

BEHAVIORAL HEALTH ADVISORY BOARD
YOUTH & FAMILY COMMITTEE
MINUTES ▪ Wednesday, September 11, 2019

Members Present

Denise Nielsen, Committee Chair
 Jamie Banker, BHAB
 Gina Petrus, BHAB
 Martie Miles, Aspiranet
 Marika Collins, Casa Pacifica
 Joelle Vessels, Interface
 Scott Abeson, Probation
 Carol Shelton, Rainbow Connection
 Yanka Ricklefts, SELPA
 Dr. Steven Graff, Tri-Counties Regional Center
 Lori Litel, United Parents
 Danielle Shaw, M.D.
 Crystal Cummings

Others Present

Mary Haffner, BHAB
 Mayra Tamayo, Interface
 Juliana Cervantez, Interface
 Ralph Reyes, Interface
 Jenny Claros, Gold Coast Health Plan
 Danny Baskst, Gold Coast Health Plan
 Scott Walker, Crisis Intervention Team
 Jonathan P., Seneca

Ventura County Behavioral Health (VCBH) Managers/Staff Present

Dina Olivas, Youth & Family Division Interim Chief
 Hilary Carson, MHSA Innovation
 Cheryl Fox, Manager
 Edith Pham, BHAB Assistant

NEXT MEETING:

Wednesday, October 9, 2019, 10:00 a.m. – 12:00 pm

Ventura County Behavioral Health (VCBH)
 1911 Williams Drive, Lake Tahoe Room (second floor), Oxnard

Note: The committee has not yet approved these minutes. There may be additions/deletions or corrections before the minutes are accepted in final form.

	DISCUSSION/CONCLUSIONS	RECOMMENDATIONS/ ACTIONS	RESPONSIBLE
I.	Call to Order Chair Nielsen called the meeting to order at 10:10 a.m.		
II.	Approval of the Agenda Ms. Nielsen asked the Committee to review and approve today's agenda. Gina Petrus moved to approve, Dr. Shaw seconded. The motion carried unanimously.	Agenda approved as written. M/S/C	
III.	Approval of the Minutes Ms. Nielsen asked the committee to review and approve the minutes of the June 2019 meetings. Ms. Petrus moved to approve, Dr. Shaw seconded. The motion carried unanimously. Ms. Nielsen asked the committee to review and approve the minutes of the August 2019 meetings. Ms. Petrus moved to approve, Jamie Banker seconded. Dr. Shaw noted that item VII.7 should read "Dr Shaw will provide a training..." rather than "provided." Dina Olivas noted that item VIII.A.1 should read "VCBH is working with Dr. Barbara Stroud..." Carol Shelton noted that her statement under item IX. should read "Rainbow Connections now has an office in Thousand Oaks, which has office hours on the first Monday of the month from Sept-June from 9:00 a.m. to noon. The Oxnard and Simi offices are open on some Saturdays." The motion to approve as amended carried unanimously.	June minutes approved as written. M/S/C August minutes approved as amended. M/S/C	
IV.	Welcome and Introductions Ms. Nielsen welcomed everyone and asked for introductions.		
V.	Chair Announcements Ms. Nielsen noted that Crystal Cummings has retired from Kids & Families Together and is now participating as a community member.		
VI.	Public Comments None.		

