Appendices

The following documents were used throughout the needs assessment process for the purposes of gathering and sharing data. Included in this section are:

Data Collection Tools

- Community Survey Questionnaire

- Community Focus Group Guide

- Provider Survey Questionnaire

Detailed Findings

- Community Survey Databook

- Provider Survey Databook

Ventura County Behavioral Health
Community Mental Health Needs Assessment Survey

This survey asks you about your living situation, your health behaviors, and your mental health needs. Your participation in his survey is voluntary and your answers will remain confidential. You do not need to answer any questions you do not feel comfortable answering. There are no right or wrong answers - we want to hear about you and your experiences.

1. **What is your age?** _____

2. **What is your race/ethnicity?** (Check all that apply)
   - ☐ Hispanic
   - ☐ Indigenous: _____
   - ☐ White (non-Hispanic)
   - ☐ Asian / Pacific Islander / Hawaiian
   - ☐ Asian Indian
   - ☐ Middle Eastern
   - ☐ Black / African-American
   - ☐ American Indian / Alaska Native
   - ☐ Other: _____

3. **What language do you speak at home the most?**
   - ☐ Arabic   ☐ Mixtec
   - ☐ English   ☐ Persian
   - ☐ Gujarati   ☐ Spanish
   - ☐ Mandarin   ☐ Tagalog
   - ☐ Other: _____

4. **What best describes the sex assigned when you were born?**
   - ☐ Female   ☐ Male   ☐ Intersex

5. **Which of the following do you most identify with?**
   - ☐ Female / Woman
   - ☐ Male / Man
   - ☐ Non-Binary
   - ☐ Trans Man (Female to Male)
   - ☐ Trans Woman (Male to Female)
   - ☐ Genderqueer / Gender Non-Conforming
   - ☐ Other: _____

6. **What best describes your current sexual orientation?**
   - ☐ Asexual   ☐ Bisexual
   - ☐ Gay   ☐ Lesbian
   - ☐ Pansexual   ☐ Questioning
   - ☐ Queer   ☐ Heterosexual / Straight
   - ☐ Other: _____

7. **In what country were you born?**
   _____

8. **How many years have you lived in the United States and Ventura County?**
   United States: _____   *Ventura County:* _____

9. **What is your current ZIP code?** _____

10. **How many other people live with you?**
    Children (0-17): _____   *Adults (18+):* _____

11. **Which best describes your current living situation?**
    - ☐ Own or rent my own place
    - ☐ Live with a friend or family member
    - ☐ Shelter
    - ☐ Hotel / motel
    - ☐ Homeless
    - ☐ Other: _____

12. **How long have you been in your current living situation?**
    - ☐ 1 week or less
    - ☐ More than 1 week, but less than 1 month
    - ☐ 1 to 3 months
    - ☐ More than 3 months, but less than 1 year
    - ☐ 1 year or longer
    - ☐ Don't know

13. **What is your current employment status?**
    - ☐ Employed
    - ☐ Self-employed
    - ☐ Not working, but looking for a job
    - ☐ Not working, and not looking for a job
    - ☐ Home-maker / stay-at-home parent
    - ☐ Full or part-time family caregiver
    - ☐ Student
    - ☐ Retired
    - ☐ Unable to work

14. **How many hours do you work each week (the total among all your jobs)?**
    - ☐ I am not currently working
    - ☐ 40 hours or more
    - ☐ 20 to 39 hours
    - ☐ Less than 20 hours

15. **What is the highest level of education you completed?**
    - ☐ Never attended school
    - ☐ Less than high school
    - ☐ Some high school
    - ☐ High school graduate / GED
    - ☐ Some college / technical school
    - ☐ Technical school / vocational program
    - ☐ Associate's degree
    - ☐ Bachelor's degree
    - ☐ Graduate degree
    - ☐ Other: _____

16. **What is your yearly household income (the total income among you and all the people you live with)?**
    _____

17. **During the last 12 months, how often have you drunk alcohol (e.g., beer, wine, liquor)?**
    ☐ Never
    ☐ About once a month
    ☐ About once a week
    ☐ Twice a week
    ☐ 3 to 4 times a week
    ☐ 5 to 6 times a week
    ☐ Every day

18. **During the last 12 months, on the days when you drank, about how many alcoholic drinks did you drink on the average?**
    ☐ None
    ☐ 1 to 2 drinks
    ☐ 3 to 4 drinks
    ☐ 5 to 6 drinks
    ☐ 7 to 8 drinks
    ☐ 9 or more drinks

19. **During the last 12 months, have you used any drugs other than alcohol or tobacco (e.g. marijuana, meth, cocaine, etc.)?**
    ☐ No   ☐ Yes

20. **In general, how would you rate your own mental health?**
    ☐ Poor
    ☐ Fair
    ☐ Good
    ☐ Very good
    ☐ Excellent

21. **Has a doctor or other healthcare professional ever diagnosed you or a close family member with any of the following?** (Check all that apply)
    Self   Family
    ☐   ☐   Depression
    ☐   ☐   Anxiety
    ☐   ☐   Bipolar disorder
    ☐   ☐   Eating disorder
    ☐   ☐   Panic disorder
    ☐   ☐   Schizophrenia
    ☐   ☐   Social anxiety or phobia
    ☐   ☐   Alcohol or drug abuse
    ☐   ☐   Other mental health condition:
    _____

22. **At what age was the first mental health diagnosis?**
    Self: _____   Family: _____

23. **Have you or a close family member ever thought about or attempted suicide?**
    Self: ☐ No   ☐ Yes
    Family: ☐ No   ☐ Yes

24. **At what age was the first suicide attempt?**
    Self: _____   Family: _____

25. **If you or a close family member needed mental health services in the last 12 months, did you receive the services you needed?** *(e.g., counseling, therapy, alcohol or drug services, medication management, psychiatric services, etc.)*
    Self   Family
    ☐   ☐   Did not need services
    ☐   ☐   No, did not receive the care needed
    ☐   ☐   Yes, received the care needed

26. **What are the main reasons for not receiving the mental health care you or a close family member needed?** (Check all that apply)
    ☐ Did not need services in the last 12 months
    ☐ Received all the services needed
    ☐ Timing of services was not convenient
    ☐ No health insurance or limited health insurance
    ☐ Fear of being mistreated by a service provider
    ☐ Lack of services appropriate to my / their culture
    ☐ Lack of services available in my / their language
    ☐ Getting services required too much travel
    ☐ Other: _____

27. **Was the staff that provided services to you or a close family member sensitive to your cultural background?**
    ☐ Did not receive services in the last 12 months
    ☐ No   ☐ Yes

28. **Were the services you or a close family member received provided in your preferred language?**
    ☐ Did not receive services in the last 12 months
    ☐ No   ☐ Yes

29. **Overall, how satisfied were you with the services you or a close family member received in the last 12 months?**
    ☐ Did not receive services in the last 12 months
    ☐ Very dissatisfied
    ☐ Somewhat dissatisfied
    ☐ Somewhat satisfied
    ☐ Very satisfied

30. **In your opinion, which mental health issues are most urgent in your community?** (Select up to 3 responses)
    ☐ Lack of access to mental health services
    ☐ Lack of services appropriate for my culture
    ☐ Lack of services in my preferred language
    ☐ Alcoholism and/or drug use
    ☐ Homelessness
    ☐ Depression
    ☐ Thoughts of suicide
    ☐ Childhood trauma
    ☐ Other: _____
    ☐ None

Thank you for completing this survey! We appreciate your time and your contribution.

Ventura County Behavioral Health
Encuesta de Evaluación de Necesidades de Salud Mental en la Comunidad

Esta encuesta le pregunta por su situación de vida, sus comportamientos de salud, y sus necesidades de salud mental. Su participación en esta encuesta es voluntaria, y sus respuestas permanecerán confidenciales, No hace falta que conteste a ninguna pregunta con la que no se sienta cómodo contestar. No hay respuestas correctas ni incorrectas; queremos saber sobre usted y sus experiencias.

1. **¿Qué edad tiene?** _____

2. **¿Cuál es su raza/etnicidad?** (Marque todos los que apliquen.)
   - ☐ Hispano
   - ☐ Indígena hispano: _____
   - ☐ Blanco (no hispano)
   - ☐ Asiático / Isleño del Pacífico / Hawaiano
   - ☐ Indio Asiático
   - ☐ Del Medio Oriente
   - ☐ Negro (no de origen hispano) / Afroamericano
   - ☐ Indio Americano / Nativo de Alaska
   - ☐ Otro: _____

3. **¿Qué idioma se habla principalmente en su casa?**
   - ☐ Árabe   ☐ Mixteco
   - ☐ Inglés   ☐ Persa
   - ☐ Gujarati   ☐ Español
   - ☐ Mandarín   ☐ Tagalo
   - ☐ Otro: _____

4. **¿Qué palabra describe mejor el sexo que se le asignó al nacer?**
   - ☐ Femenino   ☐ Masculino   ☐ Intersexual

5. **¿Con cuál de las siguientes se identifica más?**
   - ☐ Femenino/Mujer
   - ☐ Masculino/Hombre
   - ☐ No binario
   - ☐ Hombre trans (Femenino a Masculino)
   - ☐ Mujer trans (Masculino a Femenino)
   - ☐ *Genderqueer* / No convencional respecto a género
   - ☐ Otro: _____

6. **¿Qué palabra describe mejor su orientación sexual actual?**
   - ☐ Asexual   ☐ Bisexual
   - ☐ Gay   ☐ Lesbiana
   - ☐ Pansexual   ☐ Cuestionando
   - ☐ *Queer*   ☐ Heterosexual / Hetero
   - ☐ Otro: _____

7. **¿En qué país nació usted?**
   _____

8. **¿Cuántos años ha vivido usted en los Estados Unidos y en el Condado de Ventura?**
   Estados Unidos: _____   *Condado de Ventura:* _____

9. **¿Cuál es su código postal actual?** _____

10. **¿Cuántas personas viven con usted?**
    Niños (0-17): _____   *Adultos (18+):* _____

11. **¿Cuál describe mejor su situación respecto de dónde vive actualmente?**
    - ☐ Soy propietario o inquilino del lugar donde vivo
    - ☐ Vivo con un amigo o familiar
    - ☐ Refugio
    - ☐ Hotel / motel
    - ☐ Indigente
    - ☐ Otro: _____

12. **¿Cuánto tiempo lleva viviendo en su situación actual?**
    - ☐ 1 semana o menos
    - ☐ Más de una semana, pero menos de un mes
    - ☐ 1 a 3 meses
    - ☐ Más de 3 meses, pero menos de 1 año
    - ☐ 1 año o más
    - ☐ No lo sé

13. **¿Cuál es su situación laboral actual?**
    - ☐ Empleado
    - ☐ Empleado por cuenta propia
    - ☐ No trabajando, pero buscando trabajo
    - ☐ No trabajando, y <u>no</u> buscando trabajo
    - ☐ A cargo de hogar / progenitor que queda en casa
    - ☐ Cuidador de familiar a tiempo completo o parcial
    - ☐ Estudiante
    - ☐ Retirado
    - ☐ Sin capacidad para trabajar

14. **¿Cuántas horas trabaja a la semana (en total entre todos sus trabajos)?**
    - ☐ No estoy trabajando actualmente
    - ☐ 40 horas o más
    - ☐ 20 a 39 horas
    - ☐ Menos de 20 horas

15. **¿Cuál es el nivel más alto de educación que ha completado usted?**
    - ☐ Nunca asistí a primaria
    - ☐ Menos que preparatoria
    - ☐ Algo de preparatoria
    - ☐ Preparatoria / GED
    - ☐ Algo de universidad / escuela técnica
    - ☐ Escuela técnica / programa vocacional
    - ☐ Grado de asociado
    - ☐ Licenciatura universitaria
    - ☐ Licenciatura (*Maestría o más*)
    - ☐ Otro: _____

16. **¿Cuáles son los ingresos anuales de su vivienda (los ingresos totales entre usted y todas las personas con las que vive)?**
    _____

17. **Durante los últimos 12 meses, ¿con qué frecuencia ha tomado alcohol (por ejemplo, cerveza, vino, licor)?**
    ☐ Nunca
    ☐ Aproximadamente una vez al mes
    ☐ Aproximadamente una vez a la semana
    ☐ Dos veces a la semana
    ☐ 3 a 4 veces a la semana
    ☐ 5 a 6 veces a la semana
    ☐ Todos los días

18. **Durante los últimos 12 meses, los días en que bebió, ¿aproximadamente cuántas bebidas alcohólicas tomó por término medio?**
    ☐ Ninguna
    ☐ 1 a 2 bebidas
    ☐ 3 a 4 bebidas
    ☐ 5 a 6 bebidas
    ☐ 7 a 8 bebidas
    ☐ 9 o más bebidas

19. **Durante los últimos 12 meses, ¿ha consumido alguna droga distinta de alcohol o tabaco (por ejemplo, marihuana, metanfetamina, cocaína, etc.)?**
    ☐ No   ☐ Sí

20. **En general, ¿cómo evaluaría su propia salud mental?**
    ☐ Pobre
    ☐ Aceptable
    ☐ Buena
    ☐ Muy buena
    ☐ Excelente

21. **¿Alguna vez un médico u otro profesional de la salud le ha diagnosticado a usted, o a un familiar cercano, alguno de los siguientes?** (Marque todos los que apliquen.)
    Usted Familiar
    ☐   ☐   Depresión
    ☐   ☐   Ansiedad
    ☐   ☐   Trastorno bipolar
    ☐   ☐   Trastorno alimentario
    ☐   ☐   Trastorno de pánico
    ☐   ☐   Esquizofrenia
    ☐   ☐   Fobia o ansiedad social
    ☐   ☐   Abuso de alcohol o sustancias
    ☐   ☐   Otra condición de salud mental:
    _____

22. **¿A qué edad fue el primer diagnóstico de salud mental?**
    Usted: _____   Familiar: _____

23. **¿Alguna vez usted, o un familiar cercano, han pensado en suicidarse, o lo han intentado?**
    Usted: ☐ No   ☐ Sí
    Familiar: ☐ No   ☐ Sí

24. **¿A qué edad fue el primer intento de suicidio?**
    Usted: _____   Familiar: _____

25. **Si usted o un familiar cercano necesitaron servicios de salud mental en los últimos 12 meses, ¿recibieron los servicios que necesitaban?** *(por ejemplo, consejería, terapia, servicios contra alcohol o drogas, manejo de medicamentos, servicios psiquiátricos, etc.)*
    Usted Familiar
    ☐   ☐   No he necesitado servicios
    ☐   ☐   No, no recibí la atención que necesitaba
    ☐   ☐   Sí, recibí la atención que necesitaba

26. **¿Cuáles fueron los motivos principales por los que no recibió la atención de salud mental que necesitaba usted o un familiar cercano?** (Marque todos los que apliquen.)
    ☐ No he necesitado servicios en los últimos 12 meses
    ☐ Recibí todos los servicios que necesitaba
    ☐ El horario de los servicios no era cómodo
    ☐ Sin seguro de salud, o seguro de salud limitado
    ☐ Miedo a ser tratado mal por parte de proveedor de servicio
    ☐ Falta de servicios apropiados para mi/su cultura
    ☐ Falta de servicios disponibles en mi/su idioma
    ☐ Recibir servicios requería demasiados viajes
    ☐ Otro: _____

27. **¿El personal que le prestó servicios a usted o a un familiar cercano fue sensible a sus antecedentes culturales?**
    ☐ No he recibido servicios en los últimos 12 meses
    ☐ No   ☐ Sí

28. **¿Los servicios que recibieron usted o un familiar cercano se proporcionaron en su idioma de preferencia?**
    ☐ No he recibido servicios en los últimos 12 meses
    ☐ No   ☐ Sí

29. **En general, ¿qué tan satisfecho quedó usted con los servicios que usted o un familiar cercano recibieron en los últimos 12 meses?**
    ☐ No he recibido servicios en los últimos 12 meses
    ☐ Muy insatisfecho
    ☐ Algo insatisfecho
    ☐ Algo satisfecho
    ☐ Muy satisfecho

30. **¿En su opinión, qué problemas de salud mental son los más urgentes en su comunidad?** (Escoja un máximo de 3 respuestas.)
    ☐ Falta de acceso a servicios de salud mental
    ☐ Falta de servicios apropiados para mi cultura
    ☐ Falta de servicios en mi idioma de preferencia
    ☐ Alcoholismo y/o consumo de drogas
    ☐ Indigente
    ☐ Depresión
    ☐ Pensamientos suicidas
    ☐ Trauma infantil
    ☐ Otro: _____
    ☐ Ninguno

¡Gracias por completar esta encuesta! Le agradecemos su tiempo y su contribución.

Focus Group Facilitation Guide

Facilitator:	Note Taker:
Date and Time:	Location:
Priority Population:	Number of Participants:

Welcome and thank you for volunteering to take part in today's discussion. My name is *[facilitator]*. I work with *[organization or if independent, say you are an independent professional facilitator*. I will be leading today's group. *(If there is a note taker then introduce him or her.).* This is *[note taker]*, and they will take notes. We (I) are/am working with Ventura County Behavioral Health, or VCBH.

We will be starting the session soon. In the meantime, we are handing out a short survey, which we will collect at the end of the discussion. Please take a moment to fill it out. *[Hand out demographic questionnaire]*

Introduction.

OK, is everyone ready to start the discussion?

We are interested in learning about your experiences with mental health and VCBH's services.

- The discussion will take about an hour and a half.

- Your honest feedback is important to us.

- Your participation is voluntary. You do not need to answer any questions you do not feel comfortable answering.

To make sure we do not miss anything, we will be audio-recording this discussion. As a reminder, your participation and all that you say will remain confidential. Only research staff will have access to the audio-recordings. Do I have your permission to start the recording? *[If anyone does not wish to be recorded, they may be excused from the discussion; however, they are still welcome to enjoy any refreshments provided to all participants.]*

GROUND RULES

Before we begin, let's review a few rules.

1) **There are no right or wrong answers.**
    a. The opinions of everyone here are important.
    b. You do not have to agree with the views of other people in the group.

2) **Everyone has the chance to speak.**
    a. Be sure to speak one at a time.
    b. Since we want to hear from everyone, I may call on you if we have not heard from you in a while.

   c. I may ask you to give another person a turn to speak.

Does anyone have any questions?

OK, let's begin.

Warm-up Introductions

First, let's start by introducing ourselves. Can you tell us your first name?

Background on Mental Health

Let's start by talking about <u>mental health</u> and what it means to you.
You may have heard of mental health referred to by other words, for example, behavioral health, mental wellbeing, emotional health, or emotional wellbeing.

1. **What words do *you* use to describe mental health?** *[if appropriate, you can tailor the focus group questions to use terms that the group mentioned]*
2. **What does it mean to you to have *good* mental health?**
3. **Are there any mental health concerns among *[priority population]*?**
   a. **If so, what are these concerns?**
   b. **Which of these concerns do you feel are especially urgent?**

Mental Health Services: Access / Barriers and Quality

[Note that responses to these questions may have already come up under previous questions]

4. **Where would you go if you needed help with mental health?**
   [Depending on participants' responses, you can probe for family members, friends, neighbors, etc.]
5. **If you have ever received mental health services in Ventura County, what was your experience with these services?** *[Probe for both positive experiences and areas for improvement; depending on participants' responses, you can probe for family members, friends, neighbors, etc.]*
   a. **Were the services you received available in your preferred language?**
   b. **Were the services you received sensitive to your culture or lifestyle?**
6. **Are there any challenges that people in your community face in getting the help or services they need for mental health?**
   a. **If so, what are these challenges?**

Recommendations

7. **What types of mental health services are helpful for you or other *[priority population]*?**
8. **What types of services for *[priority population]* would you like to see in the future?**

Concluding Questions

9. **Of all the things that we discussed, what do you think is the most important?**
10. **Is there anything else you would like to mention related to mental health among *[priority population]*?**

Thank you for taking the time to participate in today's group. Your opinions are very important and will help Ventura County improve mental health services. We also have a short feedback questionnaire that we would like you to complete. *[Hand out feedback survey]* We will collect it along with the short survey we handed out at the beginning of the discussion.

Once again, *thank you* for joining us today!

Evaluación de las necesidades de salud mental de la comunidad del Condado de Ventura

Guía de facilitación de grupos focales

Facilitador :	Tomador de notas :
Fecha y hora:	Ubicación:
Población prioritaria:	Número de participantes:

Bienvenido y gracias por ser participante voluntario en la discusión de hoy. Mi nombre es *[facilitador]*. Yo trabajo con *[organización o si es independiente, indique que usted es un facilitador profesional e independiente*. Yo estaré guiando al grupo de hoy. *(Si hay un tomador de notas, preséntelo aquí.)*. Les presento a *[tomador de notas]*, y tomará apuntes durante esta sesión. Nosotros/Yo estamos/estoy trabajando con el Departamento de Behavioral Health del Condado de Ventura o VCBH.

Pronto empezaremos la sesión. Mientras, estamos pasando un cuestionario breve que vamos a recoger al final de la sesión. Por favor tome un momento para completarlo. *(Distribuya el cuestionario demográfico.]*

Introducción.

Bueno, ¿están todos listos para comenzar la sesión?

Estamos interesados en aprender sobre sus experiencias con la salud mental y los servicios de VCBH.

- La sesión tomará aproximadamente una hora y media.

- Sus opiniones y contribuciones sinceras son importantes para nosotros.

- Su participación es voluntaria y no tiene que responder a ninguna pregunta que usted no se siente cómodo respondiendo.

Para asegurarnos de captar todo el contenido de esta junta, estaremos grabando el audio. Quiero recordarles que su participación y todo lo que digan será confidencial. Solamente cierto personal tendrá acceso a las grabaciones de audio. ¿Tengo su permiso para comenzar la grabación? *[Si alguien no desea ser grabado, tiene la opción de no participar en la junta; sin embargo, aún son bienvenidos a disfrutar del compañerismo y meriendas o comida que se les han proporcionado a los participantes.]*

REGLAS PARA NUESTRO GRUPO

Antes de comenzar, vamos a repasar unas reglas.

1) **No hay respuestas correctas o incorrectas.**
   a.   Las opiniones de todos aquí son importantes.

   b.   No tienen que estar de acuerdo con las opiniones de otras personas en el grupo.

2) **Todos tienen la oportunidad de hablar.**

    a.   Asegúrense de hablar uno por uno.

    b.   Porque deseamos escuchar a todos, puedo llamarles para animarlos a participar.

    c.   Puedo pedir que demos oportunidad a otras personas que participen.

¿Alguien tiene alguna pregunta?

Bueno, vamos a empezar.

Presentaciones arriba - cálido

Primero, comenzaremos con presentarnos al grupo. ¿Puedes decirnos su nombre?

Antecedentes sobre la salud mental

Hay que empezar hablando de <u>la salud mental</u> y lo que significa para usted. Es posible que haya oído hablar de la salud mental mencionada por otros nombres, por ejemplo, bienestar mental, salud emocional, o bienestar emocional.

1. **¿Qué palabras utiliza para describir la salud mental?** *[Si corresponde, puede adaptar las preguntas para usar los términos que el grupo mencionó.]*
2. **Qué significa para usted tener *una buena* salud mental?**
3. **¿Hay alguna preocupación de salud mental entre *[población prioritaria]*?**
   a. **Si es así, ¿cuáles son estas preocupaciones?**
   b. **¿Cuál de estas preocupaciones sientes que son especialmente urgentes?**

Servicios de Salud Mental: Acceso / Barreras y Calidad.

[Fíjese que las respuestas a estas preguntas ya hayan surgido en las preguntas anteriores.]

4. **¿A dónde irías si necesitarías ayuda con la salud mental ?** *[Según respuestas de los participantes, se puede preguntar acerca de familiares, amigos, vecinos, etc.]*
5. **Si alguna vez recibió servicios de salud mental en el Condado de Ventura, ¿cuál fue su experiencia con estos servicios?** *[Pregunte acerca de experiencias positivas e ideas para mejorar áreas en los servicios que actualmente son ofrecidos; dependiendo de las respuestas de los participantes, puede preguntar acerca de miembros de la familia, amigos, vecinos, etc.]*
   a. **¿Estaban los servicios que recibió disponibles en su idioma preferido?**
   b. **¿Fueron los servicios que recibió sensibles a su cultura o estilo de vida?**

6. **¿En su comunidad, hay obstáculos o dificultades en obtener ayuda o servicios que se necesitan para la salud mental?**

   a. **Si hay obstáculos o dificultades, ¿cuáles son?**

Recomendaciónes

7. **¿Qué tipos de servicios de salud mental son útiles para usted o para otros de esta comunidad de *[población prioritaria]?***
8. **¿Qué tipos de servicios para esta comunidad de *[población prioritaria]* le gustaría ver en el futuro?**

Preguntas Finales

9. **De todas las cosas que discutimos, ¿qué piensa que es lo más importante?**

10. **¿Hay algo más que quisiera mencionar relacionado con la salud mental entre la comunidad de *[población prioritaria]*?**

Gracias por tomar su tiempo para participar en este grupo de hoy. Sus opiniones son muy importantes y ayudarán al Condado de Ventura mejorar los servicios de la salud mental. Porque nos interesa su opinión acerca de esta sesión, tenemos un cuestionario breve que nos gustaría que complete. *[Distribuya el cuestionario a los participantes.]* Lo vamos a recoger junto con la breve encuesta que entregamos al comienzo de la sesión.

Una vez más, ¡*gracias* por acompañarnos hoy!

MHSA Provider Needs Assessment

Please take a few minutes to complete the following questions.

Thank you in advance for your time.

Your feedback will allow us to further strengthen mental health services delivery countywide.

* 1. Which age groups do you work with most of the time?
  - ⃝ Children (age 15 years and younger)
  - ⃝ Transitional Age Youth (TAY) (ages 16-25)
  - ⃝ Adults (ages 26-59)
  - ⃝ Older Adults (60 and older)

---

* 2. From the list below, please indicate which populations you work with most often (select all that apply).
  - ⃝ White/Caucasian
  - ⃝ Hispanic/Latino
  - ⃝ Black/African American
  - ⃝ Asian American/Pacific Islander
  - ⃝ Native American/Alaska Native
  - ⃝ LGBTQ+
  - ⃝ Persons with mobility/physical disabilities
  - ⃝ Persons with communication disabilities (hearing, speech, other)
  - ⃝ Persons with mental disabilities (dementia, learning, developmental)
  - ⃝ Persons with chronic health conditions
  - ⃝ Other (please specify):

  _____

---

* 3. Which agency/organization do you represent?

    m Sheriff's Office
    m Municipal Police Department
    m Primary Education
    m Secondary Education
    m College/University
    m Community College
    m Ventura County Office of Education (VCOE)
    m Ventura County Behavioral Health (VCBH)
    m Human Services Agency
    m Public Health
    m Hospital
    m Ambulatory Care
    m Other

      Other (please specify):

      _____

4. What title best describes your role?
    m Manager, Executive, Director, Principal, or Chief
    m Direct Service (direct interaction with individuals)
    m Admin/Office Support
    m Patrol
    m Other (please specify):

      _____

5. Which region of the county does your agency serve?
    [--Please Select--]

6. Overall, what are the most urgent issues affecting mental health within the communities that you serve?

   ◌ Lack of access to mental health services

   ◌ Lack of culturally appropriate services

   ◌ Lack of services in clients preferred language

   ◌ Alcoholism/drug use

   ◌ Homelessness

   ◌ Depression

   ◌ Childhood trauma

   ◌ Thoughts of suicide

   ◌ Other (please specify):

   _____

7. Which age groups of people are currently in greatest need of mental health services within the communities you serve? (select the top two)

   ◌ Children (age 15 years and younger)

   ◌ Transitional Age Youth (TAY) (ages 16-25)

   ◌ Adults (ages 26-59)

   ◌ Older Adults (60 and older)

8. Which subpopulations are currently in greatest need of mental health services within the communities you serve? (select the top two)

   ◌ White/Caucasian

   ◌ Hispanic/Latino

   ◌ Black/African American

   ◌ Asian American/Pacific Islander

   ◌ Native American/Alaska Native

   ◌ LGBTQ+

   ◌ Persons with mobility/physical disabilities

   ◌ Persons with communication disabilities (hearing, speech, other)

   ◌ Persons with mental disabilities (dementia, learning, developmental)

   ◌ Persons with chronic health conditions

   ◌ Other (please specify):

   _____

9. Thinking about the region(s) you serve within the community, how available are mental health services for persons in need (think about ease of access and capacity)?

ɯ Not at all Available

ɯ Somewhat Available

ɯ Very Available

10. Thinking about the agency you work for, is your agency's capacity sufficient to meet the demands of the population in need of mental health services?

ɯ No

ɯ Yes, some of the time

ɯ Yes, most of the time

11. Please indicate to what extent you disagree or agree with the following statement:

People with mental health problems can get the help they need in my service area.

Strongly Disagree	Disagree	Neutral	Agree	Strongly agree
m	m	m	m	m

12. Thinking about all available mental health services within the communities you serve, please rate each of the following.

	Excellent	Good	Fair	Poor	Not Sure
Availability of appointments	m	m	m	m	m
Hours of operation	m	m	m	m	m
Wait times in lobby to see provider	m	m	m	m	m
Capacity (sufficient beds/staff)	m	m	m	m	m
Cultural competency of staff	m	m	m	m	m
Ease of access for clients	m	m	m	m	m
Materials or services provided in multiple languages	m	m	m	m	m
Childcare availability	m	m	m	m	m
Referrals provided to clients/families	m	m	m	m	m

13. Please provide any additional comments that explain your answers to the question above:

_____

_____

_____

_____

14. Thinking about all available mental health services within the communities that you serve, what are some barriers for clients being able to access services?

❑ Transportation

❑ Client knowledge of available services

❑ Availability of services

❑ Lack of culturally appropriate services

❑ Staff competency

❑ Location of services

❑ Lack of childcare

❑ Other (please specify):

_____

15. What, if any, are the unmet needs relative to mental health services within the communities that you serve?

_____
_____
_____
_____

16. What recommendations or suggestions do you have to better meet the primary mental health needs within the communities that you serve?

_____
_____
_____
_____

February 2019

Ventura County Behavioral Health
Community Survey Data Book

Community Mental Health Needs Assessment

harder + co | community research

Table of Contents

Introduction

Ventura County Behavioral Health has engaged Harder+Company Community Research to conduct a community mental health needs assessment (CMHNA) across Ventura County.

This data book is intended to provide an overview and descriptive analysis of participants' responses to the community survey carried out for the CMHNA.

Overall

Demographics

Exhibit 1.   Age of Respondent (n=4,249)
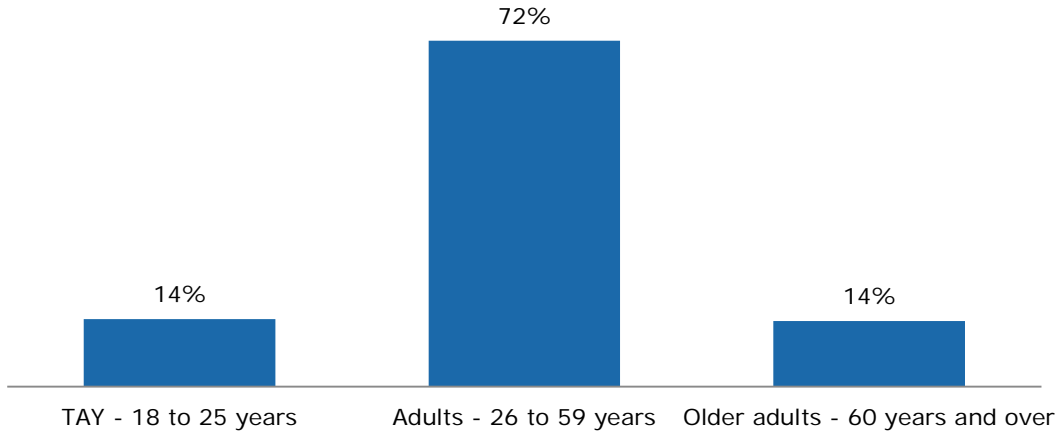
	n	Mean	Median	Min	Max
Age	4,249	41.92	40	18	89

Exhibit 2.   Race/Ethnicity of Respondent[1] (n=4,208)

Race/Ethnicity	%
Hispanic	58.4%
White (non-Hispanic)	35.6%
Indigenous	3.9%
Asian/Pacific Islander/Hawaiian	3.7%
Black/African American	2.9%
American Indian/Alaska Native	2.3%
Other	2.2%
Asian Indian	0.5%
Middle Eastern	0.5%

---

[1] Respondents could select more than one option.

Exhibit 3.   Language Spoken Most Often at Home (n=4,229)

	%
English	59.4%
Spanish	28.6%
Other	9.3%
Mixtec	2.3%
Tagalog	0.3%
Persian	0.1%
Arabic	0.0%
Mandarin	0.0%
Gujarati	0.0%

Exhibit 4.   Sex Assigned at Birth (n=4,208)

- Female: 70%
- Male: 30%
- Intersex: 0%
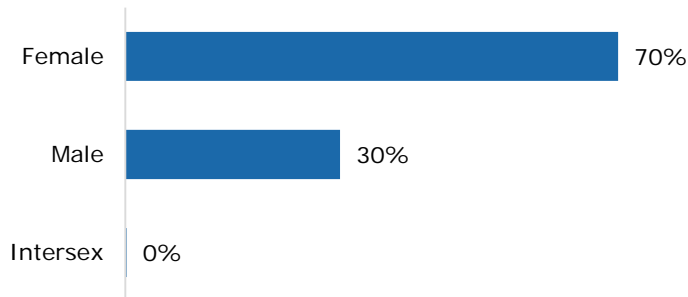
Exhibit 5.   Gender of Respondent (n=4,038)

- Female/Woman: 69%
- Male/Man: 29%
- Non-Binary: 1%
- Trans Man (Female to Male): 0%
- Trans Woman (Male to Female): 1%
- Genderqueer/Gender Non-Conforming: 0%
- Other: 1%
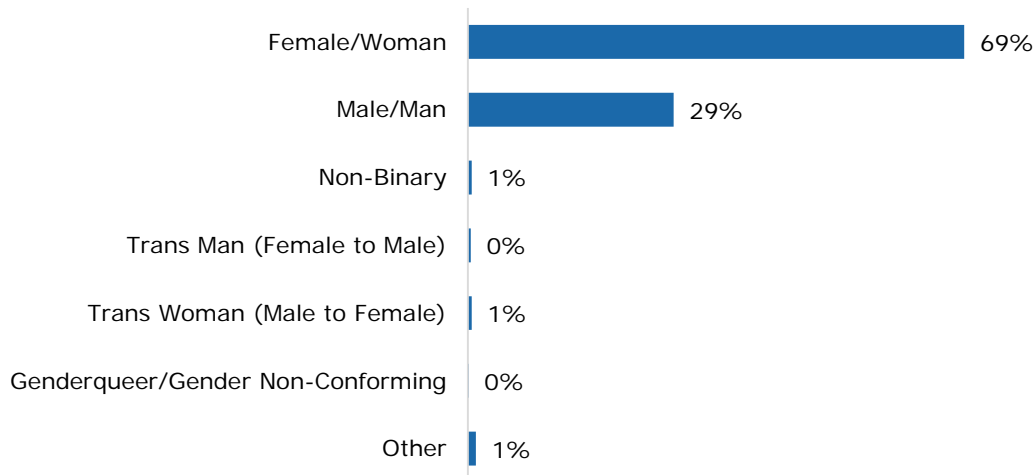
Exhibit 6. **Sexual Orientation (n=3,553)**

Category	%
Heterosexual/Straight	84%
Asexual	6%
Bisexual	4%
Other	2%
Gay	1%
Lesbian	1%
Pansexual	1%
Queer	1%
Questioning	1%
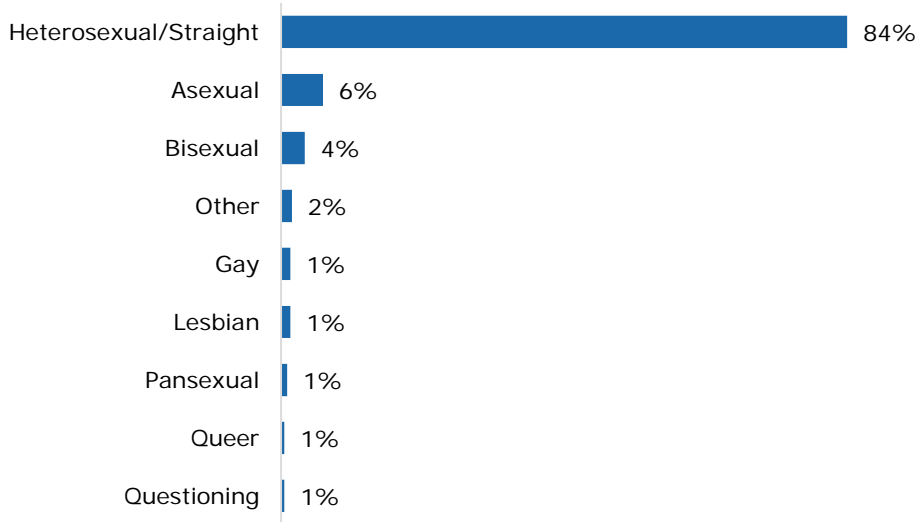
Exhibit 7. **Country of Birth of the Respondent (n=4,143)**

	%
United States	66%
Mexico	29%
Other	5%

Other countries include: El Salvador, Philippines, Guatemala, Honduras, Canada, India, Japan, Peru, Germany, Iran, Veitnam, England, Nicaragua, Cuba, South Korea, Argentina and Colombia.

Exhibit 8. **For Foreign-Born Respondents, Number of Years They Have Lived in the US**

	n	Mean	Median	Min	Max
United States	1,233	22.17	19	1	70

Exhibit 9. **Number of Years Respondent has Lived in Ventura County**

	n	Mean	Median	Min	Max
Ventura County	3,508	25.09	23	1	87

Exhibit 10.   Household Size

Six percent of respondents for whom household size data was available reported living alone.

	n	Mean	Median	Min	Max
Household size (Children. Adults, respondent)	3,670	4.36	4	1	19

Exhibit 11.   Number of Children (0-17 years) in Household.

For households with children, the average number of children per household was 2.

	n	Mean	Median	Min	Max
Children (0-17)	2,207	2.32	2	1	18

Exhibit 12.   Number of other Adults (18+) living in the Household.

For participants that indicated living with other adults, they reported living on average with **2** adults.

	n	Mean	Median	Min	Max
Adults (18+)	3,228	2.26	2	1	18

Exhibit 13.   Current Living Situation (n=4,103)

Own or rent my own place	65%
Live with a friend or family member	24%
Other	7%
Homeless	3%
Shelter	1%
Hotel/motel	0%
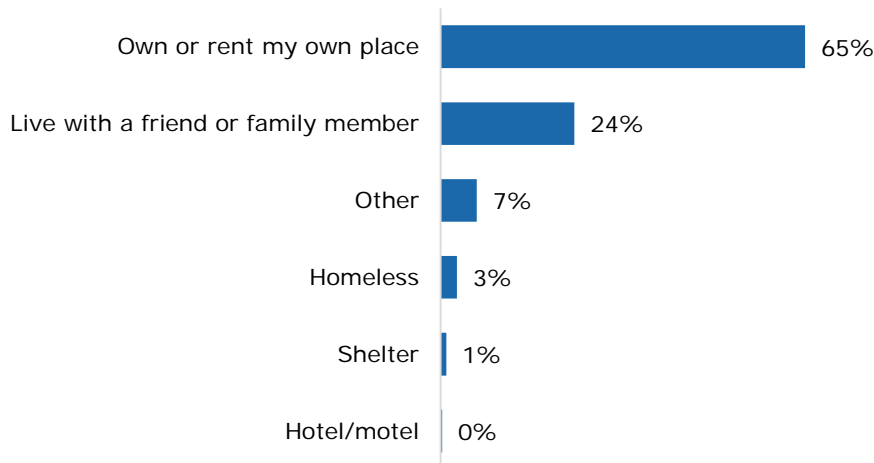
Exhibit 14.   Length of Time in Current Living Situation (n=4,015)
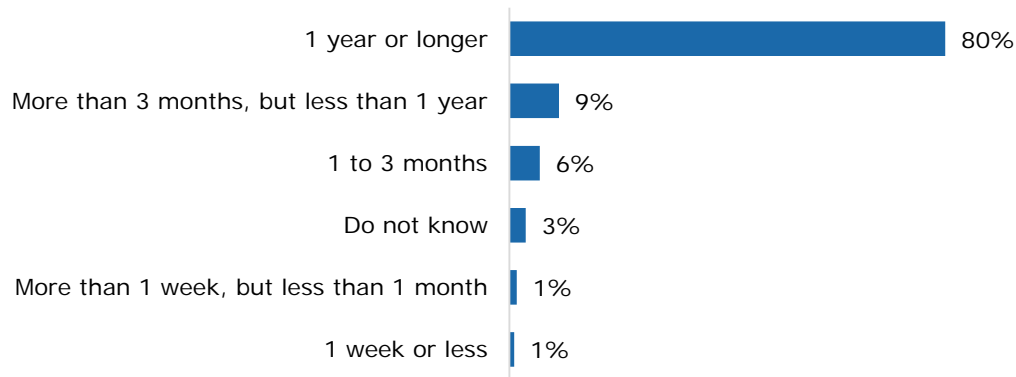
Length of Time	Percentage
1 year or longer	80%
More than 3 months, but less than 1 year	9%
1 to 3 months	6%
Do not know	3%
More than 1 week, but less than 1 month	1%
1 week or less	1%

	1 week or less	More than 1 week, less than 1 month	1 to 3 months	More than 3 months, but less than 1 year	1 year or longer	Don't know
Own or rent own place (n=2,598)	0.5%	0.8%	4.1%	6.3%	86.1%	2.2%
Live with a friend or family member (n=966)	1.1%	1.8%	6.9%	10.4%	76.5%	3.3%
Shelter (n=43)	9.3%	2.3%	16.3%	25.6%	41.9%	4.7%
Hotel/Motel (n=11)	9.1%	0.0%	27.3%	18.2%	36.4%	9.1%
Homeless (n=115)	1.7%	4.3%	13.9%	19.1%	55.7%	5.2%
Other (n=255)	1.6%	5.1%	9.8%	24.7%	52.2%	6.7%

Exhibit 15. Respondent's Occupation (n=4,054)

Occupation	Percentage
Employed	48%
Unable to work	12%
Not working, but looking for a job	11%
Home-maker / stay-at-home parent	7%
Retired	6%
Not working, and not looking for a job	5%
Self-employed	4%
Student	4%
Other	3%
Full or part-time family caregiver	2%
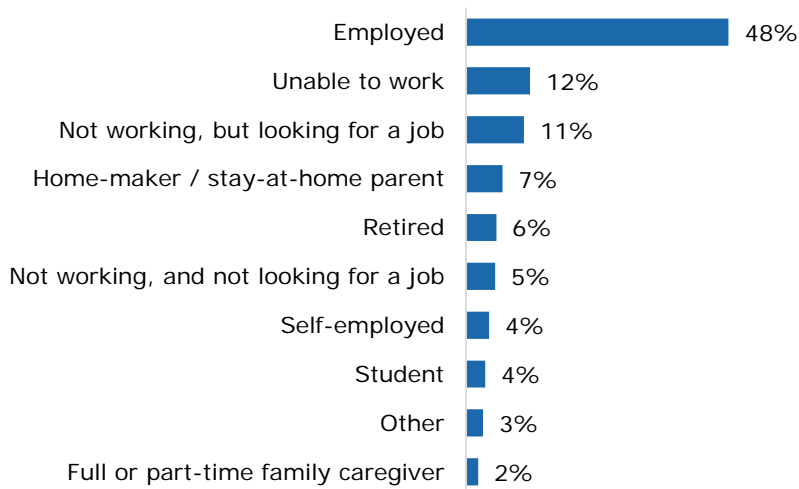
Exhibit 16. Number of Hours Respondent Works Each Week (n=2,074)[2]

Hours	Percentage
40 hours or more	62%
20 to 39 hours	28%
Less than 20 hours	9%
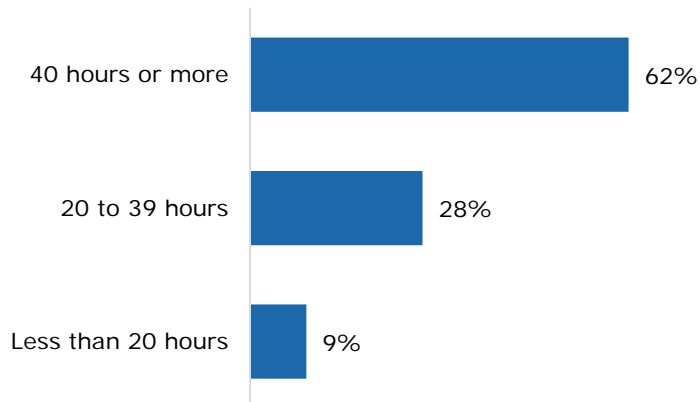
[2] For participants that reported being employed and self-employed.

