

BEHAVIORAL HEALTH ADVISORY BOARD
YOUTH & FAMILY COMMITTEE
MINUTES ■ Wednesday, February 12, 2020

<p>Members Present Denise Nielsen, Committee Chair Jamie Banker, BHAB Martie Miles, Aspiranet Yanka Ricklefts, SELPA Dr. Steven Graff, Tri-Counties Regional Center Lori Litel, United Parents Danielle Shaw, MD, Community Member</p> <p>Others Present Michael Rodriguez, BHAB Grace Stephenson, Diversity Collective Savannah Eden, Kids and Families Together Mayra Tamayo, Interface Children & Family Services Naomi Soliz, Interface Children & Family Services Danny Bakst, Gold Coast Health Plan Staci Brown, Mothers Against Drunk Driving Melissa Hannah, United Parents Kira Lashkoff, Vista Real Charter High School</p>	<p>Ventura County Behavioral Health (VCBH) Managers/Staff Present Dina Olivas, Youth & Family Division Chief Hilary Carson, MHSA Program Administrator - Innovations Edith Pham, BHAB Assistant</p> <p>NEXT MEETING: Wednesday, March 11, 2020, 10:00 a.m. – 12:00 pm</p> <p>Ventura County Behavioral Health (VCBH) 1911 Williams Drive, Lake Tahoe Room (second floor), Oxnard</p>
<p>Note: The committee has not yet approved these minutes. There may be additions/deletions or corrections before the minutes are accepted in final form.</p>	

	DISCUSSION/CONCLUSIONS	RECOMMENDATIONS/ ACTIONS	RESPONSIBLE
I.	Call to Order Chair Nielsen called the meeting to order at 10:10 a.m.		
II.	Approval of the Agenda Ms. Nielsen asked the Committee to review and approve today's agenda. Lori Litel moved to approve, Jamie Banker seconded. The motion carried unanimously.	The agenda was approved as written. M/S/C	
III.	Approval of the Minutes Ms. Nielsen asked the committee to review and approve the minutes of the January 8, 2020 meeting. Ms. Banker moved to approve, Yanka Ricklefts seconded. The motion carried unanimously.	The minutes were approved as written. M/S/C	
IV.	Welcome and Introductions Ms. Nielsen welcomed everyone and asked for introductions.		
V.	Chair Announcements Ms. Nielsen shared some personal information about one of her children. She reminded all that we cannot be reduced to a diagnosis. She thanked all for their compassion in their work.		
VI.	Public Comments None.		
VII.	Presentation: Diversity Collective Ventura County – Grace Stephenson, Program Coordinator Diversity Collective is a non-profit that focuses on the physical and mental health of LGBTQ. Programs are geared toward youth, adult, substance use. Diversity Collective mainly focuses on HIV/AIDS prevention, youth programs, education program, and training for the community. It provides a four-hour training called RISE (Recognize, Intervene, Support and Empower) in the community and businesses. It has contracted with Ventura Unified School District to provide ten RISE trainings for teachers/staff and parents. Rainbow Umbrella is a youth program, which includes youth advocacy program for youth ages 13-23. It currently has two projects: one on intersex awareness, the other on getting cultural competency training for police officers on the community college campuses.		

