

BEHAVIORAL HEALTH ADVISORY BOARD
Youth & Family Services Committee Meeting
Wednesday, October 9, 2019, 10:00 a.m. - noon
Ventura County Behavioral Health (VCBH)
1911 Williams Drive, Training Room (first floor) • Oxnard, CA 93036

AGENDA

- I. Call to Order
- II. Approval of the Agenda – ACTION
- III. Approval of the September Minutes - ACTION
- IV. Welcome and Introductions
- V. Chair Announcements
- VI. Public Comments – 3 minutes per speaker
- VII. Presentation: Neighborhoods for Learning (NfL) – Elizabeth Hardin, Director, Interface Early Child Family Development
- VIII. New Business
 - A. December Schedule – ACTION
- IX. Old Business
 - A. Finalize 2018-19 Annual Report - ACTION
- X. Ventura County Behavioral Health (VCBH) Youth & Family Division Updates
 - A. Youth & Family Division - Dina Olivas, Interim Youth & Family Division Chief
 - B. Mental Health Services Act (MHSA) – Hilary Carson, Program Administrator, Innovations
- XI. Committee Members’ Comments, Activities, Updates
- XII. Items for the Next Meeting Agenda
- XIII. Adjourn

Next Meeting: Wednesday, November 13, 2019, 10:00 a.m. - noon

Members of the public making oral presentations to the Board in connection with one or more agenda or non-agenda items at a single meeting are limited to a cumulative total time not to exceed (5) minutes for all of their oral presentations at such meeting unless otherwise provided. The entire public comment period is limited to no more than (20) minutes total for all speakers. NOTE: The Chair may limit the number or duration of speakers on a matter. In compliance with the Americans With Disabilities Act, if you need special assistance to participate in this meeting, please contact: Behavioral Health Administration, at (805) 981-6830. Reasonable advance notification of the need for accommodation prior to the meeting (48 hours advance notice is preferable) will enable us to make reasonable arrangements to ensure accessibility to this meeting.

JUNTA ASESORA DE SALUD DEL COMPORTAMIENTO
Reunión del Comité de Servicios para Jóvenes y Familias
Miércoles 9 de octubre de 2019 , 10:00 a.m. - mediodía
Salud conductual del condado de Ventura (VCBH)
1911 Williams Drive, sala de capacitación (primer piso) • Oxnard, CA 93036

AGENDA

- I. Llama para ordenar
- II. Aprobación de la Agenda - ACCIÓN
- III. Aprobación del acta de septiembre - ACCIÓN
- IV. Bienvenida y Presentaciones
- V. Anuncios de la presidencia
- VI. Comentarios públicos: 3 minutos por orador
- VII. Presentación: Vecindarios para el Aprendizaje (NfL) - Elizabeth Hardin, Directora, Interface Early Child Family Desarrollo
- VIII. Nuevo negocio
 - A. Calendario de diciembre - ACCIÓN
- IX. Viejo negocio
 - A. Finalizar el Informe anual 2018-19 - ACCIÓN
- X. Actualizaciones de la División de Juventud y Familia de Ventura County Behavioral Health (VCBH)
 - A. División Juventud y Familia - Dina Olivas, Jefa Interina de la División Juventud y Familia
 - B. Ley de Servicios de Salud Mental (MHSA) - Hilary Carson , Administradora del Programa, Innovaciones
- XI. Comentarios de los miembros del comité, actividades , actualizaciones
- XII. Artículos para la agenda de la próxima reunión
- XIII. Aplazar

Próxima reunión : Miércoles, 13 de noviembre de , 2019 , 10:00 am - mediodía

Los miembros del público que realizan presentaciones orales ante la Junta en relación con uno o más puntos del orden del día o no incluidos en el orden del día en una sola reunión están limitados a un tiempo total acumulado que no exceda (5) minutos para todas sus presentaciones orales en dicha reunión a menos que de lo contrario proporcionado. El período completo de comentarios públicos está limitado a no más de (20) minutos en total para todos los oradores. NOTA: El Presidente puede limitar el número o la duración de los oradores en un asunto. En cumplimiento con la Ley de Estadounidenses con Discapacidades, si necesita asistencia especial para participar en esta reunión, comuníquese con: Behavioral Health Administration, al (805) 981-6830 . La notificación anticipada razonable de la necesidad de acomodación antes de la reunión (es preferible un aviso con 48 horas de anticipación) nos permitirá hacer arreglos razonables para garantizar la accesibilidad a esta reunión.