Exhibit 17.   Highest level of education (n=4,052)

Category	Percent
Some college / technical school	20%
High school graduate / GED	20%
Less than high school	13%
Bachelor's degree	11%
Some high school	10%
Graduate degree	10%
Associate's degree	8%
Technical school / vocational program	4%
Never attended school	3%
Other	0%
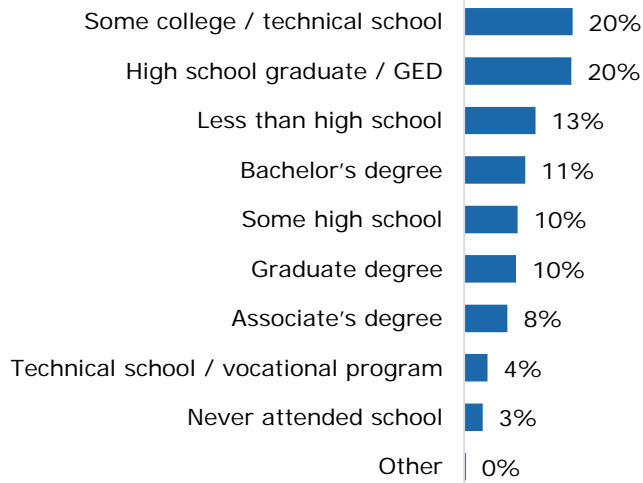
Exhibit 18.   Total household income (n=2,422)

Category	Percent
less than 10,000	7%
10,000 to 19,999	21%
20,000 to 29,999	15%
30,000 to 39,999	11%
40,000 to 49,999	7%
50,000 to 59,999	6%
60,000 to 69,999	5%
70,000 to 79,999	3%
80,000 to 89,999	3%
90,000 to 99,999	3%
100,000 to 119,999	5%
120,000 to 139,999	3%
140,000 to 159,999	4%
160,000 to 179,999	2%
180,000 to 199,999	1%
200,000+	4%
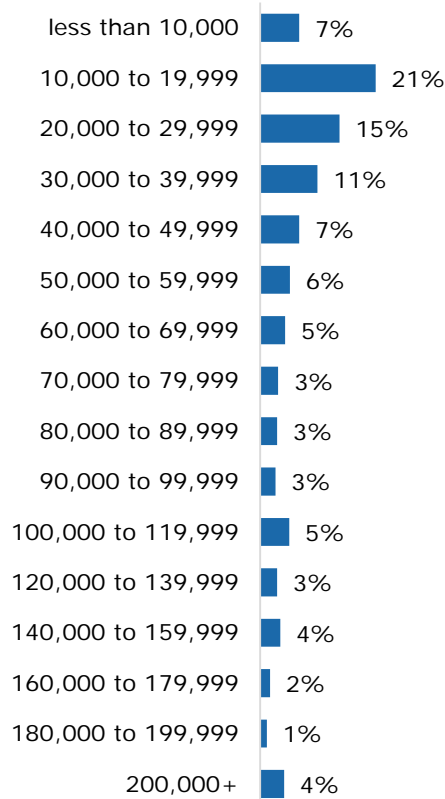
	n	Mean	Median	Min	Max
Household Income	2,422	59,595	35,000	2,000	1,800,000

Exhibit 19. Ventura County poverty level based on HUD Income Levels for Ventura County[3] (n=2,158)

Category	Percentage
Extremely low, 0 to 30 FMI	43%
Very low, 31 to 50 FMI	17%
Low, 51 to 80 FMI	13%
Moderate, 81 to 120 FMI	11%
121 to 150 FMI	5%
151 to 200 FMI	5%
200+ FMI	8%
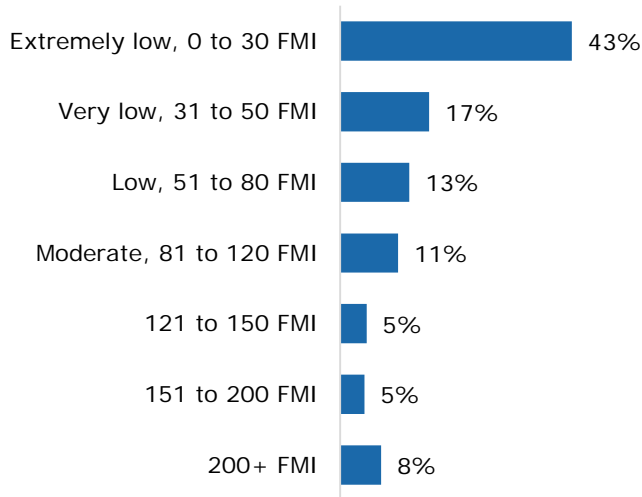
Mental Health

Exhibit 20. Alcohol Consumption in the last 12 months (n=3,926)

Category	Percentage
Never	51%
About once a month	29%
About once a week	8%
Twice a week	6%
3 to 4 times a week	4%
Every day	2%
5 to 6 times a week	1%

---

[3] http://www.hcd.ca.gov/grants-funding/income-limits/state-and-federal-income-limits/docs/inc2k18.pdf
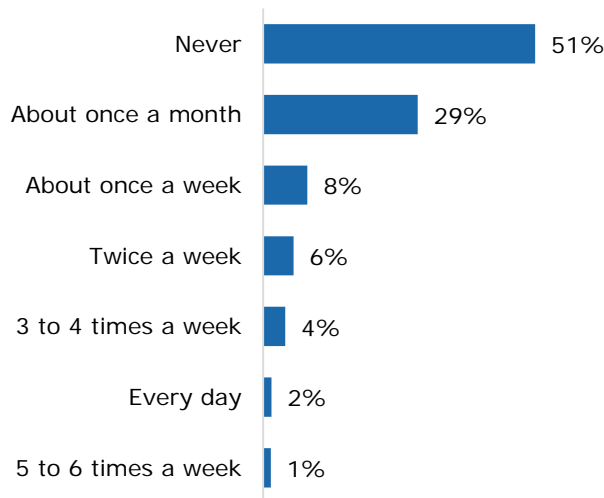
Exhibit 21. **For Respondents who Reported Drinking, Average Number of Alcoholic Drinks (n=1,907)**

Category	Percent
1 to 2 drinks	72%
3 to 4 drinks	18%
5 to 6 drinks	6%
7 to 8 drinks	2%
9 or more drinks	2%
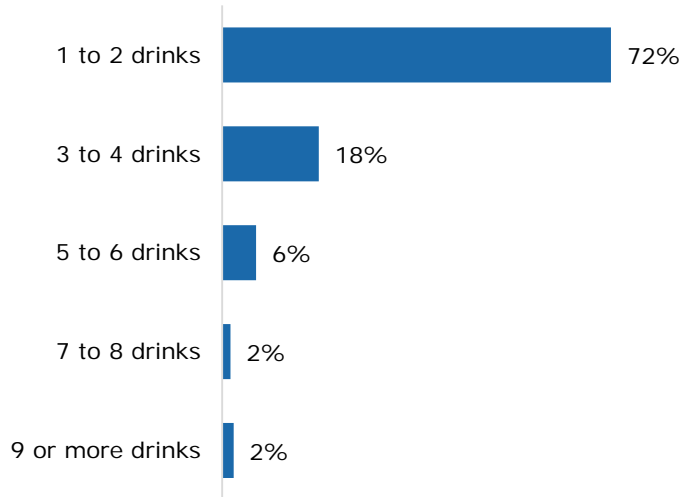
Exhibit 22. **Substance Use in the Last 12 Months (n=3,919)**

Yes, 15%

No, 85%
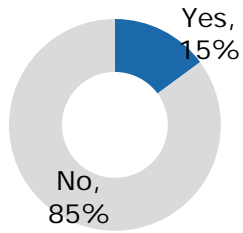
Exhibit 23. **Mental Health Rating (n=3,856)**

Category	Percent
Poor	8%
Fair	25%
Good	32%
Very good	21%
Excellent	14%
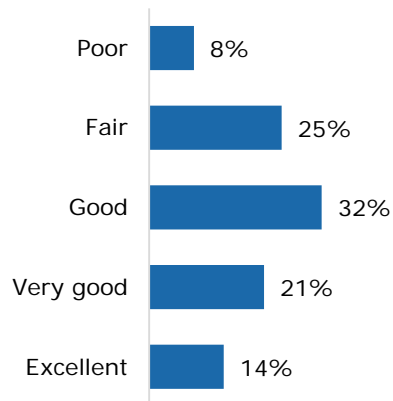
Exhibit 24.   Mental Health Diagnosis by a Doctor or Other Healthcare Professional (n=2,794)

■ Self   ■ Family

Diagnosis	Self	Family
Depression	52%	45%
Anxiety	46%	38%
Bipolar disorder	15%	18%
Eating disorder	7%	7%
Panic disorder	11%	10%
Schizophrenia	10%	11%
Social anxiety	14%	11%
Alcohol or drug abuse	12%	25%
Other	9%	8%
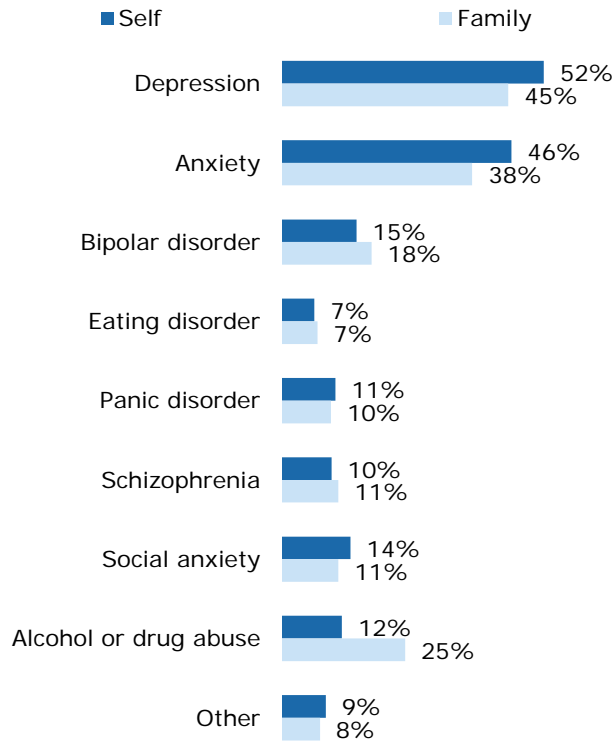
Exhibit 25.   Age of First Mental Health Diagnosis

	n	Mean	Median	Min	Max
Self	1,530	25.62	22	1	80
Family	854	24.86	20	1	89

Exhibit 26.   Suicide Ideation/Attempt

Self (n=3,623)

Yes, 29%

No, 71%

Family (n=3,129)

Yes, 27%

No, 73%
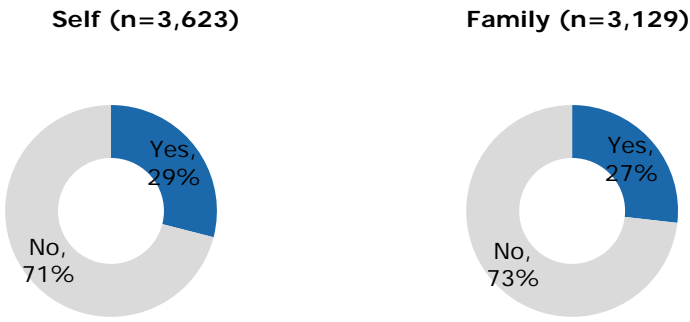
Exhibit 27.   Age of First Suicide Attempt

	n	Mean	Median	Min	Max
Self	704	21.35	17	5	80
Family	459	25.65	20	7	81

Exhibit 28.   Access to Needed Mental Health Services in the Last 12 Months

■ Self (n=2,987)   ■ Family (n=2,452)

Did not need services
- 48%
- 49%

No, did not receive the care needed
- 11%
- 18%

Yes, received the care needed
- 42%
- 33%
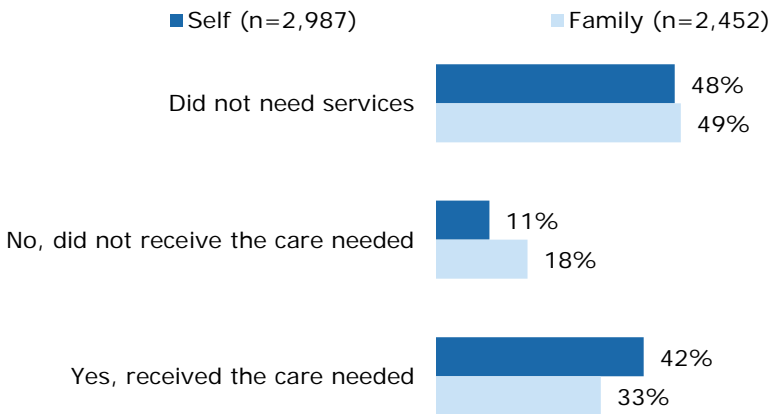
Exhibit 29.   Main reasons Why Mental Health Services were NOT Received (n=533)

Reason	Percentage
No health insurance or limited health insurance	51%
Timing of services was not convenient	35%
Other	31%
Fear of being mistreated by a service provider	30%
Lack of services appropriate to my/their culture	24%
Getting services required too much travel	23%
Lack of services available in my/their language	21%
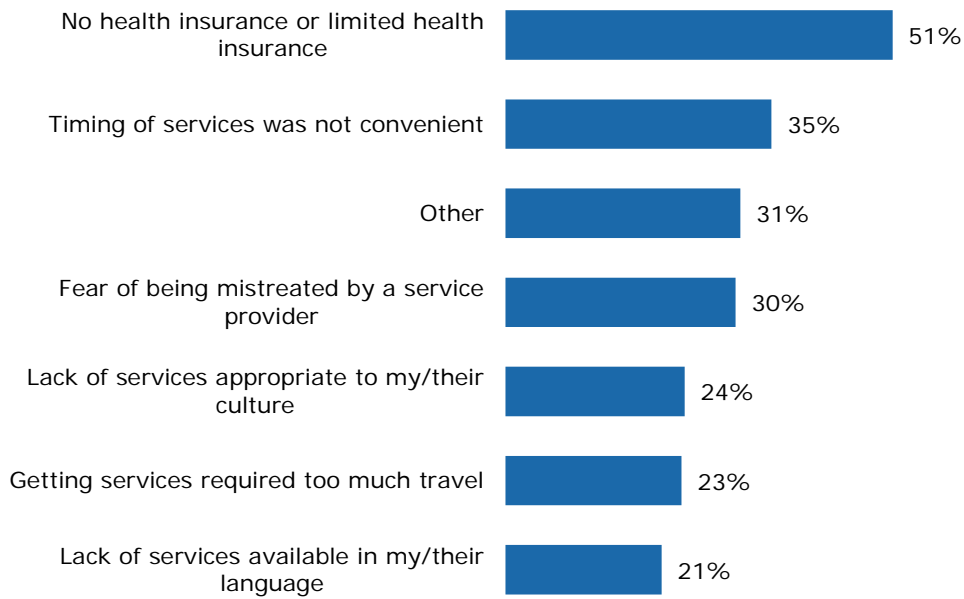
Exhibit 30.   Staff that Provided Services were Sensitive to Cultural Background (n=1,531)

No, 12%

Yes, 88%
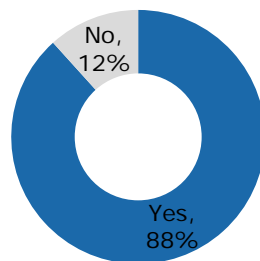
Exhibit 31.   Services were Provided in Preferred Language (n=1,598)
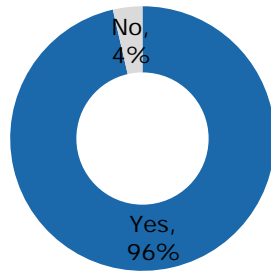
Exhibit 32.   Overall Satisfaction with Received Services (n=1,577)
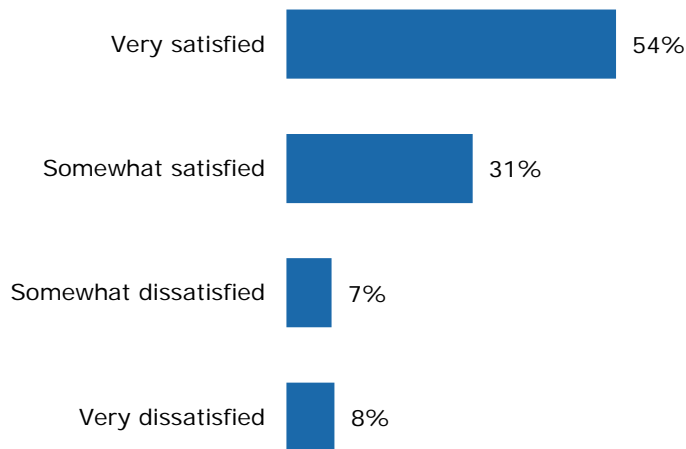
Exhibit 33.   Most Urgent Mental Health Issues in the Community (n=3,715)

Issue	Percentage
Homelessness	40%
Alcoholism and/or drug use	40%
Depression	40%
Lack of access to mental health services	37%
Childhood trauma	26%
Thoughts of suicide	18%
Lack of services appropriate for my culture	12%
Lack of services in my preferred language	11%
None	11%
Other	8%
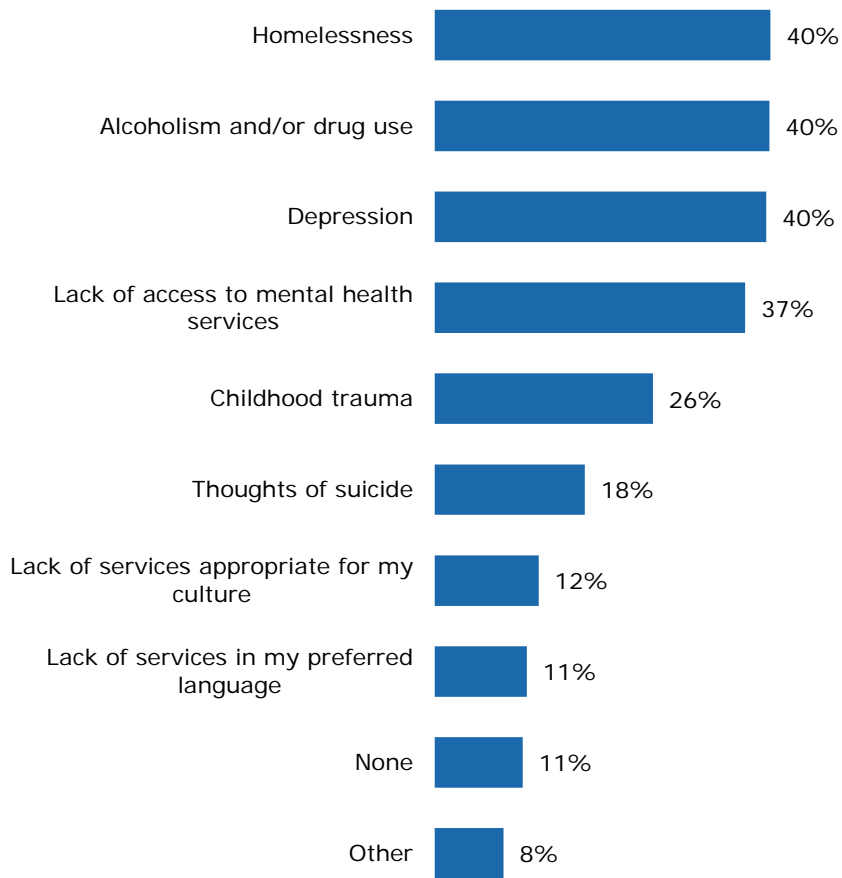
Black/African American

Demographics

Exhibit 34. **Age of Respondent (n=120)**
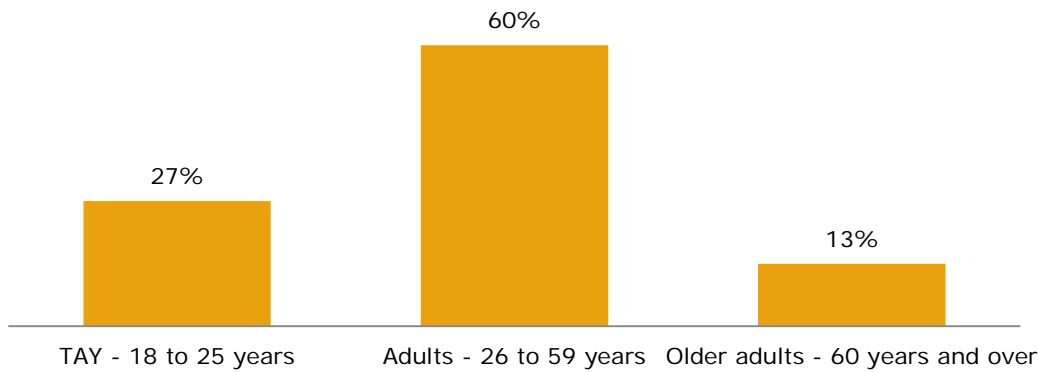
	n	Mean	Median	Min	Max
Age	120	40.17	38.5	18	78

Exhibit 35. **Language Spoken Most Often at Home (n=120)**

	%
English	95.0%
Spanish	2.5%
Other	2.5%

Exhibit 36. **Sex Assigned at Birth (n=119)**

Female 61%

Male 39%
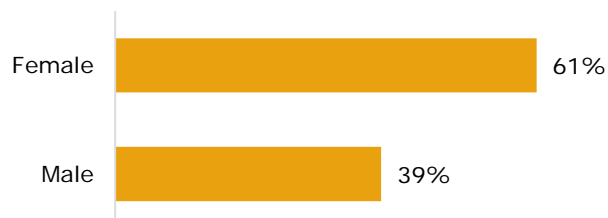
Exhibit 37.   **Gender of Respondent (n=115)**

Gender	%
Female/Woman	61%
Male/Man	34%
Non-Binary	1%
Other	4%
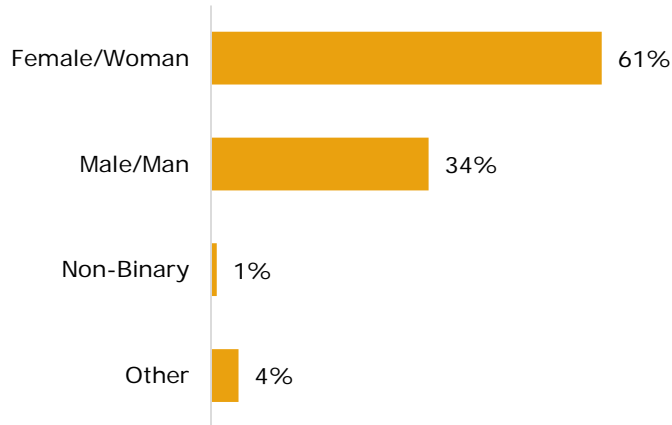
Exhibit 38.   **Current Sexual Orientation (n=114)**

Orientation	%
Heterosexual/Straight	81%
Asexual	6%
Bisexual	4%
Gay	3%
Questioning	3%
Pansexual	2%
Lesbian	2%
Other	1%
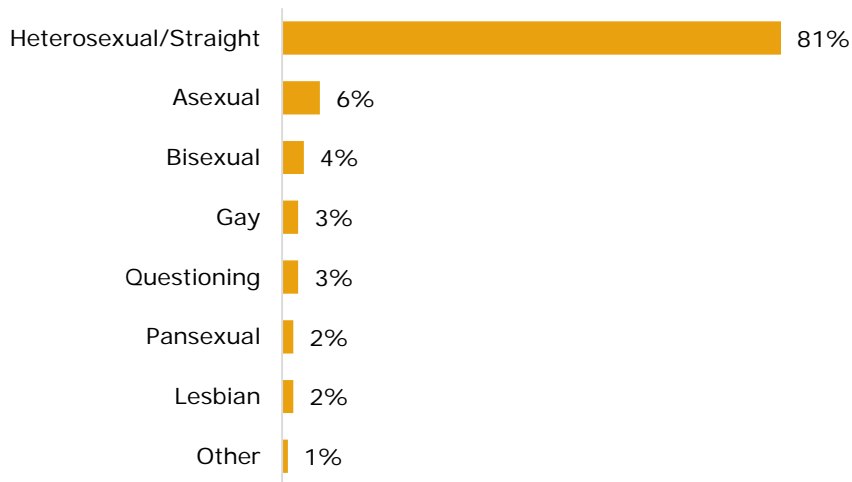
Exhibit 39.   **Country of birth of the respondent (n=119)**

	%
United States	96%
Other	4%

Other countries include: Colombia, England, Japan, and Nigeria.

Exhibit 40.   For Foreign-Born Respondents, Number of Years They Have Lived in the US

	n	Mean	Median	Min	Max
United States	5	24.60	21	13	40

Exhibit 41.   Number of Years Respondents have Lived in Ventura County

	n	Mean	Median	Min	Max
Ventura County	102	24.97	21	1	73

Exhibit 42.   Household Size

Thirteen percent of respondents for whom household size data was available reported living alone.

	n	Mean	Median	Min	Max
Household size (Children. Adults, respondent)	100	3.25	3	1	8

Exhibit 43.   Number of children (0-17 years) in Household.

For households with children, the average number of children per household was 2.

	n	Mean	Median	Min	Max
Children (0-17)	43	1.88	1	1	6

Exhibit 44.   Number of other adults (18+) Living in the Household.

For participants that indicated living with other adults, they reported living on average with **2** adults.

	n	Mean	Median	Min	Max
Adults (18+)	78	1.85	1	1	5

Exhibit 45.   Current Living Situation (n=119)

Living Situation	Percentage
Own or rent my own place	54%
Live with a friend or family member	29%
Other	13%
Homeless	4%
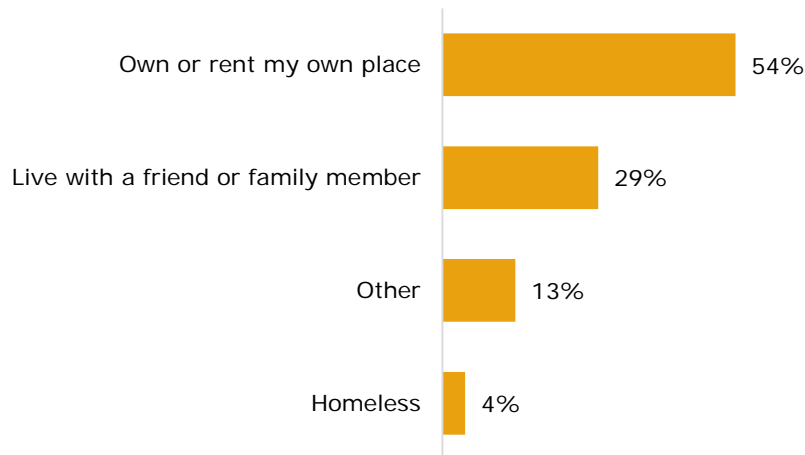
Exhibit 46.   Length of Time in Current Living Situation (n=119)
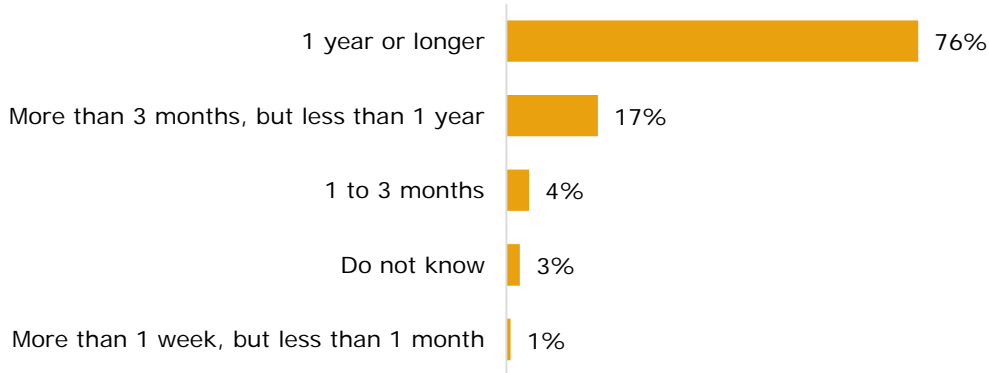
Length of Time	Percentage
1 year or longer	76%
More than 3 months, but less than 1 year	17%
1 to 3 months	4%
Do not know	3%
More than 1 week, but less than 1 month	1%

	1 week or less	More than 1 week, less than 1 month	1 to 3 months	More than 3 months, but less than 1 year	1 year or longer	Don't know
Own or rent own place (n=64)	0.0%	0.0%	6.3%	7.8%	85.9%	0.0%
Live with a friend or family member (n=33)	0.0%	0.0%	0.0%	24.2%	69.7%	6.1%
Homeless (n=5)	0.0%	20.0%	0.0%	0.0%	80.0%	0.0%
Other (n=16)	0.0%	0.0%	6.3%	43.8%	50.0%	0.0%

Exhibit 47.   Respondents Occupation (n=117)

Occupation	Percentage
Employed	39%
Not working, but looking for a job	18%
Unable to work	15%
Not working, and not looking for a job	7%
Self-employed	5%
Student	5%
Other	5%
Home-maker / stay-at-home parent	3%
Retired	3%
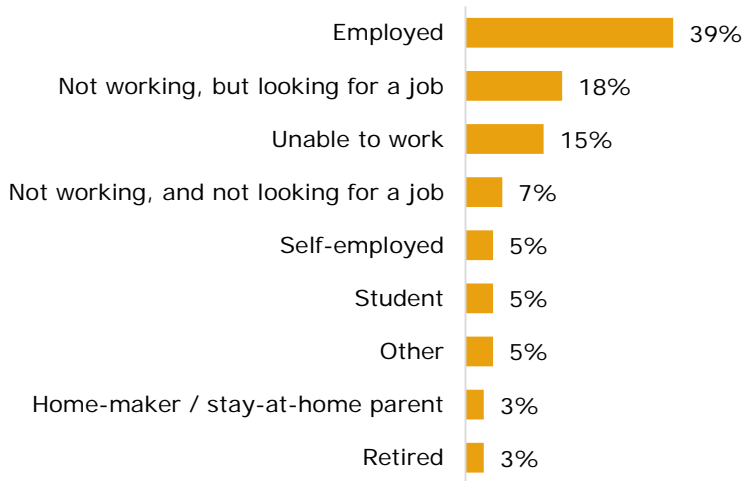
Exhibit 48.   Number of Hours Respondent Works Each Week (n=49)[4]

Hours	Percentage
40 hours or more	57%
20 to 39 hours	33%
Less than 20 hours	10%
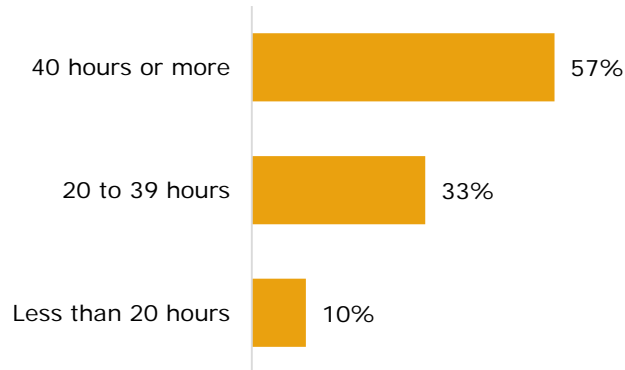
[4] For participants that reported being employed and self-employed.

Exhibit 49.   Highest level of education (n=116)

Education Level	Percent
Some college / technical school	28%
High school graduate / GED	27%
Bachelor's degree	14%
Graduate degree	12%
Associate's degree	9%
Some high school	5%
Technical school / vocational program	4%
Never attended school	1%
Less than high school	1%
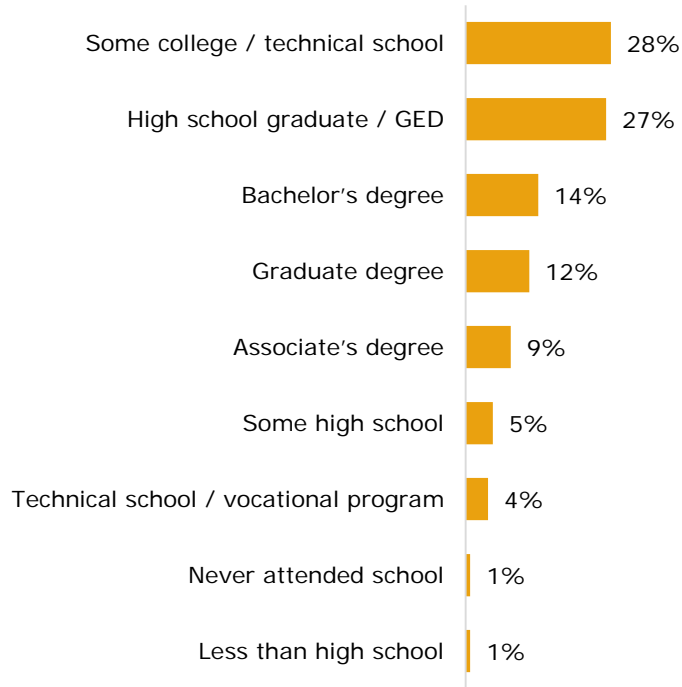
Exhibit 50.   Total household income (n=62)

Income Range	Percent
less than 10,000	7%
10,000 to 19,999	37%
20,000 to 29,999	7%
30,000 to 39,999	7%
40,000 to 49,999	5%
50,000 to 59,999	8%
60,000 to 69,999	5%
70,000 to 79,999	3%
80,000 to 89,999	3%
90,000 to 99,999	3%
100,000 to 119,999	5%
120,000 to 139,999	5%
140,000 to 159,999	2%
200,000+	5%
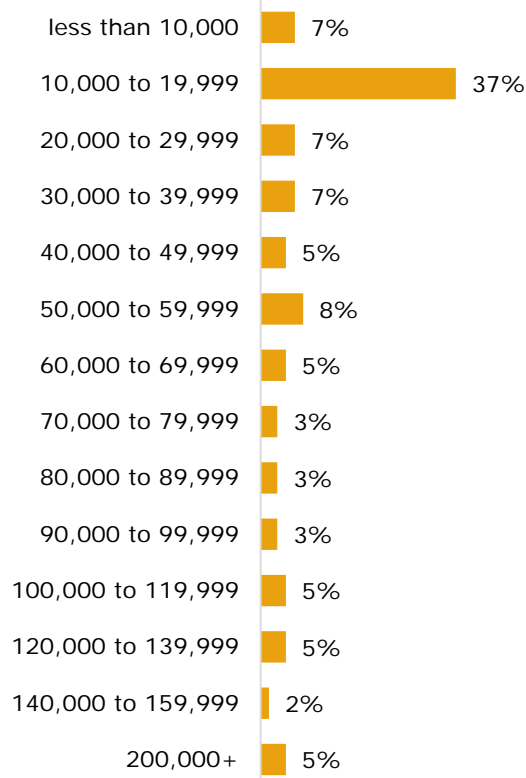
	n	Mean	Median	Min	Max
Household Income	62	50,581	27,000	2,300	270,000

Exhibit 51. **Ventura County poverty level based on HUD Income Levels for Ventura County**[5] **(n=51)**

Category	Percentage
Extremely low, 0 to 30 FMI	41%
Very low, 31 to 50 FMI	12%
Low, 51 to 80 FMI	18%
Moderate, 81 to 120 FMI	16%
121 to 150 FMI	6%
200+ FMI	8%
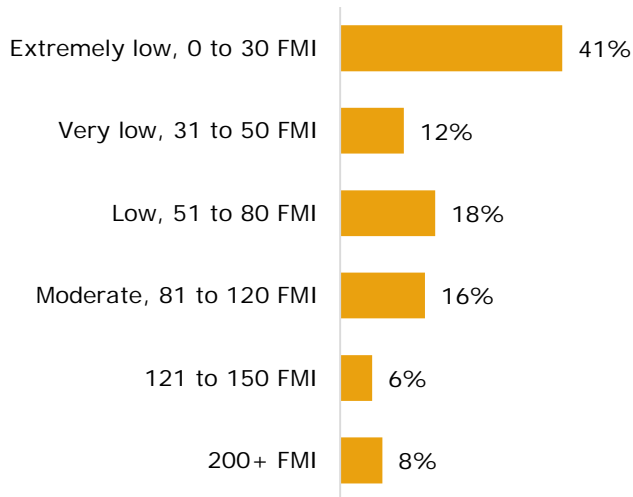
Mental Health

Exhibit 52. **Alcohol Consumption in the last 12 months (n=111)**

Category	Percentage
Never	44%
About once a month	30%
About once a week	11%
Twice a week	11%
3 to 4 times a week	3%
5 to 6 times a week	1%
Every day	1%

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[5] http://www.hcd.ca.gov/grants-funding/income-limits/state-and-federal-income-limits/docs/inc2k18.pdf
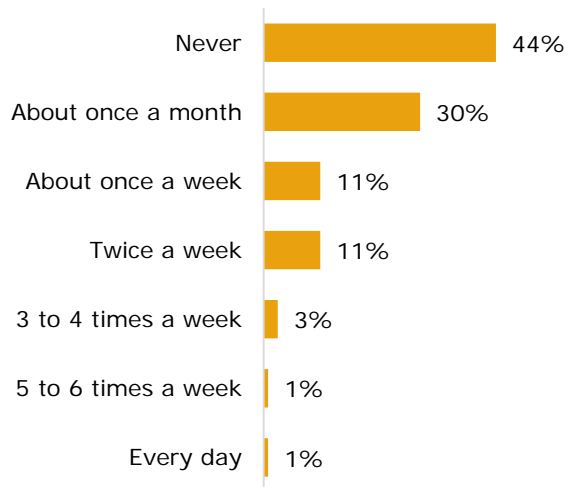
Exhibit 53. **For Respondents who Reported Drinking, Average Number of Alcoholic Drinks (n=62)**

Category	Percentage
1 to 2 drinks	73%
3 to 4 drinks	15%
5 to 6 drinks	10%
7 to 8 drinks	2%
9 or more drinks	2%
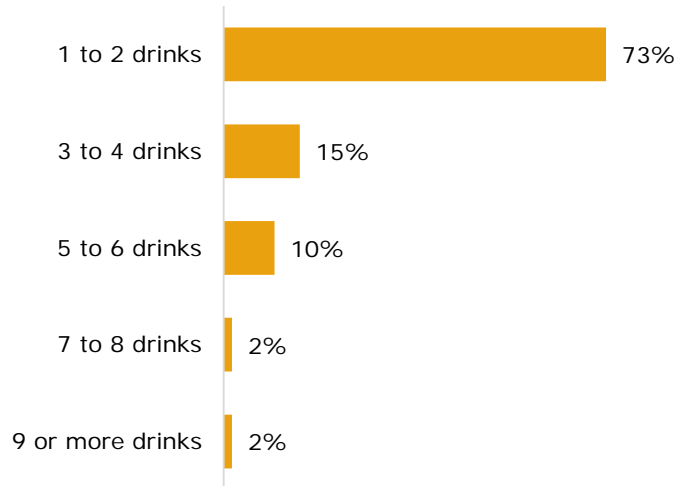
Exhibit 54. **Substance Use in the Last 12 Months (n=114)**

Yes, 16%
No, 84%
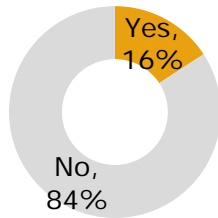
Exhibit 55. **Mental Health Rating (n=111)**

Category	Percentage
Poor	12%
Fair	31%
Good	24%
Very good	23%
Excellent	10%

Exhibit 56.   **Mental Health Diagnosis by a Doctor or Other Healthcare Professional (n=22)**

■ Self   ■ Family

Diagnosis	Self	Family
Depression	54%	48%
Anxiety	51%	39%
Bipolar disorder	20%	26%
Eating disorder	7%	9%
Panic disorder	9%	11%
Schizophrenia	20%	13%
Social anxiety	17%	11%
Alcohol or drug abuse	6%	24%
Other	7%	6%
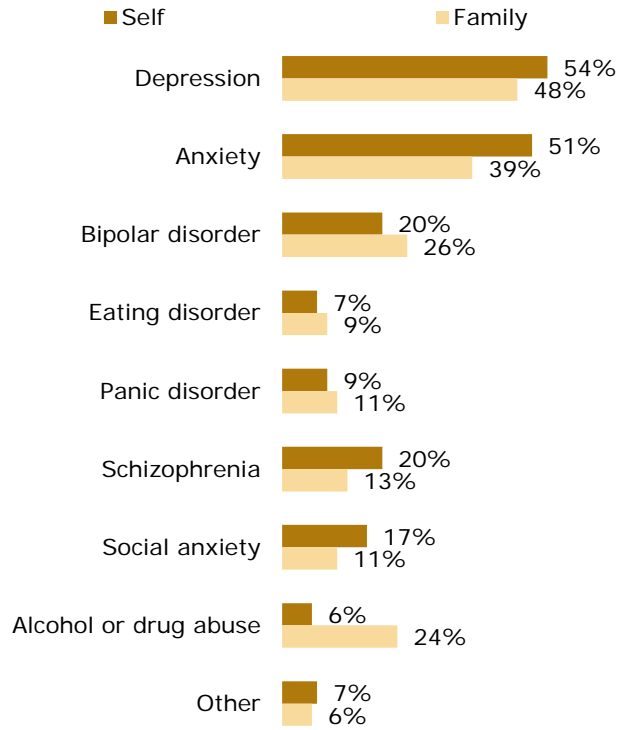
Exhibit 57.   **Age of First Mental Health Diagnosis**

	n	Mean	Median	Min	Max
Self	66	23.35	20	6	55
Family	32	23.06	20	3	54

Exhibit 58.   **Suicide Ideation/Attempt**

Self (n=108)

No, 58%
Yes, 42%

Family (n=87)

No, 63%
Yes, 37%
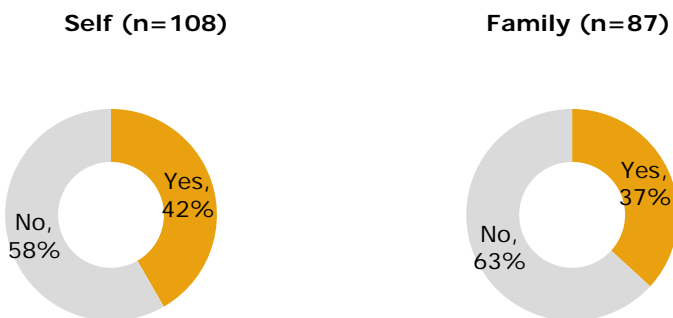
Exhibit 59. **Age of First Suicide Attempt**

	n	Mean	Median	Min	Max
Self	28	20.82	16.5	8	53
Family	18	22.11	20.0	13	42

Exhibit 60. **Access to Needed Mental Health Services in the Last 12 Months**

■ Self (n=91)　　■ Family (n=60)

Did not need services
- 36%
- 42%

No, did not receive the care needed
- 11%
- 17%

Yes, received the care needed
- 53%
- 42%
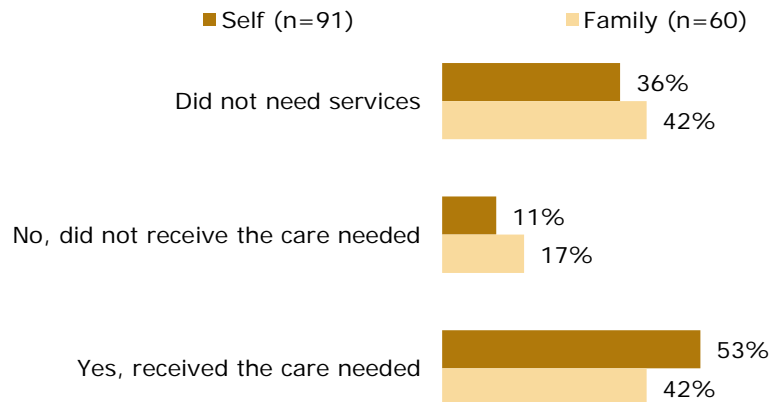
Exhibit 61. **Main reasons Why Mental Health Services were NOT Received (n=15)**

No health insurance or limited health insurance — 33%

Other — 33%

Timing of services was not convenient — 27%

Fear of being mistreated by a service provider — 27%

Lack of services appropriate to my/their culture — 27%

Getting services required too much travel — 20%

Lack of services available in my/their language — 7%
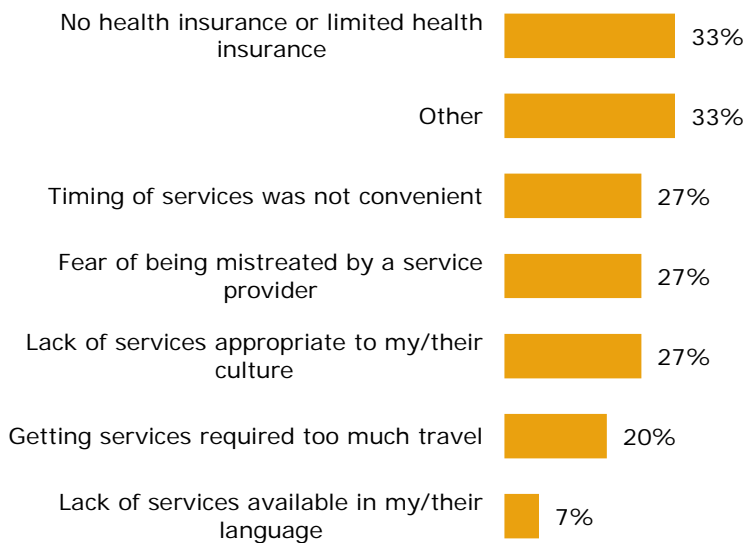
Exhibit 62.   **Staff that Provided Services were Sensitive to Cultural Background (n=59)**

No, 17%

Yes, 83%
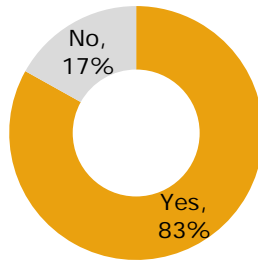
Exhibit 63.   **Services were Provided in Preferred Language (n=62)**

No, 3%

Yes, 97%
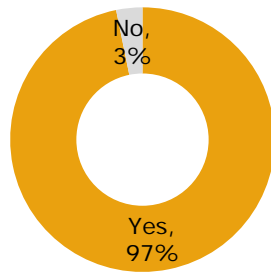
Exhibit 64.   **Overall Satisfaction with Received Services (n=60)**