	<p>Under the HIV/AIDS prevention and education program, free HIV testing is available on the third Monday of the month at the Ventura center. HIV prevention education is also provided in high schools and community colleges.</p> <p>Rainbow Umbrella is mostly funded by VCBH, and the HIV/AIDS program by Public Health.</p>		
<p>VIII.</p>	<p>Ventura County Behavioral Health (VCBH) Youth & Family Division Updates</p> <p>A. Youth & Family Division – Dina Olivas, Division Chief</p> <ol style="list-style-type: none"> 1. The Walk for Kids will take place on Sunday, April 5th at the San Buenaventura State Beach. Proceeds will benefit the future Ronald McDonald Family Room at Ventura County Medical Center (VCMC), one of the few publicly-funded hospitals with such a room. 2. The External Quality Review Organization (EQRO) will conduct an audit in late February to evaluate the services provided by VCBH and contractors. 3. In April, the state will conduct its tri-annual audit. Consumers and partner agencies will be invited to participate. 4. The Youth & Family Division has a new Senior Manager, Jennifer Dougherty. 5. Two VCBH staff are certified to teach Mental Health First Aid (MHFA) training. 6. Congratulations to United Parents, which has been awarded a contract for respite and parent partner programs. 7. As part of the Continuum of Care Reform (CCR), VCBH is mandated to have a Policies & Procedures Committee that is across all agencies. VCBH will be reaching out to key players. <p>B. Mental Health Services Act (MHSA) – Hilary Carson, Program Administrator</p> <ol style="list-style-type: none"> 1. MHSA held three community input sessions to get feedback on the Three-Year Plan. A public hearing will take place in April. 2. An Innovation plan will go to the Board of Supervisors regarding data Healthcare Information Exchange (HIE) between the Health Care Agency (HCA) and VCBH. 3. A grant writer is preparing a grant request for children. 4. For May is Mental Health Month, VCBH will pass out information at the Government Center and in the lobby of the VCBH building on Williams Drive in Oxnard. 5. NAMI has contracted with VCBH to provide training that replaces Mental Health First Aid. 6. NAMI has also contracted with VCBH to provide suicide prevention training. 7. Two Conocimiento dinners have taken place in Fillmore and Santa Paula; they were well received. Videos are being made, but currently there is not a place to post them. 		
<p>IX.</p>	<p>Committee Members’ and Participants’ Comments, Activities, Updates</p> <p>Mayra Tamayo noted that the Runaway and Homeless Youth Shelter managed by Interface is going well. It serves youth ages 12-17. Interface collaborates with various organizations to get the youth connected to services. To refer youth, call the Youth Crisis Line: 805-469-5882.</p> <p>Dr. Shaw noted that the state is now funding Adverse Childhood Experiences (ACEs) screenings. This will be a topic during the American Academy of Pediatrics’ Town Hall in Los Angeles on February 25th. Also, the pediatric mental health collaborative has identified as a barrier the lack of access for children with private insurance. It is putting together a form to help pediatricians access services for the children they treat and is considering contacting local lawmakers.</p> <p>Dr. Graff announced that on March 11 Tri-Counties Regional Center will have a Purchase of Service Expenditure meeting at its Oxnard office from 10:00 a.m. to noon, open to the public.</p> <p>Yanka Ricklefts noted that SELPA is having its Spring Transition Fair on March 7; it is for all secondary and post-secondary youth as they transition to adult life.</p> <p>The Carpe Diem Conference will be on April 27. It will focus on Adverse Childhood Experiences (ACEs). It is open to professionals, providers and parents/caregivers alike.</p> <p>SELPA continues to work on inclusive practices, in collaboration with Ventura County Office of Education (VCOE).</p> <p>A community advisory committee is developing a one-page information sheet to help parents figure out how to access services across multiple agencies. A long-term goal is to develop a social/emotional resources brochure for parents.</p>		

	<p>Lori Litel noted that United Parents offers several support groups for parents and caregivers, including meetings in Spanish in Fillmore, at the Juvenile Facilities for parents with children involved in Insights or children on probation, and at its office in Camarillo with dinner and childcare. Starting in March, United Parents will offer a ten-week program, in English and Spanish, that uses the Nurturing Families curriculum and is for parents of children of all ages.</p> <p>Melissa Hannah noted that there will be a two-day event in Long Beach on February 28-29. Fair housing training will be provided to help renters with disabilities or who face housing problems due to their children’s disability. The next day parents and caregivers will learn to identify trauma in their children.</p> <p>Michael Rodriguez, Chief Deputy Public Defender, noted the prevalence of commercially sexually exploited children (CSEC); in the last 13 months, three Public Defender attorneys have received 31 referrals. The Public Defender’s Office is looking for ways to access resources for their clients.</p>		
<p>X.</p>	<p>Items for the Next Meeting Agenda Not discussed.</p>		
<p>XI.</p>	<p>Adjourn The meeting adjourned at 11:35 a.m.</p>		