VII.	<p>Presentation: Youth Homeless Shelter – Ralph Reyes, Director, and Mayra Tamayo, Manager, Interface Housing Support Services</p> <p>Mr. Reyes and Ms. Tamayo presented on Interface Children and Family Services’ Housing Support Services, which include street outreach and a runaway homeless youth shelter. See attached for details.</p>		
VIII.	<p>New Business: Annual Report Preparation</p> <p>A. Finalize Achievements and Challenges</p> <p>The committee reviewed the information listed in the minutes of the August meeting. The following achievements were added:</p> <ol style="list-style-type: none"> 1. Support was provided to the community following the Borderline shooting and Woolsey Fire. 2. Ongoing collaboration between various agencies and VCBH continues to improve the services available. 3. The committee was instrumental in the development of an eating disorders program within the VCBH Youth & Family clinics. 4. The continuum of crisis care has been strengthened. <p>The following challenge was added:</p> <ol style="list-style-type: none"> 1. Lack of communication with the local private psychiatric hospital and with out-of-county hospitals. <p>B. Draft Opportunities and Recommendations</p> <p>The following opportunities were identified:</p> <ol style="list-style-type: none"> 1. Funding will become available during the next couple of years to implement new Mental Health Services Act (MHSA) Innovations projects. 2. A psychiatrist working with VCBH has moved and is now working at Vista del Mar Psychiatric Hospital in Ventura. It is anticipated that this move will help strengthen the communication between psychiatrists and clinicians in various settings. <p>The following recommendations were identified:</p> <ol style="list-style-type: none"> 1. Continue to work toward developing an Innovation project that focuses on children ages 0-5. 2. Design an Innovation project focusing on identifying the early signs of possible mental illness in its early stages. 3. Consider implementing a tool for threat assessment on school campus that is applicable to students and adults alike and standardized across school campuses and law enforcement agencies. <p>Lori Litel gave a shout-out to Hilary Carson for her outstanding work on the Innovation project called Conocimiento. The Mental Health Services Oversight and Accountability Commission (MHSOAC) was very receptive when it was presented to them, and the commission quickly gave its approval.</p>		
IX.	<p>Ventura County Behavioral Health (VCBH) Youth & Family Division Updates</p> <p>A. Youth & Family Division – Dina Olivas</p> <p>Ms. Olivas noted that:</p> <ol style="list-style-type: none"> 1. she is currently the Interim Chief of the Youth & Family Division. Pete Pringle is now the Special Projects Division Chief; 2. the Suicide Prevention Conference will take place on September 13 at Moorpark College. <p>Cheryl Fox noted that:</p> <ol style="list-style-type: none"> 1. an upcoming Educationally Related Social Emotional Services (ERSES) training will be provided to clinicians, school psychologists, program staff, and teachers. 2. The Ventura County Coalition Against Human Trafficking summit will take place the following day at VCBH. It is focused on men and boys and is geared to law enforcement and mental health staff; 3. the Juvenile Facilities staff in the Insights program had opportunities for co-training with Probation staff. The Insights program is for youth in the Juvenile Facilities who have mental health and substance abuse issues that prevent them from getting off probation. So far, 59 youth have participated, and 17 have graduated and are off probation; 		

	<ol style="list-style-type: none"> 4. the Ventura Youth & Family clinic has a new clinic administrator, Cindy Simental; 5. the Access Availability program at the Santa Paula adult and youth & family clinics allows people to walk into the clinics and request services; 6. VCBH has been collaborating with several agencies to get the Family Justice Center (FJC) up and running; its grand opening is planned for October; 7. VCBH staff are embedded in the Ambulatory Care clinics to provide early intervention, mostly for adults, as related to anxiety and depression. <p>B. Mental Health Services Act (MHSA) – Hilary Carson</p> <ol style="list-style-type: none"> 1. Ms. Carson is hoping to obtain resources for parents of LGBTQ children during the Suicide Prevention Conference on September 13. 2. The Walk to Fight Suicide will take place on September 14 at Constitution Park in Camarillo. 3. MHSA is required to spend 51% on Full Service Partnership (FSP), which is for high risk, high need individuals. Locally, funding may be shifted and become available for children and youth. 		
<p>X.</p>	<p>Committee Members’ and Participants’ Comments, Activities, Updates</p> <p>Scott Walker noted that the state of Washington will be screening all out-of-home foster care youth for traumatic brain injuries (TBI).</p> <p>Yanka Ricklefts announced three events:</p> <ol style="list-style-type: none"> 1. Carpe Diem on April 27, 2020; 2. An Autism Conference on April 30, 2020, which will focus on bullying; 3. An event on social/emotional wellbeing of little ones, date to be determined. <p>Carol Shelton gave brief information about upcoming events, including on September 18 an event for children with diabetes.</p> <p>Lori Litel noted that United Parents is opening an office in Sacramento, across from the state Capitol.</p>		
<p>XI.</p>	<p>Items for the Next Meeting Agenda</p> <p>Not discussed.</p>		
<p>XII.</p>	<p>Adjourn</p> <p>The meeting adjourned at noon.</p>		