**BEHAVIORAL HEALTH ADVISORY BOARD
YOUTH & FAMILY COMMITTEE
2018-19 Annual Report**
Submitted by Denise Nielsen, Chair

Committee members

Denise Nielsen, Committee Chair
Jamie Banker, BHAB
Irene Pinkard, BHAB
Gina Petrus, BHAB
Marlen Torres, BHAB
Martie Miles, Aspiranet
Marika Collins, Casa Pacifica
Ken McDermott, Children's Family Services
Heather Davidson, First 5 Ventura County
Joelle Vessels, Interface

Crystal Cummings, Kids & Families Together
Scott Abeson, Ventura County Probation
Laurie Jordan, Rainbow Connection
Carole Shelton, Rainbow Connection
Yanka Ricklefts, SELPA
Tyler Baker-Wilkinson, Seneca
Ariann Bulger, Seneca
Dr. Steven Graff, Tri-Counties Regional Center
Lori Litel, United Parents
Danielle Shaw, M.D.

Participants

Ventura County Behavioral Health

Scott Walker, Crisis Intervention Team

MISSION

The BHAB Youth & Family Committee advocates for the continuum of care and development in the delivery of services for youth and their families, believing that addressing the unique needs of minors and their caregivers is essential to the health of the community.

2018-19 OBJECTIVES OF THE BHAB YOUTH & FAMILY COMMITTEE

- 1. Continuum of Care**
 - a. Follow and evaluate the implementation of the Continuum of Care Reform (CCR). Identify further needs or gaps in services to children in foster care.
 - b. Monitor the Crisis Stabilization Unit. Identify remaining gaps in the continuum of crisis services for both children covered by Medi-Cal and children with private insurance.
 - c. Advocate for the availability of psychiatric hospital beds in the county for the pediatric population. Ensure communication and care coordination of medical information between care providers.

- 2. Community and Parent Outreach**
 - a. Engage community agencies to schedule presentations regarding the role and activities of this Committee.
 - b. Recruit community members to serve on the Committee, and inform families about mental health services available.
 - c. Create innovative strategies to learn about parents/caregivers' needs and concerns.
 - d. Raise awareness of alcohol and drug use information. Actively disseminate alcohol and drug use prevention information to the community partners, including community-based organizations (CBOs), law enforcement, and school districts.
 - e. Maintain the availability of relevant materials on the Ventura County Behavioral Health's wellnesseveryday/saludsiempre website.
 - f. Continue to oversee the development of the family resource app.

- g. Raise awareness of services for children ages 0-5 and access to those services.

INTRODUCTION

The BHAB Youth & Family Committee meets on the second Wednesday of the month from 10:00 to noon at the Ventura County Behavioral Health Administration building in Oxnard. Attendance and participation are open to the families of youth receiving mental health services from Ventura County Behavioral Health, service providers, Behavioral Health Advisory Board (BHAB) members, and anyone with an interest in the children and youth residing in Ventura County. The Youth and Family Committee is responsible to look into the needs, programs and services for children and youth, and to report to the BHAB on these matters.