**CONSEJO ASESOR DE SALUD DEL COMPORTAMIENTO
COMITÉ DE JUVENTUD Y FAMILIA
MINUTOS ■ Miércoles 12 de febrero de 2020**

<p><u>Miembros presentes</u> Denise Nielsen , Presidenta del Comité Jamie Banker , BHAB Martie Miles, Aspiranet Yanka Ricklefts , SELPA Dr. Steven Graff, Centro Regional de los Tres Condados Lori Litel , padres unidos Danielle Shaw, MD, miembro de la comunidad</p> <p><u>Otros presentes</u> Michael Rodriguez, BHAB Grace Stephenson, Diversity Collective Savannah Eden, niños y familias juntas Mayra Tamay o, Interface Servicios para niños y familias Naomi Soliz , Interfaz Servicios para niños y familias Danny Bakst, Plan de salud de Gold Coast Staci Brown, Madres contra la conducción en estado de ebriedad Melissa Hanna h , padres unidos Kir a Lashkoff , Escuela Secundaria Vista Real Charter</p>	<p><u>Gerentes / personal presente de Ventura County Behavioral Health (VCBH)</u> Dina Olivas , Jefa de la División de Juventud y Familia Hilary Carson , administradora del programa MHSA - Innovaciones Edith Pham, Asistente BHAB</p> <p>SIGUIENTE JUNTA: Cerrado miércoles , 11 de marzo de , 2020 , 10 : 00 a.m. - 12: 00 pm</p> <p>Salud conductual del condado de Ventura (VCBH) 1911 Williams Drive , Lake Tahoe Room (segundo piso) , Oxnard</p>
<p>Nota: El comité aún no ha aprobado estas actas. Puede haber adiciones / eliminaciones o correcciones antes de que las actas se acepten en forma final.</p>	

	DISCUSIÓN / CONCLUSIONES	RECOMENDACIONES / COMPORTAMIENTO	RESPONSABLE
YO.	Llama para ordenar El Presidente Nielsen dio por terminada la reunión a las 10:10 a.m.		
II	Aprobación de la agenda La Sra. Nielsen solicitó al Comité que revise y apruebe la agenda de hoy. Lori Litel se movió para aprobar, Jamie Banker lo secundó . La moción fue aprobada por unanimidad.	La agenda fue aprobada como está escrita . M / S / C	
III.	Aprobación del acta La Sra. Nielsen le pidió al comité que revisara y aprobara el acta de la reunión del 8 de enero de 2020 . La Sra. Banker hizo la moción para aprobar, Yanka Ricklefts la secundó. La moción fue aprobada por unanimidad.	Las actas fueron aprobadas como están escritas. M / S / C	
IV.	Bienvenida y Presentaciones La Sra. Nielsen dio la bienvenida a todos y pidió presentaciones.		
V.	Anuncios de la presidencia Nielsen compartió información personal sobre uno de sus hijos. Ella recordó a todos que no podemos ser reducidos a un diagnóstico. Agradeció a todos por su compasión en su trabajo.		
VI.	Comentarios públicos Ninguna.		
VII.	Presentación: Diversity Collective Condado de Ventura - Grace Stephenson , Coordinadora del programa Diversity Collective es una organización sin fines de lucro que se enfoca en la salud física y mental de LGBT Q. Los programas están orientados al uso de sustancias por parte de jóvenes, adultos. Diversity Collective se centra principalmente en la prevención del VIH / SIDA , programas juveniles, programas educativos y capacitación para la comunidad. Proporciona una capacitación de cuatro horas llamada RISE (Reconocer, Intervenir, Apoyar y Empoderar) en la comunidad y las empresas . Se ha contratado con el Distrito		