JUNTA ASESORA DE SALUD DEL COMPORTAMIENTO

COMITÉ DE JUVENTUD Y FAMILIA

MINUTOS ▪ Miércoles 11 de septiembre de 2019

<p><u>Miembros presentes</u> Denise Nielsen , Presidenta del Comité Jamie Banker, BHAB Gina Petrus, BHAB Martie Miles, Aspiranet Marika Collins, Casa Pacifica Joelle Vessels, Interfaz Scott Abeson, libertad condicional Carol Shelton, Rainbow Connection Yanka Ricklefts , SELPA Dr. Steven Graff, Centro Regional de los Tres Condados Lori Litel, padres unidos Danielle Shaw, MD Crystal Cummings</p> <p><u>Otros presentes</u> Mary Haffner, BHAB Mayra Tamayo, interfaz Juliana Cervantez , Interfaz Ralph Reyes, interfaz Jenny Claros, Plan de Salud de Gold Coast Danny Baskst, Plan de salud de Gold Coast Scott Walker, equipo de intervención en crisis Jonathan P., Seneca</p>	<p><u>Gerentes / personal presente de Ventura County Behavioral Health (VCBH)</u> Dina Olivas , Jefa interina de la División Juventud y Familia Hilary Carson , Innovación MHSA Cheryl Fox, Gerente Edith Pham, Asistente BHAB</p> <p>SIGUIENTE JUNTA: Cerrado miércoles , 9 de octubre de , 2019 , 10 : 00 a.m. - 12: 00 pm</p> <p>Salud conductual del condado de Ventura (VCBH) 1911 Williams Drive , Lake Tahoe Room (segundo piso) , Oxnard</p>
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Nota: El comité aún no ha aprobado estas actas. Puede haber adiciones / eliminaciones o correcciones antes de que las actas se acepten en forma final.

	DISCUSIÓN / CONCLUSIONES	RECOMENDACIONES / COMPORTAMIENTO	RESPONSABLE
YO.	Llama para ordenar El presidente Nielsen dio por terminada la reunión a las 10:10 a.m.		
II	Aprobación de la agenda La Sra. Nielsen le pidió al Comité que revisara y aprobara la agenda de hoy. Gina Petrus hizo la moción para aprobar, secundó el Dr. Shaw . La moción fue aprobada por unanimidad.	Un genda aprobado como está escrito . M / S / C	
III.	Aprobación del acta Nielsen le pidió al comité que revisara y aprobara las actas de la reunión de junio de 2019 s . La Sra. Petrus se movió para aprobar, el Dr. Shaw lo secundó. La moción fue aprobada por unanimidad. Nielsen le pidió al comité que revisara y aprobara las actas de las reuniones de agosto de 2019. La Sra. Petrus hizo la moción para aprobar, Jamie Banker lo secundó. El Dr. Shaw señaló que el ítem VII.7 debería leer "El Dr. Shaw proporcionará una capacitación ..." en lugar de "proporcionado". Dina Olivas señaló que el ítem VIII.A.1 debería leer "VCBH está trabajando con la Dra. Barbara Stroud ..." Carol Shelton señaló que su declaración bajo el punto IX. s hould lectura "Conexiones del arco iris tiene ahora una de FICE en Thousand Oaks, que tiene las horas de oficina en el primer lunes del mes de Sept-Junio de 9:00 de la mañana hasta el mediodía. Las oficinas de Oxnard y Simi están abiertas algunos sábados ". La moción para aprobar la enmienda fue aprobada por unanimidad.	Acta de junio aprobada como está escrita. M / S / C Acta de agosto aprobada en su forma enmendada. M / S / C	
IV.	Bienvenida y Presentaciones La Sra. Nielsen dio la bienvenida a todos y pidió presentaciones.		
V.	Anuncios de la presidencia		

