

BEHAVIORAL HEALTH ADVISORY BOARD

YOUTH & FAMILY COMMITTEE

MINUTES ▪ Wednesday, September 13, 2017

<p><b>Present</b>                  Denise Nielsen, Committee Chair                  Jerry Harris, BHAB Chair                  Gane Brooking, BHAB                  Martie Miles, Aspiranet                  Ken McDermott, HSA                  Laura Gutierrez Woolridge, Interface                  Crystal Cummings, Kids &amp; Families Together                  Daisy Polido, New Dawn                  Laurie Jordan, Rainbow Connection                  Regina Reed, SELPA                  Lori Litel, United Parents</p>	<p><b>VCBH Managers/Staff Present</b>                  Pete Pringle, Youth &amp; Family Division Manager                  Dr. Deborah Thurber, Y&amp;F Division Medical Director                  Hilary Carson, MHSA                  Pam Roach, Transformational Liaison                  Edith Pham, BHAB Assistant</p> <p><b>NEXT MEETING:</b>  <b>Wednesday, October 11, 2017, 10:00 a.m. – 12:00 pm</b></p> <p>Ventura County Behavioral Health                  1911 Williams Drive, Training Room (first floor), Oxnard</p>
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Note: The committee has not yet approved these minutes. There may be additions/deletions or corrections before the minutes are accepted in final form.

	DISCUSSION/CONCLUSIONS	RECOMMENDATIONS/ ACTIONS	RESPONSIBLE
I.	<b>Call to Order</b> Chair Nielsen called the meeting to order at 10:05 a.m.		
II.	<b>Approval of the Agenda</b> Ms. Nielsen asked the Committee to review and approve today's agenda. Pam Roach moved to approve, Laurie Jordan seconded. The motion passed unanimously.	The agenda was approved as written. <b>M/S/C</b>	
III.	<b>Approval of the Minutes</b> Ms. Nielsen asked the committee to review and approve the minutes of the June 14, 2017 meeting. Laurie Jordan moved to approve, Pam Roach seconded. The motion passed unanimously.	The minutes were approved as written. <b>M/S/C</b>	
IV.	<b>Welcome and Introductions</b> Ms. Nielsen welcomed everyone and asked for introductions.		
V.	<b>Chair Announcements</b> September is Suicide Prevention Month. The Out of the Darkness Community Walk will take place on September 16 at Constitution Park in Camarillo.		
VI.	<b>Public Comments</b> None.		
VII.	<b>Committee Annual Report Fiscal Year 2016-17 - Discussion</b> The committee reviewed and discussed draft 3 of its Annual Report. Changes were proposed and tentatively agreed upon:  A. Achievements 1. Provided current information related to children. 2. Advocated for the opening of the Children's Crisis Stabilization Unit (CSU). 3. Maintained collaborative relationships with community agencies. 4. Updated the safety plan and distributed in the community.  B. Challenges 1. Identify ways to disseminate information to parents. 2. Services for children who do not have an Individualized Education Plan (IEP) and are showing signs of mental health stress. 3. Services for children who are covered by private insurance. 4. Committee meeting time is a challenge to get parents' involvement.  C. Opportunities 1. Utilize new technology, such as creating an app to link parents, children		