Very satisfied	50%
Somewhat satisfied	33%
Somewhat dissatisfied	7%
Very dissatisfied	10%
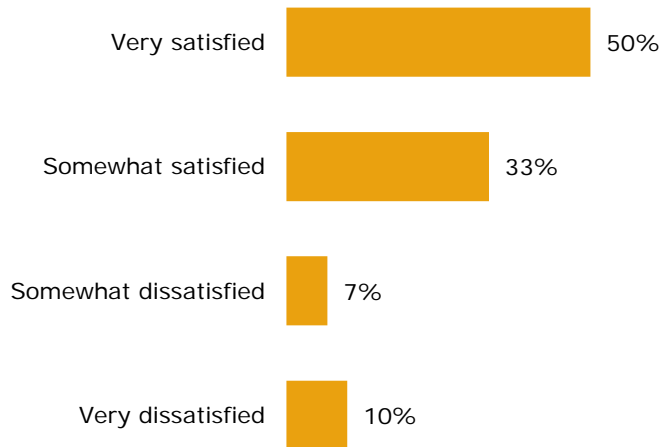
Exhibit 65.   **Most Urgent Mental Health Issues in the Community (n=105)**

Issue	Percentage
Homelessness	44%
Depression	44%
Lack of access to mental health services	42%
Alcoholism and/or drug use	35%
Childhood trauma	29%
Lack of services appropriate for my culture	17%
Thoughts of suicide	17%
Other	10%
Lack of services in my preferred language	8%
None	6%
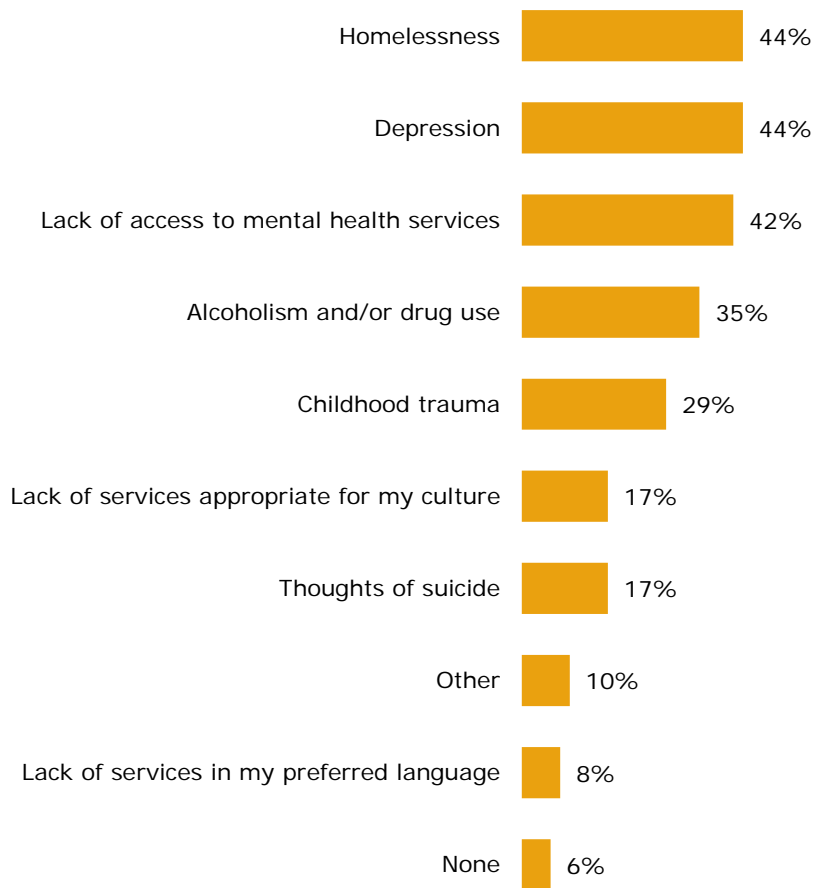
Asian/Pacific Islander/Hawaiian

Demographics

Exhibit 66.   Age of Respondent (n=156)
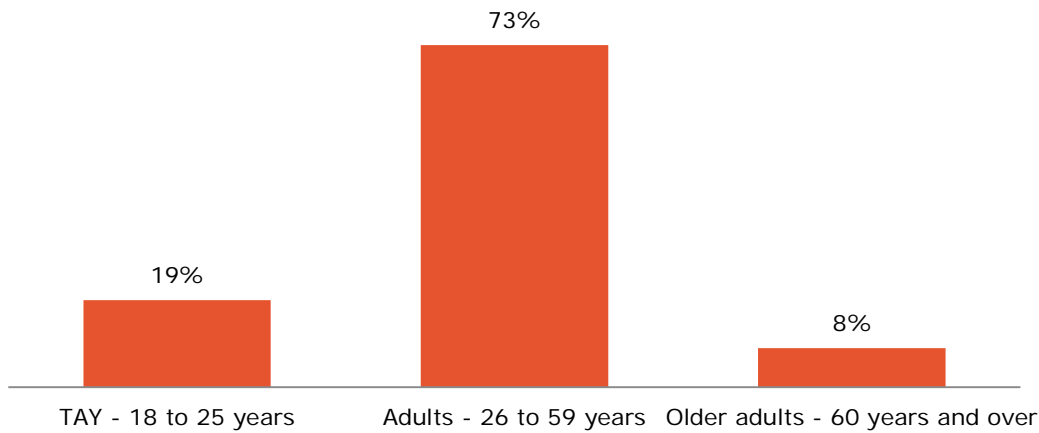
	n	Mean	Median	Min	Max
Age	156	38.55	38	18	76

Exhibit 67.   Language Spoken Most Often at Home (n=156)

	%
English	79.5%
Tagalog	6.4%
Spanish	1.3%
Other	12.8%

Exhibit 68.   Sex Assigned at Birth (n=155)

Female	61%
Male	39%
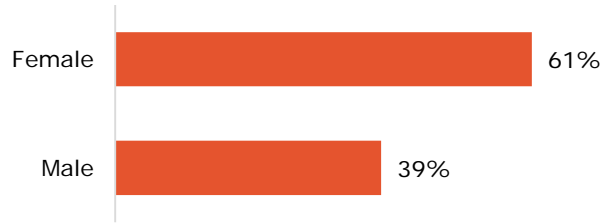
Exhibit 69.   Gender of Respondent (n=152)

Female/Woman	61%
Male/Man	36%
Non-Binary	1%
Trans Man (Female to Male)	1%
Trans Woman (Male to Female)	1%
Other	1%
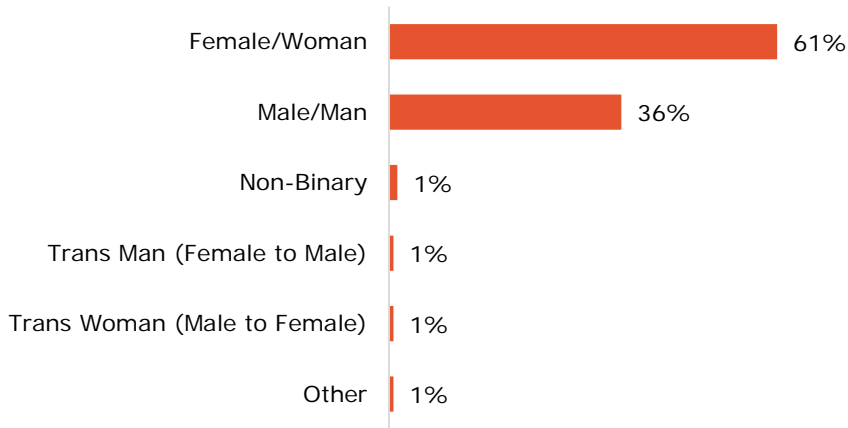
Exhibit 70.   Current Sexual Orientation (n=144)

Heterosexual/Straight	82%
Bisexual	5%
Gay	4%
Asexual	4%
Pansexual	2%
Queer	2%
Lesbian	1%
Other	1%
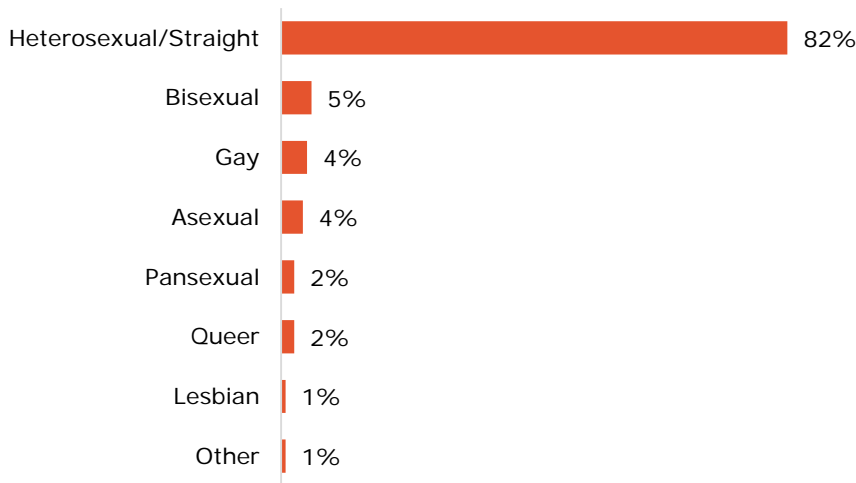
Exhibit 71.   Country of birth of the respondent (n=150)

	%
United States	66.7%
Other	33.3%

Other countries include: Brazil, China, Hong Kong, Japan, Korea, Mexico, Netherlands, Phillippines, South Korea, and Vietnam.

Exhibit 72.   For Foreign-Born Respondents, Number of Years They Have Lived in the US

	n	Mean	Median	Min	Max
United States	49	29.59	31	5	60

Exhibit 73.   Number of Years Respondents have Lived in Ventura County

	n	Mean	Median	Min	Max
Ventura County	134	20.16	20	1	56

Exhibit 74.   Household Size

Four percent of respondents for whom household size data was available reported living alone.

	n	Mean	Median	Min	Max
Household size (Children. Adults, respondent)	135	3.96	3	1	14

Exhibit 75.   Number of children (0-17 years) in Household.

For households with children, the average number of children per household was 2.

	n	Mean	Median	Min	Max
Children (0-17)	58	2.05	2	1	8

Exhibit 76.   Number of other adults (18+) Living in the Household.

For participants that indicated living with other adults, they reported living on average with **2** adults.

	n	Mean	Median	Min	Max
Adults (18+)	123	2.28	2	1	13

Exhibit 77.   Current Living Situation (n=155)

Living Situation	Percentage
Own or rent my own place	48%
Live with a friend or family member	38%
Other	7%
Homeless	5%
Shelter	1%
Hotel/motel	1%
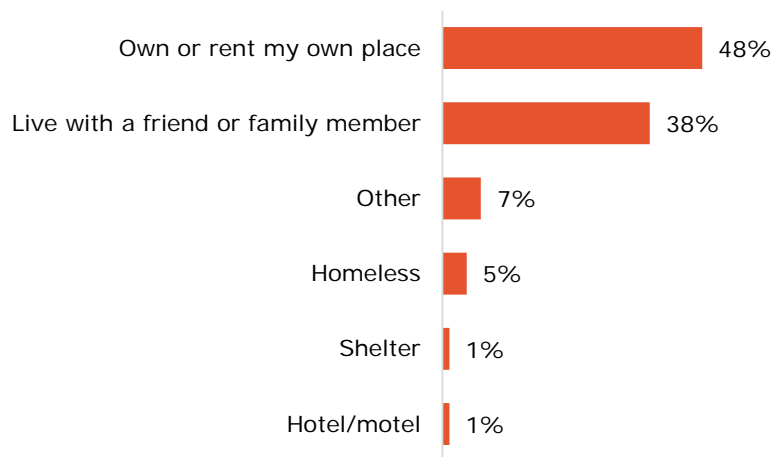
Exhibit 78.   Length of Time in Current Living Situation (n=153)
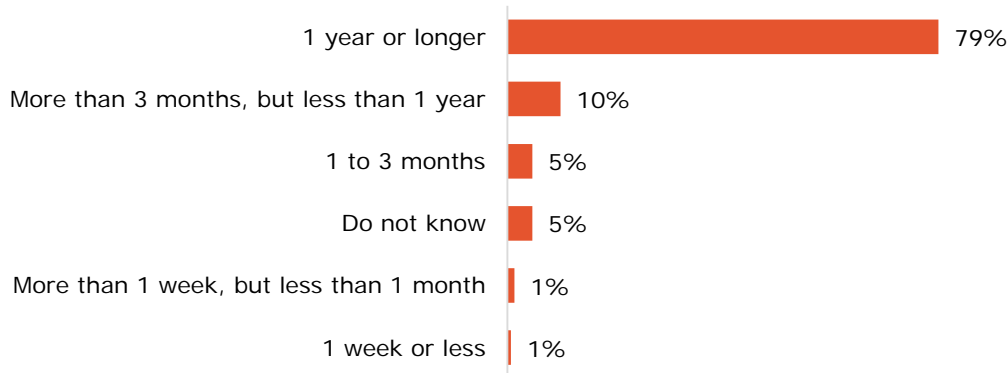
Length of Time	Percentage
1 year or longer	79%
More than 3 months, but less than 1 year	10%
1 to 3 months	5%
Do not know	5%
More than 1 week, but less than 1 month	1%
1 week or less	1%

	1 week or less	More than 1 week, less than 1 month	1 to 3 months	More than 3 months, but less than 1 year	1 year or longer	Don't know
Own or rent own place (n=74)	0.0%	1.4%	6.8%	8.1%	83.8%	0.0%
Live with a friend or family member (n=59)	0.0%	0.0%	0.0%	8.5%	83.1%	8.5%
Shelter (n=2)	0.0%	0.0%	50.0%	50.0%	0.0%	0.0%
Hotel/Motel (n=2)	0.0%	0.0%	0.0%	50.0%	50.0%	0.0%
Homeless (n=6)	0.0%	16.7%	16.7%	16.7%	33.3%	16.7%
Other (n=9)	11.1%	0.0%	0.0%	11.1%	66.7%	11.1%

Exhibit 79.   Respondents Occupation (n=155)

Occupation	Percentage
Employed	51%
Not working, but looking for a job	14%
Unable to work	14%
Self-employed	5%
Student	5%
Not working, and not looking for a job	4%
Full or part-time family caregiver	3%
Other	3%
Home-maker / stay-at-home parent	2%
Retired	2%
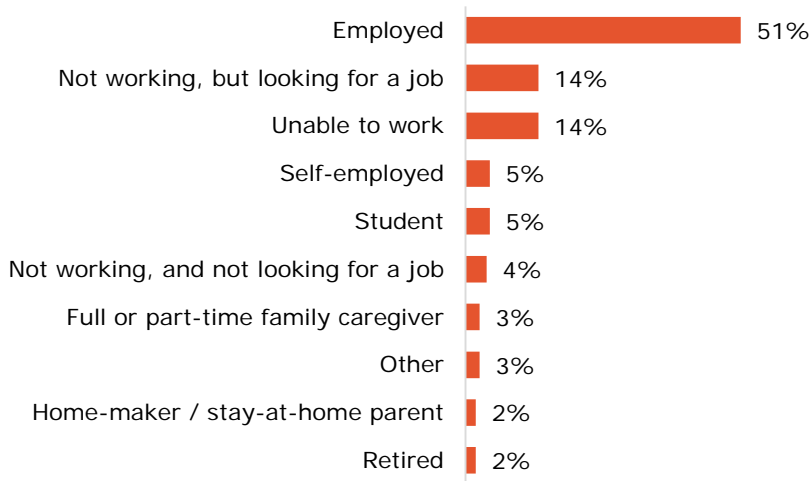
Exhibit 80.   Number of Hours Respondent Works Each Week (n=88)[6]

Hours	Percentage
40 hours or more	63%
20 to 39 hours	30%
Less than 20 hours	8%
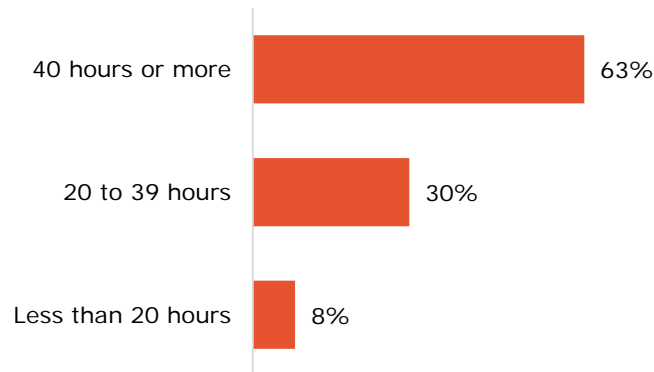
[6] For participants that reported being employed and self-employed.

Exhibit 81.   Highest level of education (n=153)

Category	Percentage
Bachelor's degree	26%
Some college / technical school	22%
High school graduate / GED	18%
Graduate degree	17%
Associate's degree	9%
Technical school / vocational program	5%
Some high school	3%
Less than high school	1%
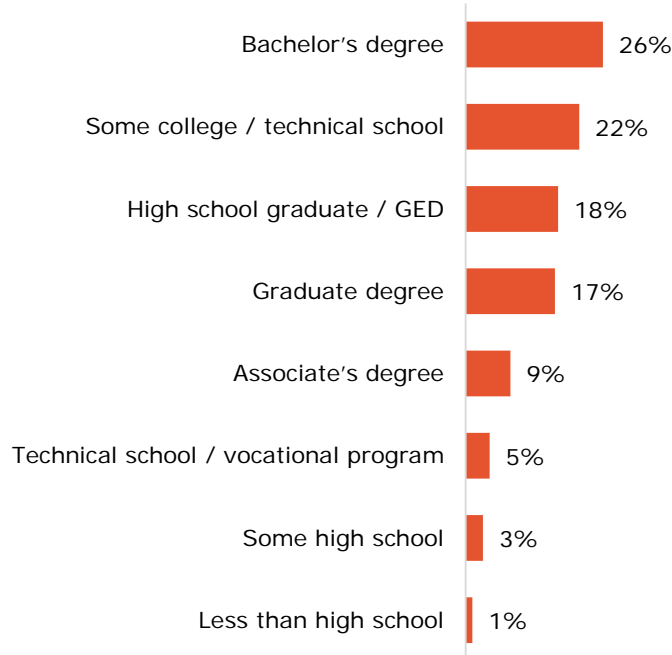
Exhibit 82.   Total household income (n=87)

Category	Percentage
less than 10,000	1%
10,000 to 19,999	20%
20,000 to 29,999	7%
30,000 to 39,999	8%
40,000 to 49,999	3%
50,000 to 59,999	3%
60,000 to 69,999	2%
70,000 to 79,999	9%
80,000 to 89,999	2%
90,000 to 99,999	2%
100,000 to 119,999	15%
120,000 to 139,999	7%
140,000 to 159,999	7%
160,000 to 179,999	1%
180,000 to 199,999	3%
200,000+	8%
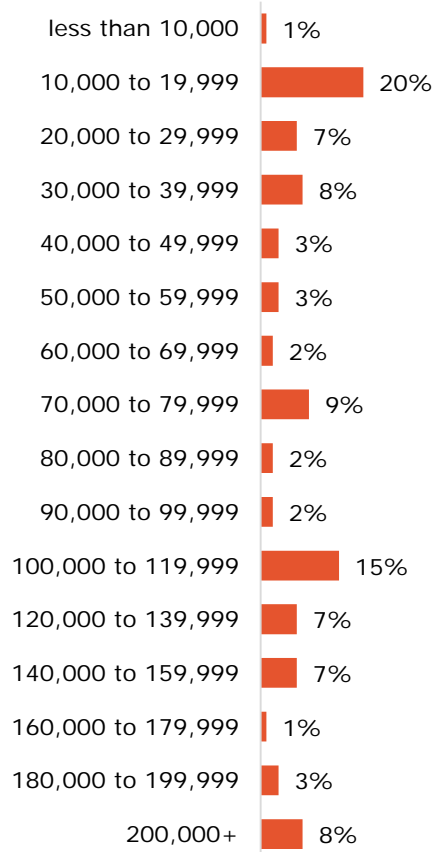
	n	Mean	Median	Min	Max
Household Income	87	82,903	75,000	9,000	280,000

Exhibit 83. **Ventura County poverty level based on HUD Income Levels for Ventura County[7]** **(n=76)**

Category	Percent
Extremely low 0 to 30 FMI	20%
Very low 31 to 50 FMI	15%
Low 51 to 80 FMI	16%
Moderate 81 to 120 FMI	18%
121 to 150	13%
151 to 200 FMI	7%
200+ FMI	12%
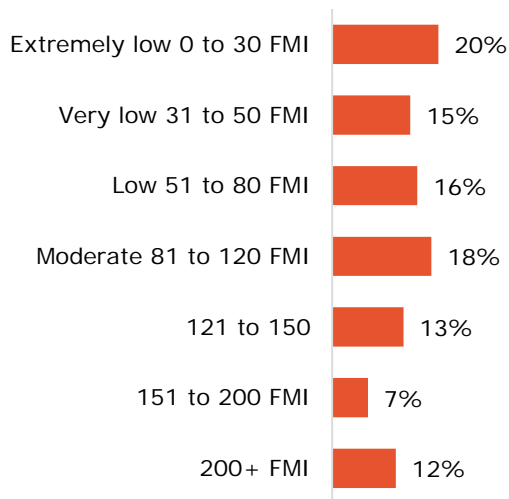
Mental Health

Exhibit 84. **Alcohol Consumption in the last 12 months (n=147)**

Category	Percent
Never	52%
About once a month	29%
About once a week	12%
Twice a week	3%
3 to 4 times a week	3%
5 to 6 times a week	1%
Every day	1%

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[7] http://www.hcd.ca.gov/grants-funding/income-limits/state-and-federal-income-limits/docs/inc2k18.pdf
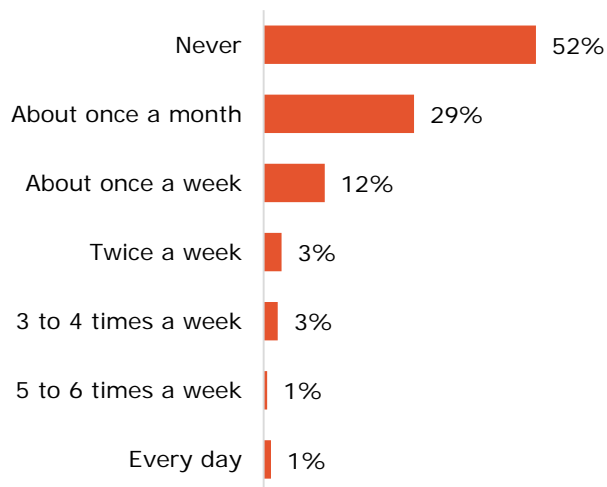
Exhibit 85. **For Respondents who Reported Drinking, Average Number of Alcoholic Drinks (n=72)**

1 to 2 drinks	78%
3 to 4 drinks	13%
5 to 6 drinks	6%
7 to 8 drinks	4%
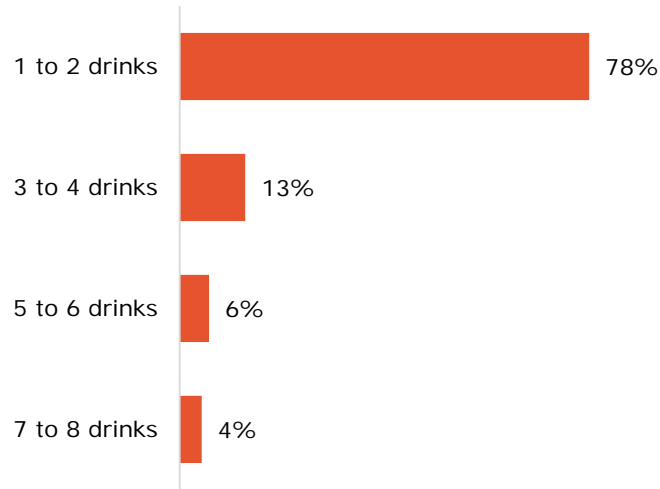
Exhibit 86. **Substance Use in the Last 12 Months (n=151)**

Yes, 25%
No, 76%
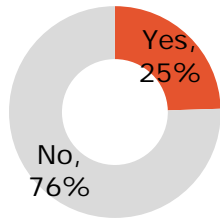
Exhibit 87. **Mental Health Rating (n=146)**

Poor	8%
Fair	28%
Good	28%
Very good	16%
Excellent	19%
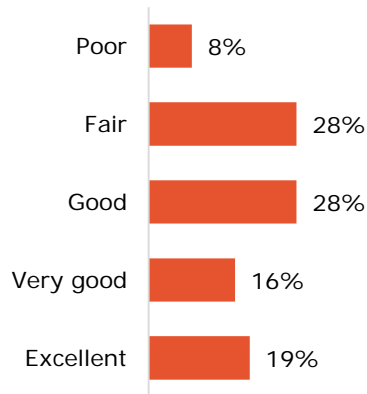
Exhibit 88.   **Mental Health Diagnosis by a Doctor or Other Healthcare Professional (n=101)**

- Self
- Family

Diagnosis	Self	Family
Depression	54%	47%
Anxiety	49%	36%
Bipolar disorder	20%	19%
Eating disorder	6%	5%
Panic disorder	13%	6%
Schizophrenia	15%	14%
Social anxiety	17%	13%
Alcohol or drug abuse	15%	20%
Other	17%	8%
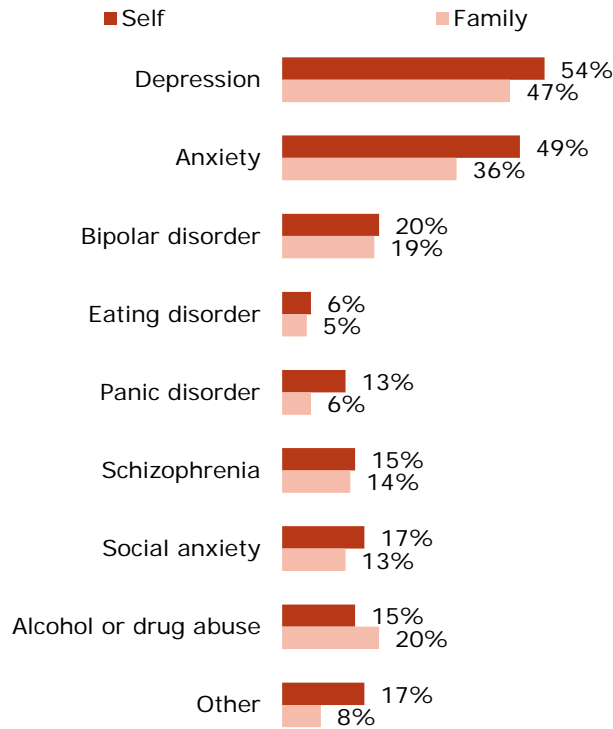
Exhibit 89.   **Age of First Mental Health Diagnosis**

	n	Mean	Median	Min	Max
Self	58	23.28	22	2	51
Family	26	32.85	29	13	65

Exhibit 90.   **Suicide Ideation/Attempt**

Self (n=141)   **Family (n=124)**

Self: Yes, 39%; No, 61%

Family: Yes, 31%; No, 69%
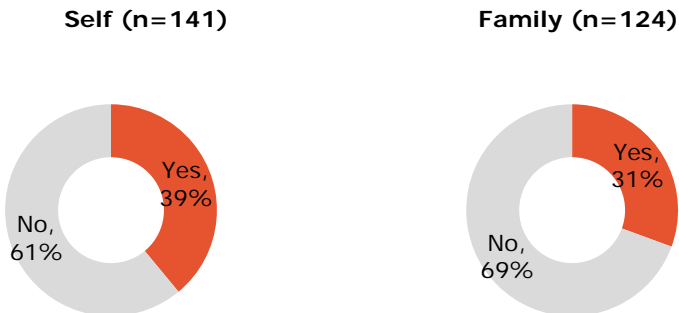
Exhibit 91.   **Age of First Suicide Attempt**

	n	Mean	Median	Min	Max
Self	36	18.86	15.5	8	50
Family	15	24.07	20.0	10	48

Exhibit 92.   **Access to Needed Mental Health Services in the Last 12 Months**

■ Self (n=117)   ■ Family (n=95)

Did not need services
- Self: 49%
- Family: 57%

No, did not receive the care needed
- Self: 9%
- Family: 17%

Yes, received the care needed
- Self: 43%
- Family: 26%
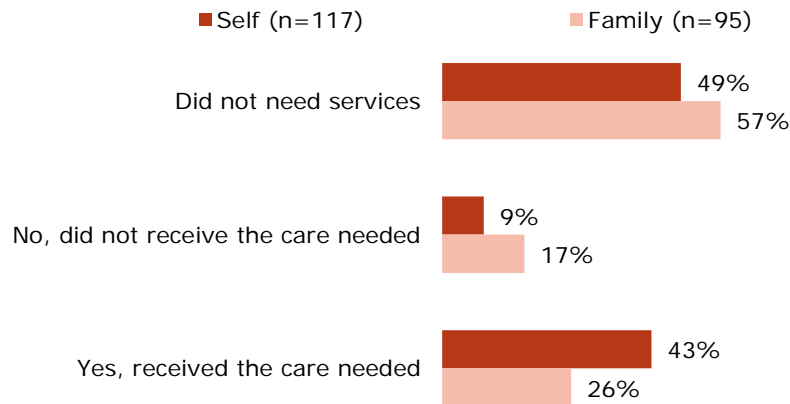
Exhibit 93.   **Main reasons Why Mental Health Services were NOT Received (n=19)**

- No health insurance or limited health insurance: 58%
- Timing of services was not convenient: 37%
- Other: 37%
- Fear of being mistreated by a service provider: 16%
- Getting services required too much travel: 16%
- Lack of services appropriate to my/their culture: 5%
- Lack of services available in my/their language: 0%
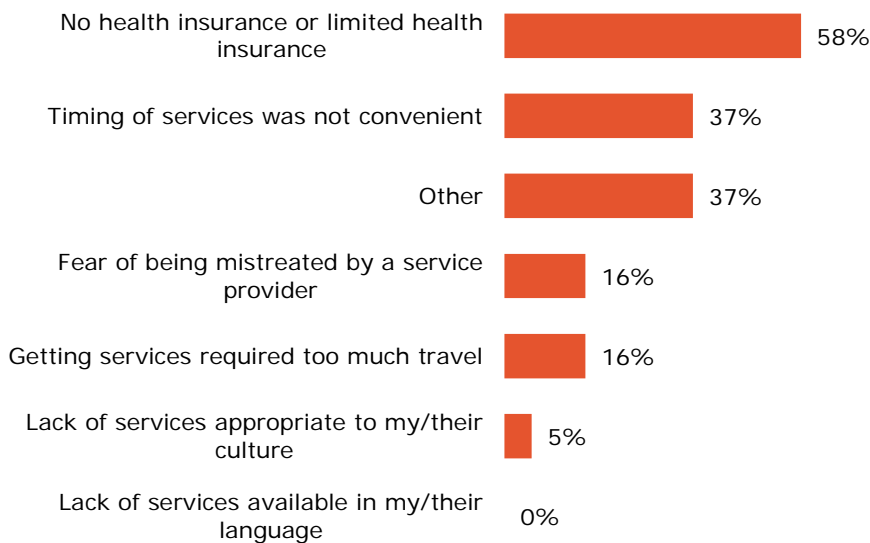
Exhibit 94. **Staff that Provided Services were Sensitive to Cultural Background (n=57)**

No, 16%

Yes, 84%
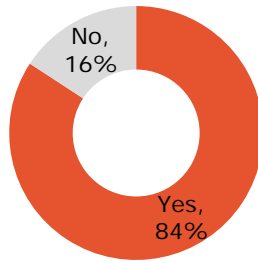
Exhibit 95. **Services were Provided in Preferred Language (n=60)**

No, 10%

Yes, 90%
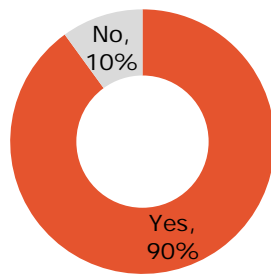
Exhibit 96. **Overall Satisfaction with Received Services (n=58)**

Very satisfied	43%
Somewhat satisfied	47%
Somewhat dissatisfied	9%
Very dissatisfied	2%
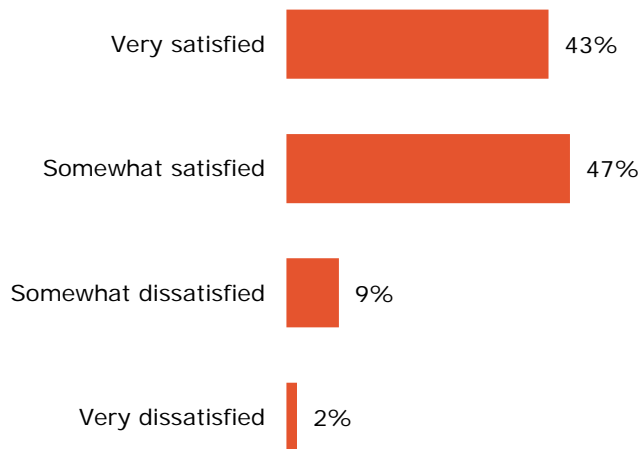
Exhibit 97.   Most Urgent Mental Health Issues in the Community (n=138)

Issue	Percentage
Homelessness	50%
Alcoholism and/or drug use	41%
Lack of access to mental health services	38%
Depression	33%
Childhood trauma	25%
Thoughts of suicide	18%
None	12%
Lack of services appropriate for my culture	9%
Other	7%
Lack of services in my preferred language	3%
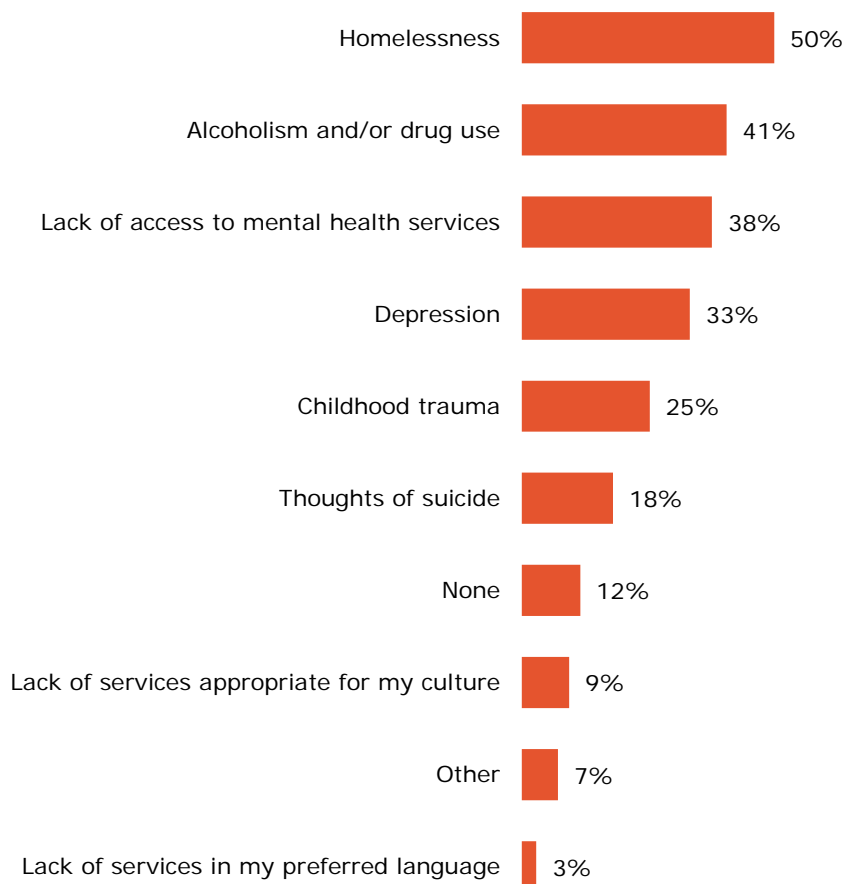
Hispanic

Demographics

Exhibit 98. **Age of Respondent (n=2,459)**
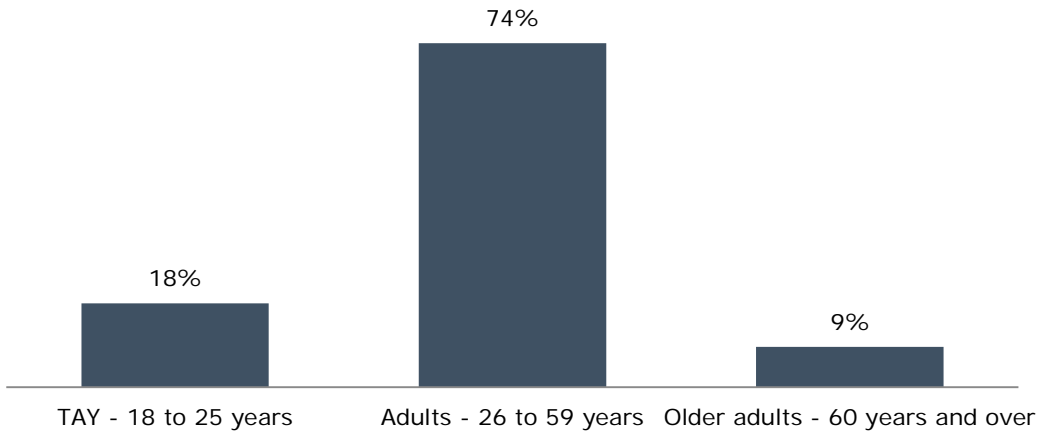
	n	Mean	Median	Min	Max
Age	2,459	38.83	37	18	89

Exhibit 99. **Language Spoken Most Often at Home (n=2,448)**

	%
Spanish	47.7%
English	37.2%
Other	13.6%
Mixtec	1.5%

Exhibit 100.   Sex Assigned at Birth (n=2,431)

Category	Percentage
Female	72%
Male	28%
Intersex	0%
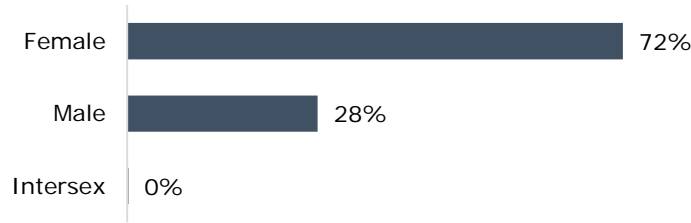
Exhibit 101.   Gender of Respondent (n=2,367)

Category	Percentage
Female/Woman	71%
Male/Man	26%
Non-Binary	1%
Trans Man (Female to Male)	0%
Trans Woman (Male to Female)	1%
Genderqueer / Gender Non-Conforming	0%
Other	1%
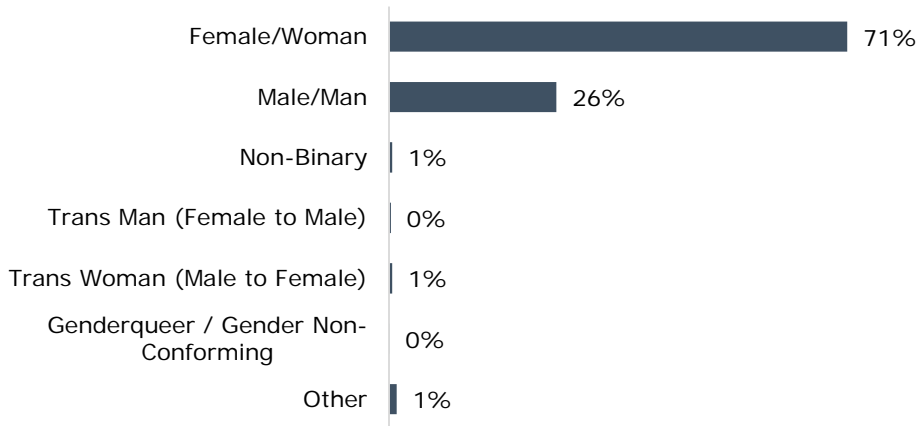
Exhibit 102.   Current Sexual Orientation (n=1,945)

Category	Percentage
Heterosexual/Straight	83%
Asexual	7%
Bisexual	4%
Other	2%
Gay	1%
Lesbian	1%
Pansexual	1%
Questioning	1%
Queer	0%
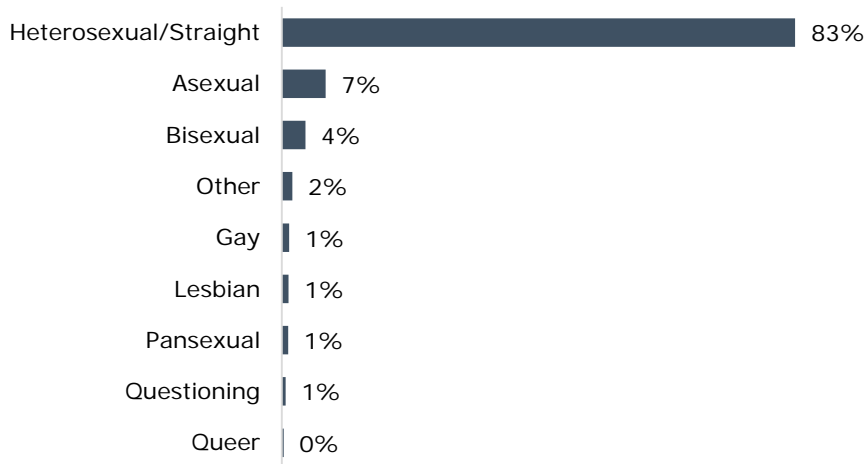
Exhibit 103.   Country of birth of the respondent (n=2,385)

	%
United States	50.7%
Other	49.3%

Other countries include: Argentina, Bolivia, Brazil, Colombia, Costa Rica, Cuba, Ecuador, El Salvador, Germany, Guatemala, Honduras, Mexico, Nicaragua, Panama, Peru, Philippines, Romania, South Korea, Spain, Sur America, Uruguay, and Venezuela.

Exhibit 104.   For Foreign-Born Respondents, Number of Years They Have Lived in the US

	n	Mean	Median	Min	Max
United States	1,041	21.55	19	1	70

Exhibit 105.   Number of Years Respondents have Lived in Ventura County

	n	Mean	Median	Min	Max
Ventura County	2,034	23.62	21	1	87

Exhibit 106.   Household Size

Three percent of respondents for whom household size data was available reported living alone.

	n	Mean	Median	Min	Max
Household size (Children. Adults, respondent)	2,221	4.92	5	1	19

Exhibit 107.   Number of children (0-17 years) in Household.

For households with children, the average number of children per household was 2.

	n	Mean	Median	Min	Max
Children (0-17)	1,592	2.43	2	1	18

Exhibit 108.   Number of other adults (18+) Living in the Household.

For participants that indicated living with other adults, they reported living on average with **2** adults.

	n	Mean	Median	Min	Max
Adults (18+)	2,019	2.42	2	1	18

Exhibit 109.   Current Living Situation (n=2,408)

Category	Percentage
Own or rent my own place	68%
Live with a friend or family member	25%
Other	4%
Homeless	2%
Shelter	1%
Hotel/motel	0%
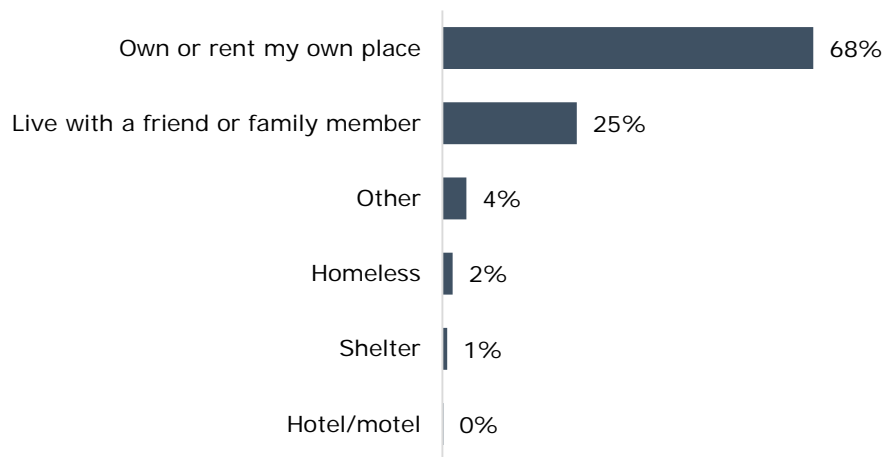
Exhibit 110.   Length of Time in Current Living Situation (n=2,329)
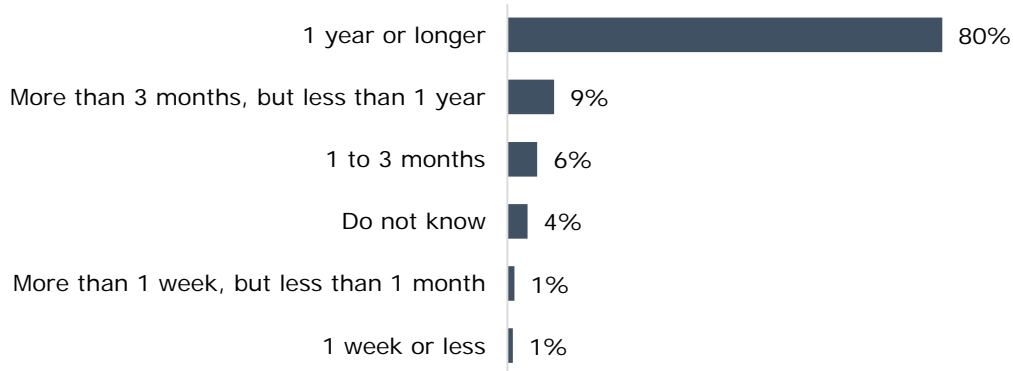
Category	Percentage
1 year or longer	80%
More than 3 months, but less than 1 year	9%
1 to 3 months	6%
Do not know	4%
More than 1 week, but less than 1 month	1%
1 week or less	1%

	1 week or less	More than 1 week, less than 1 month	1 to 3 months	More than 3 months, but less than 1 year	1 year or longer	Don't know
Own or rent own place (n=1,562)	0.6%	1.0%	4.2%	6.1%	84.9%	3.1%
Live with a friend or family member (n=583)	1.7%	1.5%	7.5%	10.5%	75.0%	3.8%
Shelter (n=21)	4.8%	0.0%	14.3%	28.6%	42.9%	9.5%
Hotel/Motel (n=4)	0.0%	0.0%	50.0%	25.0%	0.0%	25.0%
Homeless (n=45)	2.2%	0.0%	8.9%	15.6%	66.7%	6.7%
Other (n=97)	1.0%	6.2%	10.3%	26.8%	49.5%	6.2%

Exhibit 111.   Respondents Occupation (n=2,388)

Occupation	Percentage
Employed	50%
Not working, but looking for a job	11%
Home-maker / stay-at-home parent	9%
Unable to work	7%
Not working, and not looking for a job	5%
Student	4%
Other	4%
Self-employed	4%
Retired	4%
Full or part-time family caregiver	3%
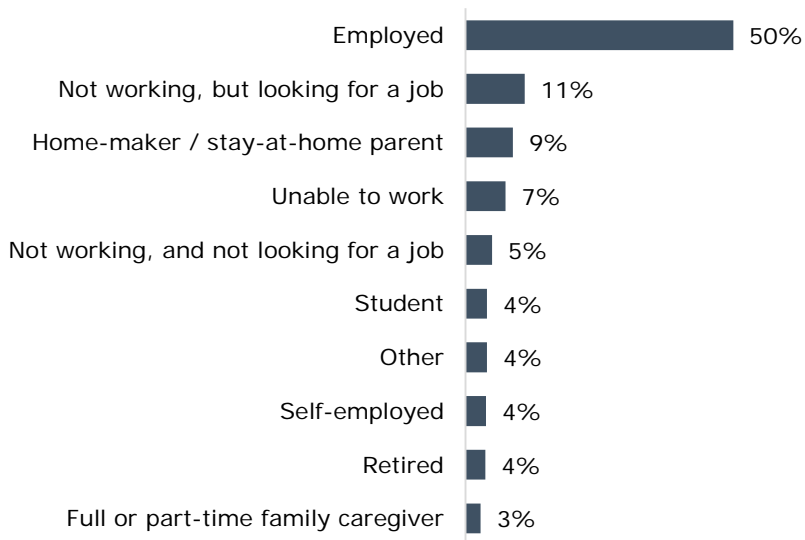
Exhibit 112.   Number of Hours Respondent Works Each Week (n=1,265)[8]

Hours	Percentage
40 hours or more	61%
20 to 39 hours	30%
Less than 20 hours	8%

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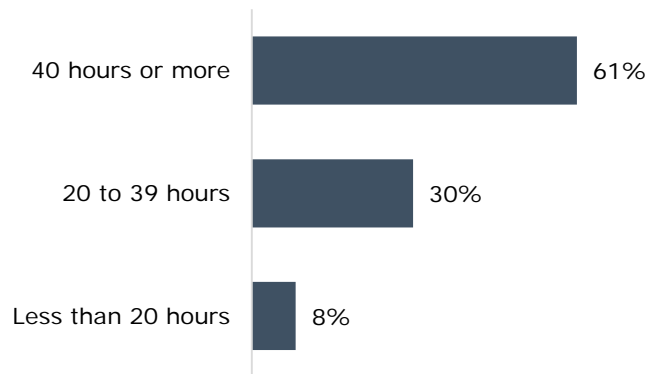
[8] For participants that reported being employed and self-employed.