	La Sra. Nielsen señaló que Crystal Cummings se retiró de Kids & Families Together y ahora participa como miembro de la comunidad.		
VI.	Comentarios públicos Ninguna.		
VII.	Presentación: Refugio para jóvenes sin hogar - Ralph Reyes, Director, y Mayra Tamayo, Gerente, Servicios de apoyo de interfaz de vivienda El Sr. Reyes y la Sra. Tamayo presentaron sobre los Servicios de Apoyo a la Vivienda de Interface Children and Family Services, que incluyen la extensión a la calle y un refugio para jóvenes sin hogar. Ver adjunto para más detalles.		
VIII.	<p>Nuevos negocios: preparación del informe anual</p> <p>I. A. Finalizar logros y desafíos El comité revisó la información que figura en el acta de la reunión de agosto. Se agregaron los siguientes logros:</p> <ol style="list-style-type: none"> 1. Se brindó apoyo a la comunidad luego del tiroteo en Borderline y Woolsey Fire. 2. La colaboración continua entre varias agencias y VCBH continúa mejorando los servicios disponibles. 3. El comité fue instrumental en el desarrollo de un programa de trastornos alimentarios dentro de las clínicas VCBH Youth & Family. 4. El continuo de atención de crisis se ha fortalecido. <p>Se agregó el siguiente desafío:</p> <ol style="list-style-type: none"> 1. Falta de comunicación con el hospital psiquiátrico privado local y con hospitales fuera del condado. <p>B. Proyecto de Oportunidades y Recomendaciones Se identificaron las siguientes oportunidades:</p> <ol style="list-style-type: none"> 1. Los fondos estarán disponibles durante los próximos años para implementar nuevos proyectos de Innovaciones de la Ley de Servicios de Salud Mental (MHSA). 2. Un psiquiatra que trabaja con VCBH se mudó y ahora trabaja en el Hospital psiquiátrico Vista del Mar en Ventura. Se anticipa que este movimiento ayudará a fortalecer la comunicación entre psiquiatras y médicos en diversos entornos. <p>Se identificaron las siguientes recomendaciones:</p> <ol style="list-style-type: none"> 1. Continuar trabajando para desarrollar un proyecto de innovación que se centre en niños de 0 a 5 años. 2. Diseñe un proyecto de innovación centrado en identificar los primeros signos de posibles enfermedades mentales en sus primeras etapas. 3. Considere la posibilidad de poner en práctica una herramienta para mejorar la evaluación en el campus de la escuela que es serían aplicables, le a los estudiantes y adultos por igual y estandarizado a través de las escuelas y sus agencias de aplicación de la ley. <p>Lori Litel agradeció a Hilary Carson por su excelente trabajo en el proyecto de innovación llamado Conocimiento. La Comisión de Supervisión y Responsabilidad de los Servicios de Salud Mental (MHSOAC) fue muy receptiva cuando se les presentó, y la comisión rápidamente dio su aprobación.</p>		
IX.	<p>Actualizaciones de la División de Juventud y Familia de Ventura County Behavioral Health (VCBH)</p> <p>A. División Juventud y Familia - Dina Olivas La Sra. Olivas señaló que :</p> <ol style="list-style-type: none"> 1. Es en este momento está el Jefe Interino de la División de Juventud y Familia. Pete Pringle es ahora el Jefe de Visión de Proyectos Especiales ; 2. t él suicidio Prevención Conferencia se llevará a cabo el 13 de septiembre en el Colegio de Moorpark. <p>Cheryl Fox señaló que:</p>		

