

BEHAVIORAL HEALTH ADVISORY BOARD
YOUTH & FAMILY SERVICES COMMITTEE
MINUTES ■ Wednesday, December 8, 2021

<p><u>Members Present</u> Kevin Clerici, Committee Chair Savanna Eden, Kids and Family Carole Shelton, Rainbow Connection Steven Graff, TCRC Dr. Danielle Shaw, Community Member Carrie Vrendenburgh, Probation Scott Walker, CIT</p> <p><u>Others Present</u> Clarisa Cajiau, Interpreter Ariann Bulger, SENECA Melissa Hannah, United Parents Lorena Guereca, VRCHS</p>	<p><u>Ventura County Behavioral Health (VCBH) Managers/Staff Present</u> Jennifer Dougherty, Youth & Family Interim Division Chief Gracie Lopez, VCBH Minute Taker Hilary Carson, MHSA Joanna Peterson, BHAB Assistant</p> <p>NEXT MEETING: February 9, 2022</p>
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Note: The committee has not yet approved these minutes. There may be additions/deletions or corrections before the minutes are accepted in final form.

	DISCUSSION/CONCLUSIONS	RECOMMENDATIONS/ ACTIONS	RESPONSIBLE
I.	Call to Order Chair Clerici called the meeting to order at 10:02 a.m.		
II.	Approval of the Agenda Mr. Clerici asked the Committee to review and approve today's agenda. Carol Shelton moved to approve; Dr. Danielle Shaw seconded. The motion carried unanimously through roll call.	Agenda approved as written. M/S/C	
III.	Approval of the December 8, 2021 Minutes Mr. Clerici asked the Committee to review and approve the minutes of the December 8th, 2021, meeting. Kevin Clerici moved to approve; Carole Shelton seconded. The motion carried unanimously through roll call.	Minutes approved as written. M/S/C	
IV.	Welcome and Introductions Mr. Clerici welcomed everyone and asked for introductions.		
V.	Chair Announcements In the news today the US surgeon general issued a rare public health advisory aimed at Mental Health challenges confronting our youth today. This rare warning called action to address there is an emergent crisis toward our youth. Kevin wanted to make that comment for something that will be discussed moving forward.		
VI.	Public Comments <ul style="list-style-type: none"> ❖ Carole Shelton-Last month was 22Q awareness month. Carol's son was diagnosed with 22Q. 93% of individuals who have a behavioral psychotic diagnosis and prevalence is one in 1500. Some of the common afflictions are cardiac malfunctions, hypo calcemic, immune disorder, early feeding difficulties, growth hormone deficiency, articulation in communication problems, mild educational improvement, deafness, clinically significant scoliosis, behavioral and psychiatric diagnosis and high prevalence of schizophrenia and bipolar disorder. Both children and adults are impacted. ❖ Carol would like to thank Savita a Ventura County clinician for her good work that has served her family for 4 years, her son wouldn't be where he is if it wasn't for her good work. She would also like to thank Julio Juarez who left Casa Pacifica who worked with her son and family for 939 days. ❖ In hopes that 2022 brings equity and success to the community in Ventura County. To those with intellectual disabilities, Latino population and LGBTQ. In hope we really advocate for those who do not have a voice in Ventura County. 		
VII.	Contracts Review Contract information shared with members and discussed. No recommendations to be brought forward to the BHAB members at the General meeting.		

VIII.	<p>Presentation: There were no presentations.</p>		
IX.	<p>Ventura County Behavioral Health (VCBH) Youth & Family Division Updates</p> <ul style="list-style-type: none"> ❖ Youth & Family Division – Jennifer Dougherty, Interim Division Chief CalAIM medical which is a huge initiative really transforming mental health, substance use and services for medical recipients to provide easier access, more seamless services, easier to navigate and enhance some services that individuals will receive. The big initiative is a 5year plan that will take place at the beginning of 2022 is the expansion of the definition of medical necessity. This will be both for youth and adults. In terms of the youth, it’s going to expand the definition to allow for youth to come in and looking through a trauma inform leans and acknowledging that some youth may not have a diagnosis yet. But they have experience trauma, they have been involved in the Juvenile Justice System. But still having moderate to severe challenges that are impairing their daily life and they need Mental Health treatment. We have updated all our policies and procedures to include this new information. Information was sent out to staff providing trainings. This week and next week we will be having a series of Q and as for all staff to attend to ensure that everybody understand this change. ❖ We have 8 Wellness centers across the county in partnership with Ventura County Office of Education. It’s 8 high schools we are at Hueneme High School, Oxnard High School, Pacifica High School, Santa Paula School, Fillmore High School, Channel Island High School, Moorpark High School and Buena High School. It’s meant to be an open one stop shop for youth on those campus to come in. There are trained peers to provide support for those youth. There are wellness site coordinators at each site. How VCBH is involved, we have one service coordinator, one Clinician, we have one of each for each site. They rotate around those centers to provide short term therapy, linkage to Mental Health services, assessments, linkage into VCBH as appropriate. Recently they had workshops for a youth that wanted who is coping with stress and anxiety during the holidays. They have received 130 referrals and counting. ❖ Family Urgent Respond System (FURS) Program operated by Seneca. It’s a program for current and former foster youth who need support to help maintain their placement. It’s a hot line that is operated by the State 24/7. They can access this line and the State line will route the call to the county if an in-person mobile response is required. Seneca is our contract provider for facilitating the first response and then they notify us if an in-person response was needed, and we will pass that information to our VCBH clinics or our community-based organizations. We are very grateful for Seneca for being the provider of this service and it seems like it’s gaining some traction. Jennifer will share the file with committee. ❖ We are training some of our staff to be trained in mental health first aide. This is a training meant to provide service not for the professional but for the community members to help individuals understand mental health early symptoms perhaps mornings signs that a mental health might develop. We are going to be training 6 staff between Adult and Youth system. ❖ Another training in the spring that will be provided with our Ventura County Office of Education partner is Mental Health continuum training for Ventura County Office of Education. Comprehensive Training for Teachers, School Psychologist, Nurses and School personal. To help them understand how to access Mental Health Services, how to navigate system, how to make referrals doing this in partnership with Beacon Health Options. ❖ The Youth and Family Division has a Full-Service Partnership (FSP) currently focused on Juvenile Justice Youth and providing intensive level of support and access to services. This service is to wrap around those youth to train and ensure they continue to stay connected to Mental Health Services after they leave the facility and when they go back into the community. To ensure they keep that connection between the Clinics that serve the youth and Juvenile Facility that serves the youth. This service is in collaboration with Probation, Courts and Public Defenders. This is an effort to work on decreasing their time that they are in probation. That programs serves about 30 youth per year. 		

