

**BEHAVIORAL HEALTH ADVISORY BOARD
YOUTH & FAMILY COMMITTEE
MINUTES ■ Wednesday, August 11, 2021**

<p>Members Present Kevin Clerici, Committee Chair Carole Shelton, Rainbow Connection Scott Walker, Law Enforcement CIT Lori Litel, United Parents Regina Reed, VCOE Dr. Danielle Shaw, Casa Pacifica Marika Collins, Casa Pacifica</p> <p>Others Present Shawna Morris, Casa Pacifica Steve Varner, United Parents Gina Petrus, Psychologist Ariann Bulger, Seneca Center Melissa Tith, Seneca Center Alicia, United Parents Clarissa Cajiau, Interpreter</p>	<p>Ventura County Behavioral Health (VCBH) Managers/Staff Present Dina Olivas, Youth & Family Division Chief Jennifer Dougherty, Youth & Family Senior Manager Gracie Lopez, VCBH Minute Taker Joanna Peterson, BHAB Assistant</p> <p>NEXT MEETING: October 13, 2021</p>
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Note: The committee has not yet approved these minutes. There may be additions/deletions or corrections before the minutes are accepted in final form.

	DISCUSSION/CONCLUSIONS	RECOMMENDATIONS/ ACTIONS	RESPONSIBLE
I.	Call to Order Chair Clerici called the meeting to order at 10:00 a.m.		
II.	Approval of the Agenda Mr. Clerici asked the Committee to review and approve today's agenda. A quorum of the committee was not reached. No action was taken.	No action taken No quorum	
III.	Approval of the June 9, 2021 Minutes Mr. Clerici asked the Committee to review and approve the minutes of the June 9, 2021 meeting. A quorum of the committee was not reached. No action was taken.	No action taken No quorum	
IV.	Welcome and Introductions Mr. Clerici welcomed everyone and asked for introductions.		
V.	Chair Announcements None.		
VI.	Public Comments None.		
VII.	Presentation: United Parents and CalHOPE Program-Steve Varner, our Program Coordinator for FEMA CCP Program ❖ CalHOPE Layers of Intervention and Support. CalHOPE addresses the stress anxiety that people may feel due to isolation, health challenges, economic uncertainty, food insecurity and other negative consequences of the COVID-19 pandemic. CalHOPE offers Crisis counseling via chat, virtual, and in-person. Focused on highest risk communities. See attached for details of presentation		
VIII.	Ventura County Behavioral Health (VCBH) Youth & Family Division Updates Youth & Family Division – Dina Olivas, Division Chief		

	<ul style="list-style-type: none"> ❖ The teaming of modality that we use here in Ventura County which is the Child and Family Team Meetings that continue to occur within our County and regions, like our Conejo region who has embraced that multi agency cross system modality. ❖ As part of our initiatives we have our High School Wellness Centers that are in progress and there is ongoing program implementation that is occurring with VCOE and School Districts. These programs are overlooked by a VCBH manager, Administrator, Community Service Coordinator and Clinician who are all in place currently and working with the 8 centers. ❖ As you know we provide school base services through our Educational Related Social Emotional Service Program with our MOU through SELPA, our MOU with SELPA and currently there is a focus on starting of the new school year. There has been regional meetings and additional oversight committee meetings looking at how we are starting the new school year. Looking at what are some challenges that are in front and what are certain methods of problem solving in order to move forward to ensure that children in youth and families get their mental health services and get their behavioral health services as part of IEP related. ❖ In terms of additional trainings our doctoral students are in training and are being on boarded. We have 5 new students and they were on boarded by Quality Management Team. We have 2 Interns starting their Internship at Simi Valley Youth and Family Clinic which is going to enhance our testing ability and our clinical consultation ability by adding these individuals to our multi-disciplinary team. Our Youth and Family Division team has always been very welcoming to our Interns at all levels. We have supported Mental Health Associate Interns, Clinician Interns and our Doctorial Interns. We also have stipends for bilingual Interns particularly with our Mental Health Associates Program which has been a great asset. ❖ Mental Health Services Act (MHSA) – Hilary Carson, Program Administrator, Innovations ❖ Help and Hope Suicide Prevention Conference which is sponsored by MHSA. Every September the Suicide Prevention holds a conference in a forum. The theme this year is conversations about suicide help and hope. This will take place from 4:00pm-6:00pm on September 23rd. An email will be going out announcing the registration in a few weeks. If you would like to be a part of that email, please let the team know at MHSA@ventura.org or check VCBH.org or Wellnesseveryday.org for any updates. 		
IX.	<p>Committee Members' Comments, Activities, Updates</p> <ul style="list-style-type: none"> ❖ Scott Walker- suggested to watch a pod cast on the suicide by cop attempt that occurred about 2 years ago by a 17 yr old girl. You will get to hear her point of view and experience and you can also hear the officer's perspective very powerful to watch. ❖ Scott also shared about being anxious for the new school year starting. Scott has a feeling about so many youths meeting 5588 criteria and not sure they will have the capacity to handle that. ❖ Marika Collins- There is a very relevant piece of legislation that is going through final committee through appropriation that is senate bill 224 that will have required the student education around mental health as part of their health curriculum. Letters of support are due this Friday. Marika will share a template with instructions to the members of this committee and perhaps all can decimate it the more letters the better. Senator Porentino is carrying that bill out of LA. ❖ Senator Feinstein of California has come through and she is co-authoring a bill with Senator Burr that would carve out the QRTPS or STRTPS from the IMD exclusion. Potentially it was the idea of congregate care settings, more than 16 beds cutting off federal funding for those. If It was classified an institution if mental health diseases. We are hopeful there will be a solution to all of this. ❖ Regina Reed-Chris Ridge, Regina, SELPA and CHIPS are corroborating on putting together an Adult SCL conference in September 23rd-25th theme will be living well healthy children need healthy adults. Helping adults understand they to have gone through allot these 2 yrs. There will be 2 days of keynote speakers are going to be in breakout sessions, around self-care, social emotional and well being for Adults so they can better support children and students. The 23rd and 24th are in person and 25th only Adults via Zoom. 		