	<ol style="list-style-type: none"> 1. Se brindará una próxima capacitación sobre Servicios Emocionales Sociales relacionados con la Educación (ERSES) a médicos, psicólogos escolares, personal del programa y maestros. 2. La cumbre del Condado de Ventura contra la trata de personas tendrá lugar al día siguiente en VCBH . Está enfocado en hombres y niños y está orientado a la policía y al personal de salud mental; 3. El personal de las Instalaciones Juveniles en el programa Insights tuvo oportunidades de co- entrenamiento con el personal de Libertad Condicional . El programa Insights es para jóvenes en las instalaciones juveniles que tienen problemas de salud mental y abuso de sustancias que les impiden salir de la libertad condicional . Hasta ahora, 59 jóvenes han participado, y 17 se han graduado y están fuera de libertad condicional; 4. la clínica Ventura Youth & Family tiene una nueva administradora de la clínica, Cindy Simental; 5. el Acceso A DISPONIBILIDAD programa en el adulto Santa Paula y clínicas para jóvenes y la familia permite a la gente a caminar en las clínicas y solicitar servicios; 6. VCBH ha estado colaborando con varias agencias para poner en funcionamiento el Centro de Justicia Familiar (FJC) ; su gran inauguración está prevista para octubre; 7. El personal de VCBH está integrado en las clínicas de atención ambulatoria para proporcionar intervención temprana, principalmente para adultos, en relación con la ansiedad y la depresión. <p>B. Ley de Servicios de Salud Mental (MHSA) - Hilary Carson</p> <ol style="list-style-type: none"> 1. La Sra. Carson espera obtener recursos para padres de niños LGBTQ durante la Conferencia de Prevención del Suicidio el 13 de septiembre. 2. El Walk to Fight Suicide se llevará a cabo el 14 de septiembre en el Parque de la Constitución en Camarillo. 3. MHSA debe gastar el 51% en Full Service Partnership (FSP), que es para individuos de alto riesgo y alta necesidad . A nivel local, los fondos pueden cambiar y estar disponibles para niños y jóvenes. 		
X .	<p>Comentarios , actividades, actualizaciones de los miembros y participantes de los comités</p> <p>Scott Walker señaló que el estado de Washington examinará a todos los jóvenes en hogares sustitutos fuera del hogar por lesiones cerebrales traumáticas (TBI).</p> <p>Yanka Ricklefts anunció tres eventos:</p> <ol style="list-style-type: none"> 1. Carpe Diem el 27 de abril de 2020; 2. Una Conferencia Auti sm el 30 de abril de 2020, que se centrará en la intimidación; 3. Un evento sobre el bienestar social / emocional de los pequeños, fecha a determinar. <p>Carol Shelton dio una breve información sobre los próximos eventos, incluido el 18 de septiembre un evento para niños con diabetes.</p> <p>Lori Litel señaló que United Parents está abriendo una oficina en Sacramento, frente al Capitolio estatal .</p>		
X Yo .	<p>Artículos para la agenda de la próxima reunión</p> <p>No discutido</p>		
XI I.	<p>Aplazar</p> <p>Se levantó la sesión al mediodía.</p>		



HOUSING SUPPORT SERVICES

Mayra Tamayo, HSS Manager

Interface Children and Family Services

- Non-profit organization in Ventura County
- Services include:
 - Neighborhood for Learning
 - 2-1-1 Information and Referrals
 - Mental Health and Trauma Treatment Services
 - Housing Support Services
 - Re-entry Services
 - Domestic Violence & Child Abuse Prevention
 - Human Trafficking









HOUSING SUPPORT SERVICES

STREET OUTREACH

RUNAWAY HOMELESS YOUTH SHELTER



CAUSES OF YOUTH HOMELESSNESS

-  Family Problems
-  Economic Hardship
-  Foster Care/Failing Adoptions
-  Pregnancy
-  Abuse
-  Neglect & Abandonment
-  Substance Use
-  Sexual Orientation

STREET OUTREACH POPULATION

- Youth who are between the ages of 12-17 that have ran away from home or are displaced from their current home environment.
- Transitional Aged Youth (TAY) are youth between the ages of 18-24 for whom it is not possible to live in a safe environment with a relative, and has no other safe alternate living arrangements.
- Any youth who is indefinitely or intermittently a homeless youth, and spends a significant amount of time on the street or in other areas that increase the risk of sexual abuse, sexual exploitation, prostitution, or drug abuse.