Exhibit 113.   Highest level of education (n=2,351)

Education Level	Percentage
High school graduate / GED	22%
Less than high school	21%
Some college / technical school	16%
Some high school	13%
Bachelor's degree	7%
Associate's degree	7%
Graduate degree	5%
Never attended school	5%
Technical school / vocational program	4%
Other	0%
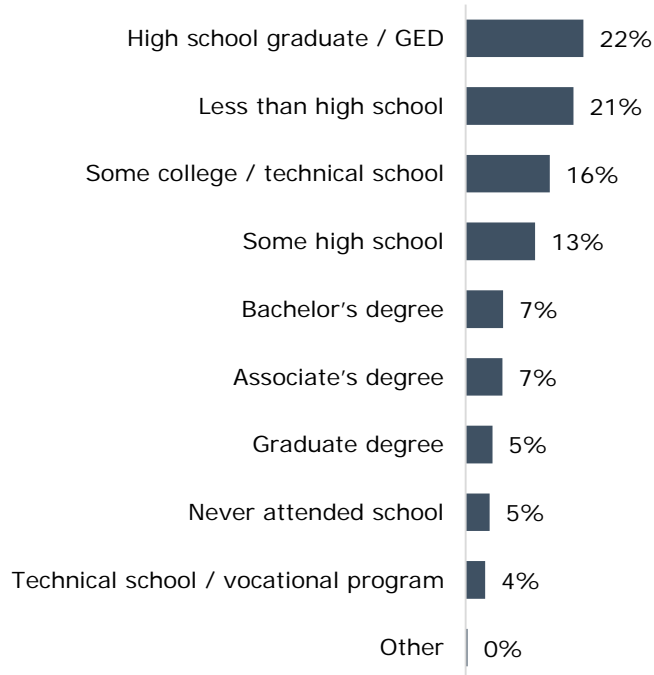
Exhibit 114.   Total household income (n=1,378)

Income Range	Percentage
less than 10,000	8%
10,000 to 19,999	20%
20,000 to 29,999	19%
30,000 to 39,999	13%
40,000 to 49,999	9%
50,000 to 59,999	5%
60,000 to 69,999	5%
70,000 to 79,999	3%
80,000 to 89,999	4%
90,000 to 99,999	2%
100,000 to 119,999	4%
120,000 to 139,999	2%
140,000 to 159,999	2%
160,000 to 179,999	1%
180,000 to 199,999	1%
200,000+	3%
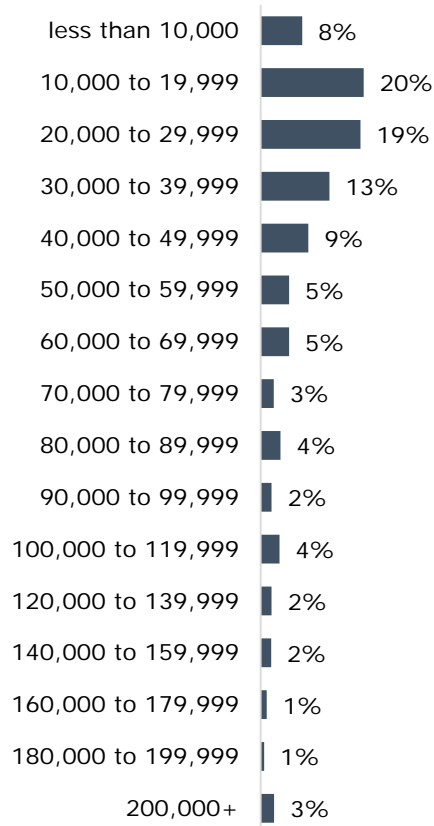
	n	Mean	Median	Min	Max
Household Income	1,378	47,878	30,000	2,000	900,000

Exhibit 115. **Ventura County poverty level based on HUD Income Levels for Ventura County[9] (n=1,284)**

Extremely low 0 to 30	52%
Very low 31 to 50	19%
Low 51 to 80	13%
Moderate 81 to 120	7%
121 to 150	3%
151 to 200	3%
200+	4%
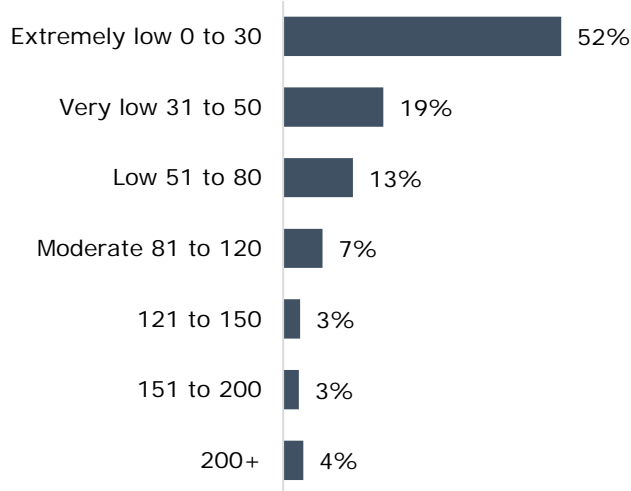
Mental Health

Exhibit 116. **Alcohol Consumption in the last 12 months (n=2,313)**

Never	54%
About once a month	31%
About once a week	7%
Twice a week	4%
3 to 4 times a week	3%
5 to 6 times a week	1%
Every day	1%

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[9] http://www.hcd.ca.gov/grants-funding/income-limits/state-and-federal-income-limits/docs/inc2k18.pdf
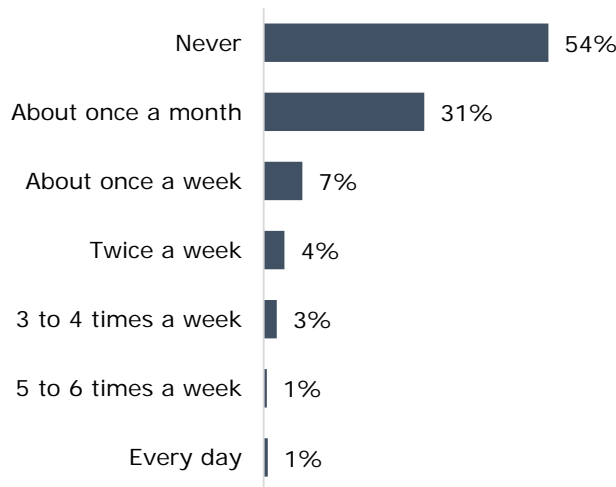
Exhibit 117. **For Respondents who Reported Drinking, Average Number of Alcoholic Drinks (n=1,023)**

Category	Percentage
1 to 2 drinks	67%
3 to 4 drinks	21%
5 to 6 drinks	8%
7 to 8 drinks	2%
9 or more drinks	2%
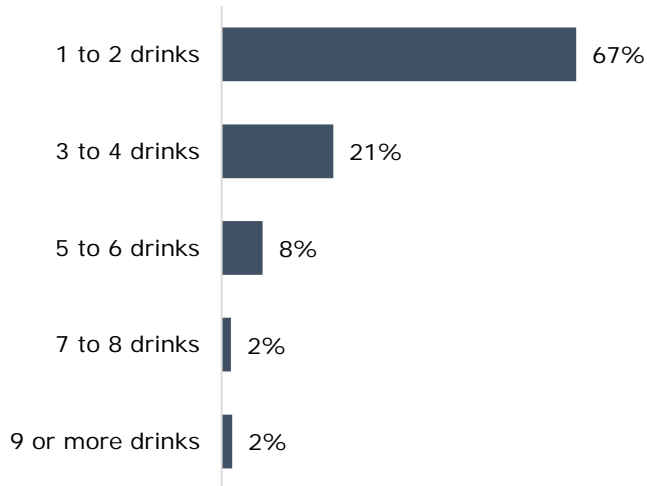
Exhibit 118. **Substance Use in the Last 12 Months (n=2,292)**

Yes, 12%

No, 88%
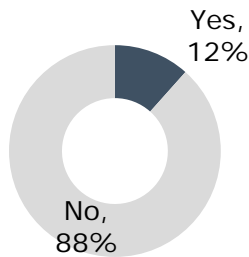
Exhibit 119. **Mental Health Rating (n=2,252)**

Category	Percentage
Poor	7%
Fair	23%
Good	34%
Very good	20%
Excellent	16%
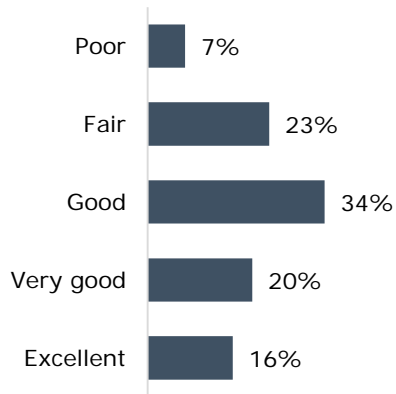
Exhibit 120.   Mental Health Diagnosis by a Doctor or Other Healthcare Professional (n=1,428)

■ Self   ■ Family

Category	Self	Family
Depression	48%	43%
Anxiety	41%	37%
Bipolar disorder	10%	13%
Eating disorder	5%	6%
Panic disorder	8%	9%
Schizophrenia	7%	10%
Social anxiety	10%	9%
Alcohol or drug abuse	9%	20%
Other	5%	6%
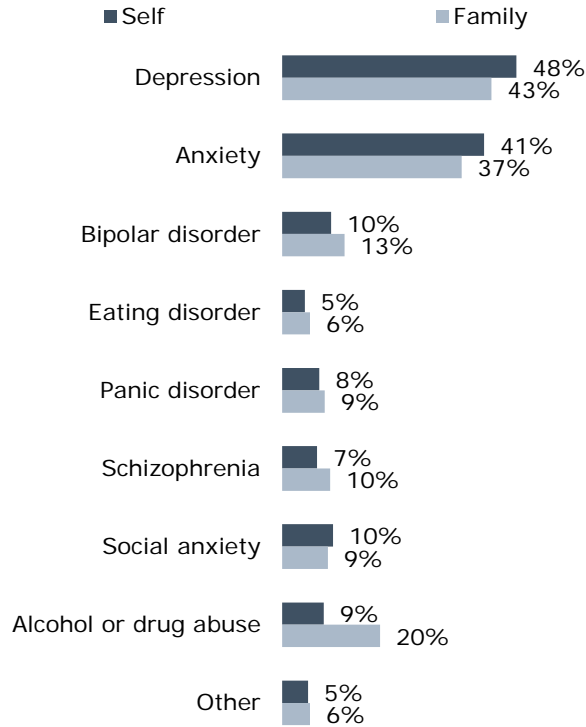
Exhibit 121.   Age of First Mental Health Diagnosis

	n	Mean	Median	Min	Max
Self	680	25.53	22	1	80
Family	396	25.07	20	1	89

Exhibit 122.   Suicide Ideation/Attempt

Self (n=2,086)

Yes, 22%
No, 78%

Family (n=1,854)

Yes, 21%
No, 79%
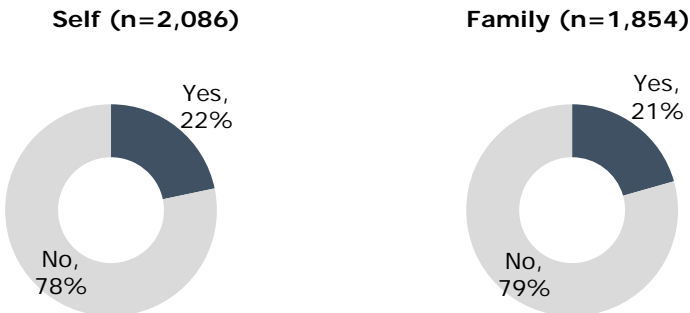
Exhibit 123.   Age of First Suicide Attempt

	n	Mean	Median	Min	Max
Self	315	19.73	16.00	6	58
Family	204	22.92	18.00	7	70

Exhibit 124.   Access to Needed Mental Health Services in the Last 12 Months

■ Self (n=1,578)   ■ Family (n=1,422)

Did not need services
- 55%
- 56%

No, did not receive the care needed
- 9%
- 13%

Yes, received the care needed
- 35%
- 31%
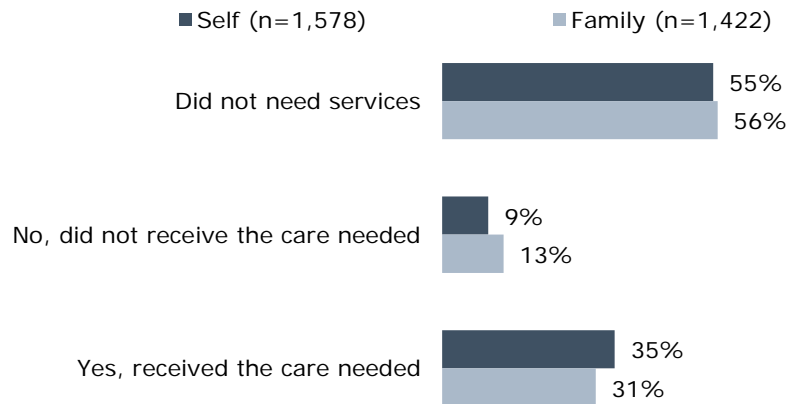
Exhibit 125.   Main reasons Why Mental Health Services were NOT Received (n=207)

Reason	%
No health insurance or limited health insurance	50%
Timing of services was not convenient	33%
Fear of being mistreated by a service provider	26%
Other	23%
Lack of services appropriate to my/their culture	22%
Getting services required too much travel	17%
Lack of services available in my/their language	16%
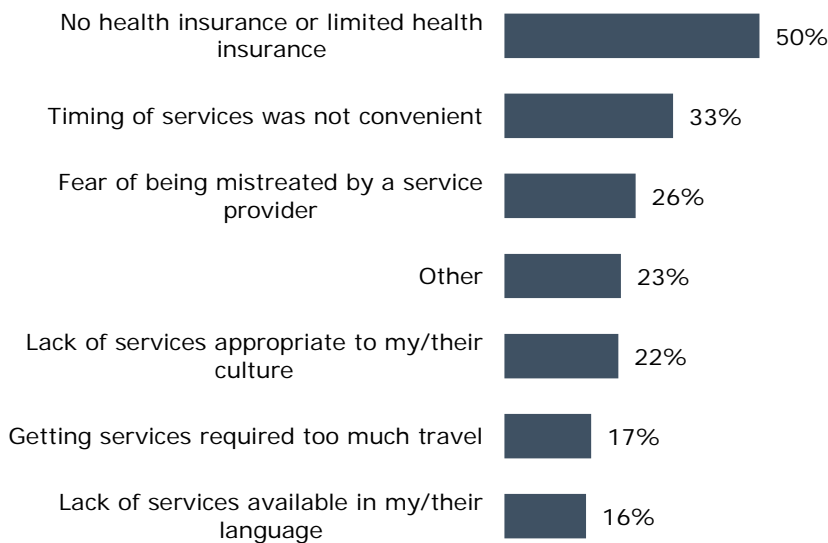
Exhibit 126.   Staff that Provided Services were Sensitive to Cultural Background (n=738)

No, 15%

Yes, 85%
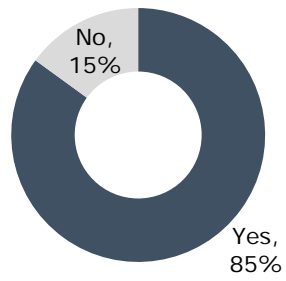
Exhibit 127.   Services were Provided in Preferred Language (n=769)

No, 4%

Yes, 96%
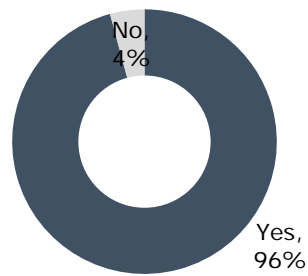
Exhibit 128.   Overall Satisfaction with Received Services (n=753)

Very satisfied — 55%

Somewhat satisfied — 29%

Somewhat dissatisfied — 6%

Very dissatisfied — 10%
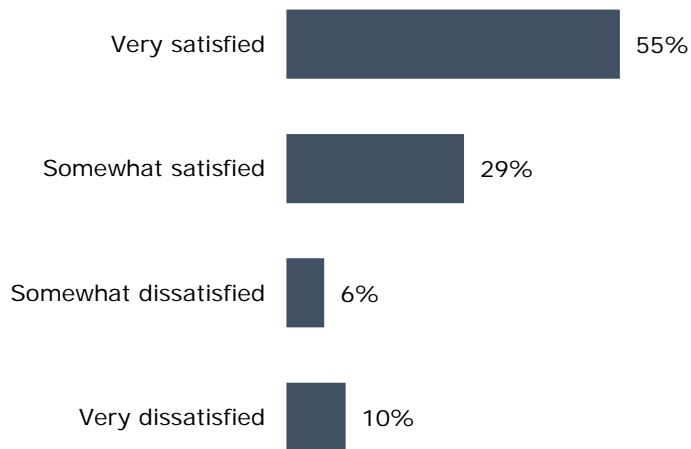
Exhibit 129.   Most Urgent Mental Health Issues in the Community (n=2,112)

Issue	Percentage
Depression	41%
Alcoholism and/or drug use	39%
Homelessness	34%
Lack of access to mental health services	33%
Childhood trauma	27%
Thoughts of suicide	19%
Lack of services appropriate for my culture	15%
Lack of services in my preferred language	14%
None	14%
Other	6%
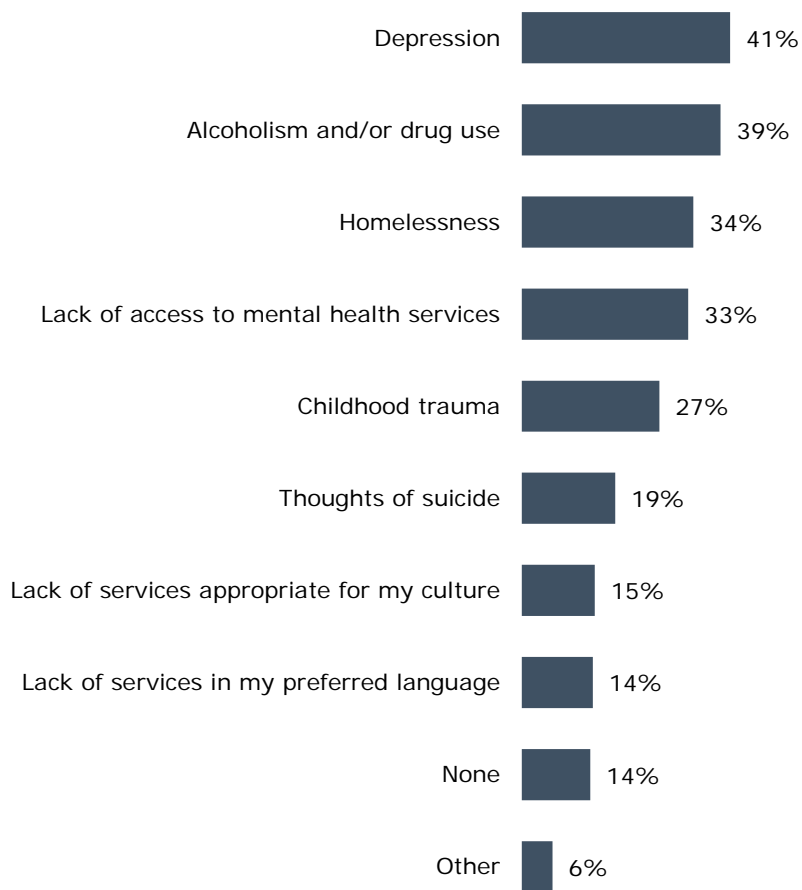
Homeless

Demographics

Exhibit 130.   Age of Respondent (n=160)
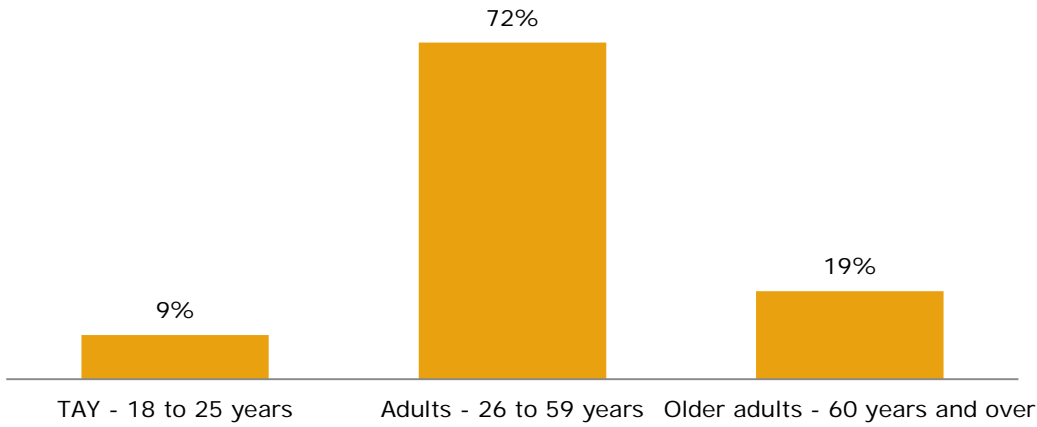
	n	Mean	Median	Min	Max
Age	160	46.03	16	18	80

Exhibit 131.   Language Spoken Most Often at Home (n=158)

	%
English	84.8%
Other	7%
Spanish	5.7%
Tagalog	1.3%
Mixtec	1.3%

Exhibit 132.　Sex Assigned at Birth (n=159)

Female	38%
Male	60%
Intersex	1%
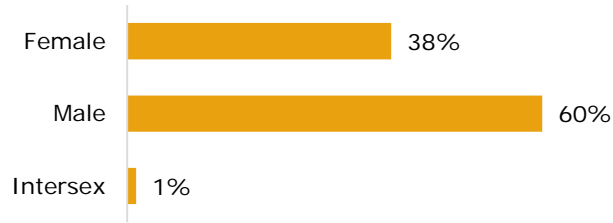
Exhibit 133.　Gender of Respondent (n=154)

Male/Man	54%
Female/Woman	40%
Other	3%
Trans Woman (Male to Female)	2%
Non-Binary	1%
Trans Man (Female to Male)	1%
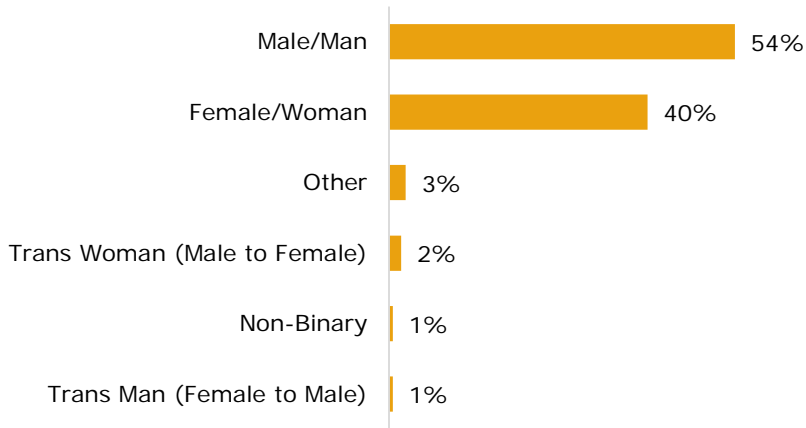
Exhibit 134.　Current Sexual Orientation (n=151)

Heterosexual/Straight	79%
Bisexual	7%
Asexual	5%
Gay	3%
Lesbian	2%
Questioning	2%
Other	2%
Queer	1%
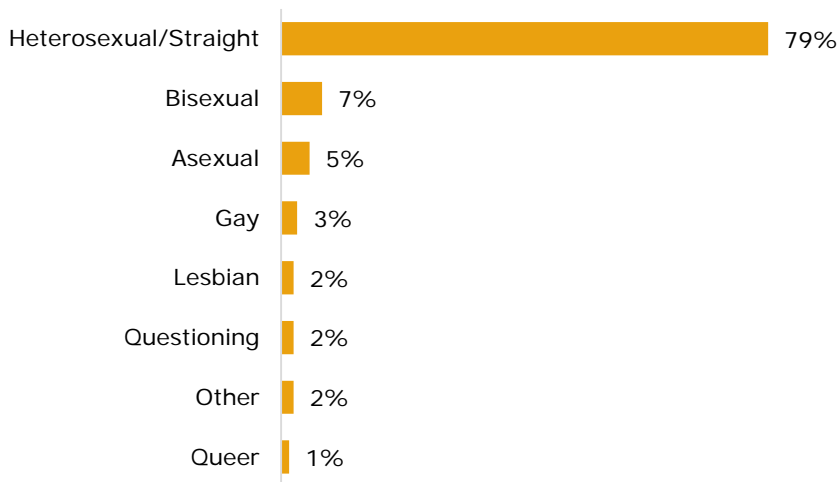
Exhibit 135.　Country of birth of the respondent (n=155)

	%
United States	87.1%
Other	12.9%

Other countries include: England, Germany, Japan, Mexico, Nicaragua, Nigeria, Peru, Philippines, and United Kingdom.

Exhibit 136.   **For Foreign-Born Respondents, Number of Years They Have Lived in the US**

	n	Mean	Median	Min	Max
United States	19	33.32	35	4	59

Exhibit 137.   **Number of Years Respondents have Lived in Ventura County**

Ventura County	118	29.21	30	1	74

Exhibit 138.   **Household Size**

Thirty-seven percent of respondents for whom household size data was available reported living alone.

	n	Mean	Median	Min	Max
Household size (Children. Adults, respondent)	81	2.46	2	1	14

Exhibit 139.   **Number of children (0-17 years) in Household.**

For households with children, the average number of children per household was 1.5.

	n	Mean	Median	Min	Max
Children (0-17)	13	1.54	1	1	4

Exhibit 140.   **Number of other adults (18+) Living in the Household.**

For participants that indicated living with other adults, they reported living on average with **2** adults.

	n	Mean	Median	Min	Max
Adults (18+)	45	2.18	1	1	13

Exhibit 141.   Current Living Situation (n=160)

Category	Percentage
Homeless	73%
Shelter	27%
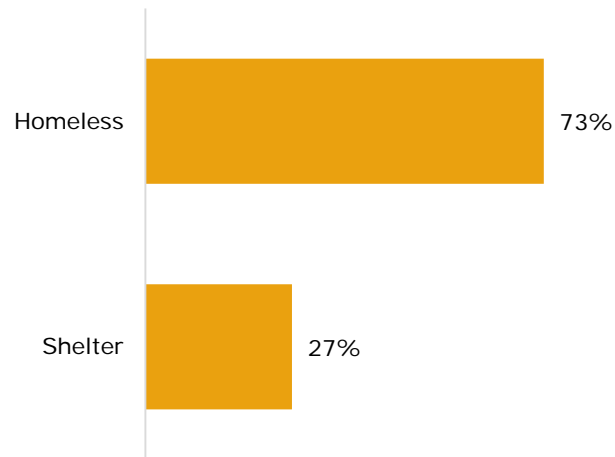
Exhibit 142.   Length of Time in Current Living Situation (n=158)
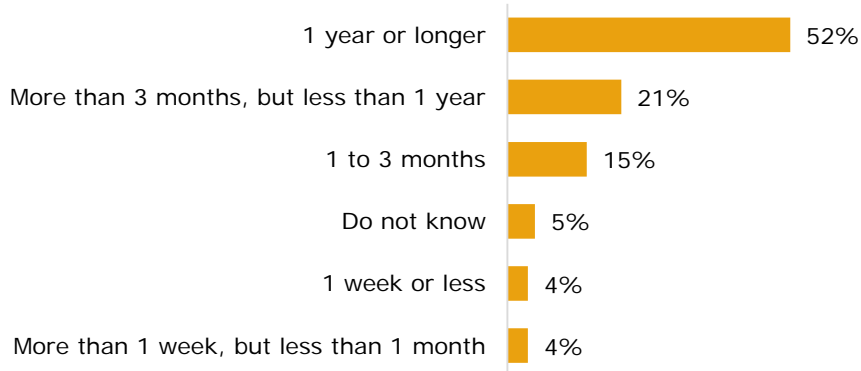
Category	Percentage
1 year or longer	52%
More than 3 months, but less than 1 year	21%
1 to 3 months	15%
Do not know	5%
1 week or less	4%
More than 1 week, but less than 1 month	4%

	1 week or less	More than 1 week, less than 1 month	1 to 3 months	More than 3 months, but less than 1 year	1 year or longer	Don't know
Shelter (n=43)	9.3%	2.3%	16.3%	25.6%	41.9%	4.7%
Homeless (n=115)	1.7%	4.3%	13.9%	19.1%	55.7%	5.2%

Exhibit 143.   Respondents Occupation (n=156)

Occupation	Percentage
Unable to work	35%
Not working, but looking for a job	26%
Employed	17%
Not working, and not looking for a job	9%
Retired	5%
Self-employed	4%
Student	4%
Full or part-time family caregiver	2%
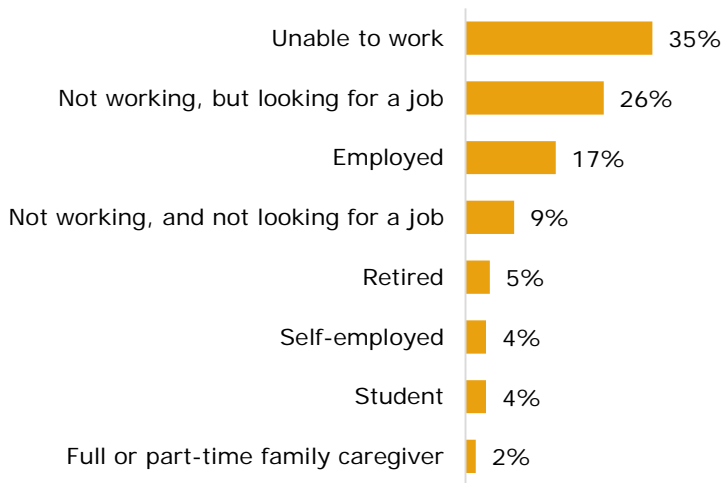
Exhibit 144.   Number of Hours Respondent Works Each Week (n=28)[10]

Hours	Percentage
40 hours or more	29%
20 to 39 hours	50%
Less than 20 hours	21%

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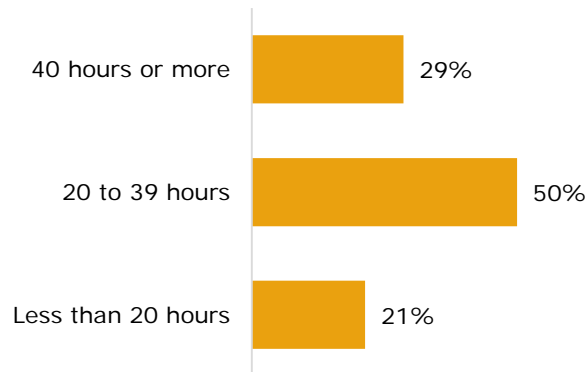
[10] For participants that reported being employed and self-employed.

Exhibit 145.   Highest level of education (n=154)

Education Level	Percentage
High school graduate / GED	34%
Some college / technical school	21%
Some high school	18%
Graduate degree	9%
Associate's degree	5%
Less than high school	5%
Technical school / vocational program	4%
Bachelor's degree	3%
Never attended school	1%
Other	1%
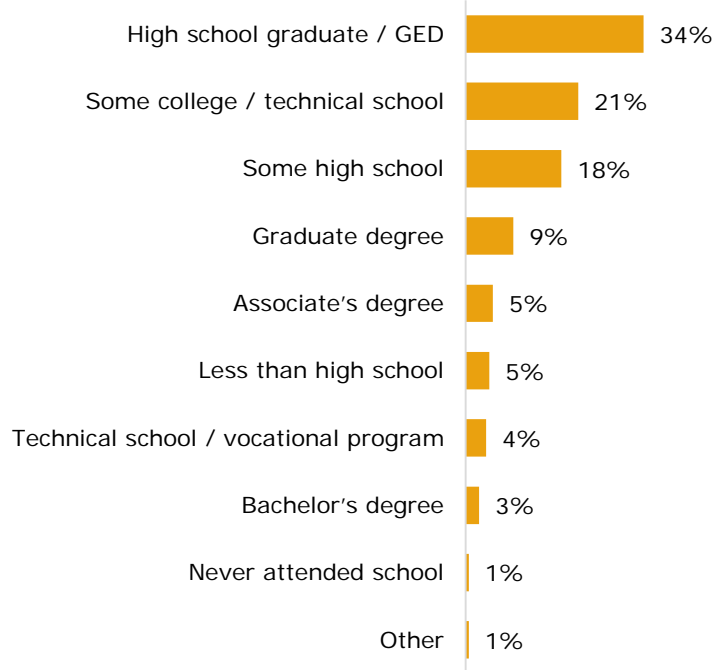
Exhibit 146.   Total household income (n=61)

Income Range	Percentage
less than 10,000	15%
10,000 to 19,999	59%
20,000 to 29,999	18%
30,000 to 39,999	2%
40,000 to 49,999	2%
50,000 to 59,999	2%
60,000 to 69,999	2%
160,000 to 179,999	2%
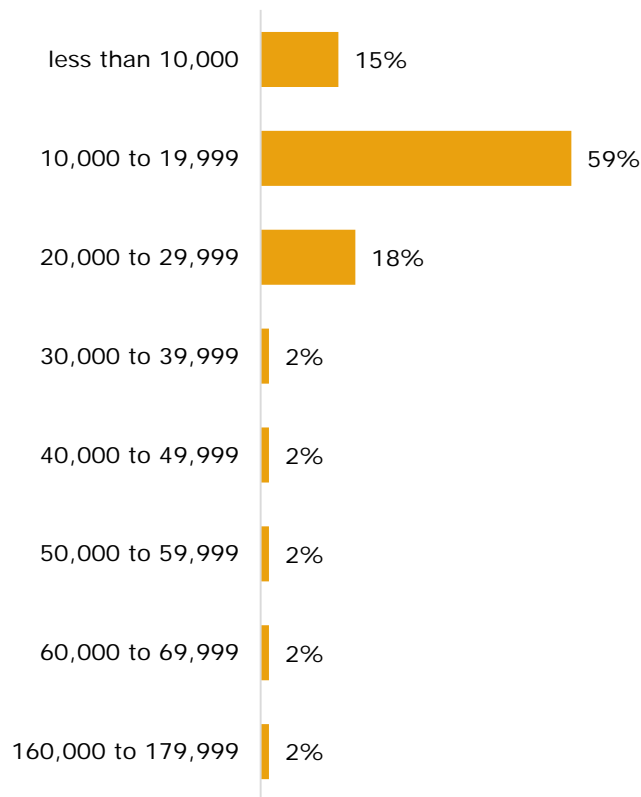
	n	Mean	Median	Min	Max
Household Income	61	18,500	12,000	2,200	170,000

Exhibit 147. Ventura County poverty level based on HUD Income Levels for Ventura County[11] (n=31)

Extremely low 0 to 30	84%
Very low 31 to 50	13%
Moderate 81 to 120	3%
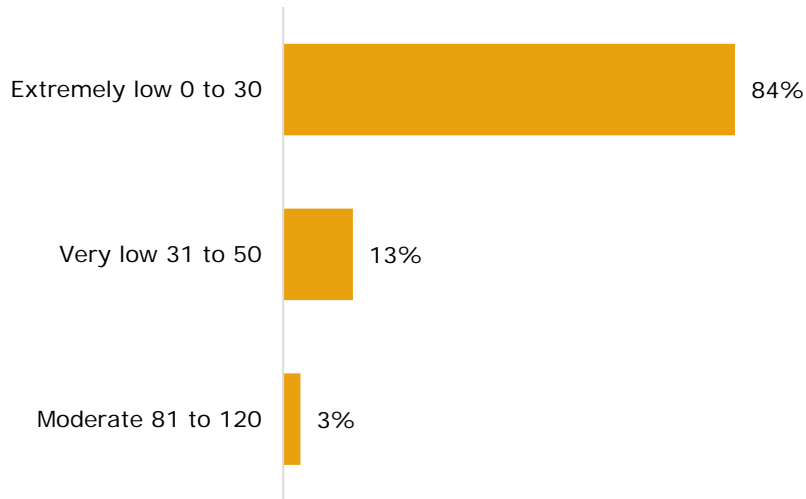
Mental Health

Exhibit 148. Alcohol Consumption in the last 12 months (n=149)

Never	60%
About once a month	22%
About once a week	5%
Twice a week	6%
3 to 4 times a week	4%
5 to 6 times a week	1%
Every day	3%

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[11] http://www.hcd.ca.gov/grants-funding/income-limits/state-and-federal-income-limits/docs/inc2k18.pdf
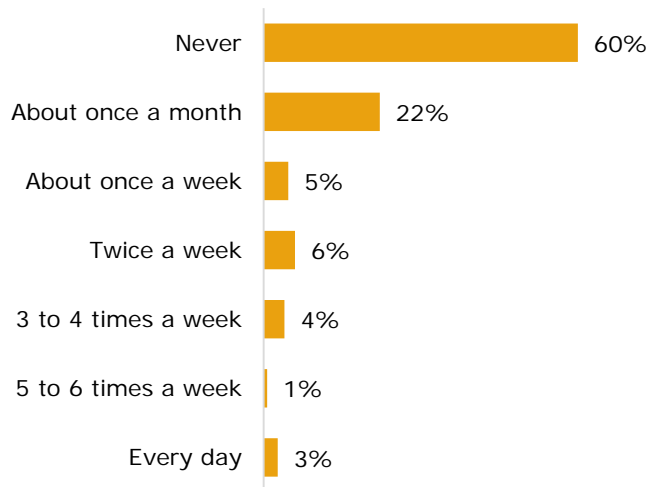
Exhibit 149.   For Respondents who Reported Drinking, Average Number of Alcoholic Drinks (n=56)

Category	Percentage
1 to 2 drinks	68%
3 to 4 drinks	25%
5 to 6 drinks	4%
9 or more drinks	4%
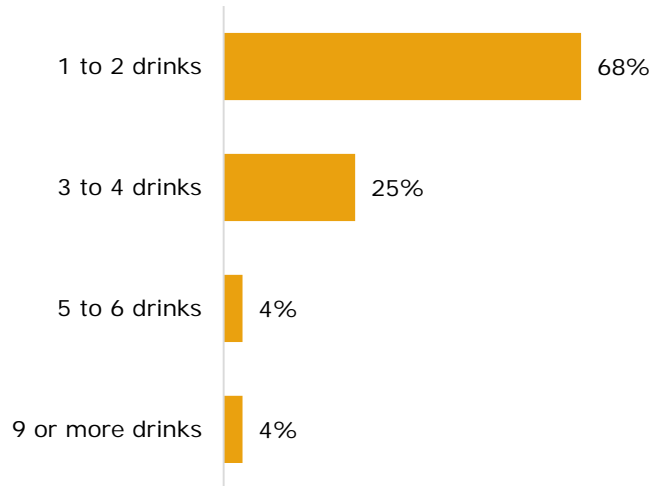
Exhibit 150.   Substance Use in the Last 12 Months (n=148)

Yes, 41%

No, 59%
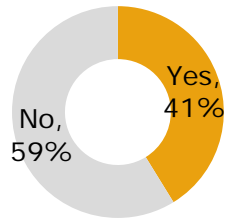
Exhibit 151.   Mental Health Rating (n=147)

Category	Percentage
Poor	25%
Fair	35%
Good	20%
Very good	13%
Excellent	8%

Exhibit 152.   Mental Health Diagnosis by a Doctor or Other Healthcare Professional (n=134)

■ Self   ■ Family

Diagnosis	Self	Family
Depression	65%	27%
Anxiety	55%	24%
Bipolar disorder	28%	16%
Eating disorder	13%	10%
Panic disorder	17%	11%
Schizophrenia	21%	9%
Social anxiety	28%	13%
Alcohol or drug abuse	29%	20%
Other	19%	9%
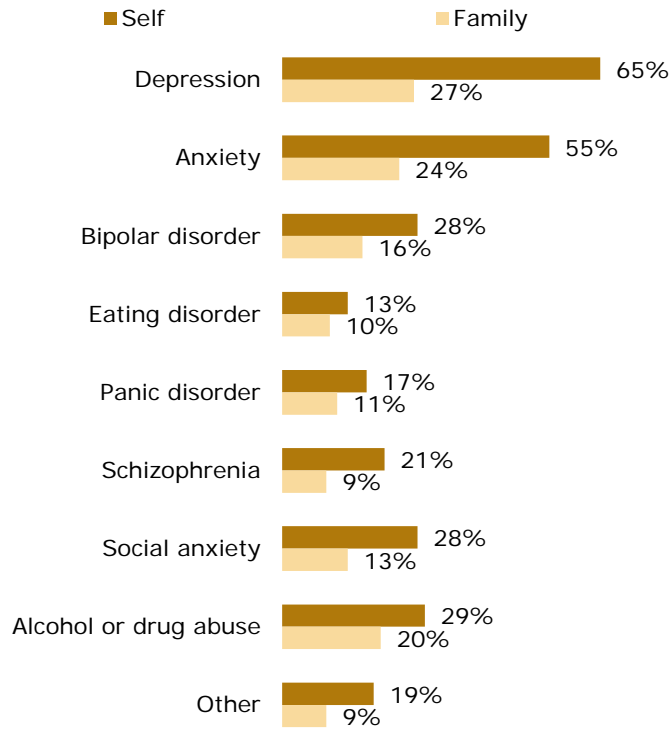
Exhibit 153.   Age of First Mental Health Diagnosis

	n	Mean	Median	Min	Max
Self	90	23.37	19	3	59
Family	15	23.27	22	1	45

Exhibit 154.   Suicide Ideation/Attempt

Self (n=142)

No, 44%
Yes, 56%

Family (n=84)

Yes, 36%
No, 64%
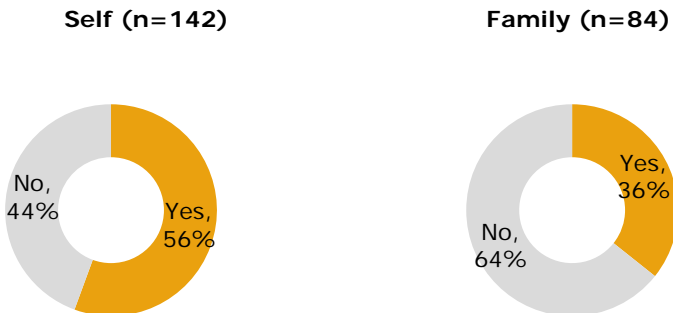
Exhibit 155.   Age of First Suicide Attempt

	n	Mean	Median	Min	Max
Self	53	21.96	18.00	5	58
Family	13	25.08	20.00	12	40

Exhibit 156.   Access to Needed Mental Health Services in the Last 12 Months

■ Self (n=122)   ■ Family (n=44)