	<p>Escolar Unificado de Ventura para proporcionar diez capacitaciones RISE para maestros / personal y padres.</p> <p>Rainbow Umbrella es un programa juvenil, que incluye un programa de defensa juvenil para niños entre 13 y 23 años. Actualmente tiene dos proyectos: uno sobre concientización entre sexos y otro sobre capacitación en competencia cultural para oficiales de policía en los campus de las universidades comunitarias .</p> <p>Según el programa de prevención y educación sobre el VIH / SIDA , las pruebas gratuitas de VIH están disponibles el tercer lunes de cada mes en el centro de Ventura . La educación para la prevención del VIH también se brinda en las escuelas secundarias y colegios comunitarios.</p> <p>Rainbow Umbrella está financiado principalmente por VCBH , y el programa de VIH / SIDA por Public Health.</p>		
<p>VI II.</p>	<p>Actualizaciones de la División de Juventud y Familia de Ventura County Behavioral Health (VCBH)</p> <p>A. División Juventud y Familia - Dina Olivas, Jefa de División</p> <ol style="list-style-type: none"> 1. El Paseo de los niños se llevará a cabo el domingo, 5 de abril de ^{xx} en el estado de la playa de San Buenaventura . Las ganancias beneficiarán el futuro Ronald McDonald Family Room en Ventura County Medical Center (VCMC), uno de los pocos hospitales con fondos públicos- s con una sala de este tipo. 2. La Organización de Revisión de Calidad Externa (EQRO) realizará una auditoría a fines de febrero para evaluar los servicios prestados por VCBH y los contratistas. 3. En abril, el estado llevará a cabo su auditoría trianual. Los consumidores y las agencias asociadas serán invitados a participar. 4. La División Juventud y Familia tiene una nueva Gerente Senior, Jennifer Dougherty. 5. Dos empleados de VCBH están certificados para impartir capacitación en primeros auxilios de salud mental (MHFA). 6. Felicitaciones a United Parents, a quien se le ha otorgado un contrato para programas de relevo y de padres asociados . 7. Como parte de la Reforma de Continuum of Care (CCR), VCBH tiene el mandato de tener un Comité de Políticas y Procedimientos que esté en todas las agencias. VCBH se pondrá en contacto con jugadores clave . <p>B. Ley de Servicios de Salud Mental (MHSA) - Hilary Carson, Administradora del Programa</p> <ol style="list-style-type: none"> 1. MHSA realizó tres sesiones de aportes de la comunidad para obtener comentarios sobre el Plan de tres años. Una audiencia pública tendrá lugar en abril. 2. Se enviará un plan de innovación a la Junta de Supervisores con respecto al intercambio de datos de información de atención médica (HIE) entre la Agencia de atención médica (HCA) y VCBH. 3. Un escritor de subvenciones está preparando una solicitud de subvención para niños. 4. Para Mayo es el Mes de la Salud Mental, VCBH pasará la información en el Centro de Gobierno y en el vestíbulo del edificio VCBH en Williams Drive en Oxnard. 5. NAMI ha contratado a VCBH para proporcionar capacitación que reemplace los primeros auxilios de salud mental. 6. NAMI también ha contratado a VCBH para proporcionar capacitación en prevención de suicidios . 7. Dos cenas de Conocimiento han tenido lugar en Fillmore y Santa Paula; que fueron bien recibidos. Se están haciendo videos , pero actualmente no es un lugar para publicarlos . 		
<p>IX.</p>	<p>Comentarios , actividades, actualizaciones de los miembros y participantes de los</p>		

comités

Mayra Tamayo señaló que el Refugio para jóvenes fugitivos y sin hogar administrado por Interface está funcionando bien. Sirve a jóvenes de 12 a 17 años. Interface colabora con varias organizaciones para conectar a los jóvenes con los servicios. Para referir a los jóvenes, llame a la Línea de crisis juvenil: 805-469-5882.