STREET OUTREACH SERVICES

- Shelter Requests
- Crisis Intervention
- School Visits (Truancy)
- Family Mediation
- Needs Assessments
- Information and Referral
- Gateway Services
 - (food, drink, clothing, transportation etc.)
- Case Management
- Preventative Services/ Peer Counseling
- Youth Crisis Outreach Line



RUNAWAY HOMELESS YOUTH SHELTER

- Youth Boys and Girls between ages 12-17
- Youth who have been kicked out or are homeless
- Youth who ran away from home or are at-risk of running away
- Voluntary Shelter
- Length of Stay is 21 days

RUNAWAY HOMELESS YOUTH SHELTER

-SERVICES-

- Temporary Shelter Needs:
 - Food
 - Clothing if needed
 - Basic Life Skills
 - Washing clothes
 - Cooking meals
 - Transportation
 - Medical appointments
 - School needs
- Coordinated Case Management
 - Needs Assessment
 - Family Reunification
 - After Care Services
 - Follow up after shelter visit
 - Continued Case Management

YOUTH OUTREACH LINE

- For Youth ages 12-24
 - 24 hours/7 days a week

Who can call?

- Youth, family members, law enforcement, schools, and community agencies.
- Services are available in English and Spanish
 - Other languages are available on request
- Staff provide guidance, support, and resources to help youth and families in crisis.

Interface Youth Rescue Line

805 469 5882

Fighting with parents? At home and want to leave?
Run away from home? Relationships got you down?
Confused? Need someone to talk to?



call 24.7 for help



THANK YOU....

DIRECTOR:

RALPH REYES (805) 485-6114 X. 686

MANAGER:

MAYRA TAMAYO (805) 485-6114 X. 692



**BEHAVIORAL HEALTH ADVISORY BOARD
YOUTH & FAMILY COMMITTEE
2018-19 Annual Report**
Submitted by Denise Nielsen, Chair

Committee members

Denise Nielsen, Committee Chair
Jamie Banker, BHAB
Irene Pinkard, BHAB
Gina Petrus, BHAB
Marlen Torres, BHAB
Martie Miles, Aspiranet
Marika Collins, Casa Pacifica
Ken McDermott, Children's Family Services
Heather Davidson, First 5 Ventura County
Joelle Vessels, Interface

Crystal Cummings, Kids & Families Together
Scott Abeson, Ventura County Probation
Laurie Jordan, Rainbow Connection
Carole Shelton, Rainbow Connection
Yanka Ricklefs, SELPA
Tyler Baker-Wilkinson, Seneca
Ariann Bulger, Seneca
Dr. Steven Graff, Tri-Counties Regional Center
Lori Litel, United Parents
Danielle Shaw, M.D.

Participants

Ventura County Behavioral Health

Scott Walker, Crisis Intervention Team

MISSION

The BHAB Youth & Family Committee advocates for the continuum of care and development in the delivery of services for youth and their families, believing that addressing the unique needs of minors and their caregivers is essential to the health of the community.

2018-19 OBJECTIVES OF THE BHAB YOUTH & FAMILY COMMITTEE

- 1. Continuum of Care**
 - a. Follow and evaluate the implementation of the Continuum of Care Reform (CCR). Identify further needs or gaps in services to children in foster care.
 - b. Monitor the Crisis Stabilization Unit. Identify remaining gaps in the continuum of crisis services for both children covered by Medi-Cal and children with private insurance.
 - c. Advocate for the availability of psychiatric hospital beds in the county for the pediatric population. Ensure communication and care coordination of medical information between care providers.

- 2. Community and Parent Outreach**
 - a. Engage community agencies to schedule presentations regarding the role and activities of this Committee.
 - b. Recruit community members to serve on the Committee, and inform families about mental health services available.
 - c. Create innovative strategies to learn about parents/caregivers' needs and concerns.
 - d. Raise awareness of alcohol and drug use information. Actively disseminate alcohol and drug use prevention information to the community partners, including community-based organizations (CBOs), law enforcement, and school districts.
 - e. Maintain the availability of relevant materials on the Ventura County Behavioral Health's [wellnesseveryday/saludsiempre](#) website.
 - f. Continue to oversee the development of the family resource app.

- g. Raise awareness of services for children ages 0-5 and access to those services.