Did not need services
- Self: 23%
- Family: 34%

No, did not receive the care needed
- Self: 17%
- Family: 27%

Yes, received the care needed
- Self: 60%
- Family: 39%
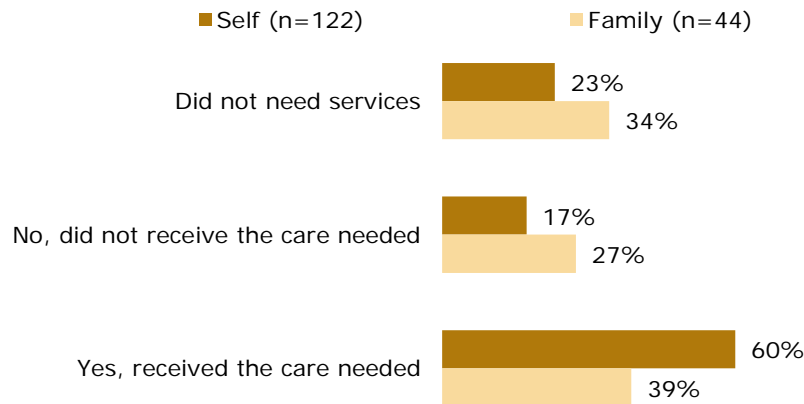
Exhibit 157.   Main reasons Why Mental Health Services were NOT Received (n=23)

Reason	%
Other	48%
No health insurance or limited health insurance	35%
Fear of being mistreated by a service provider	35%
Timing of services was not convenient	26%
Getting services required too much travel	9%
Lack of services appropriate to my/their culture	4%
Lack of services available in my/their language	4%
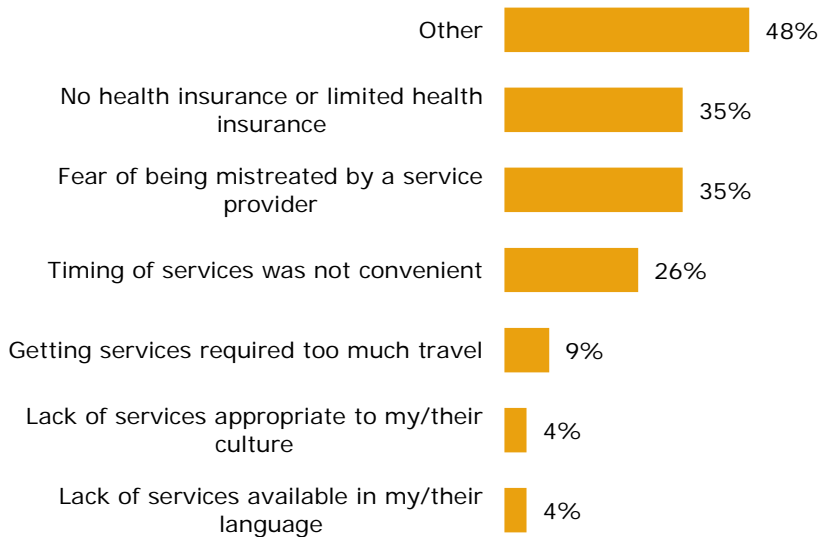
Exhibit 158.   Staff that Provided Services were Sensitive to Cultural Background (n=71)

No, 20%

Yes, 80%
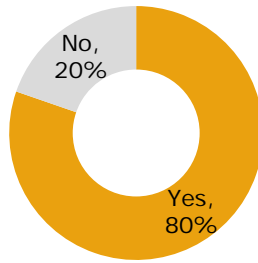
Exhibit 159.   Services were Provided in Preferred Language (n=73)

No, 10%

Yes, 90%
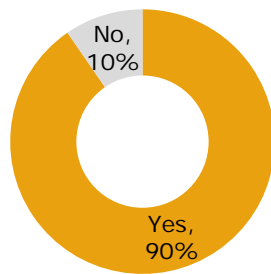
Exhibit 160.   Overall Satisfaction with Received Services (n=72)

Category	Percent
Very satisfied	43%
Somewhat satisfied	33%
Somewhat dissatisfied	13%
Very dissatisfied	11%
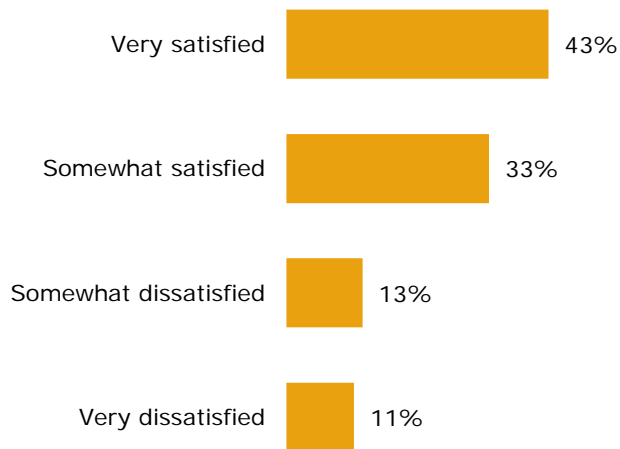
Exhibit 161.   Most Urgent Mental Health Issues in the Community (n=140)

Issue	Percentage
Homelessness	71%
Depression	38%
Alcoholism and/or drug use	33%
Lack of access to mental health services	19%
Childhood trauma	16%
Other	12%
Thoughts of suicide	11%
Lack of services appropriate for my culture	8%
None	6%
Lack of services in my preferred language	4%
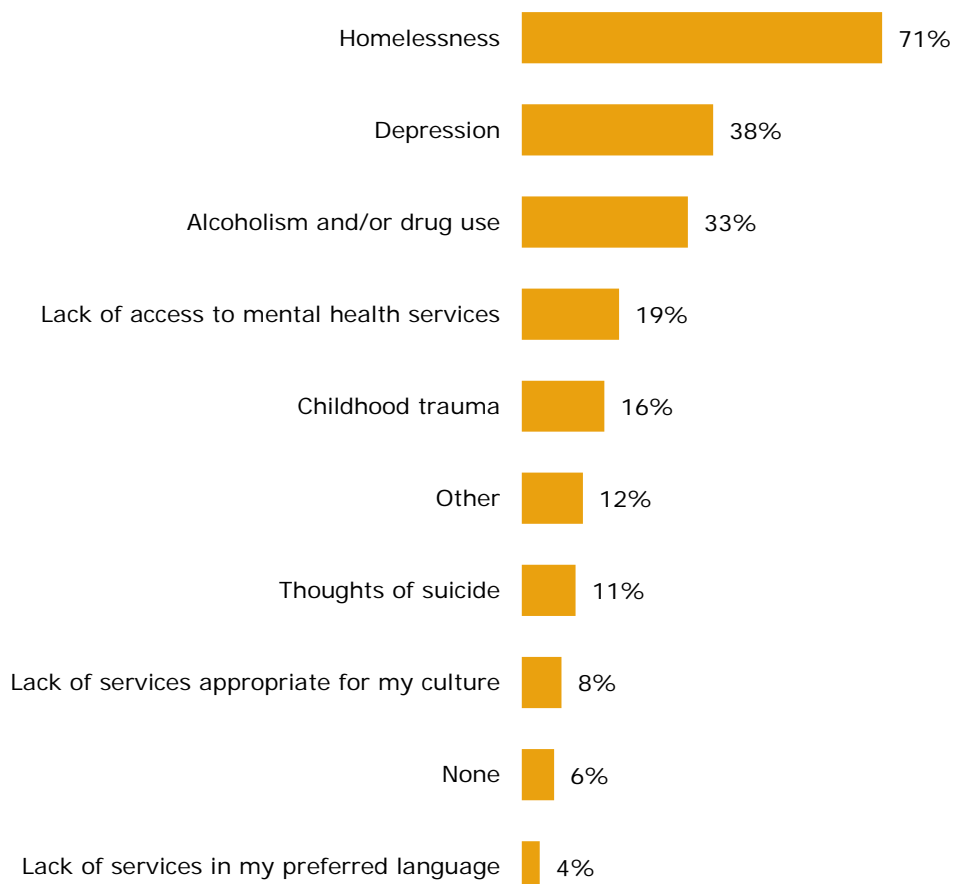
LGBTQ

Demographics

Exhibit 162.   Age of Respondent (n=573)
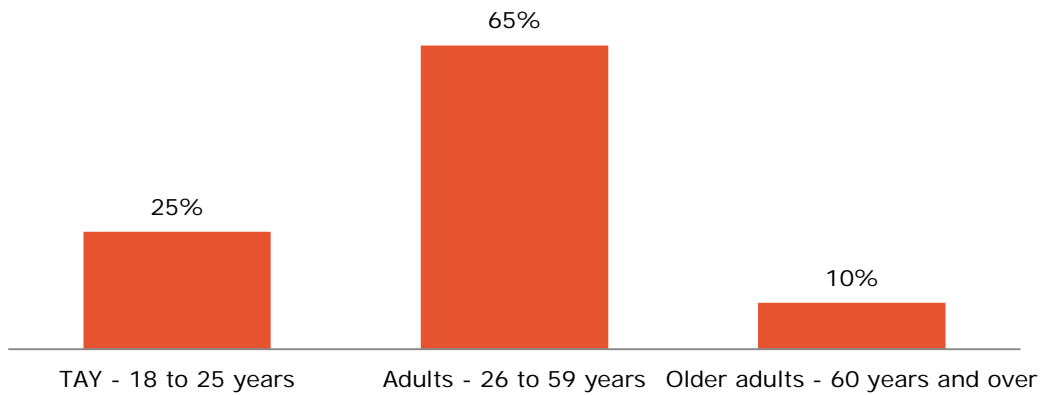
	n	Mean	Median	Min	Max
Age	573	37.99	36	18	89

Exhibit 163.   Language Spoken Most Often at Home (n=568)

	%
English	68%
Spanish	18.1%
Other	11.8%
Mixtec	1.8%
Tagalog	0.2%
Persian	0.2%

Exhibit 164.   Sex Assigned at Birth (n=570)

Female	68%
Male	31%
Intersex	1%
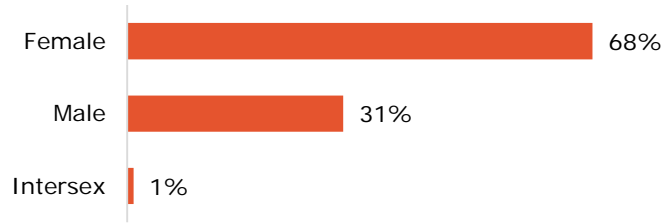
Exhibit 165.   Gender of Respondent (n=559)

Female/Woman	62%
Male/Man	28%
Non-Binary	3%
Trans Man (Female to Male)	2%
Trans Woman (Male to Female)	2%
Genderqueer / Gender Non-Conforming	1%
Other	2%
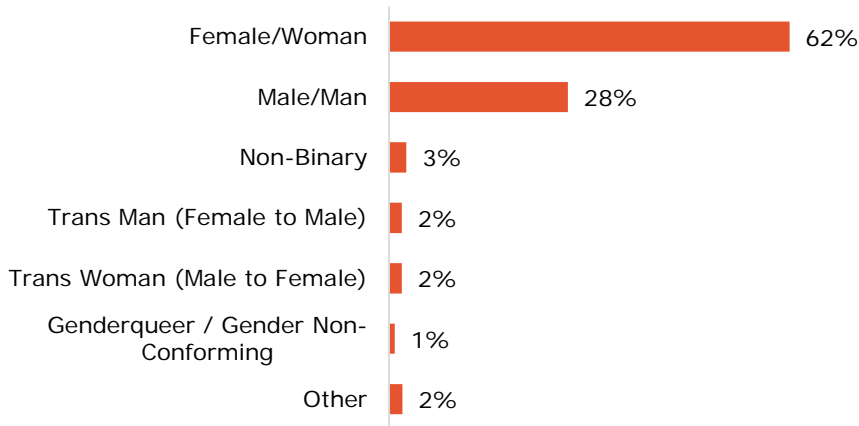
Exhibit 166.   Current Sexual Orientation (n=573)

Asexual	39%
Bisexual	22%
Other	10%
Gay	9%
Lesbian	8%
Pansexual	6%
Queer	3%
Questioning	3%
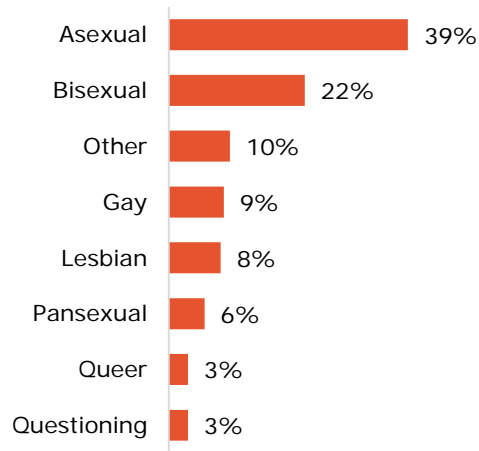
Exhibit 167.   Country of birth of the respondent (n=564)

	%
United States	78.4%
Other	21.6%

Other countries include: Australia, Belize, Canada, China, Costa Rica, Cuba, El Salvador, Germany, Guatemala, Honduras, India, Japan, Mexico, Philippines, Russia, South Korea, Uganda, Venezuela, and Vietnam.

Exhibit 168. For Foreign-Born Respondents, Number of Years They Have Lived in the US

	n	Mean	Median	Min	Max
United States	110	20.49	18.5	1	57

Exhibit 169. Number of Years Respondents have Lived in Ventura County

	n	Mean	Median	Min	Max
Ventura County	491	22.94	20	1	70

Exhibit 170. Household Size

Seven percent of respondents for whom household size data was available reported living alone.

	n	Mean	Median	Min	Max
Household size (Children. Adults, respondent)	493	4.19	4	1	16

Exhibit 171. Number of children (0-17 years) in Household.

For households with children, the average number of children per household was 2.

	n	Mean	Median	Min	Max
Children (0-17)	253	2.25	2	1	7

Exhibit 172. Number of other adults (18+) Living in the Household.

For participants that indicated living with other adults, they reported living on average with **2** adults.

	n	Mean	Median	Min	Max
Adults (18+)	432	2.32	2	1	15

Exhibit 173. Current Living Situation (n=571)

Own or rent my own place	50%
Live with a friend or family member	36%
Other	8%
Homeless	4%
Shelter	1%
Hotel/motel	1%
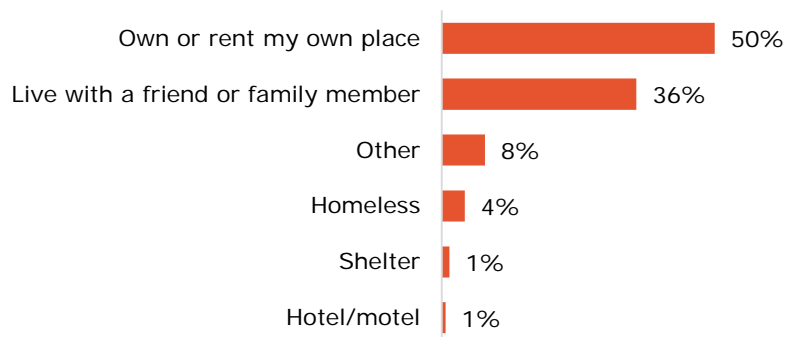
Exhibit 174.   Length of Time in Current Living Situation (n=563)
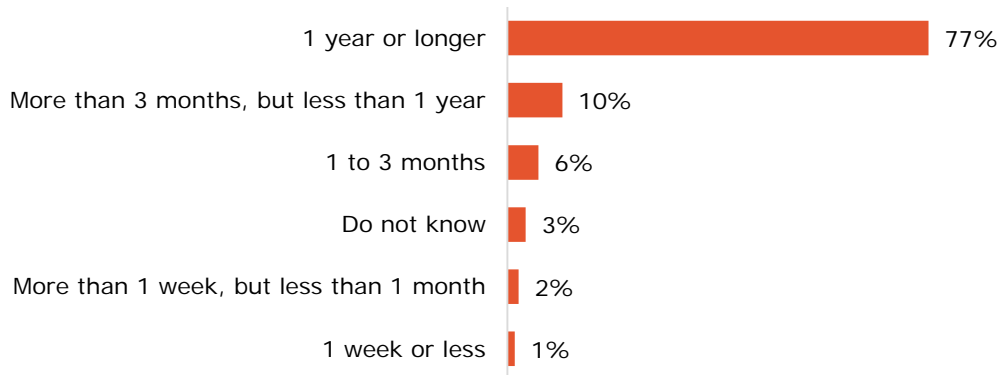
Category	Percentage
1 year or longer	77%
More than 3 months, but less than 1 year	10%
1 to 3 months	6%
Do not know	3%
More than 1 week, but less than 1 month	2%
1 week or less	1%

	1 week or less	More than 1 week, less than 1 month	1 to 3 months	More than 3 months, but less than 1 year	1 year or longer	Don't know
Own or rent own place (n=280)	1.1%	1.1%	3.6%	8.2%	82.9%	3.2%
Live with a friend or family member (n=203)	0.5%	2.0%	6.4%	5.9%	82.3%	3.0%
Shelter (n=8)	12.5%	12.5%	12.5%	12.5%	50.0%	0.0%
Hotel/Motel (n=4)	25.0%	0.0%	25.0%	25.0%	25.0%	0.0%
Homeless (n=24)	0.0%	0.0%	12.5%	25.0%	54.2%	8.3%
Other (n=43)	2.3%	9.3%	9.3%	32.6%	41.9%	4.7%

Exhibit 175.   Respondents Occupation (n=559)

Category	Percentage
Employed	47%
Not working, but looking for a job	13%
Unable to work	12%
Not working, and not looking for a job	5%
Student	5%
Self-employed	5%
Retired	4%
Other	4%
Full or part-time family caregiver	3%
Home-maker / stay-at-home parent	3%
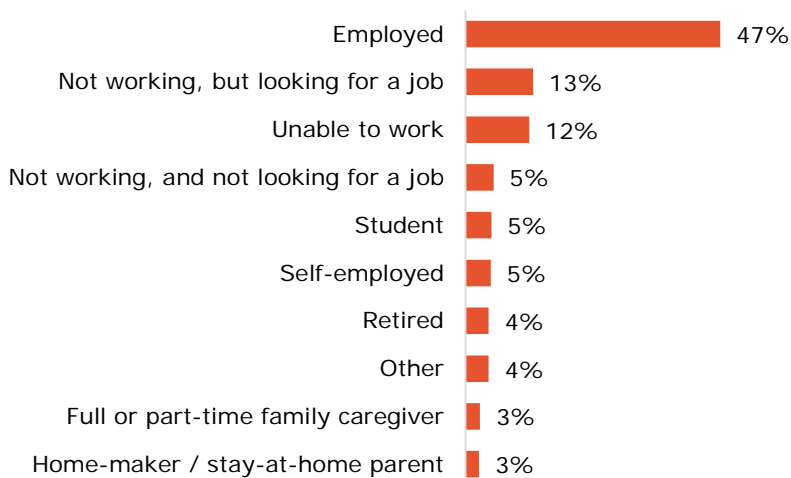
Exhibit 176.   Number of Hours Respondent Works Each Week (n=287)[12]

40 hours or more	56%
20 to 39 hours	29%
Less than 20 hours	15%
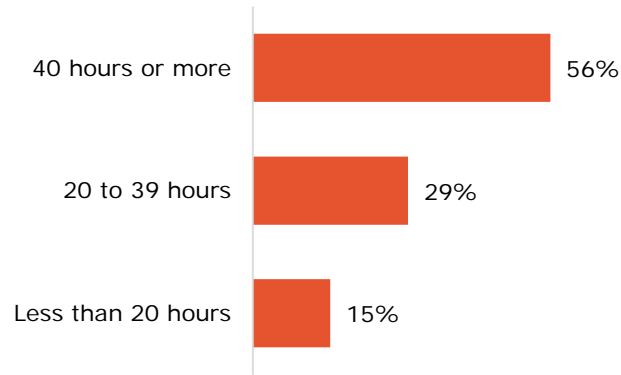
Exhibit 177.   Highest level of education (n=554)

Some college / technical school	23%
High school graduate / GED	22%
Bachelor's degree	13%
Associate's degree	9%
Some high school	9%
Graduate degree	8%
Less than high school	8%
Technical school / vocational program	5%
Never attended school	2%
Other	1%
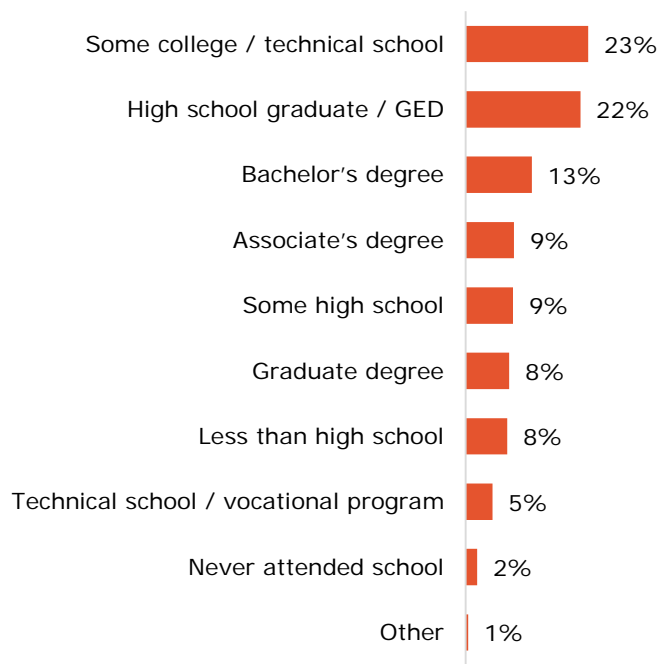
Exhibit 178.   Total household income (n=315)

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[12] For participants that reported being employed and self-employed.

Income	Percent
less than 10,000	8%
10,000 to 19,999	20%
20,000 to 29,999	15%
30,000 to 39,999	9%
40,000 to 49,999	9%
50,000 to 59,999	5%
60,000 to 69,999	8%
70,000 to 79,999	3%
80,000 to 89,999	4%
90,000 to 99,999	3%
100,000 to 119,999	4%
120,000 to 139,999	3%
140,000 to 159,999	3%
160,000 to 179,999	1%
180,000 to 199,999	1%
200,000+	6%
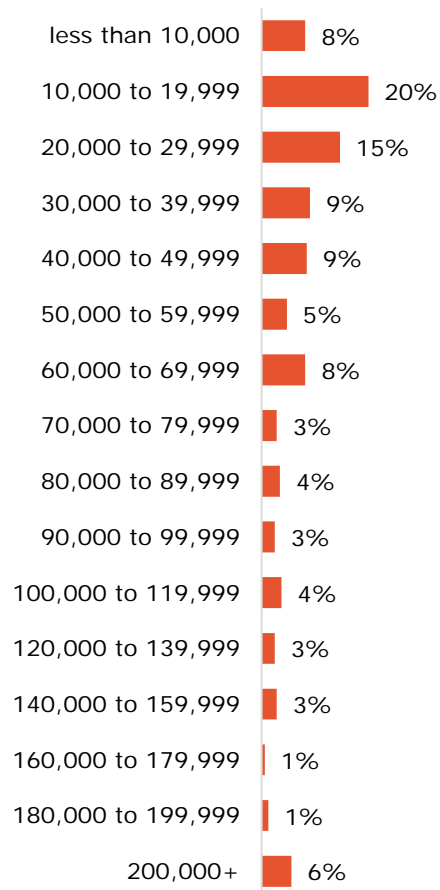
	n	Mean	Median	Min	Max
Household Income	315	584,459	35,000	2,000	620,000

Exhibit 179.   Ventura County poverty level based on HUD Income Levels for Ventura County[13] (n=278)

Level	Percent
Extremely low 0 to 30	41%
Very low 31 to 50	19%
Low 51 to 80	14%
Moderate 81 to 120	13%
121 to 150	3%
151 to 200	3%
200+	9%

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[13] http://www.hcd.ca.gov/grants-funding/income-limits/state-and-federal-income-limits/docs/inc2k18.pdf
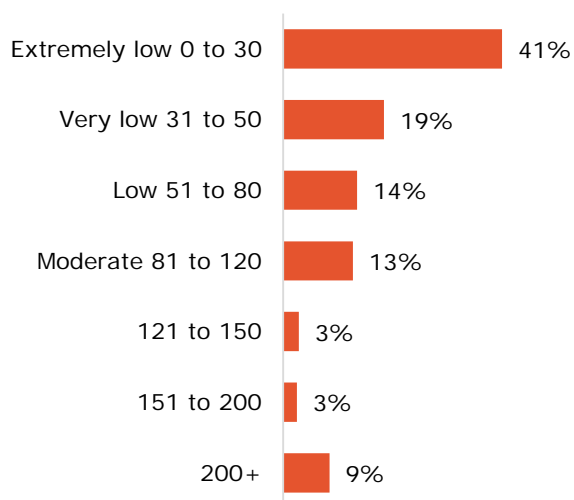
Mental Health

Exhibit 180. **Alcohol Consumption in the last 12 months (n=532)**

Category	Percentage
Never	43%
About once a month	35%
About once a week	9%
Twice a week	5%
3 to 4 times a week	4%
5 to 6 times a week	2%
Every day	3%
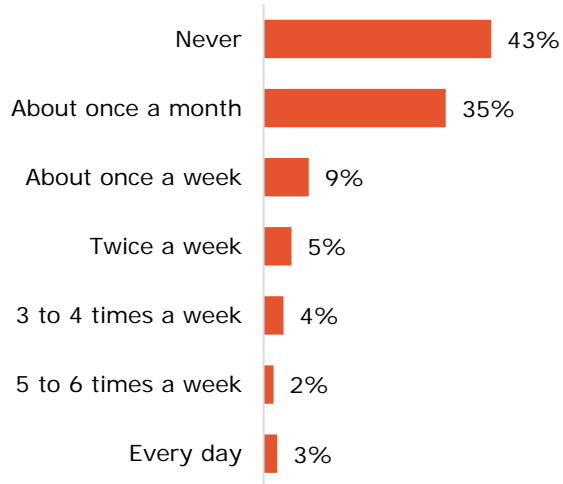
Exhibit 181. **For Respondents who Reported Drinking, Average Number of Alcoholic Drinks (n=295)**

Category	Percentage
1 to 2 drinks	61%
3 to 4 drinks	23%
5 to 6 drinks	12%
7 to 8 drinks	2%
9 or more drinks	3%
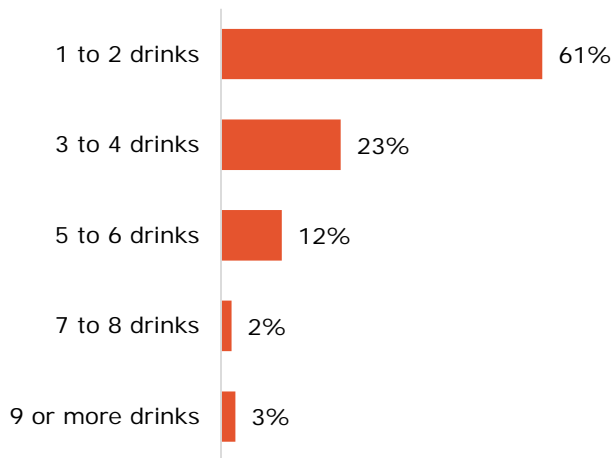
Exhibit 182. **Substance Use in the Last 12 Months (n=532)**

Yes, 29%

No, 71%
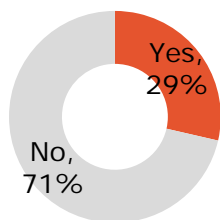
Exhibit 183.   Mental Health Rating (n=518)

Rating	Percent
Poor	12%
Fair	31%
Good	29%
Very good	16%
Excellent	12%

Exhibit 184.   Mental Health Diagnosis by a Doctor or Other Healthcare Professional (n=427)

Diagnosis	Self	Family
Depression	62%	48%
Anxiety	56%	40%
Bipolar disorder	19%	20%
Eating disorder	10%	10%
Panic disorder	11%	12%
Schizophrenia	11%	13%
Social anxiety	20%	14%
Alcohol or drug abuse	18%	30%
Other	13%	7%
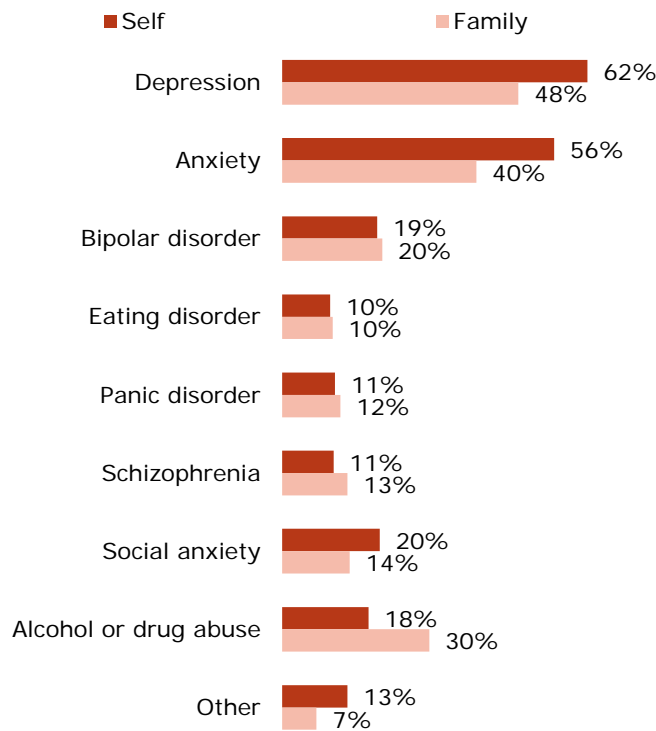
Exhibit 185.   Age of First Mental Health Diagnosis

	n	Mean	Median	Min	Max
Self	272	22.69	19	3	65
Family	114	24.12	20	2	80

Exhibit 186. **Suicide Ideation/Attempt**

Self (n=491)

No, 51%   Yes, 49%

Family (n=401)

Yes, 36%   No, 64%
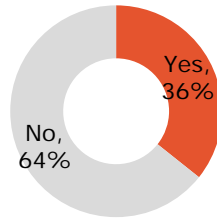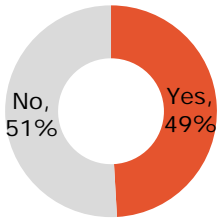
Exhibit 187. **Age of First Suicide Attempt**

	n	Mean	Median	Min	Max
Self	172	18.72	16.00	5	60
Family	62	24.21	18.00	9	80

Exhibit 188. **Access to Needed Mental Health Services in the Last 12 Months**

■ Self (n=415)   ■ Family (n=315)

Did not need services
- 35%
- 44%

No, did not receive the care needed
- 11%
- 23%

Yes, received the care needed
- 55%
- 33%
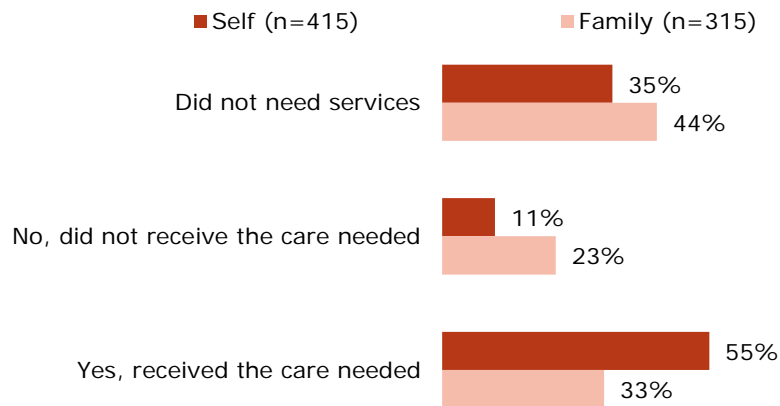
Exhibit 189. **Main reasons Why Mental Health Services were NOT Received (n=88)**

Other	42%
No health insurance or limited health insurance	40%
Timing of services was not convenient	26%
Fear of being mistreated by a service provider	25%
Lack of services appropriate to my/their culture	18%
Getting services required too much travel	13%
Lack of services available in my/their language	5%
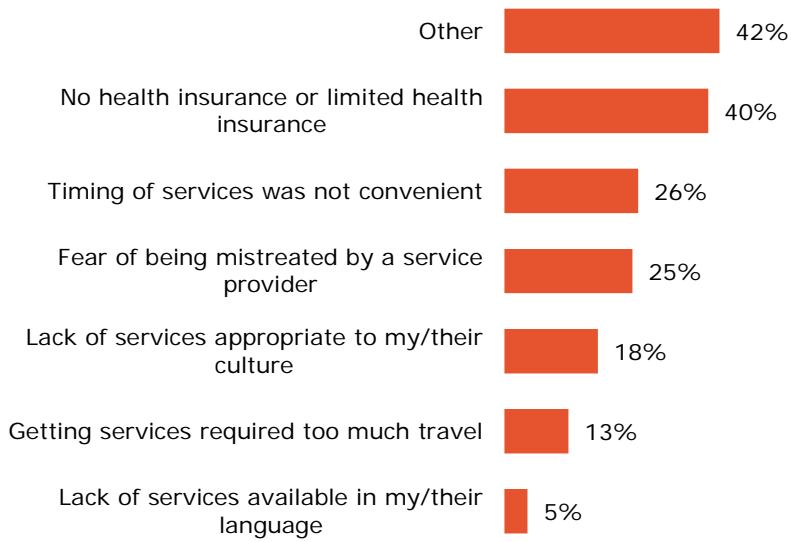
Exhibit 190.   Staff that Provided Services were Sensitive to Cultural Background (n=249)

No, 14%

Yes, 86%
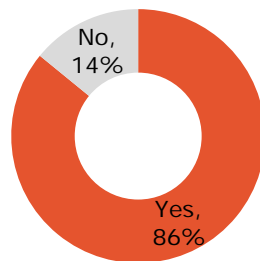
Exhibit 191.   Services were Provided in Preferred Language (n=256)

No, 6%

Yes, 95%
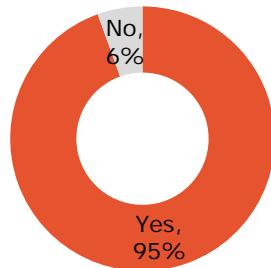
Exhibit 192.   Overall Satisfaction with Received Services (n=247)

Very satisfied	54%
Somewhat satisfied	33%
Somewhat dissatisfied	7%
Very dissatisfied	6%
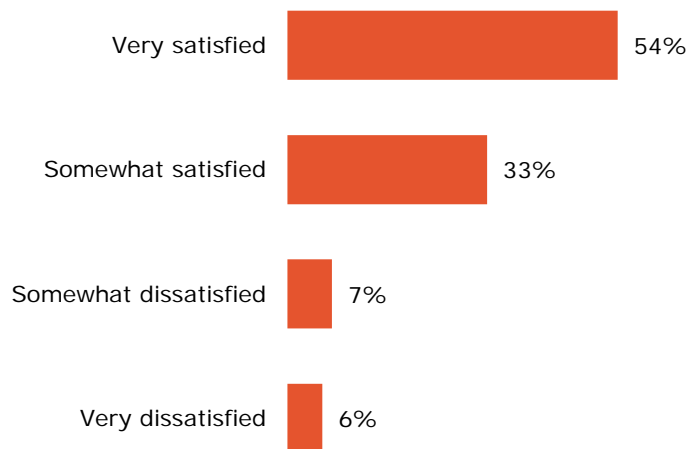
Exhibit 193. Most Urgent Mental Health Issues in the Community (n=494)

Issue	Percentage
Homelessness	44%
Depression	43%
Lack of access to mental health services	39%
Alcoholism and/or drug use	35%
Childhood trauma	30%
Thoughts of suicide	25%
None	11%
Lack of services appropriate for my culture	11%
Other	7%
Lack of services in my preferred language	7%

TAY
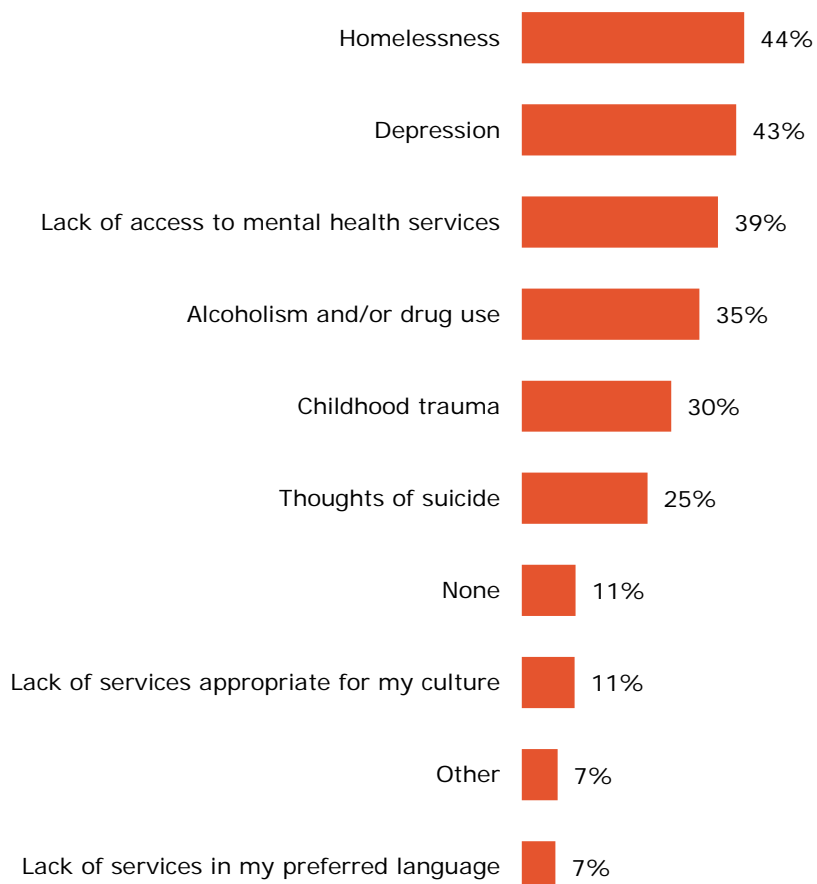
Demographics

Exhibit 194.   Age of Respondent

	n	Mean	Median	Min	Max
Age	597	21.35	21	18	25

Exhibit 195.   Race/Ethnicity of Respondent[14] (n=594)

Race/Ethnicity	%
Hispanic	73.9%
White (non-Hispanic)	20.5%
Black/African American	5.4%
Asian/Pacific Islander/Hawaiian	4.9%
Indigenous	4%
American Indian/Alaska Native	1.7%
Other	1.0%
Middle Eastern	0.5%
Asian Indian	0.2%

Exhibit 196.   Language Spoken Most Often at Home (n=596)

	%
English	56%
Spanish	26.7%
Other	14.4%
Mixtec	2.7%
Persian	0.2%

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[14] Respondents could select more than one option.

Exhibit 197. Sex Assigned at Birth (n=595)

Female	61%
Male	39%
Intersex	0%
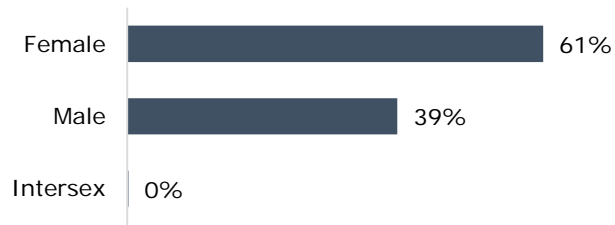
Exhibit 198. Gender of Respondent (n=574)

Female/Woman	58%
Male/Man	37%
Non-Binary	2%
Trans Man (Female to Male)	1%
Trans Woman (Male to Female)	1%
Genderqueer / Gender Non-Conforming	1%
Other	1%
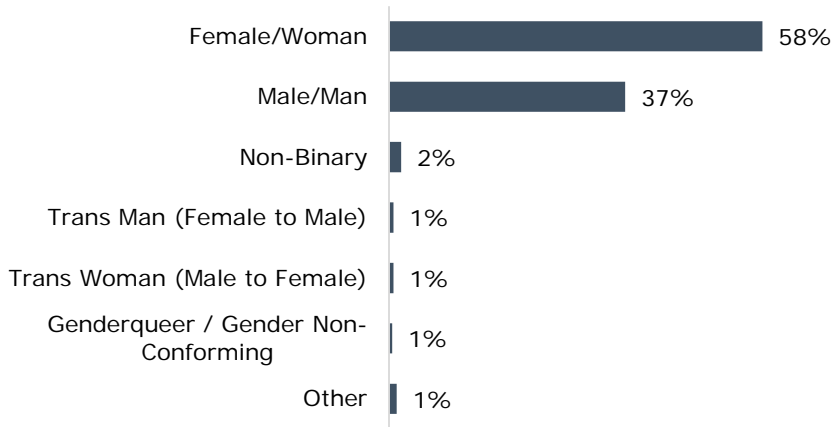
Exhibit 199. Current Sexual Orientation (n=538)

Heterosexual/Straight	73%
Asexual	9%
Bisexual	8%
Pansexual	3%
Gay	2%
Questioning	2%
Queer	1%
Lesbian	1%
Other	1%
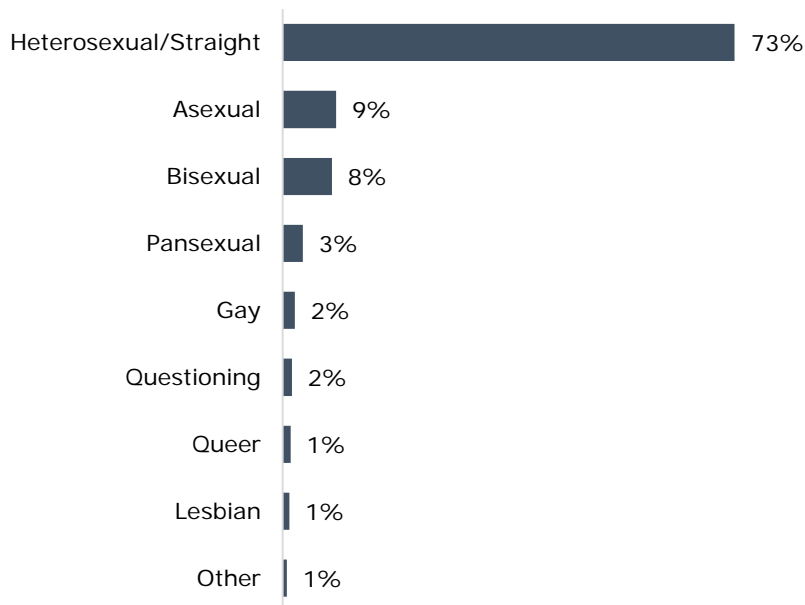
	%
United States	81.8%
Other	18.2%

Exhibit 200.   Country of birth of the respondent (n=587)

Other countries include: Canada, China, El Salvador, Honduras, Mexico, Honduras, Nigeria, Peru, Philipinnes, Romania, Russia, Spain, and Vietnam.

Exhibit 201.   For Foreign-Born Respondents, Number of Years They Have Lived in the US

	n	Mean	Median	Min	Max
United States	96	12.88	13	1	24

Exhibit 202.   Number of Years Respondents have Lived in Ventura County

	n	Mean	Median	Min	Max
Ventura County	510	16.10	18	1	25

Exhibit 203.   Household Size

Two percent of respondents for whom household size data was available reported living alone.

	n	Mean	Median	Min	Max
Household size (Children. Adults, respondent)	543	4.87	5	1	18

Exhibit 204.   Number of children (0-17 years) in Household.

For households with children, the average number of children per household was 2.

	n	Mean	Median	Min	Max
Children (0-17)	311	2.11	2	1	18

Exhibit 205.   Number of other adults (18+) Living in the Household.