	<ul style="list-style-type: none"> ❖ Dr. Shaw- ACES-Adverse Childhood Experiences through the State of California. There was a study that came out showing how much childhood adversity even in adult health, physical health, mental health and even factors that lead to early deaths. The State of California is putting allot of effort in funding into increasing education on adverse childhood experiences. Ventura County has its own program. Anyone in the committee who wants to learn about our own program is welcome to. We are setting up local resources and getting the communication going. 		
X.	Items for the Next Meeting Agenda No discussion		
XI.	Adjourn The meeting adjourned at 10:45 a.m.		



United Parents & CalHOPE

Steve Varner
FEMA Program Coordinator
United Parents
888.384.1120, ext. 32

CalHOPE Layers of Intervention and Support



Warm hand off to treatment services

CalHOPE Support:

Crisis counseling via chat, phone, virtual, and in-person
Focused on highest-risk communities

CalHOPE Peer Warm Line

CalHOPE Web:

Links to resources, including apps

CalHOPE Media:

Broad and targeted messaging

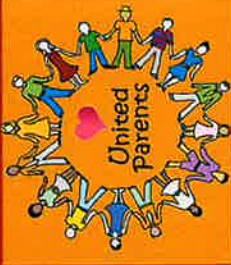
CalHOPE Layers of Intervention and Support

CalHOPE addresses the stress and anxiety that people may feel due to isolation, health challenges, economic uncertainty, food insecurity and other negative consequences of the COVID-19 pandemic.



California
HOPE

CalHOPE Connect



[CalHOPE Connect](#) offers safe, secure, and culturally sensitive emotional support for all Californian's who may need support relating to COVID-19.

CalHOPE partnered with California Mental Health Services Association which has a statewide experienced workforce comprised of peers, community mental health workers, and other non-licensed personnel. Individuals in need of emotional and/or crisis support can receive "visits" by phone, videoconference, smart device, or computer chat. Depending upon needs and situation, family and/or group support sessions are also available. Individuals also may be connected to county-based services. CalHOPE connect offers culturally sensitive emotional support session for:

- » All Californians
- » African American/Black
- » Asian and Pacific Islanders
- » Latino/Latinx
- » LGBTQ+ Community
- » Parents/Caregivers
- » Veterans
- » Young Adult

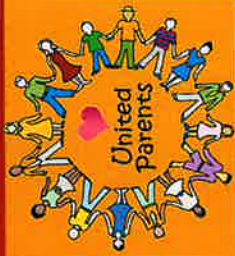
United Parents & Ventura County



- As of August 5th we have 20 highly trained Crisis Counselors (10 English speaking & 10 Spanish speaking) who are taking live chats, phone calls, distributing flyers, visiting local businesses & vaccination sites, emailing schools & government agencies, facilitating support groups and engaging on all social media platforms to 20,845 parents & caregivers in the State of California.
- We are open from 9am to 7pm Monday thru Friday and 9am to 5:30pm on Saturday. Our direct phone line is: 888.384.1120
- We have had direct contact with 4,380 people who are living in Ventura County during this 5 month period.

Ventura County ~ 382 Visits Last Week

		Visit Number					
Visit Type	N/A	First visit	Second visit	Third visit	Fourth visit	Fifth visit or later	Column Total
individual	23(100.0%)	294(98.7%)	26(100.0%)	14(100.0%)	5(100.0%)	16(100.0%)	378(98.0%)
family or household (2 individuals)	0(0.0%)	3(1.0%)	0(0.0%)	0(0.0%)	0(0.0%)	0(0.0%)	3(0.0%)
family or household (3 individuals)	0(0.0%)	1(0.3%)	0(0.0%)	0(0.0%)	0(0.0%)	0(0.0%)	1(0.0%)
Row Total	23(6.0%)	298(78.0%)	26(6.0%)	14(3.0%)	5(1.0%)	16(4.0%)	382(100%)



QUESTIONS ? ? ?