	<p>and professionals to relevant information.</p> <ol style="list-style-type: none"> <li>Hold some committee meetings in the community at different times of day.</li> <li>Survey parents to find out their level of knowledge of available services.</li> <li>Advertise upcoming committee presentations to the parents.</li> </ol> <p>D. Recommendations</p> <ol style="list-style-type: none"> <li>Hold one or two meetings a year in the community.</li> <li>Approach community organizations and request to present at their meetings.</li> </ol> <p>E. 2017-18 Objectives</p> <p>Carry over the 2016-17 objectives. Delete # 3.a as the Community Leadership Committee (CLC) no longer exists. Change 3.g. to "Continue to oversee the development of the family resource app.</p> <p>The above changes will be made, and draft 4 of the committee's Annual Report will be emailed prior to the next meeting. Members and participants will be asked to bring their feedback to the next meeting so that the report can be finalized.</p>	<p>email draft 4</p> <p>Bring feedback to October meeting</p>	<p>E. Pham</p> <p>All</p>
<p>VIII.</p>	<p><b>Committee Participants Updates</b></p> <p>A. Parent workgroup – Lori Litel</p> <ol style="list-style-type: none"> <li>United Parents is using part of a multi-million dollar grant from the Mental Health Services Oversight and Accountability Commission (MHSOAC) to create a survey for parents and caregivers. Ms. Litel asked committee members and participants to distribute it to the parents they serve. The results of the survey will help plan for a two-day regional event for parents and caregivers on November 29<sup>th</sup>, and for agencies/professionals on the 30<sup>th</sup>. This event will focus mostly on mental health.</li> <li>United Parents will conduct a Parent Partner Curriculum training in October/ November.</li> <li>Two parent partners are helping at the Crisis Stabilization Unit (CSU). Their role has evolved. They are now part of the Rapid Integrated Support and Engagement (RISE) Team, which calls on the parent partners when appropriate. Another parent partner will be hired to work with Insight, a collaborative program between Probation and VCBH.</li> <li>Parent partners seem to spend a lot of time with children when the Crisis Team is not available to go out in the field.</li> </ol> <p>B. MHSA Update – Hilary Carson</p> <ol style="list-style-type: none"> <li>Reflecting a nationwide trend, the number of completed suicides among Ventura county children has increased this year, especially in Simi Valley, Moorpark and the Conejo Valley.</li> <li>Per regulations, a local review planning process (with an evaluation committee and a planning committee) has reviewed gaps in services. An evaluation committee is reviewing all VCBH programs to assess their value.</li> </ol> <p>C. VCBH update – Pete Pringle</p> <ol style="list-style-type: none"> <li>The new juvenile mental health court is called Insight. It is a collaborative program between Probation, VCBH, Public Health, Public Defender, the court and other agencies. It replaces Solutions Court. It serves 30 youth with significant mental health needs. Services are provided at the youth's home clinics. Referrals can be made by anyone involved with the youth.</li> <li>The CSU, which has four beds, admits one or two children per day. It has had 300+ admissions since opening in December 2016, and it has a diversion rate of 60%. About 30% of the children have private insurance.</li> <li>The co-located Comprehensive Assessment and Stabilization Services (COMPASS), which has two beds, is at capacity. Length of stay averages 18 days. To reduce out-of-county placements, VCBH and Vista del Mar are collaborating when hospitalization is needed. However, Vista del Mar</li> </ol>	<p>Distribute survey to Committee and to parents</p>	<p>E Pham, participants</p>

	<p>cannot take in children ages 12 and under.</p> <ol style="list-style-type: none"> <li>4. Continuum of Care Reform (CCR): the biggest challenge is finding therapeutic foster homes where the caregivers provide care to high-acuity children. Current group homes have two years to transition to short-term therapeutic foster care; VCBH is helping the smaller group homes with the transition. Some group homes will transition to after-care for young adults (non-minor dependents). Since July 1<sup>st</sup>, host counties are responsible for providing mental health services to out-of-county foster children.</li> <li>5. VCBH and Tri-County Regional Center (TCRC) are working on a Memorandum of Understanding to help refer from one agency to the other.</li> <li>6. Mr. Pringle has met with Interface, which operates the 211 phone referral service. They are interested in having VCBH piggy-back on 211 for text capability.</li> <li>7. NAMI California has honored Elaine Crandall with its 2017 Outstanding Mental Health Director Award. Patrick Zarate has received the David Fainer Award.</li> <li>8. Dina Olivas, who oversees CCR, has been promoted to Senior Behavioral Health Manager for the Youth &amp; Family Division.</li> </ol> <p>D. VCBH Youth &amp; Family Division Medical Director's update – Dr. Thurber</p> <ol style="list-style-type: none"> <li>1. VCBH is recruiting psychiatrists.</li> <li>2. It can be challenging for the psychiatrists who treat out-of-county children to get the information they need in order to provide services.</li> <li>3. At the national level, there is a lot of interest in VCBH programs for children.</li> </ol>		
IX.	<p><b>Committee Members' and Participants' Comments, Activities, Updates</b></p> <ol style="list-style-type: none"> <li>A. Regina Reed noted that the next Agency 101 event will be held on January 24, 2018; over 100 agencies will participate. All schools have developed their own policies on dealing with suicide and suicide prevention.</li> <li>B. Jerry Harris would like to increase communication between the BHAB General Board and the various committees, and between the committees when they work on similar issues.</li> <li>C. Ken McDermott noted that the Human Services Agency has been working to help foster youth create a permanent connection with the significant people in their lives and to try to clear the path for permanent plans for these youth. Of the 860 children currently in foster care in Ventura county, 30% to 40% do not have a permanent plan.</li> </ol>		
X.	<p><b>Items for the Next Meeting Agenda</b> The committee would like to hear about the continuum of crisis services.</p>	Invite manager	E. Pham
XI.	<p><b>Adjourn</b> The meeting adjourned at noon.</p>		

**BEHAVIORAL HEALTH ADVISORY BOARD  
YOUTH & FAMILY COMMITTEE  
2016-2017 Annual Report  
Submitted by Denise Nielsen, Chair**

**Youth & Family Committee members and participants:**

**Members:**

Denise Nielsen	Chair; BHAB Member	Karyn Bates	BHAB Member
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**Participants:**