For participants that indicated living with other adults, they reported living on average with **2** adults.

	n	Mean	Median	Min	Max
Adults (18+)	514	2.88	3	1	18

Exhibit 206.   Current Living Situation (n=578)
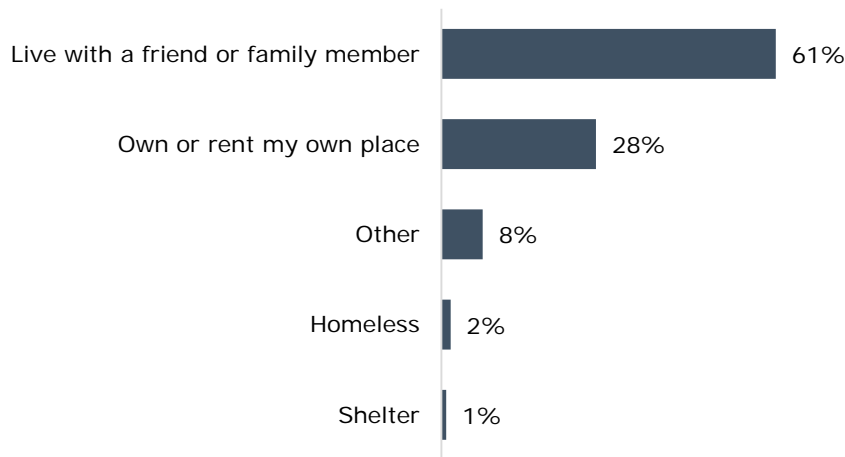
	1 week or less	More than 1 week, less than 1 month	1 to 3 months	More than 3 months, but less than 1 year	1 year or longer	Don't know
Own or rent own place (n=160)	0.0%	1.9%	10.6%	17.5%	67.5%	2.5%
Live with a friend or family member (n=350)	0.9%	1.4%	6.3%	7.7%	79.7%	4.0%
Shelter (n=5)	0.0%	0.0%	20.0%	60.0%	20.0%	0.0%
Homeless (n=10)	0.0%	10.0%	20.0%	10.0%	60.0%	0.0%
Other (n=43)	2.3%	7.0%	14.0%	44.2%	30.2%	2.3%

Exhibit 207.   Length of Time in Current Living Situation (n=573)

1 year or longer	71%
More than 3 months, but less than 1 year	14%
1 to 3 months	8%
Do not know	4%
More than 1 week, but less than 1 month	2%
1 week or less	1%
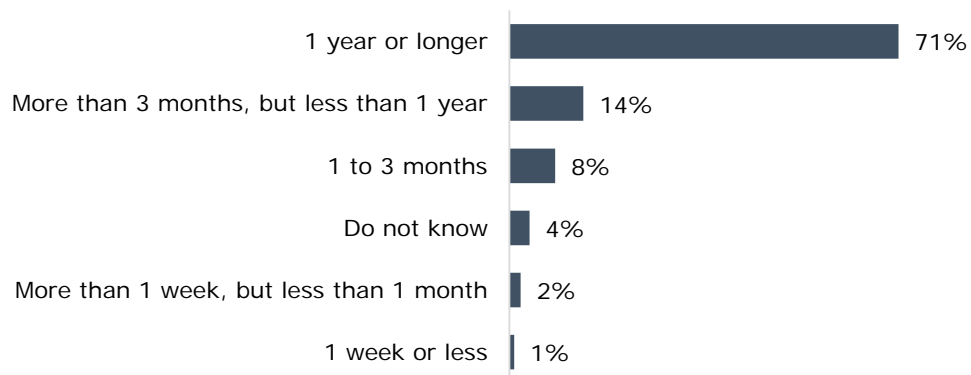
Exhibit 208.   Respondents Occupation (n=574)

Employed	47%
Not working, but looking for a job	17%
Student	15%
Other	8%
Unable to work	4%
Not working, and not looking for a job	4%
Home-maker / stay-at-home parent	2%
Self-employed	1%
Full or part-time family caregiver	1%
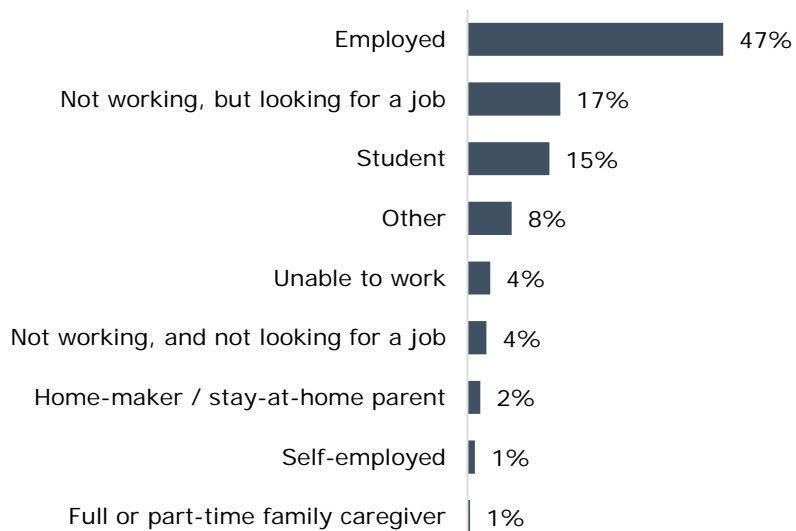
Exhibit 209.   Number of Hours Respondent Works Each Week (n=302) [15]

40 hours or more	32%
20 to 39 hours	51%
Less than 20 hours	17%
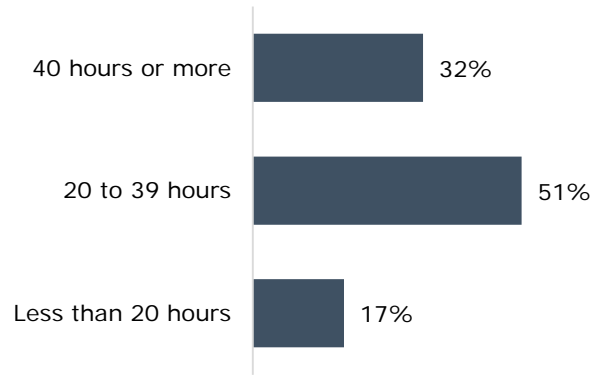
Exhibit 210.   Highest level of education (n=574)

High school graduate / GED	38%
Some college / technical school	28%
Some high school	12%
Associate's degree	8%
Bachelor's degree	7%
Less than high school	3%
Technical school / vocational program	2%
Never attended school	1%
Graduate degree	1%
Other	1%

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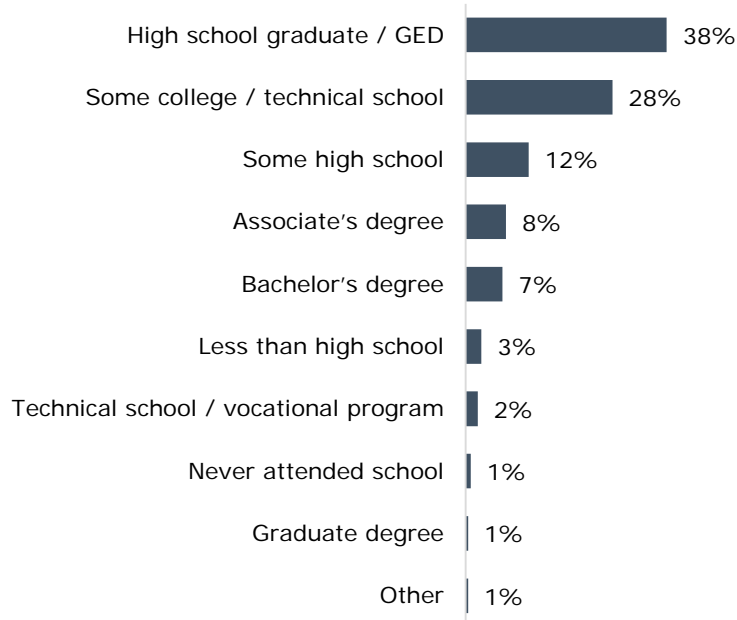
[15] For participants that reported being employed and self-employed.

Exhibit 211.   Total household income (n=232)

Income range	Percent
less than 10,000	8%
10,000 to 19,999	19%
20,000 to 29,999	19%
30,000 to 39,999	13%
40,000 to 49,999	8%
50,000 to 59,999	7%
60,000 to 69,999	4%
70,000 to 79,999	2%
80,000 to 89,999	5%
90,000 to 99,999	2%
100,000 to 119,999	4%
120,000 to 139,999	2%
140,000 to 159,999	2%
160,000 to 179,999	0%
180,000 to 199,999	1%
200,000+	5%
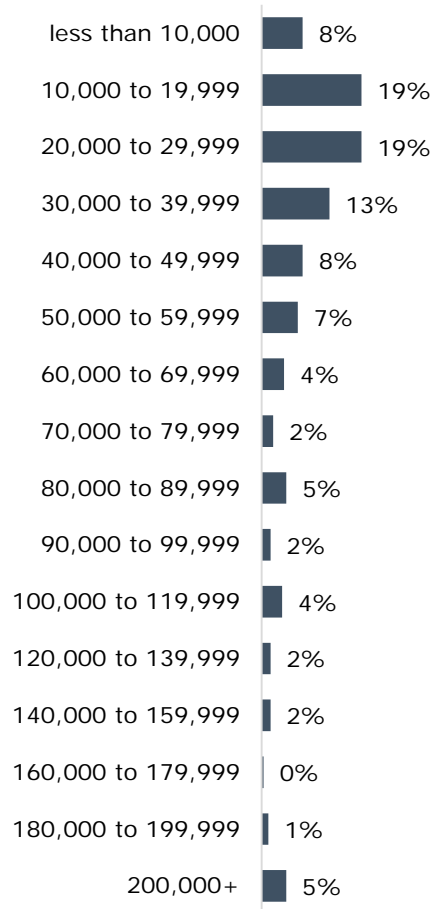
	n	Mean	Median	Min	Max
Household Income	232	53,013	30,000	2,000	500,000

Exhibit 212.   Ventura County poverty level based on HUD Income Levels for Ventura County[16] (n=223)

Extremely low 0 to 30 — 48%
Very low 31 to 50 — 21%
Low 51 to 80 — 13%
Moderate 81 to 120 — 10%
121 to 150 — 1%
151 to 200 — 3%
200+ — 5%
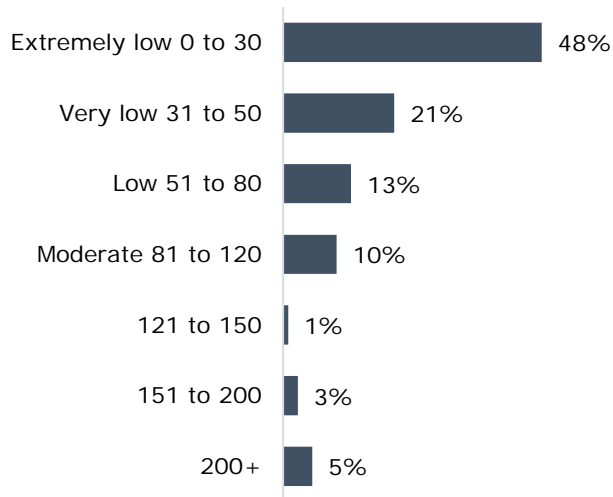
Mental Health

Exhibit 213.   Alcohol Consumption in the last 12 months (n=558)

Never — 46%
About once a month — 35%
About once a week — 10%
Twice a week — 5%
3 to 4 times a week — 3%
5 to 6 times a week — 0%
Every day — 1%

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[16] http://www.hcd.ca.gov/grants-funding/income-limits/state-and-federal-income-limits/docs/inc2k18.pdf
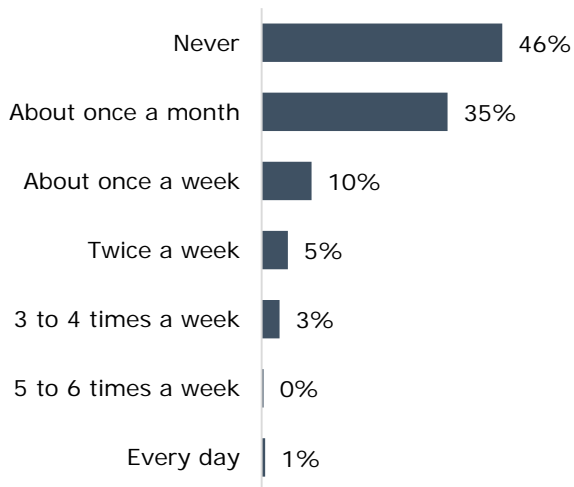
Exhibit 214.   **For Respondents who Reported Drinking, Average Number of Alcoholic Drinks (n=299)**

Category	Percentage
1 to 2 drinks	54%
3 to 4 drinks	29%
5 to 6 drinks	12%
7 to 8 drinks	2%
9 or more drinks	3%
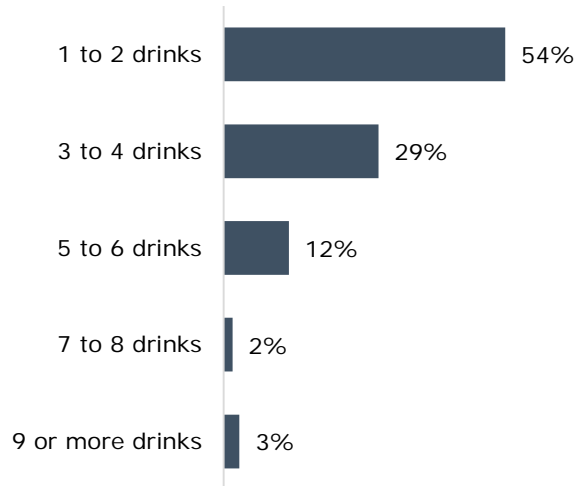
Exhibit 215.   **Substance Use in the Last 12 Months (n=557)**

Yes, 28%

No, 72%
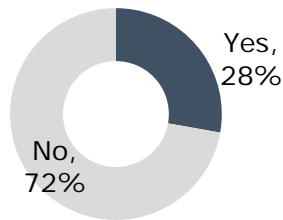
Exhibit 216.   **Mental Health Rating (n=555)**

Category	Percentage
Poor	12%
Fair	30%
Good	31%
Very good	15%
Excellent	12%
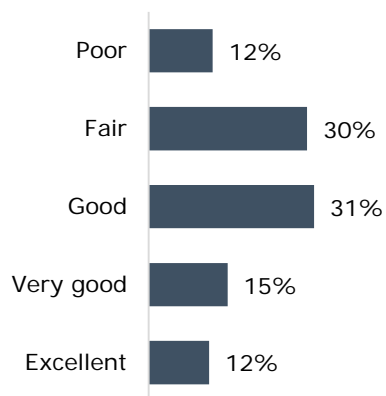
Exhibit 217. **Mental Health Diagnosis by a Doctor or Other Healthcare Professional (n=385)**

- Self
- Family

	Self	Family
Depression	58%	50%
Anxiety	54%	41%
Bipolar disorder	17%	18%
Eating disorder	8%	7%
Panic disorder	10%	9%
Schizophrenia	8%	10%
Social anxiety	19%	11%
Alcohol or drug abuse	9%	27%
Other	10%	5%
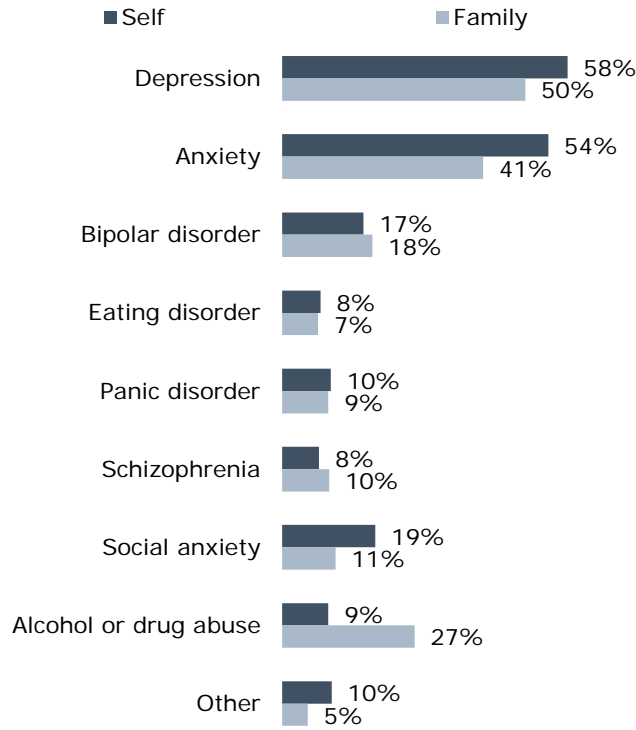
Exhibit 218. **Age of First Mental Health Diagnosis**

	n	Mean	Median	Min	Max
Self	238	15.84	16	2	27
Family	111	24.33	21	1	73

Exhibit 219. **Suicide Ideation/Attempt**

Self (n=532)

Yes, 40%

No, 60%

Family (n=469)

Yes, 27%

No, 73%
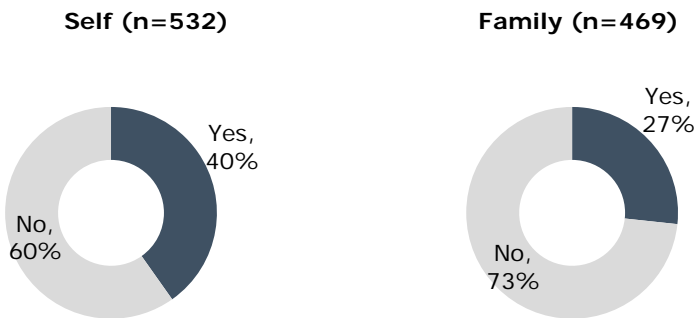
Exhibit 220. Age of First Suicide Attempt

	n	Mean	Median	Min	Max
Self	153	15.16	15.00	6	23
Family	53	24.49	19.5	10	63

Exhibit 221. Access to Needed Mental Health Services in the Last 12 Months

■ Self (n=459)   ■ Family (n=361)

	Self	Family
Did not need services	44%	52%
No, did not receive the care needed	12%	17%
Yes, received the care needed	44%	31%
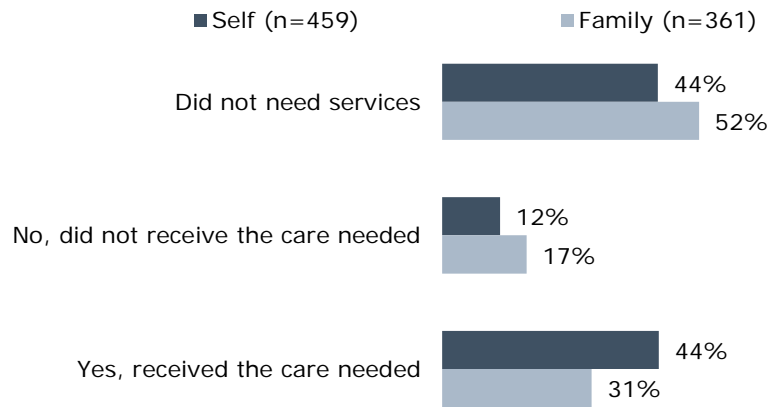
Exhibit 222. Main reasons Why Mental Health Services were NOT Received (n=74)

No health insurance or limited health insurance	58%
Timing of services was not convenient	42%
Fear of being mistreated by a service provider	30%
Other	24%
Lack of services appropriate to my/their culture	23%
Lack of services available in my/their language	20%
Getting services required too much travel	16%
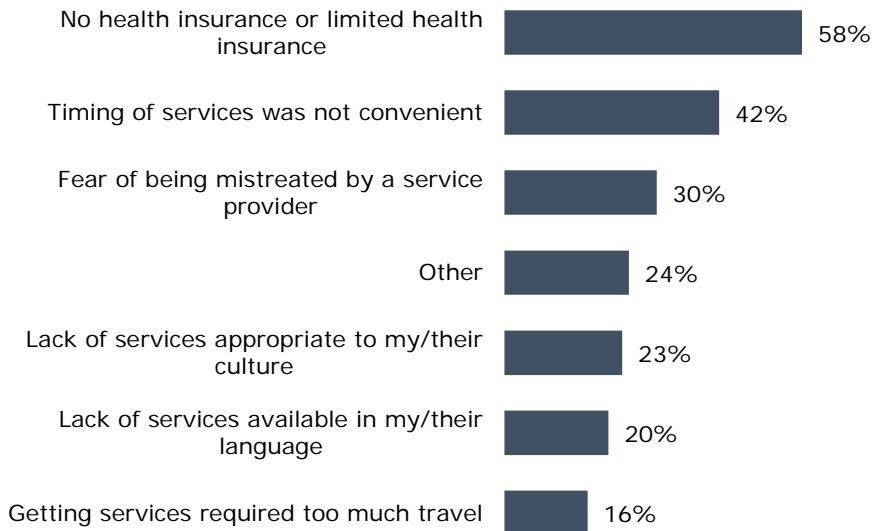
Exhibit 223.   Staff that Provided Services were Sensitive to Cultural Background (n=224)

No, 19%

Yes, 81%
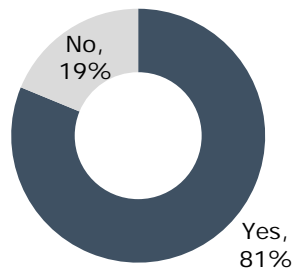
Exhibit 224.   Services were Provided in Preferred Language (n=231)

No, 5%

Yes, 95%
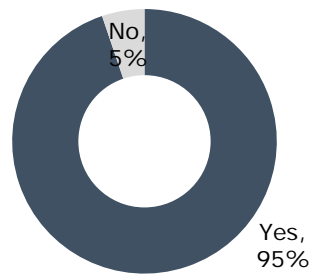
Exhibit 225.   Overall Satisfaction with Received Services (n=221)

Very satisfied — 54%

Somewhat satisfied — 38%

Somewhat dissatisfied — 5%

Very dissatisfied — 4%
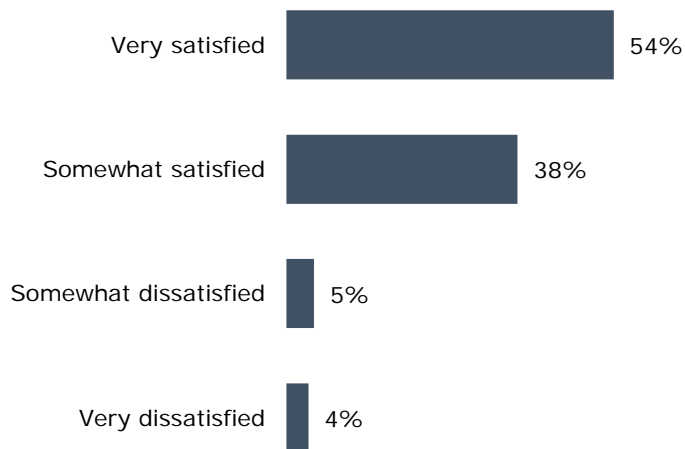
Exhibit 226.   Most Urgent Mental Health Issues in the Community (n=532)

Issue	Percentage
Depression	49%
Alcoholism and/or drug use	43%
Lack of access to mental health services	39%
Homelessness	35%
Childhood trauma	29%
Thoughts of suicide	28%
Lack of services appropriate for my culture	12%
None	12%
Lack of services in my preferred language	9%
Other	3%
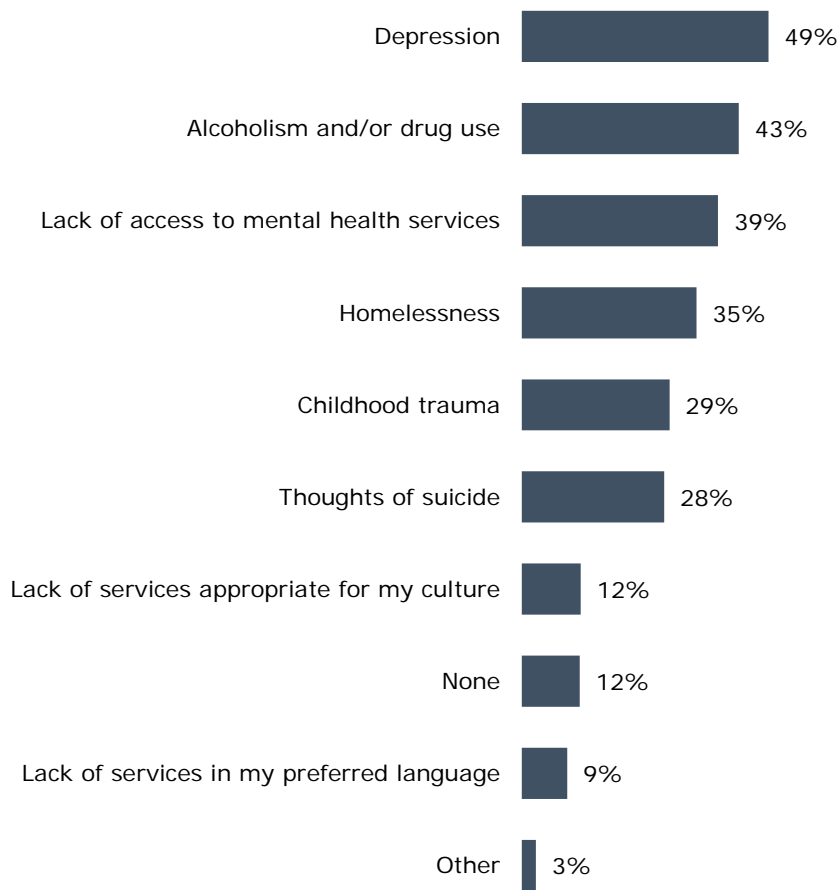
Older Adults

Demographics

Exhibit 227.   Age of Respondent

	n	Mean	Median	Min	Max
Age	581	66.69	65	60	89

Exhibit 228.   Race/Ethnicity of Respondent[17] (n=574)

Race/Ethnicity	%
White (non-Hispanic)	58.7%
Hispanic	36.9%
Other	3.1%
Black/African American	2.8%
American Indian/Alaska Native	2.8%
Asian/Pacific Islander/Hawaiian	2.3%
Indigenous	2.3%
Middle Eastern	0.3%
Asian Indian	0.5%

Exhibit 229.   Language Spoken Most Often at Home (n=578)

	%
English	73.4%
Spanish	21.3%
Other	5.2%
Guajarati	0.2%

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[17] Respondents could select more than one option.

Exhibit 230. **Sex Assigned at Birth (n=576)**

Female	68%
Male	32%
Intersex	0%
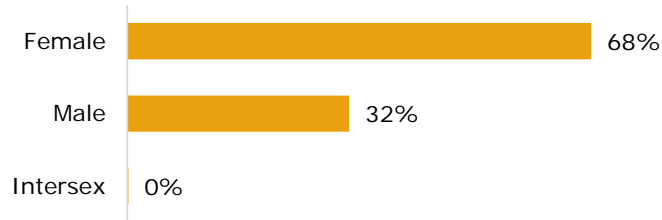
Exhibit 231. **Gender of Respondent (n=553)**

Female/Woman	67%
Male/Man	31%
Non-Binary	0%
Trans Man (Female to Male)	0%
Trans Woman (Male to Female)	0%
Genderqueer / Gender Non-Conforming	0%
Other	1%
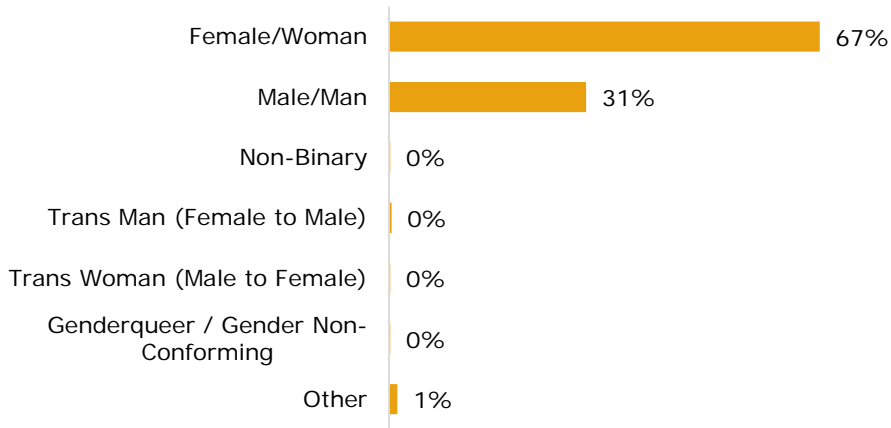
Exhibit 232. **Current Sexual Orientation (n=522)**

Heterosexual/Straight	89%
Lesbian	19%
Asexual	4%
Other	2%
Bisexual	1%
Gay	1%
Pansexual	0%
Queer	0%
Questioning	0%
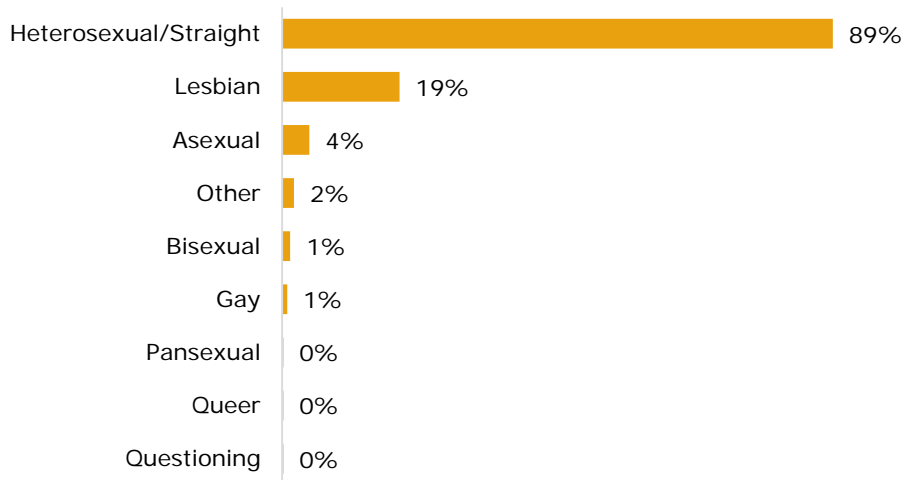
Exhibit 233.   Country of birth of the respondent (n=571)

	%
United States	71.8%
Mexico	20.8%
Other	7.4%

Other countries include: Argentina, Bolivia, Canada, Colombia, Costa Rica, Cuba, Egypt, El Salvador, England, Germany, Guatemala, India, Iran, Israel, Italy, Japan, Netherlands, Peru, Philippines, Poland, Spain, United Kingdom and Uruguay.

Exhibit 234.   For Foreign-Born Respondents, Number of Years They Have Lived in the US

	n	Mean	Median	Min	Max
United States	140	37.98	40	4	70

Exhibit 235.   Number of Years Respondents have Lived in Ventura County

	n	Mean	Median	Min	Max
Ventura County	498	35.30	35	1	87

Exhibit 236.   Household Size

Eighteen percent of respondents for whom household size data was available reported living alone.

	n	Mean	Median	Min	Max
Household size (Children. Adults, respondent)	441	3.18	2	1	14

Exhibit 237.   Number of children (0-17 years) in Household.

For households with children, the average number of children per household was 2.

	n	Mean	Median	Min	Max
Children (0-17)	122	1.98	2	1	7

Exhibit 238.   Number of other adults (18+) Living in the Household.

For participants that indicated living with other adults, they reported living on average with **2** adults.

	n	Mean	Median	Min	Max
Adults (18+)	352	2.04	2	1	13

Exhibit 239.   Current Living Situation (n=566)

Category	Percent
Own or rent my own place	77%
Live with a friend or family member	9%
Other	8%
Homeless	3%
Shelter	2%
Hotel/motel	0%
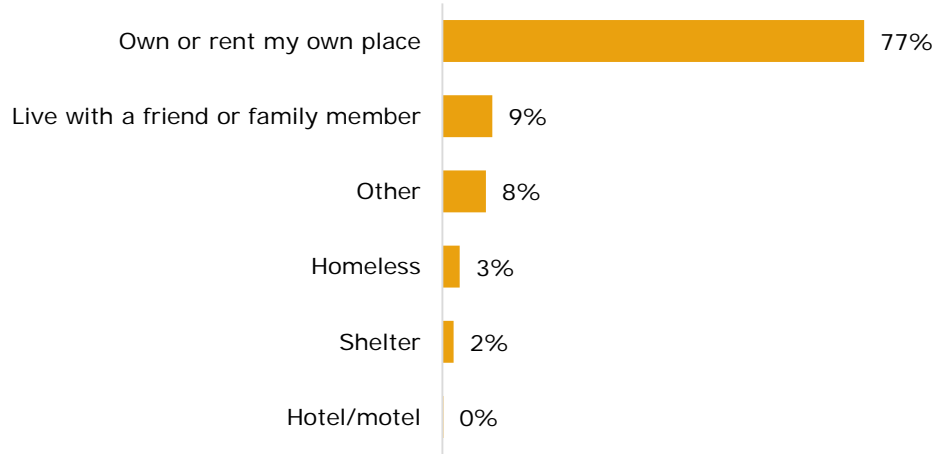
Exhibit 240.   Length of Time in Current Living Situation (n=553)
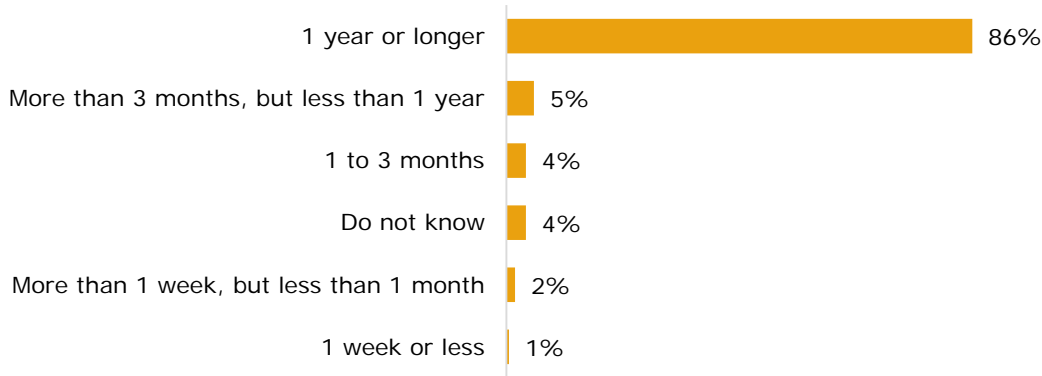
Category	Percent
1 year or longer	86%
More than 3 months, but less than 1 year	5%
1 to 3 months	4%
Do not know	4%
More than 1 week, but less than 1 month	2%
1 week or less	1%

	1 week or less	More than 1 week, less than 1 month	1 to 3 months	More than 3 months, but less than 1 year	1 year or longer	Don't know
Own or rent own place (n=427)	0.0%	0.9%	1.9%	3.0%	91.8%	2.3%
Live with a friend or family member (n=49)	2.0%	2.0%	8.2%	8.2%	75.5%	4.1%

Shelter (n=12)	8.3%	0.0%	25.0%	16.7%	41.7%	8.3%
Hotel/Motel (n=1)	0.0%	0.0%	0.0%	0.0%	100.0%	0.0%
Homeless (n=17)	0.0%	0.0%	5.9%	17.6%	70.6%	5.9%
Other (n=45)	2.2%	8.9%	8.9%	13.3%	55.6%	11.1%

Exhibit 241.   Respondents Occupation (n=555)
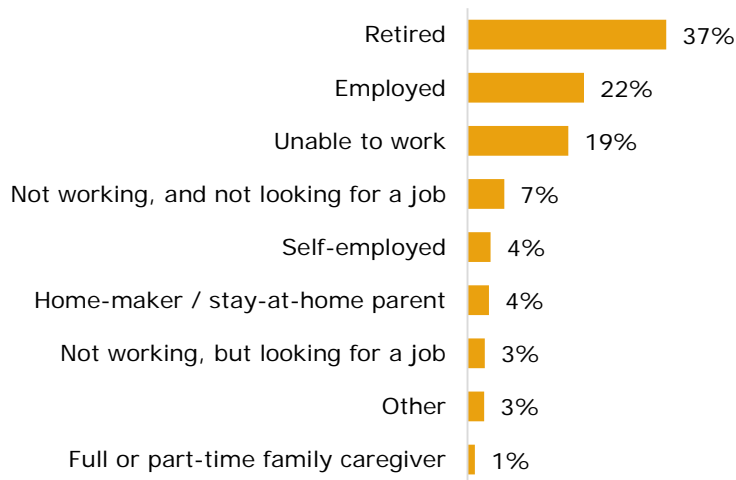
Exhibit 242.   Number of Hours Respondent Works Each Week (n=140) [18]

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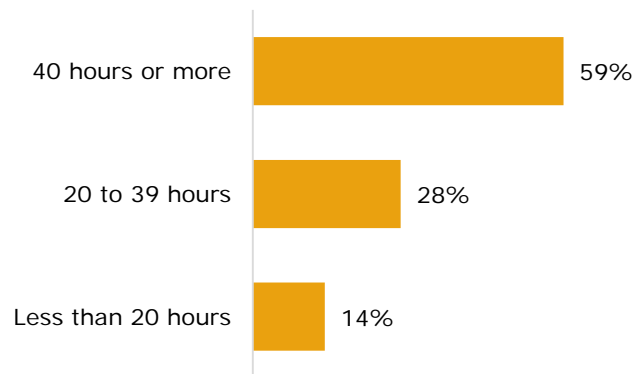
[18] For participants that reported being employed and self-employed.

Exhibit 243.   Highest level of education (n=549)

Category	Percent
Some college / technical school	23%
High school graduate / GED	16%
Graduate degree	16%
Less than high school	11%
Bachelor's degree	11%
Associate's degree	10%
Some high school	6%
Never attended school	5%
Technical school / vocational program	3%
Other	0%
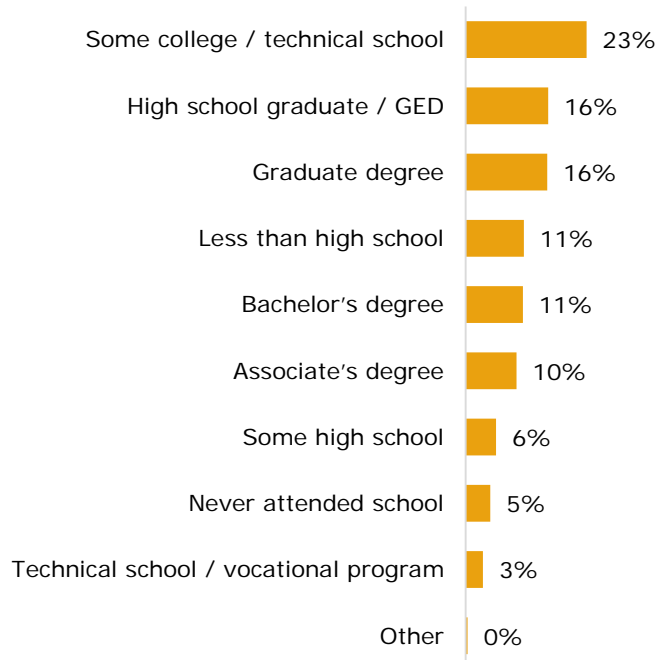
Exhibit 244.   Total household income (n=388)

Category	Percent
less than 10,000	9%
10,000 to 19,999	35%
20,000 to 29,999	12%
30,000 to 39,999	6%
40,000 to 49,999	5%
50,000 to 59,999	4%
60,000 to 69,999	4%
70,000 to 79,999	4%
80,000 to 89,999	1%
90,000 to 99,999	5%
100,000 to 119,999	5%
120,000 to 139,999	2%
140,000 to 159,999	4%
160,000 to 179,999	2%
180,000 to 199,999	1%
200,000+	3%
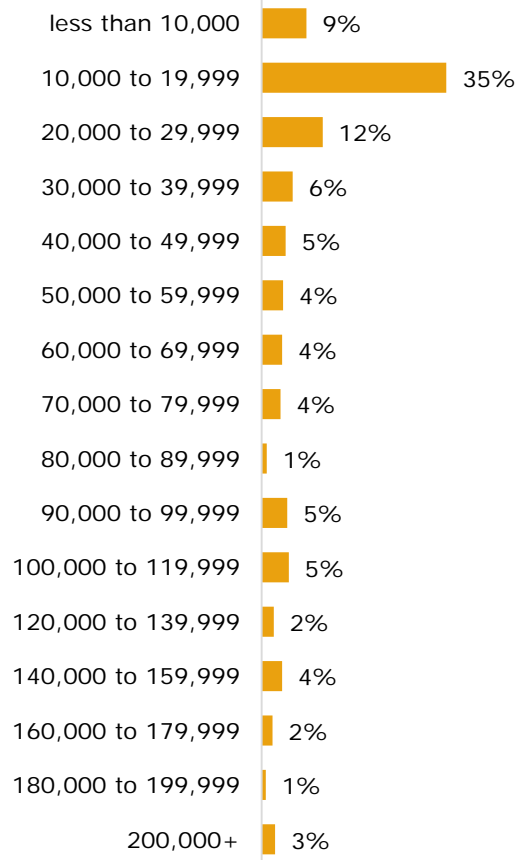
	n	Mean	Median	Min	Max
Household Income	388	51,306	22,000	2,000	650,000

Exhibit 245. **Ventura County poverty level based on HUD Income Levels for Ventura County[19] (n=293)**

Category	Percentage
Extremely low 0 to 30	42%
Very low 31 to 50	14%
Low 51 to 80	11%
Moderate 81 to 120	13%
121 to 150	7%
151 to 200	2%
200+	10%
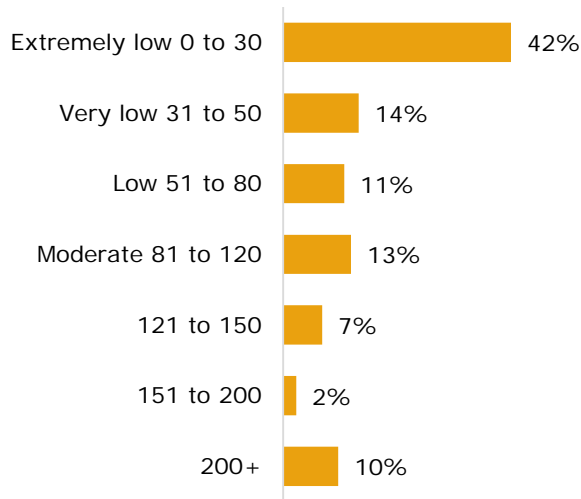
Mental Health

Exhibit 246. **Alcohol Consumption in the last 12 months (n=537)**

Category	Percentage
Never	56%
About once a month	21%
About once a week	8%
Twice a week	4%
3 to 4 times a week	6%
5 to 6 times a week	2%
Every day	4%

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[19] http://www.hcd.ca.gov/grants-funding/income-limits/state-and-federal-income-limits/docs/inc2k18.pdf
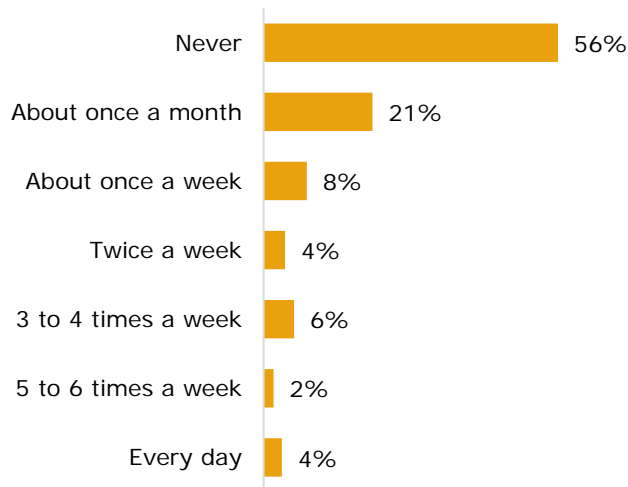
Exhibit 247. For Respondents who Reported Drinking, Average Number of Alcoholic Drinks (n=229)

Category	Percentage
1 to 2 drinks	84%
3 to 4 drinks	12%
5 to 6 drinks	1%
7 to 8 drinks	2%
9 or more drinks	2%
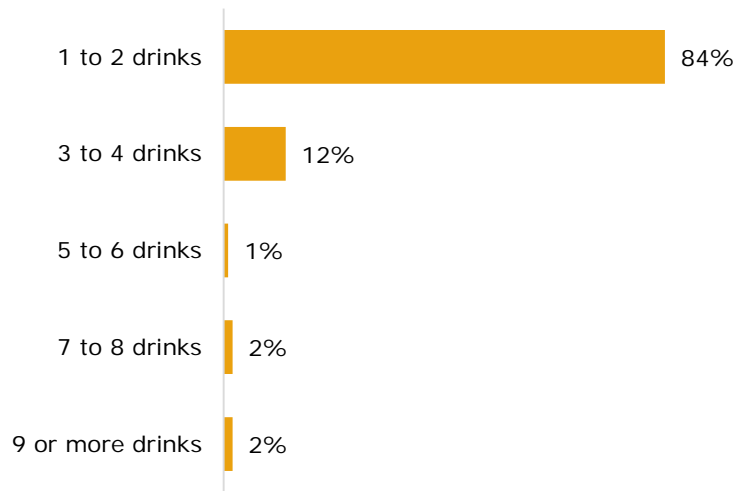
Exhibit 248. Substance Use in the Last 12 Months (n=538)

Yes, 12%

No, 89%
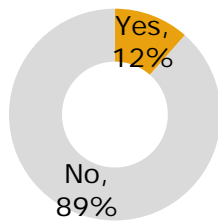
Exhibit 249. Mental Health Rating (n=524)

Category	Percentage
Poor	9%
Fair	24%
Good	30%
Very good	24%
Excellent	13%
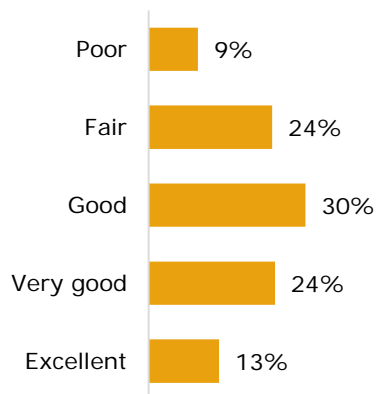
Exhibit 250.   Mental Health Diagnosis by a Doctor or Other Healthcare Professional (n=411)

■ Self   ■ Family

Depression
- Self: 56%
- Family: 40%

Anxiety
- Self: 45%
- Family: 30%

Bipolar disorder
- Self: 14%
- Family: 16%

Eating disorder
- Self: 5%
- Family: 7%

Panic disorder
- Self: 11%
- Family: 8%

Schizophrenia
- Self: 9%
- Family: 11%

Social anxiety
- Self: 13%
- Family: 9%

Alcohol or drug abuse
- Self: 9%
- Family: 25%

Other
- Self: 10%
- Family: 5%
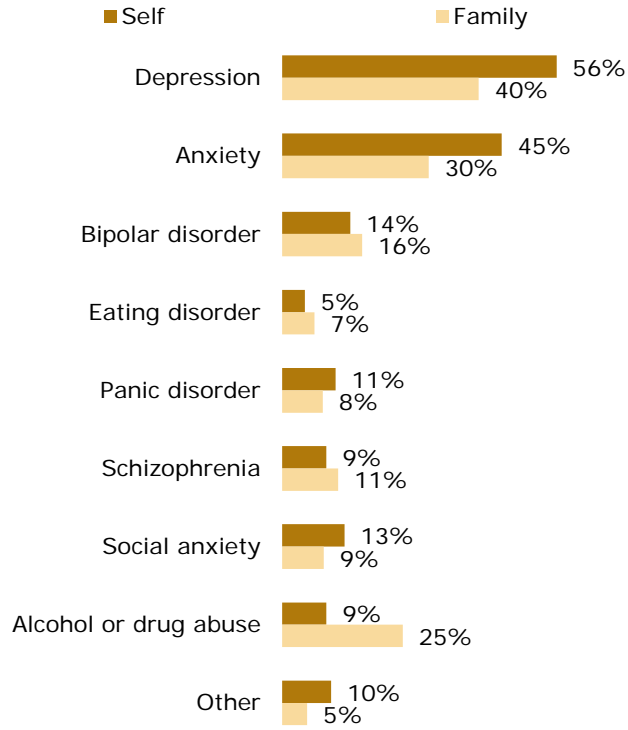
Exhibit 251.   Age of First Mental Health Diagnosis

	n	Mean	Median	Min	Max
Self	214	36.74	36	1	80
Family	122	26.03	21	3	85

Exhibit 252.   Suicide Ideation/Attempt

Self (n=480)