INTRODUCTION

The BHAB Youth & Family Committee meets on the second Wednesday of the month from 10:00 to noon at the Ventura County Behavioral Health Administration building in Oxnard. Attendance and participation are open to the families of youth receiving mental health services from Ventura County Behavioral Health, service providers, Behavioral Health Advisory Board (BHAB) members, and anyone with an interest in the children and youth residing in Ventura County. The Youth and Family Committee is responsible to look into the needs, programs and services for children and youth, and to report to the BHAB on these matters.

ACHIEVEMENTS (in 2017-18 Annual Report)

1. *Increased membership on this committee as a result of an update in the BHAB Bylaws.*
2. *Members disseminated information on the services available to children and youth and their parents/caregivers.*
3. *Members provided community support in the wake of the Thomas Fire.*
4. *Members continued to monitor and receive updates on the children's Crisis Stabilization Unit (CSU).*

2018-19 PRESENTATIONS

September 2018: Youth and Cannabis, presented by Dan Hicks and David Tovar, VCBH Alcohol & Drug Program.

October 2018: Results of the Parent/Caregiver Survey, presented by Lori Litel, United Parents.

April 2019: Commercial Sexual Exploitation of Children (CSEC), presented by Lydia Lopez and Jessica Valenzuela, Health Care Agency READY Program.

May 2019: Mental Health Services Act (MHSA)-funded Youth & Family Programs, presented by Clara Barron, MHSA.

June 2019: Gold Coast Health Plan and Beacon Health Options, presented by Jennifer Claros and Elizabeth Theis.

CHALLENGES (in 2017-18 Annual Report)

1. *The loss of Vista del Mar Psychiatric Hospital due to the Thomas Fire in early December 2017 negatively impacted the community and VCBH clients.*
2. *As a result of the Continuum of Care Reform, group homes have to convert their license or stop operating. Only two providers, Casa Pacifica and Seneca, operate a local Short-Term Residential Treatment Program (STRTP).*
3. *Recruiting foster families, including emergency foster families, who could serve as an alternative to STRTP, is problematic.*
4. *Prevention and early intervention services for children ages 5 and under are insufficient. Parents/caregivers and preschool teachers are not attuned to the mental health needs of young children.*

OPPORTUNITIES (in 2017-18 Annual Report)

1. *The committee is eager to design a Mental Health Services Act (MHSA) Innovative project that will focus on early intervention for young children exhibiting signs of emerging mental health needs but who do not qualify for services currently available. The project will target preschool teachers and engage academic institutions and local colleges to develop a curriculum for teachers and enhance the current coursework.*
2. *Utilize the results of parent surveys administered by United Parents to understand the needs and concerns of parents and caregivers.*

RECOMMENDATIONS *(in 2017-18 Annual Report)*

1. *Create a one-page flyer on the BHAB Youth & Family Committee and distribute copies at various community events.*
2. *Educate parents and caregivers, particularly those with children in private preschools.*
3. *Understand the needs and concerns of teachers, from preschool through high school.*

2019-20 OBJECTIVES OF THE BHAB YOUTH & FAMILY COMMITTEE

The committee voted to carry over its previous year's objectives into the new year.

1. Continuum of Care

- a. Follow and evaluate the implementation of the Continuum of Care Reform (CCR). Identify further needs or gaps in services to children in foster care.
- d. Monitor the Crisis Stabilization Unit. Identify remaining gaps in the continuum of crisis services for both children covered by Medi-Cal and children with private insurance.
- e. Advocate for the availability of psychiatric hospital beds in the county for the pediatric population. Ensure communication and care coordination of medical information between care providers.

2. Community and Parent Outreach

- h. Engage community agencies to schedule presentations regarding the role and activities of this Committee.
- i. Recruit community members to serve on the Committee, and inform families about mental health services available.
- j. Create innovative strategies to learn about parents/caregivers' needs and concerns.
- k. Raise awareness of alcohol and drug use information. Actively disseminate alcohol and drug use prevention information to the community partners, including community-based organizations (CBOs), law enforcement, and school districts.
- l. Maintain the availability of relevant materials on the Ventura County Behavioral Health's *wellnesseveryday/saludsiempre* website.
- m. Continue to oversee the development of the family resource app.
- n. Raise awareness of services for children ages 0-5 and access to those services.