	<ul style="list-style-type: none"> ❖ Mental Health Services Act (MHSA) – Hilary Carson, Program Administrator, Innovations ❖ MHSA has an upcoming public hearing taking place December 20th at the next General BHAB meeting. The public hearing is regarding extending our support with the consultant third sector and underneath the project the multi county FSP collaborative. That is a statewide project currently being worked on one of the results of that is the Youth FSP expansion and Adult FSP expansion requesting additional dollars to continue work with them to complete the project in the way that would be the most beneficial and not end it early. ❖ The Bartenders Escape Keepers Projected ended last June and that report will soon be posted on the web site. We have additional coasters that has a QR code that links to Suicide Prevention Website. We have many pens that have our Crisis line number and our website left over from the Bartender Escape Keepers Project. If anyone is interested in some, please let Hilary know. ❖ Hilary will share upcoming even flyer for Suicide Prevention. Coming up over the next couple of weeks. 		
X.	<p>Committee Members’ Comments, Activities, Updates</p> <ul style="list-style-type: none"> • Dr. Steve Graff- Mary Ellen Thomson, MFT is the new Assistant Director of Services and Supports replacing Dr. Sha Azedi. Paulina Gluk who is an Early Start Manager is transitioning over to the Clinical team and will be a Psychologist in Tri-County. • Carole Shelton- Rainbow is partnering with Ventura County SELPA to provide training for parents in both English and Spanish. For parents to navigate the IEP process. There will be an IEP basics that was health yesterday in English. There will be one tonight in Spanish. Transitions Adult hood is on January 31st and February 2nd. Facilitated IEP is February 28th and March 2nd. Transition to Preschool will be April 6th and April 7th. Ventura County SELPA is posting a parent support series. There will be a training on Behavioral Tips and Strategies and Simple Conflict Resolution Strategies. Ways to continue to support your child’s success and simple conflict resolution strategies, making it through the remaining of the school year transitions and simple conflict resolution strategies. These are all available in the Ventura County SELPA website. Carole to share with Gracie to disseminate. <p>Rainbow continues to support families and people serve by the Regional Canter through the variety of support groups. Zumba is going strong every Monday. We are still doing trainings on public benefits as changes occur, assume we will be doing something on CalAim here shortly. Continue to do our seasonal activities, this week we will be doing our toy event. If any parent needs help even if not connected to Tri-Counties they are more then welcome to contact Rainbow Connection by calling the office or emailing rainbow@tri-counties.org.</p>		
XI.	<p>Items for the Next Meeting Agenda No discussion.</p>		
XII.	<p>Adjourn The meeting adjourned at 11:45 a.m.</p>		



Are you a caregiver of a current or former foster youth?
Are you feeling frustrated? Would you like additional support?

FURS Support is Always Available

- 24/7 hotline support via phone, text, and chat.
- Local mobile response support with COVID-19 precautions in place.
- Personalized support and stabilization at the hotline and local level.
- Relevant aftercare support and follow-up.



Family Urgent Response System

The Family Urgent Response System (FURS) includes a statewide hotline as well as local mobile response teams to provide immediate trauma-informed support to current and former foster youth and their caregivers.

Local mobile response teams are comprised of compassionate, trained professionals who are available to provide face-to-face support during critical moments.

Both the statewide hotline and local mobile response teams are available 24/7/365.

FURS Provides Support When Needed Most

Call or Text:
1-833-939-FURS

Online:
CAL-FURS.ORG



24/7

SUPPORT

Are you a current or former foster youth? Having problems at home? Frustrated? Need someone to talk to? The 24/7 FURS hotline is here to help.

CALL OR TEXT: 1-833-939-FURS | 1-833-939-3877

Family Urgent Response System (FURS) is a free 24/7/365 hotline for current or former foster youth and your caregivers to call and get **immediate** help for any big or small issues you may be having.

- You will be connected to a trained counselor or peer who will listen to you.
- FURS is a **safe, judgement-free,** and **private** space to talk about your worries and vent.
- If you want more support, a team can come directly to where you are to help you work on the problem and to create a plan to help stabilize your situation and keep you safe.
- The team will follow-up by helping connect you and your caregiver to local services and support.



CHECK OUT: CAL-FURS.ORG