Yes, 24%
No, 76%

Family (n=391)

Yes, 27%
No, 73%
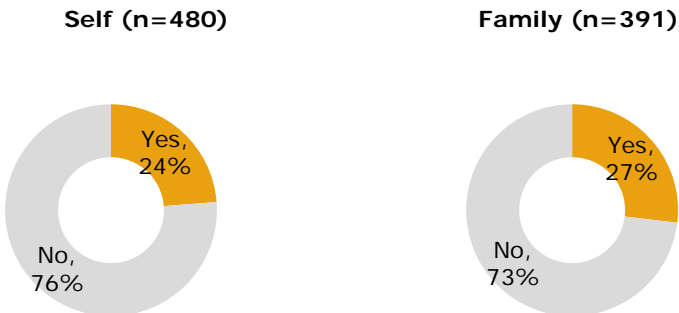
Exhibit 253.   Age of First Suicide Attempt

	n	Mean	Median	Min	Max
Self	68	31.69	29.00	5	80
Family	64	29.84	23.50	12	81

Exhibit 254.   Access to Needed Mental Health Services in the Last 12 Months

■ Self (n=435)   ■ Family (n=280)

Did not need services
- 49%
- 44%

No, did not receive the care needed
- 9%
- 21%

Yes, received the care needed
- 42%
- 35%
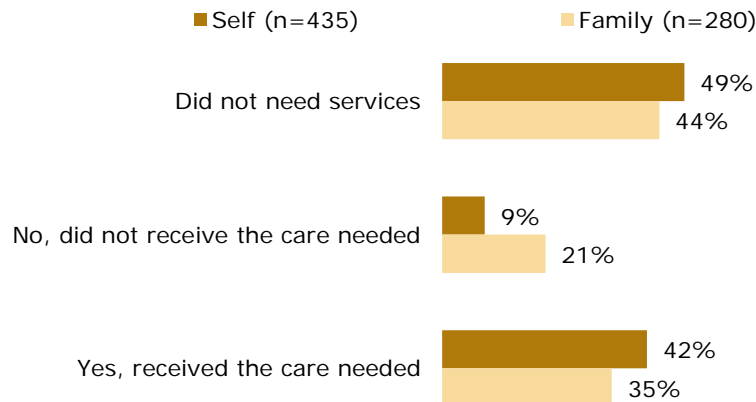
Exhibit 255.   Main reasons Why Mental Health Services were NOT Received (n=66)

Reason	%
No health insurance or limited health insurance	55%
Other	32%
Timing of services was not convenient	26%
Getting services required too much travel	26%
Fear of being mistreated by a service provider	23%
Lack of services available in my/their language	21%
Lack of services appropriate to my/their culture	18%
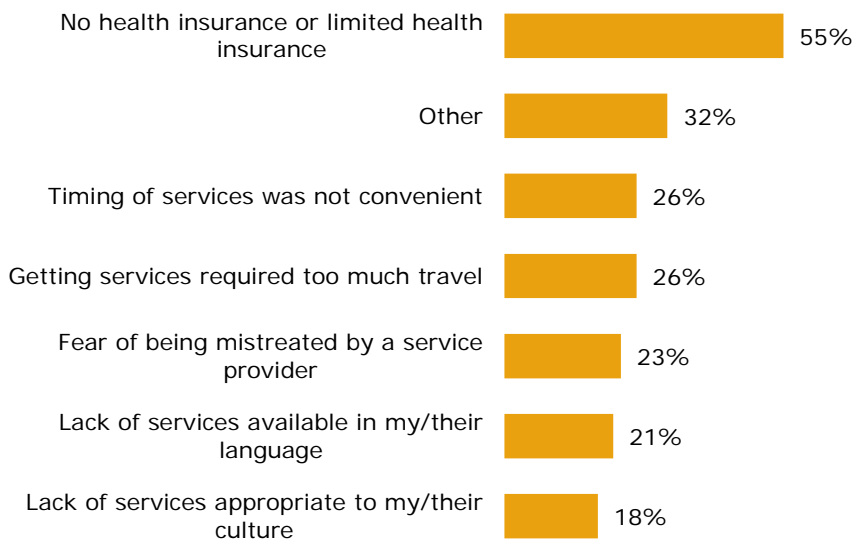
Exhibit 256.   Staff that Provided Services were Sensitive to Cultural Background (n=215)

No,
8%

Yes,
92%
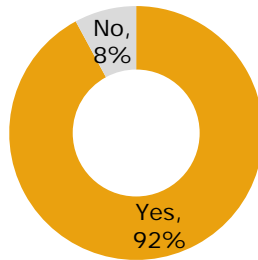
Exhibit 257.   Services were Provided in Preferred Language (n=223)

No,
3%

Yes,
97%
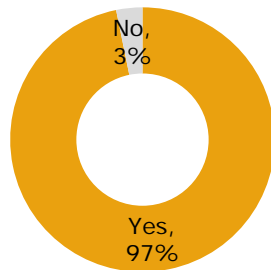
Exhibit 258.   Overall Satisfaction with Received Services (n=223)

Very satisfied	60%
Somewhat satisfied	23%
Somewhat dissatisfied	9%
Very dissatisfied	8%
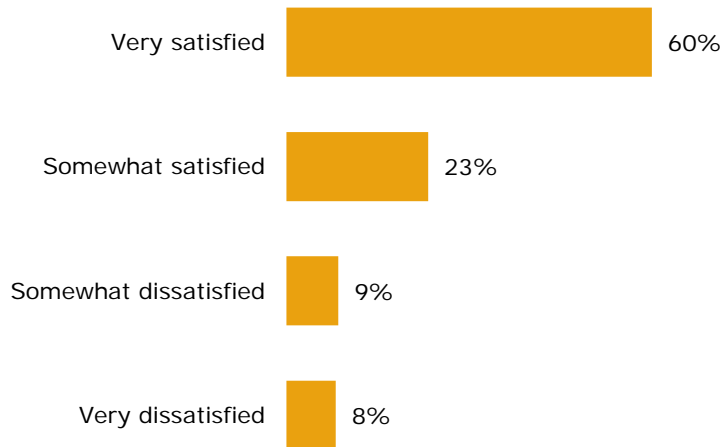
Exhibit 259.   Most Urgent Mental Health Issues in the Community (n=524)

Issue	Percentage
Homelessness	49%
Alcoholism and/or drug use	40%
Lack of access to mental health services	38%
Depression	34%
Childhood trauma	22%
Other	13%
Thoughts of suicide	12%
Lack of services in my preferred language	11%
Lack of services appropriate for my culture	10%
None	7%
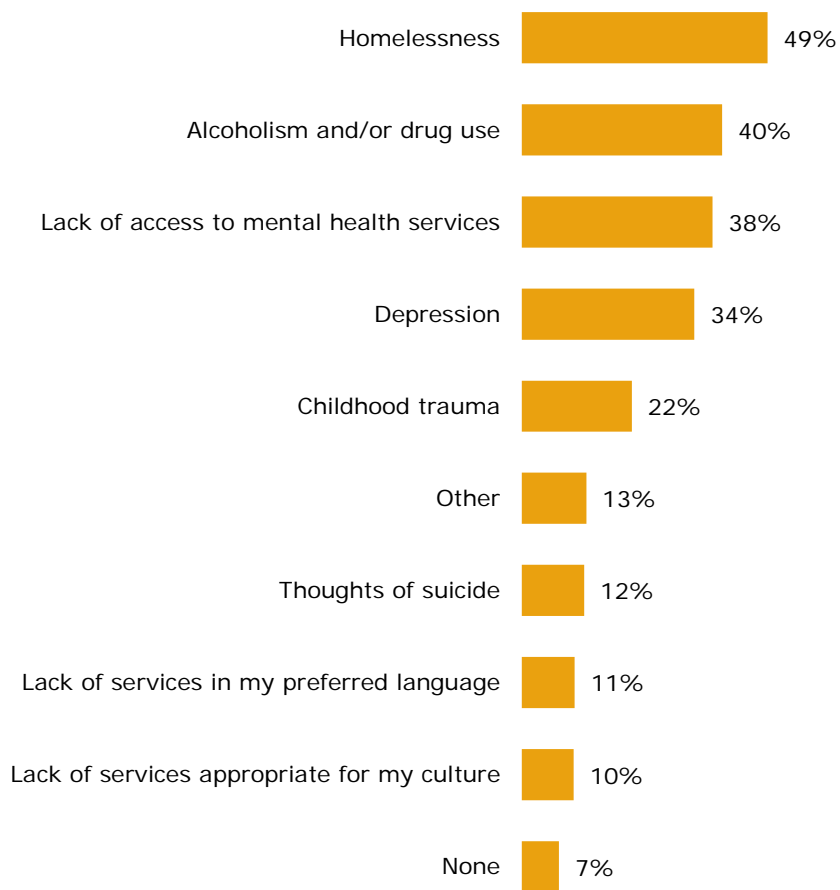
Mixteco

Demographics

Exhibit 260. Age of Respondent (n=26)
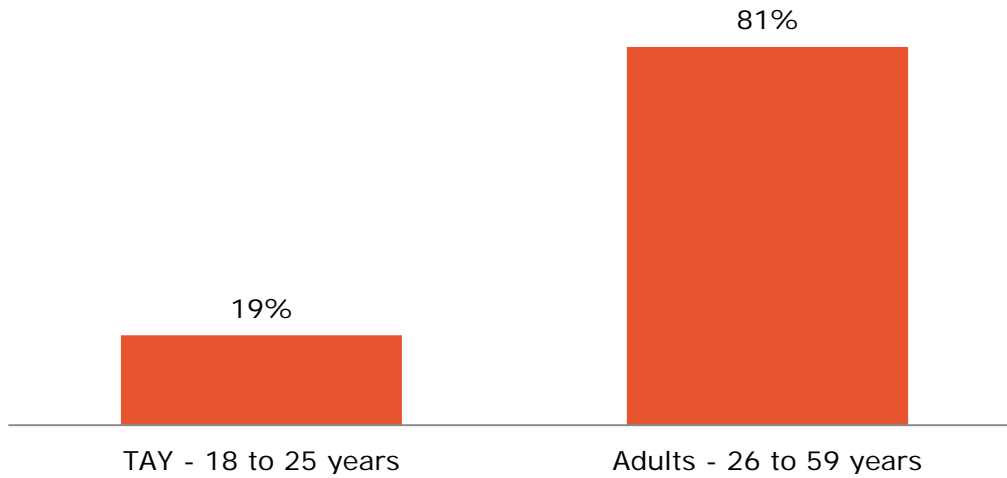
	n	Mean	Median	Min	Max
Age	26	33.19	35	19	50

Exhibit 261. Language Spoken Most Often at Home (n=25)

	%
Mixtec	96.0%
Spanish	4.0%

Exhibit 262. Sex Assigned at Birth (n=24)

Female 71%

Male 29%
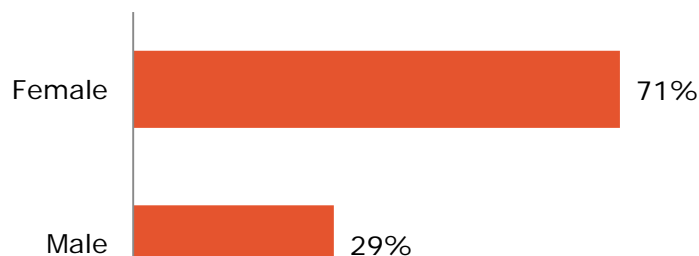
Exhibit 263.   Gender of Respondent (n=23)

Female/Woman — 67%

Male/Man — 33%
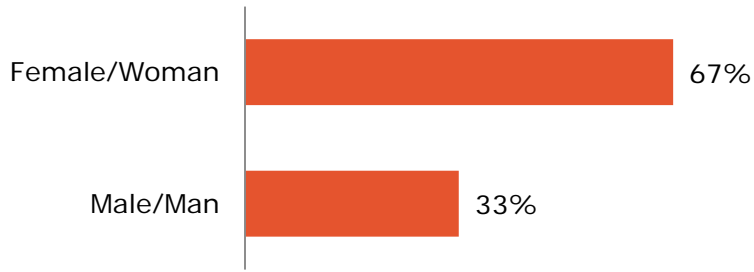
Exhibit 264.   Country of birth of the respondent (n=22)

	%
Mexico	90.9%
United States	9.1%

Exhibit 265.   For Foreign-Born Respondents, Number of Years They Have Lived in the US

	n	Mean	Median	Min	Max
United States	7	15.14	15	7	26

Exhibit 266.   Household Size

None of the respondents for whom household size data was available reported living alone.

	n	Mean	Median	Min	Max
Household size (Children. Adults, respondent)	7	7.14	7	4	11

Exhibit 267.   Number of children (0-17 years) in Household.

For households with children, the average number of children per household was 3.

	n	Mean	Median	Min	Max
Children (0-17)	7	3.43	3	2	5

Exhibit 268.   Number of other adults (18+) Living in the Household.

For participants that indicated living with other adults, they reported living on average with **2** adults.

	n	Mean	Median	Min	Max
Adults (18+)	7	2.71	2	1	6

Exhibit 269.   Highest level of education (n=9)

Never attended school	56%
Less than high school	33%
Some high school	11%
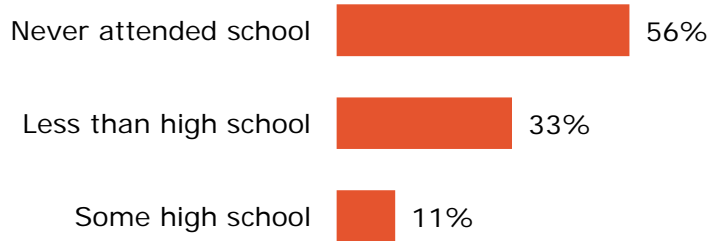
Mental Health

Exhibit 270.   Mental Health Diagnosis by a Doctor or Other Healthcare Professional (n=1,428)

■ Self   ■ Family

	Self	Family
Depression	20%	20%
Anxiety	0%	0%
Bipolar disorder	0%	0%
Eating disorder	0%	0%
Panic disorder	0%	0%
Schizophrenia	0%	0%
Social anxiety	0%	0%
Alcohol or drug abuse	0%	0%
Other	40%	40%
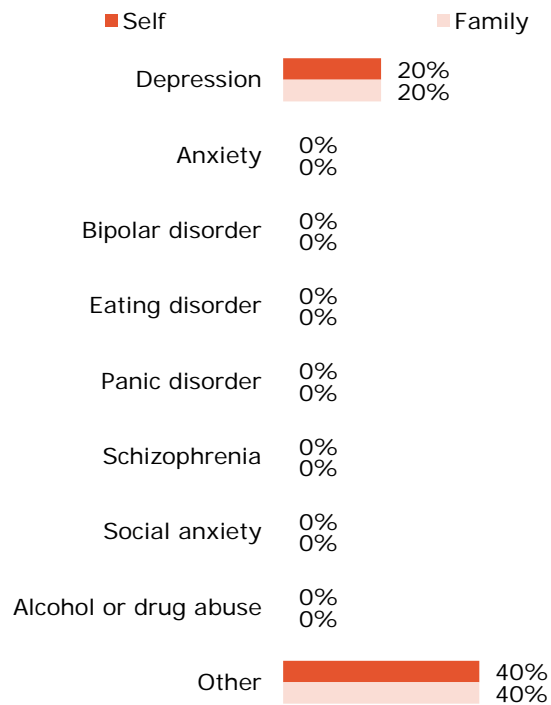
Exhibit 271.   Access to Needed Mental Health Services in the Last 12 Months

■ Self (n=21)   ■ Family (n=19)

Did not need services
- 10%
- 9%

No, did not receive the care needed
- 91%
- 91%

Yes, received the care needed
- 0%
- 0%
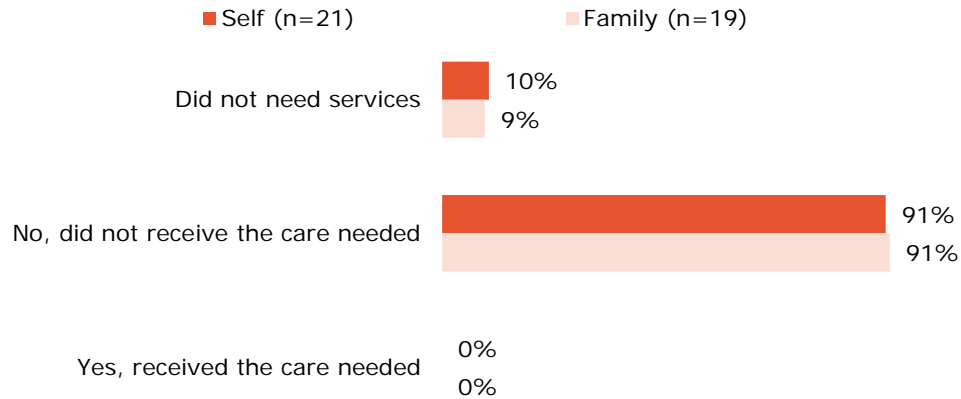
Exhibit 272.   Main reasons Why Mental Health Services were NOT Received (n=21)

No health insurance or limited health insurance — 100%

Lack of services available in my/their language — 100%

Timing of services was not convenient — 95%

Fear of being mistreated by a service provider — 86%

Lack of services appropriate to my/their culture — 67%

Getting services required too much travel — 48%

Other — 0%
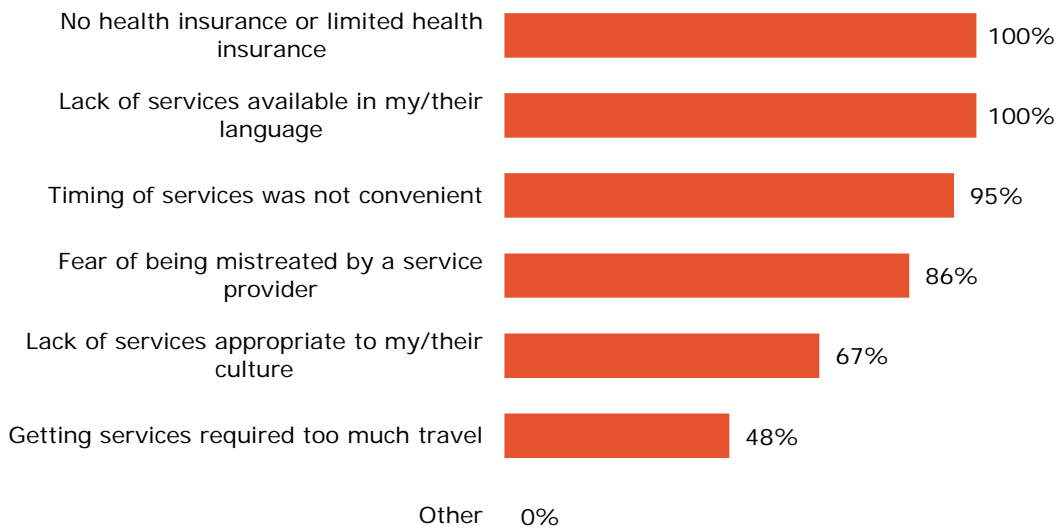
Exhibit 273.   Most Urgent Mental Health Issues in the Community (n=25)

Issue	Percentage
Lack of services in my preferred language	76%
Lack of services appropriate for my culture	72%
Lack of access to mental health services	36%
Alcoholism and/or drug use	28%
Depression	16%
Thoughts of suicide	20%
Childhood trauma	4%
None	4%
Homelessness	0%
Other	0%
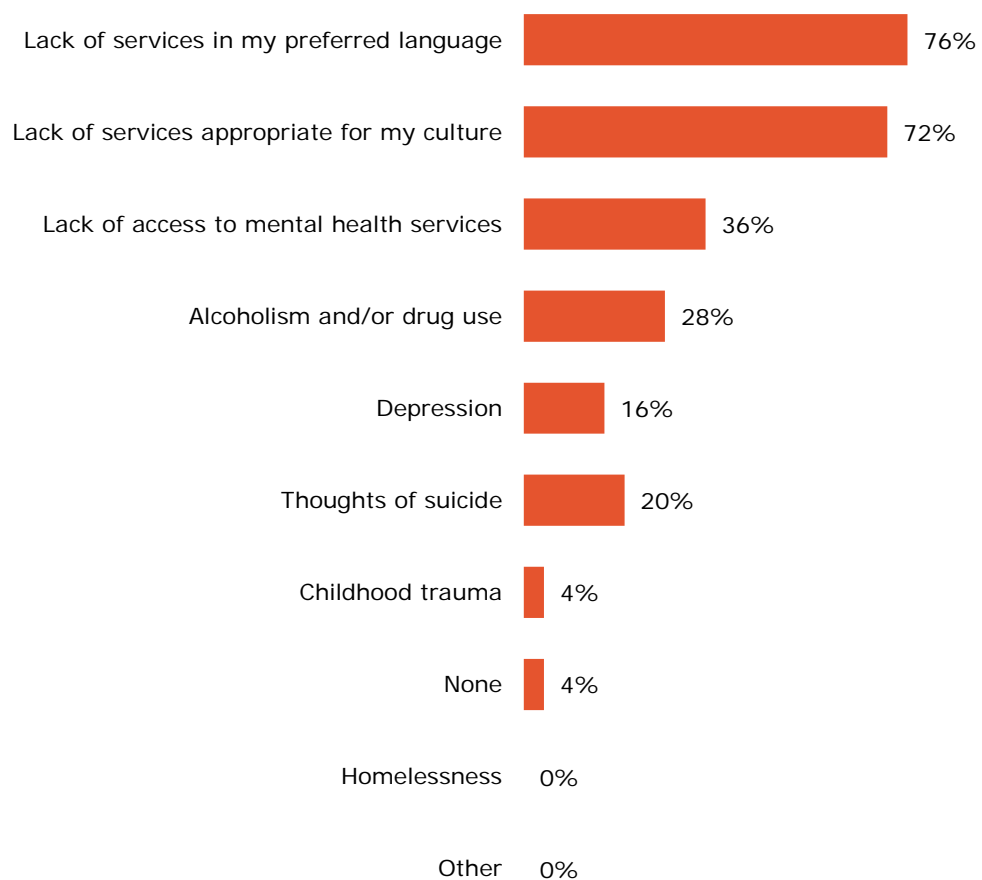
Geographic Region

Demographics

Exhibit 274.   Age of Respondent

Region	Mean	Median	Min	Max
Camarillo (n=308)	42.11	42.00	18	82
Conejo Valley (n=275)	44.06	45.00	18	83
Ojai (n=93)	50.83	51.00	19	80
Oxnard (n=1,759)	38.51	37.00	18	89
Santa Clara Valley (n=477)	43.71	42.00	18	88
Simi Valley (n=421)	44.86	43.00	18	89
Ventura (n=649)	46.03	47.00	18	85

Region	Mean	Median	Min
Camarillo (n=308)	19.5%	66.9%	13.6%
Conejo Valley (n=275)	14.2%	68.4%	17.5%
Ojai (n=93)	4.3%	63.4%	32.3%
Oxnard (n=1,759)	18.1%	73.5%	8.4%
Santa Clara Valley (n=477)	8.0%	75.7%	16.4%
Simi Valley (n=421)	7.6%	75.3%	17.1%
Ventura (n=649)	8.8%	71.0%	20.2%

Exhibit 275.   Race/Ethnicity of Respondent[20]

Region	American Indian/ Alaska Native	Asian Indian	Asian/ Pacific Islander/ Hawaiian	Black/ African American	Hispanic	Indigenous	Middle Eastern	White (non-Hispanic)	Other
Camarillo (308)	1.3%	0.3%	7.5%	3.2%	39.0%	1.3%	0.6%	55.2%	3.2%
Conejo Valley (274)	1.8%	0.7%	4.7%	4.4%	30.7%	1.1%	0.4%	66.1%	1.1%
Ojai (93)	3.2%	2.2%	1.1%	0.0%	31.2%	1.1%	2.2%	66.7%	3.2%
Oxnard (n=1,741)	2.5%	0.2%	3.0%	3.4%	74.2%	7.6%	0.2%	16.4%	1.7%
Santa Clara Valley (n=469)	1.7%	0.0%	1.1%	1.3%	88.5%	1.1%	0.4%	12.2%	0.2%
Simi Valley (n=418)	1.4%	1.2%	3.8%	1.4%	34.7%	1.2%	1.4%	62.2%	2.9%
Ventura (n=647)	3.4%	0.8%	4.6%	3.2%	34.3%	1.4%	0.3%	60.6%	4.3%

Exhibit 276.   Language Spoken Most Often at Home

Region	Arabic	English	Gujarati	Mandarin	Mixtec	Persian	Spanish	Tagalog	Other
Camarillo (n=308)	0.3%	91.2%	0.0%	0.0%	0.0%	0.3%	3.6%	0.3%	4.2%
Conejo Valley (n=275)	0.0%	81.5%	0.0%	0.0%	0.4%	0.0%	14.2%	0.0%	4.0%
Ojai (n=93)	0.0%	80.6%	0.0%	0.0%	0.0%	1.1%	12.9%	0.0%	5.4%
Oxnard (n=1,748)	0.0%	43.3%	0.0%	0.0%	5.3%	0.0%	38.5%	0.2%	12.8%
Santa Clara Valley (n=473)	0.0%	36.4%	0.0%	0.0%	0.2%	0.0%	53.7%	0.0%	9.7%
Simi Valley (n=420)	0.0%	76.4%	0.2%	0.0%	0.2%	0.5%	16.9%	0.2%	5.5%
Ventura (n=648)	0.0%	80.4%	0.2%	0.2%	0.2%	0.0%	12.3%	0.6%	6.2%

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[20] Respondents could select more than one option.

Exhibit 277.   Sex Assigned at Birth

Region	Female	Male	Intersex
Camarillo (n=306)	63.4%	36.6%	0.0%
Conejo Valley (n=273)	68.9%	31.1%	0.0%
Ojai (n=93)	77.4%	22.6%	0.0%
Oxnard (n=1,739)	70.3%	29.4%	0.2%
Santa Clara Valley (n=472)	73.7%	26.3%	0.0%
Simi Valley (n=419)	70.4%	29.1%	0.5%
Ventura (n=647)	69.2%	30.8%	0.0%

Exhibit 278.   Gender of Respondent

Region	Female/ woman	Male/ Man	Non-Binary	Trans man (Female to Male)	Trans Woman (Male to Female)	Genderqueer /Gender Non-Conforming	Other
Camarillo (n=299)	64.2%	33.8%	0.3%	0.0%	0.3%	0.7%	0.7%
Conejo Valley (n=269)	68.0%	27.9%	0.7%	0.4%	1.5%	0.4%	1.1%
Ojai (n=89)	73.0%	21.3%	1.1%	0.0%	0.0%	1.1%	3.4%
Oxnard (n=1,638)	69.8%	27.7%	0.4%	0.3%	0.4%	0.1%	1.3%
Santa Clara Valley (n=457)	72.2%	25.4%	0.0%	0.0%	0.9%	0.0%	1.5%
Simi Valley (n=411)	69.1%	27.7%	1.0%	1.2%	0.5%	0.0%	0.5%
Ventura (n=630)	69.0%	29.0%	0.6%	0.2%	0.3%	0.0%	0.8%

Exhibit 279. Current Sexual Orientation

Region	Asexual	Gay	Pansexual	Queer	Heterosexual	Bisexual	Lesbian	Questioning	Other
Camarillo (n=298)	4.4%	1.0%	1.3%	1.0%	87.2%	3.0%	0.3%	0.3%	1.3%
Conejo Valley (n=258)	8.1%	2.3%	0.8%	1.2%	79.8%	2.7%	2.3%	0.8%	1.9%
Ojai (n=89)	3.4%	1.1%	1.1%	1.1%	87.6%	1.1%	1.1%	3.4%	3.4%
Oxnard (n=1,343)	7.0%	1.4%	1.3%	0.4%	81.7%	4.3%	1.2%	0.7%	2.0%
Santa Clara Valley (n=381)	5.2%	1.6%	0.3%	0.3%	89.8%	0.8%	0.3%	0.3%	1.6%
Simi Valley (n=386)	5.4%	1.0%	0.0%	0.3%	87.6%	3.6%	1.3%	0.0%	0.8%
Ventura (n=602)	5.8%	1.5%	0.8%	0.5%	83.2%	4.2%	2.3%	0.3%	1.3%

Exhibit 280. Country of birth of the respondent

Region	United States	Mexico	Other Country
Camarillo (n=306)	88.9%	4.6%	6.5%
Conejo Valley (n=272)	83.1%	9.9%	7.0%
Ojai (n=90)	76.7%	13.3%	10.0%
Oxnard (n=1,711)	55.8%	39.8%	4.4%
Santa Clara Valley (n=464)	42.7%	54.5%	2.8%
Simi Valley (n=415)	77.3%	14.7%	8.0%
Ventura (n=646)	83.6%	11.0%	5.4%

Exhibit 281.   For foreign-born respondents, number of years residing in the US

Region	Mean	Median	Min	Max
Camarillo (n=33)	30.94	29.00	4	68
Conejo Valley (n=44)	20.89	18.00	2	58
Ojai (n=19)	34.42	35.00	13	61
Oxnard (n=656)	20.83	18.00	1	59
Santa Clara Valley (n=232)	22.84	19.00	1	70
Simi Valley (n=89)	23.61	22.00	2	69
Ventura (n=98)	23.31	22.00	1	60

Exhibit 282.   Number of years living in Ventura County

Region	Mean	Median	Min	Max
Camarillo (n=268)	27.13	24.00	1	72
Conejo Valley (n=233)	22.94	20.00	1	83
Ojai (n=83)	27.75	27.00	1	67
Oxnard (n=1,393)	24.21	22.00	1	87
Santa Clara Valley (n=405)	25.90	25.00	1	74
Simi Valley (n=376)	26.08	25.00	1	73
Camarillo (n=596)	26.02	25.00	1	72

Exhibit 283.   Household size

Region	Mean	Median	Min	Max
Camarillo (n=248)	3.76	3.00	1	16
Conejo Valley (n=250)	3.58	3.00	1	16
Ojai (n=87)	3.49	3.00	1	9
Oxnard (n=1,543)	4.89	5.00	1	19
Santa Clara Valley (n=436)	4.73	5.00	1	13
Simi Valley (n=383)	4.11	4.00	1	17
Ventura (n=542)	3.55	3.00	1	16

Exhibit 284.   Number of children (0-17 years) in Household.[21]

Region	Mean	Median	Min	Max
Camarillo (n=115)	1.95	2.00	1	7
Conejo Valley (n=109)	1.95	2.00	1	10
Ojai (n=50)	2.08	2.00	1	6
Oxnard (n=1,067)	2.50	2.00	1	18
Santa Clara Valley (n=303)	2.32	2.00	1	7
Simi Valley (n=195)	2.46	2.00	1	15
Ventura (n=266)	1.83	2.00	1	5

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[21] Data only for households where children live with respondent

Exhibit 285.   Number of other adults (18+) Living in the Household.[22]

Region	Mean	Median	Min	Max
Camarillo (n=214)	2.15	2.00	1	15
Conejo Valley (n=209)	2.08	2.00	1	15
Ojai (n=74)	1.80	1.00	1	15
Oxnard (n=1,390)	2.44	2.00	1	18
Santa Clara Valley (n=400)	2.31	2.00	1	10
Simi Valley (n=334)	2.13	2.00	1	9
Ventura (n=446)	2.01	2.00	1	15

Exhibit 286.   Current living situation

Region	Own or Rent My Own Place	Live with a Friend or Family Member	Shelter	Hotel/Motel	Homeless	Other
Camarillo (n=307)	58.6%	24.4%	2.9%	0.0%	1.0%	13.0%
Conejo Valley (n=274)	55.1%	35.4%	0.4%	0.0%	3.6%	5.5%
Ojai (n=92)	79.3%	14.1%	0.0%	0.0%	4.3%	2.2%
Oxnard (n=1,648)	64.0%	25.4%	0.9%	0.1%	2.6%	7.0%
Santa Clara Valley (n=472)	76.3%	18.4%	0.0%	0.6%	2.5%	2.1%
Simi Valley (n=418)	71.1%	24.9%	0.2%	0.0%	1.7%	2.2%
Ventura (n=649)	66.9%	19.4%	1.8%	0.8%	4.6%	6.5%

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[22] Data only for households where other adults live with respondent

Exhibit 287.   Length of time in current living situation

Region	1 week or less	More than 1 week, less than 1 month	1 to 3 months	More than 3 months, but less than 1 year	1 year or longer	Don't know
Camarillo (n=305)	0.3%	0.7%	9.5%	11.8%	76.1%	1.6%
Conejo Valley (n=270)	0.4%	3.3%	5.6%	7.4%	81.5%	1.9%
Ojai (n=93)	4.3%	3.2%	2.2%	7.5%	82.8%	0.0%
Oxnard (n=1,606)	1.1%	1.1%	4.5%	9.7%	80.3%	3.4%
Santa Clara Valley (n=448)	0.7%	0.9%	5.6%	6.3%	82.1%	4.5%
Simi Valley (n=415)	0.2%	0.7%	5.5%	6.5%	84.6%	2.4%
Ventura (n=641)	1.1%	1.1%	5.8%	10.1%	79.6%	2.3%

Exhibit 288.   Length of time in current living situation: Own or rent own place

Region	1 week or less	More than 1 week, less than 1 month	1 to 3 months	More than 3 months, but less than 1 year	1 year or longer	Don't know
Camarillo (n=178)	0.0%	0.0%	7.3%	8.4%	84.3%	0.0%
Conejo Valley (n=147)	0.0%	2.0%	7.5%	7.5%	82.3%	0.7%
Ojai (n=73)	4.1%	1.4%	0.0%	4.1%	90.4%	0.0%
Oxnard (n=1,015)	0.5%	0.6%	3.5%	6.8%	85.7%	2.9%
Santa Clara Valley (n=335)	0.6%	0.6%	3.9%	4.2%	87.2%	3.6%
Simi Valley (n=293)	0.0%	0.0%	3.8%	3.4%	90.8%	2.0%
Ventura (n=430)	0.7%	1.2%	3.3%	7.7%	86.0%	1.2%

Exhibit 289. **Length of time in current living situation: Live with a friend or family member**

Region	1 week or less	More than 1 week, less than 1 month	1 to 3 months	More than 3 months, but less than 1 year	1 year or longer	Don't know
Camarillo (n=75)	0.0%	0.0%	13.3%	6.7%	76.0%	4.0%
Conejo Valley (n=97)	0.0%	4.1%	3.1%	5.2%	85.6%	2.1%
Ojai (n=13)	0.0%	0.0%	15.4%	7.7%	76.9%	0.0%
Oxnard (n=410)	1.7%	1.7%	3.4%	12.4%	77.8%	2.9%
Santa Clara Valley (n=85)	1.2%	2.4%	10.6%	12.9%	67.1%	5.9%
Simi Valley (n=102)	0.0%	1.0%	7.8%	10.8%	78.4%	2.0%
Ventura (n=124)	1.6%	1.6%	8.9%	7.3%	76.6%	4.0%

Exhibit 290. **Length of time in current living situation: Shelter**

Region	1 week or less	More than 1 week, less than 1 month	1 to 3 months	More than 3 months, but less than 1 year	1 year or longer	Don't know
Camarillo (n=9)	0.0%	0.0%	22.2%	33.3%	44.4%	0.0%
Conejo Valley (n=1)	100.0%	0.0%	0.0%	0.0%	0.0%	0.0%
Ojai (n=0)	0.0%	0.0%	0.0%	0.0%	0.0%	0.0%
Oxnard (n=15)	6.7%	0.0%	13.3%	26.7%	46.7%	6.7%
Santa Clara Valley (n=0)	0.0%	0.0%	0.0%	0.0%	0.0%	0.0%
Simi Valley (n=1)	0.0%	0.0%	0.0%	100.0%	0.0%	0.0%
Ventura (n=12)	16.7%	0.0%	16.7%	16.7%	41.7%	8.3%

Exhibit 291.   Length of time in current living situation: Hotel/Motel

Region	1 week or less	More than 1 week, less than 1 month	1 to 3 months	More than 3 months, but less than 1 year	1 year or longer	Don't know
Camarillo (n=0)	0.0%	0.0%	0.0%	0.0%	0.0%	0.0%
Conejo Valley (n=0)	0.0%	0.0%	0.0%	0.0%	0.0%	0.0%
Ojai (n=0)	0.0%	0.0%	0.0%	0.0%	0.0%	0.0%
Oxnard (n=2)	0.0%	0.0%	50.0%	0.0%	50.0%	0.0%
Santa Clara Valley (n=3)	0.0%	0.0%	33.3%	33.3%	0.0%	33.3%
Simi Valley (n=0)	0.0%	0.0%	0.0%	0.0%	0.0%	0.0%
Ventura (n=5)	0.0%	0.0%	20.0%	20.0%	60.0%	0.0%

Exhibit 292.   Length of time in current living situation: Homeless

Region	1 week or less	More than 1 week, less than 1 month	1 to 3 months	More than 3 months, but less than 1 year	1 year or longer	Don't know
Camarillo (n=3)	0.0%	0.0%	0.0%	0.0%	100.0%	0.0%
Conejo Valley (n=10)	0.0%	0.0%	0.0%	40.0%	60.0%	0.0%
Ojai (n=4)	25.0%	25.0%	0.0%	25.0%	25.0%	0.0%
Oxnard (n=43)	2.3%	2.3%	16.3%	9.3%	62.8%	7.0%
Santa Clara Valley (n=12)	0.0%	0.0%	16.7%	16.7%	58.3%	8.3%
Simi Valley (n=7)	0.0%	14.3%	28.6%	28.6%	14.3%	14.3%
Ventura (n=29)	0.0%	0.0%	13.8%	27.6%	55.2%	3.4%

Exhibit 293. Length of time in current living situation: Other

Region	1 week or less	More than 1 week, less than 1 month	1 to 3 months	More than 3 months, but less than 1 year	1 year or longer	Don't know
Camarillo (n=39)	2.6%	5.1%	10.3%	30.8%	46.2%	5.1%
Conejo Valley (n=15)	0.0%	13.3%	6.7%	0.0%	66.7%	13.3%
Ojai (n=2)	0.0%	50.0%	0.0%	50.0%	0.0%	0.0%
Oxnard (n=110)	1.8%	3.6%	10.9%	23.6%	53.6%	6.4%
Santa Clara Valley (n=9)	0.0%	0.0%	0.0%	0.0%	88.9%	11.1%
Simi Valley (n=9)	11.1%	11.1%	22.2%	33.3%	22.2%	0.0%
Ventura (n=41)	0.0%	0.0%	12.2%	29.3%	51.2%	7.3%

Exhibit 294. Respondents occupation

Region	Employed	Self-Employed	Not Working, but Looking for a Job	Not Working, and Not Looking for a Job	Home-maker/ Stay at Home Parent	Full or Part Time Family Caregiver	Student	Retired	Unable to Work	Other
Camarillo (n=301)	52.8%	4.3%	7.3%	5.0%	3.7%	1.3%	5.3%	7.3%	12.3%	0.7%
Conejo Valley (n=264)	43.6%	4.5%	11.7%	5.7%	4.5%	1.1%	3.0%	7.6%	15.5%	2.7%
Ojai (n=91)	41.8%	6.6%	4.4%	2.2%	7.7%	5.5%	5.5%	7.7%	16.5%	2.2%
Oxnard (n=1,634)	48.9%	3.5%	11.4%	5.3%	7.2%	2.4%	4.0%	2.9%	10.2%	4.1%
Santa Clara Valley (n=467)	48.4%	2.4%	10.1%	5.1%	11.1%	3.2%	0.9%	7.1%	8.4%	3.4%
Simi Valley (n=409)	45.0%	3.9%	8.6%	3.4%	10.8%	2.0%	2.2%	10.3%	12.0%	2.0%
Ventura (n=642)	47.2%	5.6%	11.1%	5.8%	3.1%	1.6%	2.5%	7.2%	14.0%	2.0%

Exhibit 295. Number of hours worked each week for respondents that are employed or self-employed

Region	40 Hours or More	20 to 39 Hours	Less than 20 Hours
Camarillo (n=165)	63.0%	21.8%	15.2%
Conejo Valley (n=127)	49.6%	33.1%	17.3%
Ojai (n=43)	55.8%	34.9%	9.3%
Oxnard (848)	62.4%	30.3%	7.3%
Santa Clara Valley (n=234)	69.2%	23.9%	6.8%
Simi Valley (n=199)	62.8%	29.1%	8.0%
Ventura (n=337)	63.5%	25.8%	10.7%

Exhibit 296. Highest level of education

Region	Never Attended School	Less than High School	Some High School	High School Graduate /GED	Some College/ Technical School	Technical School/Vocational Program	Associate's Degree	Bachelor's Degree	Graduate Degree	Other
Camarillo (n=303)	0.0%	1.7%	3.6%	21.8%	22.8%	6.3%	9.9%	14.5%	19.5%	0.0%
Conejo Valley (n=266)	0.4%	6.0%	6.0%	16.5%	25.9%	5.6%	8.6%	18.0%	12.8%	0.0%
Ojai (n=91)	2.2%	6.6%	4.4%	8.8%	26.4%	4.4%	14.3%	16.5%	15.4%	1.1%
Oxnard (1,643)	4.9%	16.7%	13.3%	22.0%	17.7%	4.3%	7.4%	8.1%	5.2%	0.4%
Santa Clara Valley (n=466)	6.4%	28.5%	10.7%	20.8%	12.2%	3.2%	5.6%	6.9%	5.4%	0.2%
Simi Valley (n=409)	2.2%	9.3%	6.4%	16.9%	26.2%	4.9%	8.8%	14.9%	10.3%	0.2%
Ventura (n=636)	0.5%	6.1%	7.5%	16.2%	24.4%	3.9%	9.1%	16.0%	15.9%	0.3%

Exhibit 297.   Total household income

Region	Mean	Median	Min	Max
Camarillo (n=191)	94,791	60,000	2,000	750,000
Conejo Valley (n=146)	61,910	30,000	2,000	620,000
Ojai (n=70)	55,984	35,500	2,000	375,000
Oxnard (n=928)	46,734	30,000	2,000	350,000
Santa Clara Valley (n=253)	42,822	30,000	2,000	200,000
Simi Valley (n=273)	79,441	50,000	3,600	400,000
Ventura (n=453)	68,966	40,000	2,000	1,800,000

Exhibit 298.   Respondents poverty level based on HUD Income Levels for Ventura County[23]

Region	0 to 30 FMI	31 to 50 FMI	51 to 80 FMI	81 to 120 FMI	121 to 150 FMI	151 to 200 FMI	200+ FMI
Camarillo (n=157)	20.4%	14.0%	14.6%	14.6%	7.6%	7.0%	20.4%
Conejo Valley (n=133)	47.4%	13.5%	8.3%	11.3%	6.0%	5.3%	8.3%
Ojai (n=66)	40.9%	22.7%	12.1%	7.6%	6.1%	3.0%	7.6%
Oxnard (n=854)	50.5%	18.0%	14.8%	8.1%	2.7%	2.3%	3.6%
Santa Clara Valley (n=233)	54.5%	17.6%	11.2%	7.7%	3.0%	2.6%	3.4%
Simi Valley (n=247)	35.6%	10.9%	8.9%	14.6%	8.1%	8.5%	13.4%
Ventura (n=385)	34.3%	16.9%	12.2%	14.8%	6.0%	6.5%	9.4%

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[23] http://www.hcd.ca.gov/grants-funding/income-limits/state-and-federal-income-limits/docs/inc2k18.pdf

Mental Health

Exhibit 299.   **Alcohol consumption in the last 12 months**

Region	Never	About once a month	About once a week	Twice a week	3 to 4 times a week	5 to 6 times a week	Every day
Camarillo (n=296)	42.9%	31.1%	8.4%	7.8%	6.8%	0.3%	2.7%
Conejo Valley (n=257)	45.1%	28.8%	9.7%	5.1%	6.2%	3.1%	1.9%
Ojai (n=90)	46.7%	22.2%	18.9%	1.1%	4.4%	6.7%	0.0%
Oxnard (n=1,562)	55.3%	30.2%	6.9%	4.2%	2.2%	0.6%	0.6%
Santa Clara Valley (n=459)	56.4%	27.5%	5.7%	4.4%	3.5%	0.7%	2.0%
Simi Valley (n=400)	48.5%	25.0%	11.0%	7.8%	5.0%	1.5%	1.3%
Ventura (n=627)	43.1%	26.3%	9.7%	8.1%	7.3%	2.4%	3.0%

Exhibit 300.   **For respondents who reported drinking, average number of alcoholic drinks**

Region	1 to 2 drinks	3 to 4 drinks	5 to 6 drinks	7 to 8 drinks	9 or more drinks
Camarillo (n=171)	71.3%	18.7%	5.8%	1.8%	2.3%
Conejo Valley (n=140)	77.9%	12.9%	5.0%	2.9%	1.4%
Ojai (n=66)	81.3%	14.6%	0.0%	4.2%	0.0%
Oxnard (n=677)	66.2%	22.7%	7.8%	1.3%	1.9%
Santa Clara Valley (n=190)	71.1%	17.4%	7.4%	2.1%	2.1%
Simi Valley (n=206)	81.1%	10.7%	3.4%	1.5%	3.4%
Ventura (n=356)	74.4%	17.1%	5.9%	0.6%	2.0%

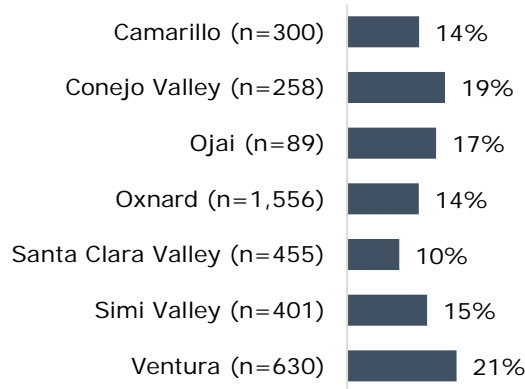**Exhibit 301.   Respondents that reported substance use in the last 12 months**