Martie Miles	Aspiranet	Laurie Jordan	Rainbow Connection
Marika Collins	Casa Pacifica	Regina Reed	SELPA
Kimberly Bennett	Casa Pacifica	Sheri Long	Vista Real Charter HS
Lisa Connolly	HSA/CFS 1	Lori Litel	United Parents
Ken McDermott	HSA/CFS	Pete Pringle	VCBH
Laura Gutierrez Woolridge	Interface	Dr. Deborah Thurber	VCBH
David Friedlander	Kids & Families Together	Pam Roach	VCBH
Crystal Cummings	Kids & Families Together	Kiran Sahota	VCBH
Daisy Polido	New Dawn	Hilary Carson	VCBH
Karin Lucero Martinez	New Dawn	Edith Pham	VCBH

**MISSION**

The BHAB Youth & Family Committee advocates for the continuum of care and development in the delivery of services for youth and their families, believing that addressing the unique needs of minors and their caregivers is essential to the health of the community.

**OBJECTIVES 2016-17**

- 1. Continuum of Crisis Stabilization Options**
  - a. Monitor the Crisis Stabilization Unit. Identify remaining gaps in the continuum of crisis services.
  - b. The Committee will receive ongoing updates from the Suicide Prevention workgroup.
  
- 2. Continuum of Care Reform**

Follow and evaluate the implementation of the Continuum of Care Reform (CCR). Identify further needs or gaps in services to children in foster care.
  
- 3. Community and Parent Outreach**
  - a. Advocate for the participation of one or more Committee members on the Community Leadership Committee (CLC).
  - b. Engage community agencies to schedule presentations regarding the role and activities of this Committee.
  - c. Recruit community members to serve on the Committee, and inform families about mental health services available.
  - d. Create innovative strategies to increase parent participation in this Committee.

- e. Raise awareness of alcohol and drug use information. Actively disseminate alcohol and drug use prevention information to the community partners, including community-based organizations (CBOs), law enforcement, and school districts.
- f. Maintain the availability of relevant materials on the Ventura County Behavioral Health's wellnesseveryday/saludsiempre website.
- g. Continue to update and oversee the compilation of the family resource packets for distribution.

## **INTRODUCTION**

The BHAB Youth & Family Committee meets on the second Wednesday of the month from 10:00 to noon at the Ventura County Behavioral Health Administration building in Oxnard. Attendance and participation are open to the families of youth receiving mental health services from Ventura County Behavioral Health, service providers, Behavioral Health Advisory Board (BHAB) members, and anyone with an interest in the children and youth residing in Ventura County. The Youth and Family Committee is responsible to look into the needs, programs and services for children and youth, and to report on these matters to the BHAB.

## **ACHIEVEMENTS**

*(May include issues upon which the committee support an action taken by VCBH or a VCBH program, motions passed by the committee and forwarded to the BHAB, recommendations to VCBH, etc.)*

## **2016-17 PRESENTATIONS**

### **July 2016**

**Presenter:** Susan Kelly, Ventura County Behavioral Health, Youth & Family Division Manager  
**Topic:** Continuum of Care Reform (CCR)

### **August 2016**

**Presenter:** Ellen Mastright, Human Services Agency, Children & Family Services Manager  
**Topic:** Continuum of Care Reform (CCR)

### **September 2016**

**Presenter:** Kiran Sahota, MHSA Manager, and Pete Pringle, VCBH Youth & Family Division Chief  
**Topic:** Overview of the CCR Innovation Proposal

### **October 2016**

**Presenter:** Angelina McCormick-Soll, Human Services Agency  
**Topic:** Foster VC Kids

### **January 2017**

**Presenter:** Julie Glantz, VCBH Adult Services Division, STAR/Crisis/RISE Manager  
**Topic:** Crisis Team

### **February 2017**

**Presenter:** Sheri Long, Community Liaison, Learn4Life Concept Charter Schools  
**Topic:** Vista Real Public Charter High School

**March 2017**

**Presenter:** Tyler Baker-Wilkinson, Assistant Director, Ventura Crisis Stabilization Unit

**Topic:** Children’s Crisis Stabilization Unit.

**May 2017**

**Presenter:** Felicia Skaggs, VCBH Adult Services Division, RISE Clinic Administrator

**Topic:** Rapid Integrated Support and Engagement (RISE)

**June 2017**

**Presenter:** Dr. Steven Graff, Director of Clinical Services, Tri-Counties Regional Center

**Topic:** Tri-Counties Regional Center

**CHALLENGES**

*(identify significant challenges facing the youth [unmet needs, etc.] or the committee itself.)*

**OPPORTUNITIES**

*(given the challenges, what opportunities can be identified to address problem areas, increase service, or benefit the youth?)*

**RECOMMENDATIONS**

**2017-18 OBJECTIVES**