El Dr. Shaw señaló que el estado ahora está financiando las evaluaciones de Experiencias Adversas de la Infancia (ACE). Este será un tema durante el Amer i

Academy of Pediatric s'Ciudad H todo en Los Ángeles el día 25 Febrero ^{XX}. Además, la colaboración de salud mental pediátrica ha identificado como una barrera la falta de acceso para los niños con un seguro privado. Está preparando un formulario para ayudar a los pediatras a acceder a los servicios para los niños que tratan y está considerando ponerse en contacto con legisladores locales.

El Dr. Graff anunció que el 11 de marzo, el Centro Regional de los Tres Condados tendrá una reunión de Gastos de Compra de Servicios en su oficina de Oxnard de 10:00 am a mediodía, abierta al público.

Yanka Ricklefts señaló que SELPA tendrá su Feria de Transición de Primavera el 7 de marzo; que es para toda la juventud secundaria y post-secundaria en su transición a la vida adulta.

La Conferencia de Carpe Diem será el 27 de abril. Se centrará en Experiencias Adversas de la Infancia (ACE). Está abierto a profesionales, proveedores y padres / cuidadores por igual.

SELPA continúa trabajando en prácticas inclusivas, en colaboración con la Oficina de Educación del Condado de Ventura (VCOE).

Un comité asesor de la comunidad está desarrollando una hoja de información de una página para ayudar a los padres a descubrir cómo acceder a los servicios en múltiples agencias. Un objetivo a largo plazo es desarrollar un folleto de recursos sociales / emocionales para los padres.

Lori Litel señaló que United Parents ofrece varios grupos de apoyo para padres y cuidadores, incluidas reuniones en español en Fillmore, en las instalaciones juveniles para padres con niños involucrados en Insights o niños en libertad condicional, y en su oficina en Camarillo con cena y cuidado de niños. A partir de marzo, Estados padres ofrecerá un diez semanas del programa, en Inglés y Español, que utiliza el plan de estudios de nutrir a las familias y es para los padres de los niños de todas las edades.

Melissa Hannah señaló que habrá un evento de dos días en Long Beach del 28 al 29 de febrero. Se proporcionará capacitación en vivienda justa para ayudar a los inquilinos con discapacidades o que enfrentan problemas de vivienda debido a la discapacidad de sus hijos. Al día siguiente, los padres y cuidadores aprenderán a identificar el trauma en sus hijos.

Michael Rodríguez, Jefe Adjunto de Defensa Pública, señaló la prevalencia de los niños explotados sexualmente en el comercio (CSEC); En los últimos 13 meses, tres abogados defensores públicos han recibido 31 referencias. La Oficina del Defensor Público está buscando formas de acceder a los recursos para sus clientes.

X.	Artículos para la agenda de la próxima reunión No discutido		
XI	Aplazar Se levanta la sesión a las 11:35 a.m.		

Diversity Collective Ventura County
Diverse, Inclusive, Accepting, Welcoming, Safe Space for Everyone



www.diversitycollective.org

Diversity Collective Ventura County
Diverse, Inclusive, Accepting, Welcoming, Safe Space for Everyone

Grace Stephenson
Program Coordinator

2471 Portola Road Suite 100
Ventura, CA 93003
805-644-5428 (LGBT)
www.diversitycollective.org

grace.stephenson@diversitycollective.org



SAVE THE DATE!

2nd
ANNUAL

WALK FOR KIDS VENTURA



SUNDAY, APRIL 5, 2020



BENEFITING THE RONALD MCDONALD FAMILY ROOM
AT VENTURA COUNTY MEDICAL CENTER

SAN BUENAVENTURA STATE BEACH | 900 SAN PEDRO STREET, VENTURA, CA 93001

WALK FOR KIDS IS A FUN, FAMILY-FRIENDLY 5K WALK

along the promenade at San Buenaventura State Beach.
The 2020 Ronald McDonald House Walk for Kids Ventura
proceeds will benefit the future Ronald McDonald Family Room
at Ventura County Medical Center.