ACHIEVEMENTS

1. The committee received regular updates on the Continuum of Care Reform (CCR), its successes and challenges.
2. The number of children and youth placed outside the home, either in foster care or Juvenile Justice, has been reduced thanks to early intervention and Trauma-Informed Care.
3. The Children's Crisis Stabilization Unit has prevented the hospitalization of about half the children and youth who were assessed. The CSU is often running at capacity. CSU staff provided information on its services and how to access them.
4. The reopening of Vista del Mar Psychiatric Hospital has been helpful for youth ages 12 to 17.
5. The need for hospitalization of children ages 0 to 5 has been reduced thanks to staff awareness and education.
6. VCBH and providers provided outreach and engagement in psychoeducation to help parents learn to describe what their children are experiencing and to help reduce stigma.
7. Dr. Shaw and Dr. Acosta reached out to primary care physicians (PCPs) to increase their awareness of the mental health services available. Dr. Shaw planned to provide a training on collaborative care to empower PCPs.
8. The Safety Plan was updated/revised.
9. Support was provided to the community following the Borderline shooting and Woolsey Fire.
10. Ongoing collaboration between various agencies and VCBH continues to improve the services available.
11. The committee was instrumental in the development of an eating disorders program within the VCBH Youth & Family clinics.
12. The continuum of crisis care has been strengthened.

2018-19 PRESENTATIONS

September 2018: Youth and Cannabis, presented by Dan Hicks and David Tovar, VCBH Alcohol & Drug Program.

October 2018: Results of the Parent/Caregiver Survey, presented by Lori Litel, United Parents.

April 2019: Commercial Sexual Exploitation of Children (CSEC), presented by Lydia Lopez and Jessica Valenzuela, Health Care Agency READY Program.

May 2019: Mental Health Services Act (MHSA)-funded Youth & Family Programs, presented by Clara Barron, MHSA.

June 2019: Gold Coast Health Plan and Beacon Health Options, presented by Jennifer Claros and Elizabeth Theis.

CHALLENGES

1. Barriers exist in the process of placing youth coming from outside Ventura County.
2. Additional foster families are needed.
3. Reunification for children and youth in foster care or group homes is problematic.
4. Respite care for parents and caregivers is desperately needed.
5. A Children's CSU is needed in the East County.

6. Law enforcement and clinicians in private practice need to be educated about the Children's CSU, a more appropriate resource than the local emergency department for children and youth in crisis.
7. Increasing the number of parent partners is needed.
8. There is a lack of communication with the local private psychiatric hospital and with out-of-county hospitals.

OPPORTUNITIES

1. Funding will become available during the next couple of years to implement new Mental Health Services Act (MHSA) Innovations projects.
2. A psychiatrist working with VCBH has moved and is now working at Vista del Mar Psychiatric Hospital in Ventura. It is anticipated that this move will help strengthen the communication between psychiatrists and clinicians in various settings.

RECOMMENDATIONS

1. Continue to work toward developing an Innovation project that focuses on children ages 0-5.
2. Design an Innovation project focusing on identifying the early signs of possible mental illness in its early stages.
3. Consider implementing a tool for threat assessment on school campus that is applicable to students and adults alike and standardized across school campuses and law enforcement agencies.

2019-20 OBJECTIVES OF THE BHAB YOUTH & FAMILY COMMITTEE

The committee voted to carry over its previous year's objectives into the new year.

1. Continuum of Care

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- d. Monitor the Crisis Stabilization Unit. Identify remaining gaps in the continuum of crisis services for both children covered by Medi-Cal and children with private insurance.
- e. Advocate for the availability of psychiatric hospital beds in the county for the pediatric population. Ensure communication and care coordination of medical information between care providers.

2. Community and Parent Outreach

- h. Engage community agencies to schedule presentations regarding the role and activities of this Committee.
- i. Recruit community members to serve on the Committee, and inform families about mental health services available.
- j. Create innovative strategies to learn about parents/caregivers' needs and concerns.
- k. Raise awareness of alcohol and drug use information. Actively disseminate alcohol and drug use prevention information to the community partners, including community-based organizations (CBOs), law enforcement, and school districts.
- l. Maintain the availability of relevant materials on the Ventura County Behavioral Health's wellnesseveryday/saludsiempre website.
- m. Continue to oversee the development of the family resource app.
- n. Raise awareness of services for children ages 0-5 and access to those services.