PREVENTING SUICIDE HELP & HOPE

4TH ANNUAL CONFERENCE • FRIDAY, SEPTEMBER 13, 2019
8:00 AM – 12:30 PM • MOORPARK COLLEGE • FREE

KEYNOTE

LISA HAMP

Active Minds

**Suicide Prevention
After Traumatic
Events**

With suicide on the rise nationwide, how can we make a difference in our community?

Workshops in English and Spanish:

- Latino Mental Health and Suicide Prevention
- Critical Role of Family Support in Suicide Prevention for LGBTQ Youth
- Preventing Military Veteran Suicide
- QPR Training: Question. Persuade. Refer.
- "Talk Saves Lives" Training by the American Foundation for Suicide Prevention

Community Resource Tables

REGISTER NOW!

HelpAndHope2019.eventbrite.com



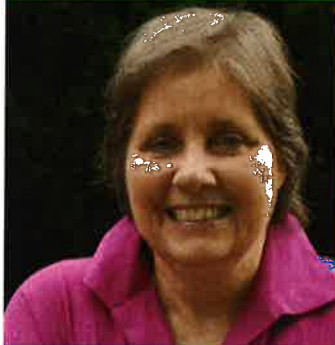
WELLNESS - RECOVERY - RESILIENCE

For more information, email mhsa@ventura.org.

This conference is made possible through funding from Ventura County Behavioral Health through the Mental Health Services Act, in partnership with Moorpark College.

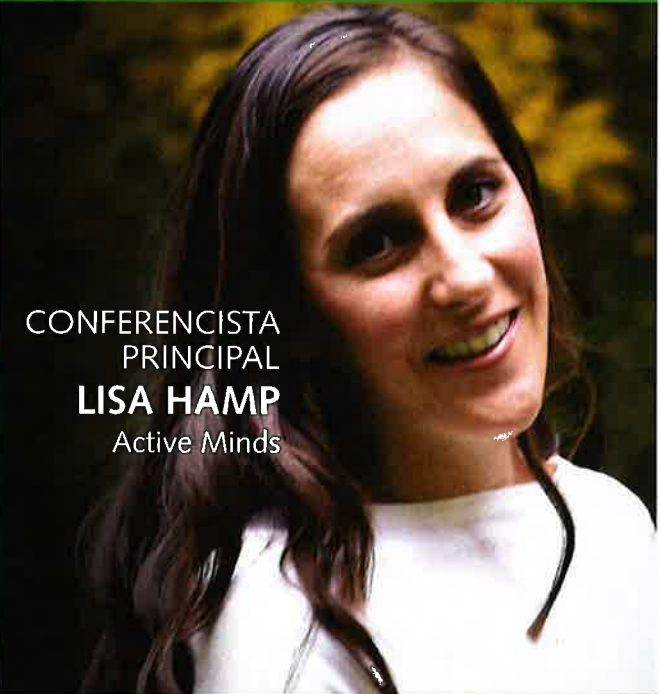
PREVENCIÓN DEL SUICIDIO AYUDA Y ESPERANZA

4TA CONFERENCIA ANUAL



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ENTRENAMIENTO
"HABLAR SALVA
VIDAS"

Anthony Rodriguez
American Foundation
for Suicide Prevention

ENTRENAMIENTO
QPR

**Sharon Manakas, RN,
MSN, Coordinadora
del Centro de Salud
para Estudiantes de
Moorpark College**

VIERNES 13 DE SEPTIEMBRE DEL 2019
8:00 AM – 12:30 PM • EN MOORPARK COLLEGE



WELLNESS • RECOVERY • RESILIENCE

Esta conferencia es posible gracias al financiamiento de Ventura County Behavioral Health mediante la Ley de Servicios para la Salud Mental, en colaboración con Moorpark College.

Walk to Fight Suicide



Presenting sponsor:

OXNARD
MONDAY CLUB 

Ventura County Walk

Saturday, September 14, 2019

Constitution Park

601 Carmen Drive, Camarillo

Register at afsp.org/vc



**American
Foundation
for Suicide
Prevention**



**OUT OF THE
DARKNESS**
Community Walks