Ronald McDonald
House Charities
Southern California

1250 Lyman Place
Los Angeles, CA 90029



For sponsorship and Walk for Kids details, contact:

Debbie Martin
DMartin@rmhscs.org

Adam McCormack
AMcCormack@rmhscs.org



Ronald
McDonald
Family Room



walk for
kids



Interface's Runaway & Homeless Youth Shelter Now Open Serving Ventura County Youth

The Runaway and Homeless Youth Shelter is a short-term shelter that provides emergency care to runaway and homeless youth not already receiving services from the child welfare or juvenile justice systems. The shelter supports minors who need help navigating their way back to a safe and secure home. We seek to reunite young people with their families, whenever possible, or to locate appropriate alternative placements.

Expectations of Youth:

- Participate in Case Management, Family Mediation, and Counseling Sessions
- Must attend school or have an alternative education plan
- Participate in individualized activities

Program Services:

- Basic Needs Support (food, hygiene items, clothing, and transportation)
- Temporary Shelter for Maximum of 21 Days
- Crisis Intervention
- Counseling / Family Mediation
- Case Management and Aftercare Services

Eligibility Guidelines:

- Youth must be a runaway, homeless, or at risk of homelessness
- Youth must be between the ages of 12-17
- Youth must agree to shelter and program services and guidelines
- Youth is not a danger to self or others
- Youth cannot be on formal probation or a ward of the State

For More Details Contact:

General Information and Referrals

Call Our Youth Crisis Line: **(805) 469-5882**



How to Register:

Online: <http://vcoe.k12oms.org/1630-171689>

You'll receive an email confirmation if we receive your registration by March 12, 2020 and your email is complete. You are responsible for ensuring that payment is received at the SELPA office prior to the event or you will be responsible for making the payment at the door. No refunds. No purchase orders for less than \$100.

Late registrations (received after March 12, 2020) must include a \$10 late fee. Seating, lunch, and materials may not be guaranteed for late registrations. Cash or check only.

Parents/Caregivers: For assistance with registration, or questions about scholarships, please call 805-437-1560.

Spanish translation (via headset) or sign language interpretation provided for selected sessions if requested at least 2 weeks in advance.

Continuing Education Units

This course meets the qualifications for 5.5 hours of continuing education credit for licensed MFTs, LCSWs, LEPs and LPCCs as required by the California Board of Behavioral Sciences (Casa Pacifica Centers for Children and Families; Provider 2522).

This course meets the qualification for 5.5 hours of continuing education credit for Certified Addictions Treatment Counselors as required by the California Association for Alcohol and Drug Educators (CAADE Provider CP10914C1113).

TO REGISTER FOR CEUs: CEU registration will be conducted at the event and is separate from event check-in. After check-in please proceed to CEU registration where you will pay the \$10 CEU fee (Cash or Check ONLY), provide your license number and sign in. In addition, you must sign-out upon completion of conference or you will not receive a CEU certificate

The 25th Annual

Norman & Ellen Linder

carpe diem conference
for parents and professionals who care about children with emotional challenges

Monday, April 27, 2020

Ventura County Office of Education Conference Center

5100 Adolfo Road, Camarillo, CA 93012

Sponsored by Ventura County Special Education Local Plan Area, United Parents, Rainbow Connection Family Resource Center, Ventura County Behavioral Health, Casa Pacifica, Ventura County Office of Education, Vista del Mar Hospital, Aspiranet, Pacific Clinics

25th Annual Carpe Diem Registration

April 27, 2020

NOTICE: This workshop requires online registration. Individuals will need to setup an OMS account.

Go to <http://vcoe.k12oms.org/> to create an OMS account
If you already have an account go to <http://vcoe.k12oms.org/1630-171689> to register for this conference.

Please mark your first and second workshop choices with a "1" and "2".
Every effort will be made to accommodate your first choice.

When completing your registration online you will be asked to select from the following:

Session I: A B C Session II: D E F

Spanish Translation Requested or Sign Language

\$75 Professionals \$25 Parents/College Students (Student I.D. required at door)

Scholarship (Parents/Caregivers call for scholarship opportunities 805-437-1560)
 \$10 Late Fee (after 3/12/20 Deadline)

If you are having difficulty accessing the system or you do not have computer access please call (805) 437-1560 or Email: Ana Teran at atolvera@vcoe.org

Agenda

- 8:00 – 8:30 Check-In/Resource Faire/Continental Bkfst
- 8:30 – 8:45 Welcome/Housekeeping
- 8:45 – 10:00 Keynote Presentation
- 10:00 – 10:15 Break
- 10:15 – 11:15 Keynote Continued
- 11:15 – 11:45 Plenary Session
- 11:45 – 12:45 Lunch/Resource Faire
- 12:45 – 2:15 Session I
- 2:15 – 2:30 Cookie Break
- 2:30 – 4:00 Session II

Keynote Presentation

"Building Resilience"

Ricky Robertson, M.Ed.



The presentation... Adverse Childhood Experiences (ACEs) and trauma are prevalent across class, race and gender. Forty-six percent of U.S. school children have experienced at least one adverse childhood experience and the prevalence of ACEs increases with age (Sacks, Murphey & Moore, 2014). ACEs and trauma have been shown to negatively impact students' behavior, academic performance and social/emotional development. Children can display symptoms of trauma, including externalizing behaviors; along with anxiety, depression, substance abuse, emotional outbursts, physical aggression, etc. During the keynote presentation, we will explore the prevalence and impact of ACEs and childhood trauma; deepen our understanding of vicarious trauma and compassion fatigue and develop practices to cultivate resilience for adults and youth.

About the Speaker Ricky Robertson is an educator, author and consultant who has worked with alternative and traditional schools, serving students from grades pre-K thru 12 within urban, suburban and semi-rural communities. He currently provides coaching, consultation and multi-day professional development workshops to build systems of support for students impacted by ACE and trauma, including the family members and educators who work with them.

Panel Presentation (10:30am-12:00pm)

Presented by Clinicians and Service Providers of Carpe Diem Sponsoring Agencies.

Session I (12:45 pm – 2:15 pm)

- A Title: Practical Strategies**
This presentation will focus on parents/caregivers and the professionals who support them. The presenter will help to provide practical strategies designed to successfully cultivate resilience for adults and youth.

Presented by: Ricky Robertson, M.Ed.

- B Title: Drum Circle**
Kids need more opportunities to move and play during the day! Why Drumming? It is good for the body *and* the brain. Drumming improves confidence, coordination, creativity and focus. And it helps build community & enhance collaboration while improving listening skills.

Presented by: John Lacques, Drumbus Facilitator, Owner & Founder of Drumtime Facilitated Drum Circles

- C Title: Community Resiliency Model**
This presentation will define the Community Resiliency Model, including the Resiliency Zone and six skills of CRM: Tracking, Resourcing, Shift/Stay, Gesturing, Grounding and Help Now!

Presented by: Emily Rodriguez, LMFT, Program Supervisor, Aspiranet

Cookie Break 2:15 pm – 2:30 pm

Session II (2:30 pm – 4:00 pm)

- D Title: Practical Strategies**
This presentation will focus on parents/caregivers and the professionals who support them. The presenter will help to provide practical strategies designed to successfully cultivate resilience for adults and youth.

Presented by: Ricky Robertson, M.Ed.

- E Title: Drum Circle**
Kids need more opportunities to move and play during the day! Why Drumming? It is good for the body *and* the brain. Drumming improves confidence, coordination, creativity and focus. And it helps build community & enhance collaboration while improving listening skills.

Presented by: John Lacques, Drumbus Facilitator, Owner & Founder of Drumtime Facilitated Drum Circles

- F Title: Community Resiliency Model**
This presentation will define the Community Resiliency Model, including the Resiliency Zone and six skills of CRM: Tracking, Resourcing, Shift/Stay, Gesturing, Grounding and Help Now!

Presented by: Emily Rodriguez, LMFT, Program Supervisor, Aspiranet