Region	Percentage
Camarillo (n=300)	14%
Conejo Valley (n=258)	19%
Ojai (n=89)	17%
Oxnard (n=1,556)	14%
Santa Clara Valley (n=455)	10%
Simi Valley (n=401)	15%
Ventura (n=630)	21%

Exhibit 302.   Mental health rating

Region	Poor	Fair	Good	Very Good	Excellent
Camarillo (n=293)	7.5%	26.3%	31.1%	23.2%	11.9%
Conejo Valley (n=249)	12.4%	32.5%	24.1%	20.5%	10.4%
Ojai (n=86)	9.3%	22.1%	27.9%	26.7%	14.0%
Oxnard (n=1,551)	7.9%	24.0%	32.6%	20.2%	15.3%
Santa Clara Valley (n=443)	6.8%	27.5%	34.5%	19.6%	11.5%
Simi Valley (n=383)	8.4%	21.4%	34.5%	22.2%	13.6%
Ventura (n=626)	8.5%	22.4%	30.8%	24.6%	13.7%

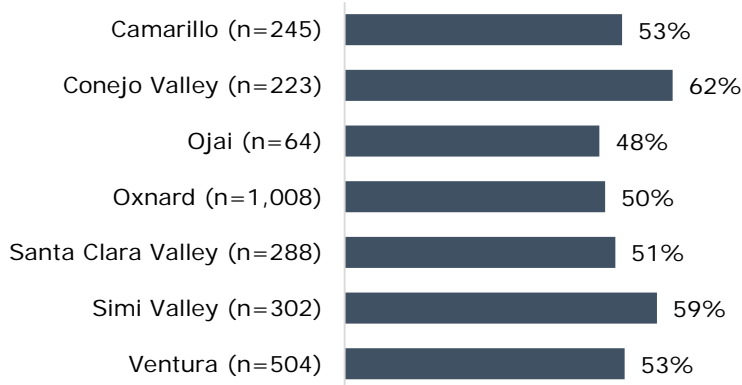**Exhibit 303.   Respondent has been diagnosed with depression by a doctor or healthcare provider**

Region	Percentage
Camarillo (n=245)	53%
Conejo Valley (n=223)	62%
Ojai (n=64)	48%
Oxnard (n=1,008)	50%
Santa Clara Valley (n=288)	51%
Simi Valley (n=302)	59%
Ventura (n=504)	53%

Exhibit 304.   Respondent's family member has been diagnosed with depression by a doctor or healthcare provider

Location	Percentage
Camarillo (n=245)	51%
Conejo Valley (n=223)	48%
Ojai (n=64)	47%
Oxnard (n=1,008)	42%
Santa Clara Valley (n=288)	41%
Simi Valley (n=302)	49%
Ventura (n=504)	48%
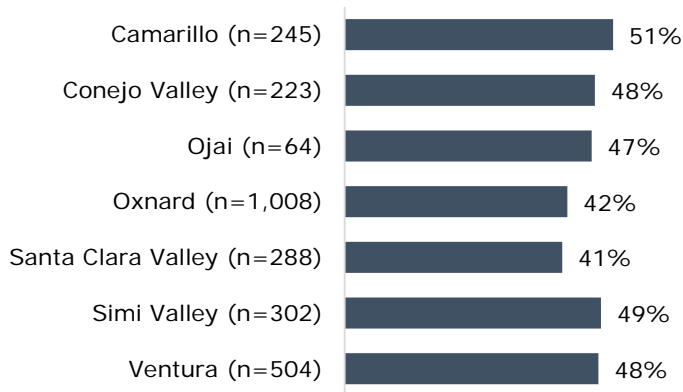
Exhibit 305.   Respondent has been diagnosed with anxiety by a doctor or healthcare provider

Location	Percentage
Camarillo (n=245)	43%
Conejo Valley (n=223)	54%
Ojai (n=64)	52%
Oxnard (n=1,008)	41%
Santa Clara Valley (n=288)	46%
Simi Valley (n=302)	54%
Ventura (n=504)	50%
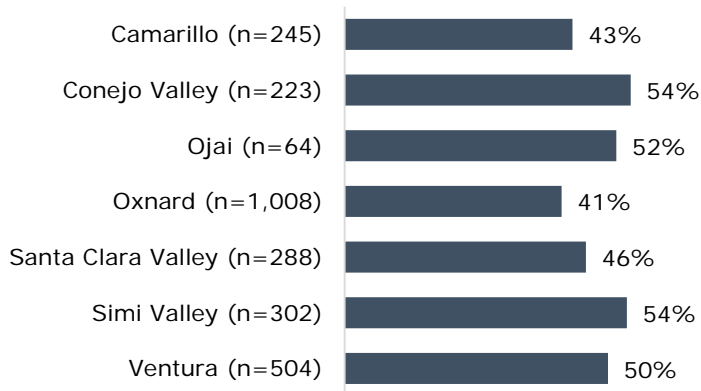
Exhibit 306.   Respondent's family member has been diagnosed with anxiety by a doctor or healthcare provider

Location	Percentage
Camarillo (n=245)	42%
Conejo Valley (n=223)	37%
Ojai (n=64)	47%
Oxnard (n=1,008)	42%
Santa Clara Valley (n=288)	36%
Simi Valley (n=302)	41%
Ventura (n=504)	39%
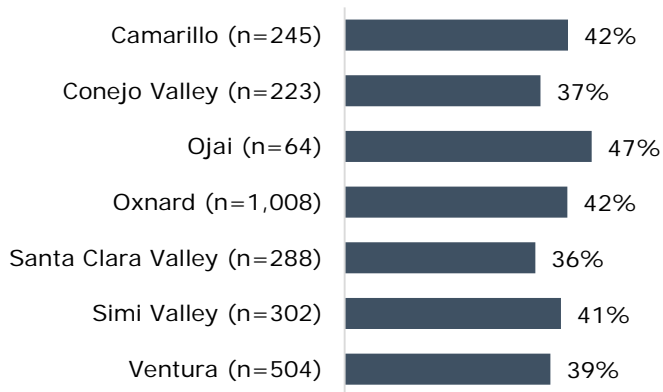
Exhibit 307. **Respondent has been diagnosed with bipolar disorder by a doctor or healthcare provider**

Location	Percentage
Camarillo (n=245)	19%
Conejo Valley (n=223)	20%
Ojai (n=64)	14%
Oxnard (n=1,008)	15%
Santa Clara Valley (n=288)	7%
Simi Valley (n=302)	19%
Ventura (n=504)	14%

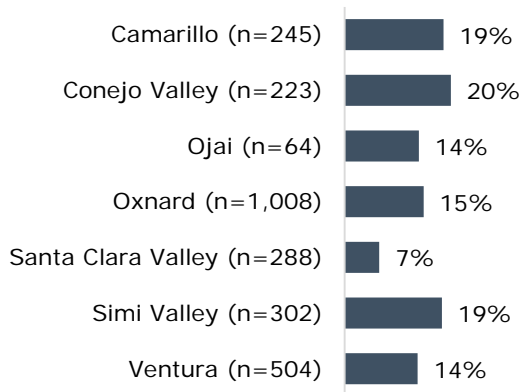**Exhibit 308.** **Respondent's family member has been diagnosed with bipolar disorder by a doctor or healthcare provider**

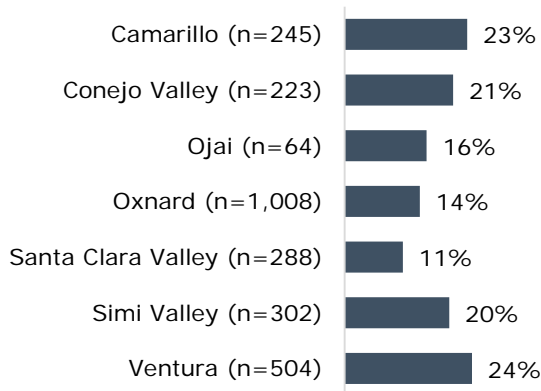| Location	Percentage
Camarillo (n=245)	23%
Conejo Valley (n=223)	21%
Ojai (n=64)	16%
Oxnard (n=1,008)	14%
Santa Clara Valley (n=288)	11%
Simi Valley (n=302)	20%
Ventura (n=504)	24%

Exhibit 309. **Respondent has been diagnosed with eating disorder by a doctor or healthcare provider**

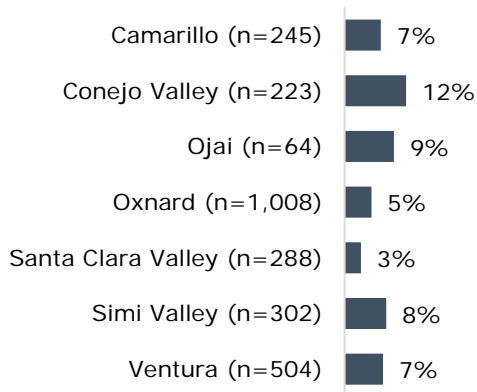| Location	Percentage
Camarillo (n=245)	7%
Conejo Valley (n=223)	12%
Ojai (n=64)	9%
Oxnard (n=1,008)	5%
Santa Clara Valley (n=288)	3%
Simi Valley (n=302)	8%
Ventura (n=504)	7%

Exhibit 310.   Respondent's family member has been diagnosed with eating disorder by a doctor or healthcare provider

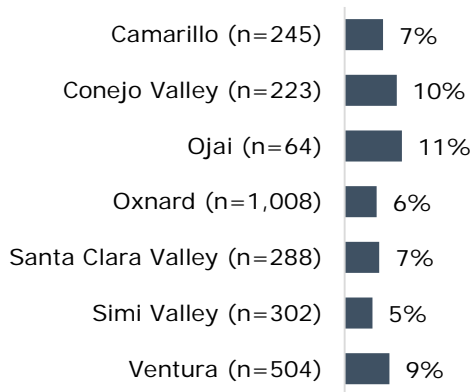|	
Camarillo (n=245)	7%
Conejo Valley (n=223)	10%
Ojai (n=64)	11%
Oxnard (n=1,008)	6%
Santa Clara Valley (n=288)	7%
Simi Valley (n=302)	5%
Ventura (n=504)	9%

Exhibit 311.   Respondent has been diagnosed with panic disorder by a doctor or healthcare provider

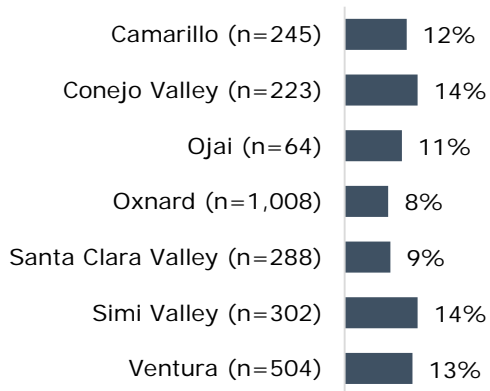|	
Camarillo (n=245)	12%
Conejo Valley (n=223)	14%
Ojai (n=64)	11%
Oxnard (n=1,008)	8%
Santa Clara Valley (n=288)	9%
Simi Valley (n=302)	14%
Ventura (n=504)	13%

Exhibit 312.   Respondent's family member has been diagnosed with panic disorder by a doctor or healthcare provider

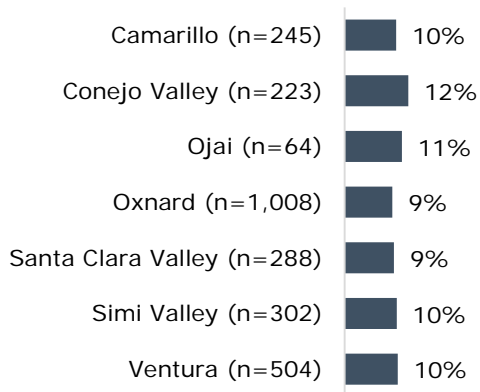|	
Camarillo (n=245)	10%
Conejo Valley (n=223)	12%
Ojai (n=64)	11%
Oxnard (n=1,008)	9%
Santa Clara Valley (n=288)	9%
Simi Valley (n=302)	10%
Ventura (n=504)	10%

Exhibit 313. **Respondent has been diagnosed with schizophrenia by a doctor or healthcare provider**

Location	Percentage
Camarillo (n=245)	16%
Conejo Valley (n=223)	10%
Ojai (n=64)	3%
Oxnard (n=1,008)	12%
Santa Clara Valley (n=288)	3%
Simi Valley (n=302)	4%
Ventura (n=504)	12%
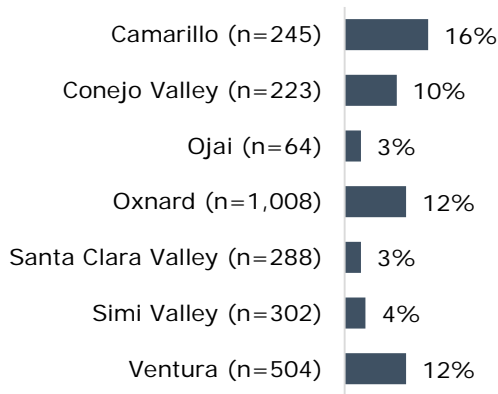
Exhibit 314. **Respondent's family member has been schizophrenia with anxiety by a doctor or healthcare provider**

Location	Percentage
Camarillo (n=245)	14%
Conejo Valley (n=223)	10%
Ojai (n=64)	9%
Oxnard (n=1,008)	11%
Santa Clara Valley (n=288)	10%
Simi Valley (n=302)	9%
Ventura (n=504)	12%
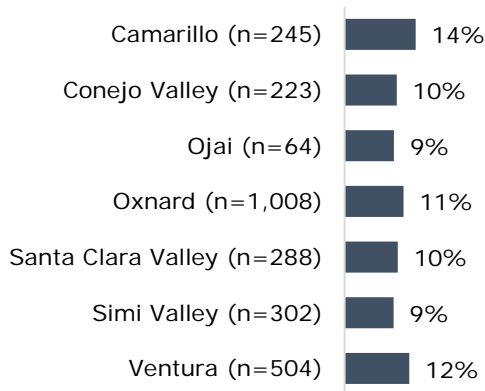
Exhibit 315. **Respondent has been diagnosed with social anxiety or phobia by a doctor or healthcare provider**

Location	Percentage
Camarillo (n=245)	13%
Conejo Valley (n=223)	18%
Ojai (n=64)	8%
Oxnard (n=1,008)	14%
Santa Clara Valley (n=288)	9%
Simi Valley (n=302)	13%
Ventura (n=504)	17%

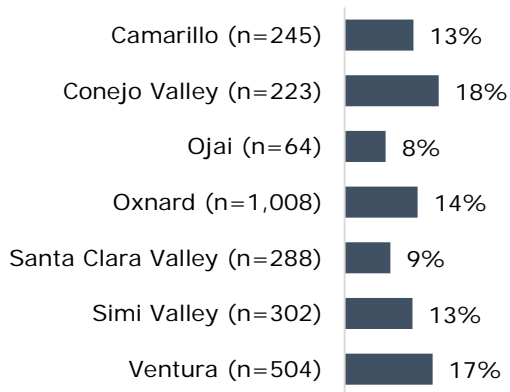**Exhibit 316.   Respondent's family member has been diagnosed with social anxiety or phobia by a doctor or healthcare provider**

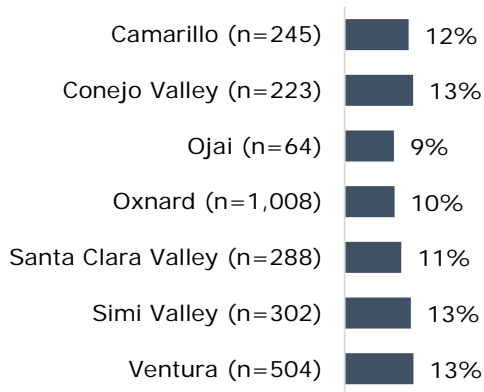| Location	Percentage
Camarillo (n=245)	12%
Conejo Valley (n=223)	13%
Ojai (n=64)	9%
Oxnard (n=1,008)	10%
Santa Clara Valley (n=288)	11%
Simi Valley (n=302)	13%
Ventura (n=504)	13%

Exhibit 317.   Respondent has been diagnosed with alcohol or drug abuse by a doctor or healthcare provider

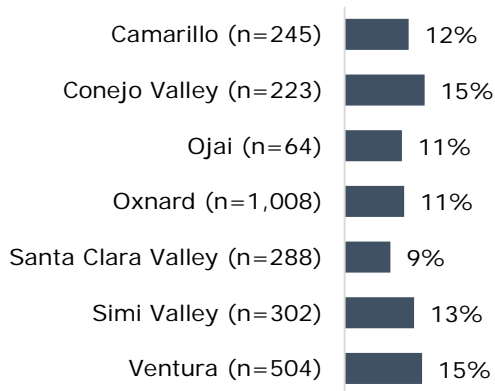| Location	Percentage
Camarillo (n=245)	12%
Conejo Valley (n=223)	15%
Ojai (n=64)	11%
Oxnard (n=1,008)	11%
Santa Clara Valley (n=288)	9%
Simi Valley (n=302)	13%
Ventura (n=504)	15%

Exhibit 318.   Respondent's family member has been diagnosed with alcohol or drug abuse by a doctor or healthcare provider

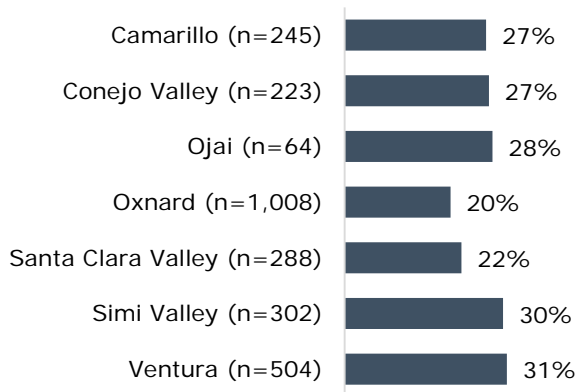| Location	Percentage
Camarillo (n=245)	27%
Conejo Valley (n=223)	27%
Ojai (n=64)	28%
Oxnard (n=1,008)	20%
Santa Clara Valley (n=288)	22%
Simi Valley (n=302)	30%
Ventura (n=504)	31%

Exhibit 319.   Respondent has been diagnosed with other mental health condition by a doctor or healthcare provider

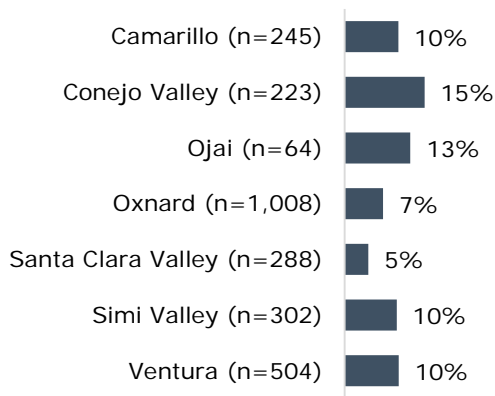| Region	Percent
Camarillo (n=245)	10%
Conejo Valley (n=223)	15%
Ojai (n=64)	13%
Oxnard (n=1,008)	7%
Santa Clara Valley (n=288)	5%
Simi Valley (n=302)	10%
Ventura (n=504)	10%

Exhibit 320.   Respondent's family member has been diagnosed with other mental health condition by a doctor or healthcare provider
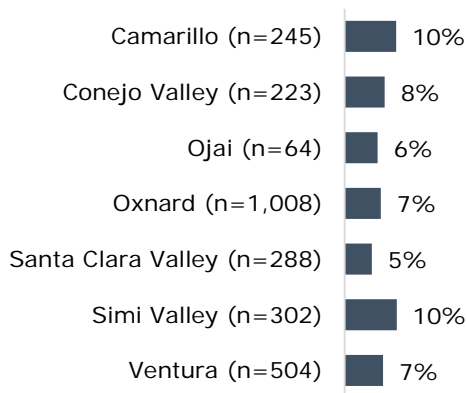
Region	Percent
Camarillo (n=245)	10%
Conejo Valley (n=223)	8%
Ojai (n=64)	6%
Oxnard (n=1,008)	7%
Santa Clara Valley (n=288)	5%
Simi Valley (n=302)	10%
Ventura (n=504)	7%

Exhibit 321.   Respondent's Age at First Mental Health Diagnosis

Region	Mean	Median	Min	Max
Camarillo (n=148)	24.28	21.50	1	60
Conejo Valley (n=140)	25.94	22.00	6	72
Ojai (n=40)	28.80	25.50	12	57
Oxnard (n=511)	24.70	22.00	3	80
Santa Clara Valley (n=128)	29.64	26.50	7	80
Simi Valley (n=187)	24.59	21.00	4	62
Ventura (n=304)	27.01	24.00	1	75

Exhibit 322.   Family Member's Age at First Mental Health Diagnosis

Region	Mean	Median	Min	Max
Camarillo (n=102)	23.85	19.00	1	80
Conejo Valley (n=59)	22.58	17.00	3	60
Ojai (n=25)	25.16	25.00	1	56
Oxnard (n=261)	25.52	20.00	1	89
Santa Clara Valley (n=83)	26.88	25.00	1	70
Simi Valley (n=108)	25.66	21.00	1	85
Ventura (n=179)	23.83	20.00	1	80

Exhibit 323.   Respondent has attempted or thought about suicide

Region	Percent
Camarillo (n=270)	37%
Conejo Valley (n=234)	41%
Ojai (n=83)	25%
Oxnard (n=1,435)	27%
Santa Clara Valley (n=416)	18%
Simi Valley (n=376)	28%
Ventura (n=602)	35%
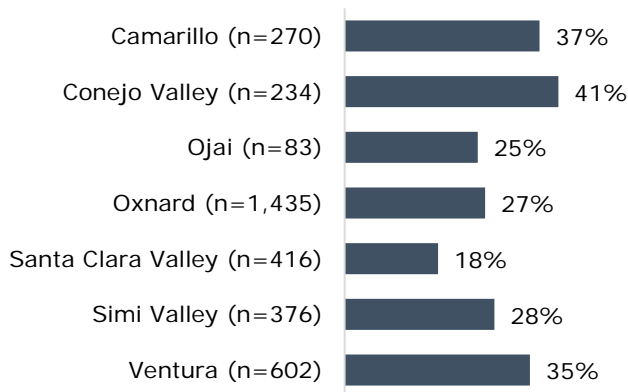
Exhibit 324.   Respondent's family member has attempted or thought about suicide

Region	Percent
Camarillo (n=236)	31%
Conejo Valley (n=202)	38%
Ojai (n=76)	32%
Oxnard (n=1,217)	21%
Santa Clara Valley (n=376)	17%
Simi Valley (n=338)	31%
Ventura (n=512)	38%
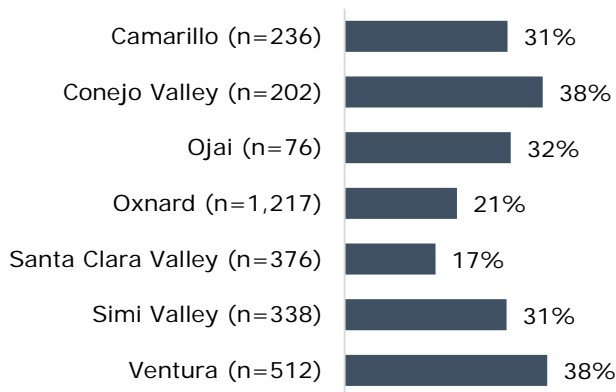
Exhibit 325.   Respondent's Age at Suicide Attempt

Region	Mean	Median	Min	Max
Camarillo (n=72)	21.96	18.00	8	49
Conejo Valley (n=62)	24.26	18.50	7	63
Ojai (n=17)	19.88	16.00	12	46
Oxnard (n=249)	20.46	17.00	6	60
Santa Clara Valley (n=49)	23.00	20.00	11	52
Simi Valley (n=73)	20.33	17.00	7	48
Ventura (n=143)	22.10	18.00	5	80

Exhibit 326.   Family Member's Age at Suicide Attempt

Region	Mean	Median	Min	Max
Camarillo (n=37)	25.32	18.00	8	65
Conejo Valley (n=37)	23.19	17.00	8	60
Ojai (n=18)	37.17	34.50	11	78
Oxnard (n=129)	24.65	21.00	9	70
Santa Clara Valley (n=42)	24.95	22.50	7	65
Simi Valley (n=67)	26.21	22.00	8	64
Ventura (n=108)	25.62	20.00	10	80

Exhibit 327.   Respondent's Access to Needed Mental Health Services in the Last 12 Months

Region	Did not need services	No, did not receive care needed	Yes, received care needed
Camarillo (n=239)	46.9%	7.9%	45.2%
Conejo Valley (n=198)	34.3%	7.6%	58.1%
Ojai (n=74)	51.4%	6.8%	41.9%
Oxnard (n=1,142)	48.9%	12.1%	39.0%
Santa Clara Valley (n=330)	64.5%	8.2%	27.3%
Simi Valley (n=326)	45.7%	13.2%	41.1%
Ventura (n=517)	40.8%	11.0%	48.2%

Exhibit 328.   Respondent's Family's Access to Needed Mental Health Services in the Last 12 Months

Region	Did not need services	No, did not receive care needed	Yes, received care needed
Camarillo (n=190)	37.9%	15.8%	46.3%
Conejo Valley (n=138)	47.8%	19.6%	32.6%
Ojai (n=47)	40.4%	21.3%	38.3%
Oxnard (n=1,011)	51.2%	20.3%	28.5%
Santa Clara Valley (n=296)	59.8%	12.8%	27.4%
Simi Valley (n=257)	45.5%	23.3%	31.1%
Ventura (n=390)	43.3%	15.6%	41.0%

Exhibit 329. Main reasons why mental health services were NOT received

Region	No Health Insurance	Timing of Services	Fear of Being Mistreated	Lack of Serrvices Approprite to Culture	Lack of Services Available in Language	Too Much Travel	Other
Camarillo (n=35)	40.0%	25.7%	14.3%	11.4%	0.0%	14.3%	57.1%
Conejo Valley (n=35)	34.3%	11.4%	5.7%	8.6%	0.0%	5.7%	48.6%
Ojai (n=14)	42.9%	14.3%	14.3%	0.0%	0.0%	0.0%	28.6%
Oxnard (n=223)	62.3%	55.2%	46.2%	41.3%	40.4%	35.4%	18.4%
Santa Clara Valley (n=43)	34.9%	23.3%	30.2%	18.6%	23.3%	25.6%	16.3%
Simi Valley (n=75)	44.0%	18.7%	14.7%	6.7%	4.0%	21.3%	40.0%
Ventura (n=86)	47.7%	17.4%	23.3%	9.3%	2.3%	10.5%	41.9%

Exhibit 330. Staff that provided services were sensitive to cultural background

Region	Value
Camarillo (n=148)	91%
Conejo Valley (n=135)	91%
Ojai (n=34)	97%
Oxnard (n=555)	86%
Santa Clara Valley (n=123)	89%
Simi Valley (n=154)	84%
Ventura (n=308)	90%
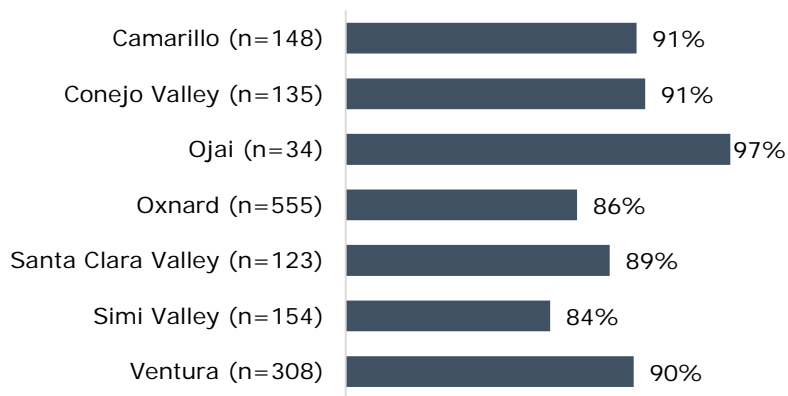
Exhibit 331. Services were provided in preferred language

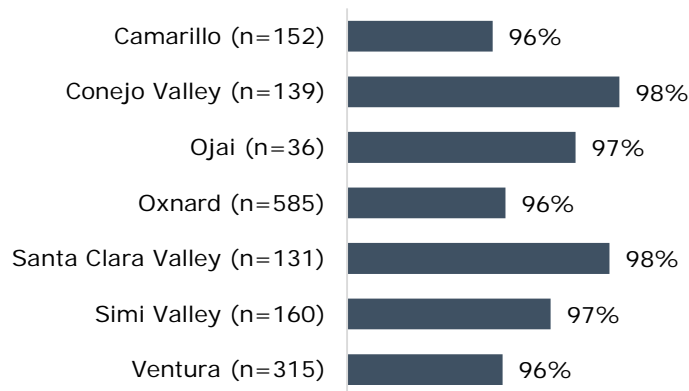| Region	Value
Camarillo (n=152)	96%
Conejo Valley (n=139)	98%
Ojai (n=36)	97%
Oxnard (n=585)	96%
Santa Clara Valley (n=131)	98%
Simi Valley (n=160)	97%
Ventura (n=315)	96%

Exhibit 332. Overall satisfaction with received services

Region	Very dissatisfied	Somewhat dissatisfied	Somewhat satisfied	Very satisfied
Camarillo (n=146)	5.5%	6.8%	30.1%	57.5%
Conejo Valley (n=137)	10.2%	6.6%	29.2%	54.0%
Ojai (n=36)	8.3%	8.3%	36.1%	47.2%
Oxnard (n=581)	9.1%	8.1%	27.9%	54.9%
Santa Clara Valley (n=125)	8.8%	10.4%	33.6%	47.2%
Simi Valley (n=162)	6.8%	4.3%	32.7%	56.2%
Ventura (n=310)	5.5%	6.8%	35.5%	52.3%

Exhibit 333. Most urgent mental health issues in the community

Region	Alcoholism/ Drug Use	Childhood Trauma	Depression	Homelesness	Lack of Access to Mental Health Services	Lack of Services Appropriate for My Culture	Lack of Services in My Preferred Language	Thoughts of Sucide	Other	None
Camarillo (n=275)	38.5%	27.3%	45.8%	41.5%	37.1%	7.3%	2.9%	22.5%	7.3%	6.2%
Conejo Valley (n=239)	38.9%	25.1%	37.7%	36.8%	33.1%	7.1%	7.1%	24.7%	10.0%	11.3%
Ojai (n=84)	41.7%	32.1%	40.5%	52.4%	45.2%	4.8%	6.0%	17.9%	13.1%	6.0%
Oxnard (n=1,505)	38.8%	27.0%	41.4%	38.5%	33.0%	17.8%	16.7%	17.3%	6.4%	11.7%
Santa Clara Valley (n=435)	41.1%	25.7%	37.9%	28.0%	37.9%	17.7%	16.3%	14.9%	7.8%	11.5%
Simi Valley (n=382)	49.2%	24.9%	37.2%	37.2%	46.6%	4.7%	6.3%	18.6%	8.9%	8.6%
Ventura (n=594)	40.7%	24.1%	35.7%	56.2%	41.8%	5.4%	2.5%	14.1%	11.1%	9.6%

2018 VENTURA COUNTY MHSA NEEDS ASSESSMENT: PROVIDER SURVEY

Summary of Findings

Prepared by EVALCORP Research & Consulting

2018 Ventura County MHSA Needs Assessment
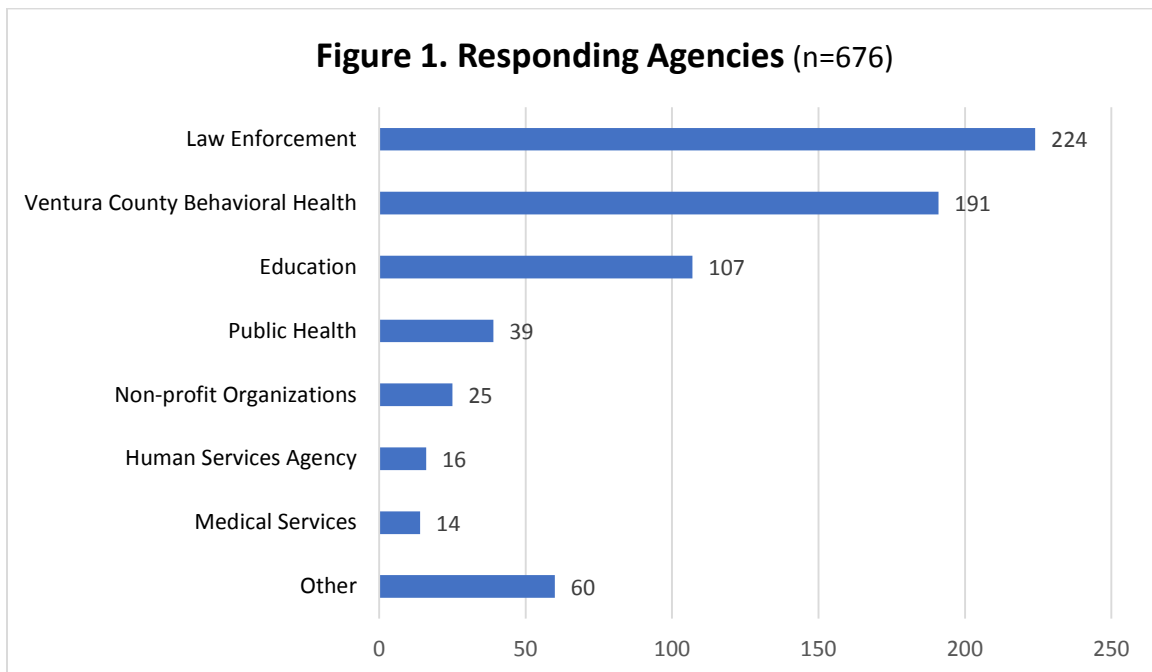# Provider Survey Summary of Findings

As part of a comprehensive countywide assessment initiative, EVALCORP Research and Consulting worked in collaboration with Ventura County Behavioral Health (VCBH) to develop and conduct the 2018 MHSA Provider Survey designed for agencies that work with populations in need of mental health services. The purpose of the survey was to obtain providers' perspectives and experiences regarding the availability and provision of mental health services countywide. Recommendations for improving mental health service delivery were also collected from providers. Key findings are summarized in this report.

Provider Survey Findings

The Provider Survey was developed and administered online by EVALCORP during October 2018 to all agencies that assist the community with their mental health needs. The survey was distributed to a wide range of county, private, and non-profit agencies. During the three-week survey administration timeframe, a total of 690 individuals responded.
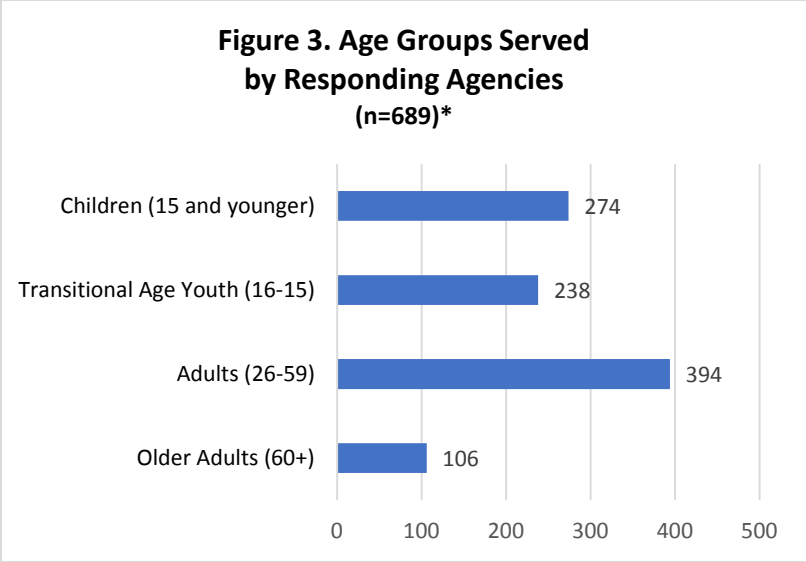
Responding Agencies

Of the 690 surveys collected, 676 respondents indicated which agency they worked for. The majority (61%) of respondents were from either Ventura County Behavioral Health (VCBH) or law enforcement agencies which included the Sheriff's Office, municipal police departments and probation. Other respondents' places of employment included educational institutions (such as those who work in primary, secondary, and higher educational institutions), Public Health, Human Services Agency, hospitals, ambulatory care, and community-based nonprofits (**Figure 1**). Over 70% of respondents identified as direct service providers or patrol interfacing directly with individuals (**Figure 2**).
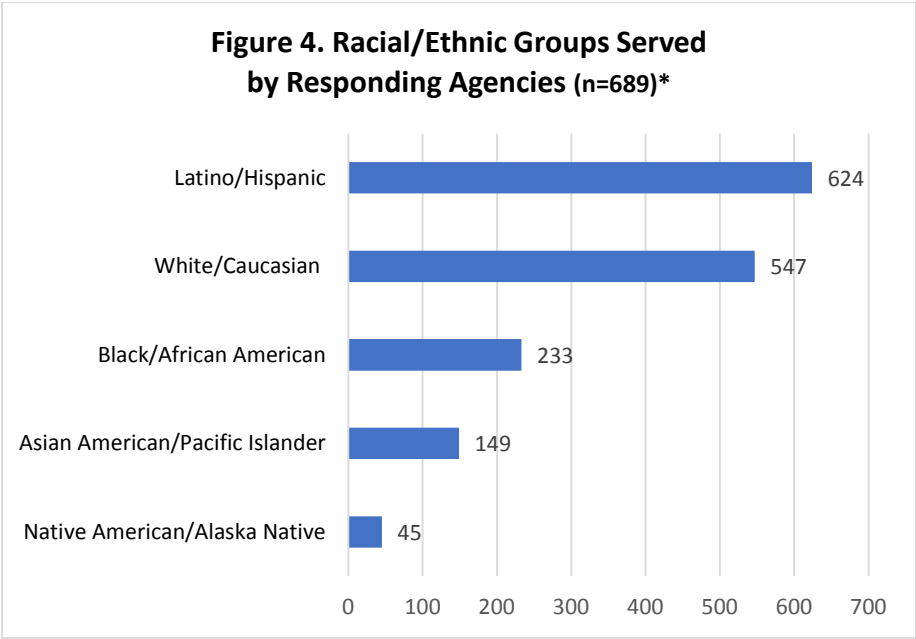

Figure 1. Responding Agencies (n=676)

Agency	Count
Law Enforcement	224
Ventura County Behavioral Health	191
Education	107
Public Health	39
Non-profit Organizations	25
Human Services Agency	16
Medical Services	14
Other	60

Figure 2. Respondent Role (n=673)

Role	Count
Direct Service	352
Patrol	128
Manager/Supervisor/Executive Director	123
Admin/Office Support	58
Other	12
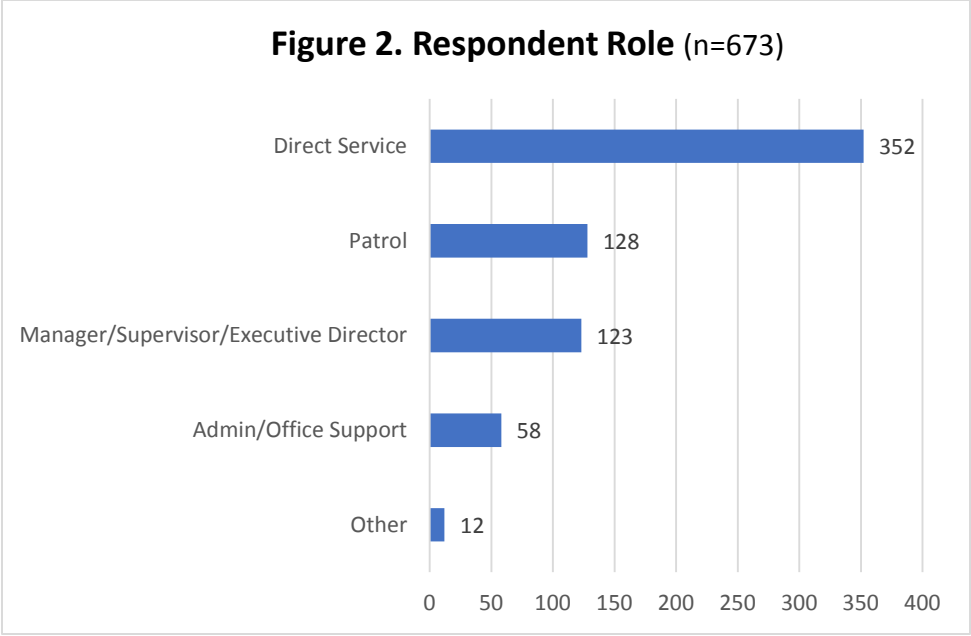
Respondents were also asked to indicate the primary regions and populations served (**see Table 1**, **Figure 3** and **Figure 4**).

Table 1. Regions Served by Responding Agencies (n=649)	
Countywide	205
Camarillo/Somis	46
Fillmore/Piru	12
Moorpark	18
Ojai/Miners Oaks/Oak View	9
Oxnard/El Rio/Nyeland Acres	186
Point Mugu/Base	0
Port Hueneme	10
Santa Paula	14
Simi Valley	32
Thousand Oaks/Conejo Valley	59
Ventura/Saticoy	58

**Figure 3. Age Groups Served
by Responding Agencies
(n=689)***

Age Group	Value
Children (15 and younger)	274
Transitional Age Youth (16-15)	238
Adults (26-59)	394
Older Adults (60+)	106

*Respondents could select more than one response

**Figure 4. Racial/Ethnic Groups Served
by Responding Agencies (n=689)***

Racial/Ethnic Group	Value
Latino/Hispanic	624
White/Caucasian	547
Black/African American	233
Asian American/Pacific Islander	149
Native American/Alaska Native	45

*Respondents could select more than one response

Other subpopulations served by respondents include persons with disabilities (e.g., cognitive, physical or challenges communicating); LGBTQ+; and persons with social/emotional or substance use disorders. Among the 23 individuals who selected 'other' populations served, responses included: persons experiencing homelessness (n=10), indigenous populations (n=3), foster youth (n=2), and the previously incarcerated (n=2).

Persons with Mental Disabilities (n=291)
(Dementia, Learning, Developmental)

LGBTQ+ (n=159)

Persons with Chronic Health Conditions (n=185)

Persons with Mobility/Physical Disabilities (n=142)

Persons with Hearing/Speech Disabilities (n=128)
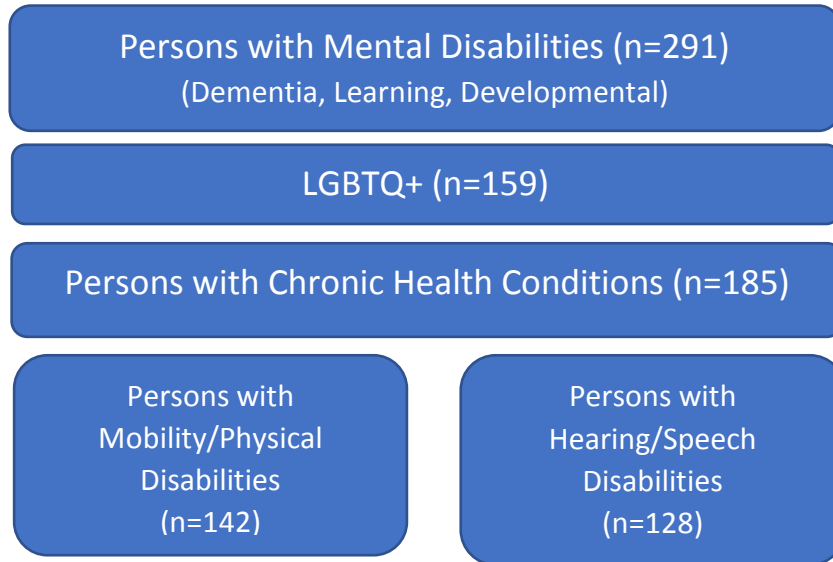
Capacity and Availability of Mental Health Services Across Ventura County

Respondents were asked about the availability, wait times, cultural competency, and ease of access for clients given the currently "in place" mental health services within Ventura County (**Table 2**). Highest rated (i.e., deemed Good or Excellent) were: cultural competency of staff; hours of operation; and materials/services provided in multiple languages. Almost half (49%) rated "capacity" as poor.

Table 2. Assessment of Available Mental Health Services (n=634)					
	Not Sure	**Poor**	**Fair**	**Good**	**Excellent**
Availability of appointments	25%	24%	26%	18%	7%
Hours of operation	20%	16%	26%	30%	8%
Wait times in lobby to see provider	43%	12%	16%	20%	9%
Capacity	22%	49%	17%	10%	2%
Cultural competency of staff	31%	7%	20%	32%	10%
Ease of access for clients	18%	25%	28%	22%	7%
Materials or services provided in multiple languages	35%	8%	20%	28%	9%
Childcare availability	56%	28%	11%	4%	1%
Referrals provided to clients/families	31%	11%	26%	26%	6%

After ranking the quality of the mental health services above, respondents were asked to explain their answers. Of the 634 who ranked the availability or quality of mental health services, 145 elaborated further. A sample of responses illustrating common themes is provided below:

"Excellent patient care is possible when there is enough staff. When there is minimal staff there is minimal care."

"There is a continuous need for mental health workers to work in the field with patrol officers."

"We need more therapists and psychiatrists desperately. Our appointments are booked out too far. Our therapy waiting lists are too long."

"Clients have transportation and language barriers. The process is too lengthy and most clients give up and decide not to follow through with therapy. The ones that do go through the process are then placed on a waiting list due to the low number of bilingual therapists available. When they finally get called to set up therapy, they are no longer interested."

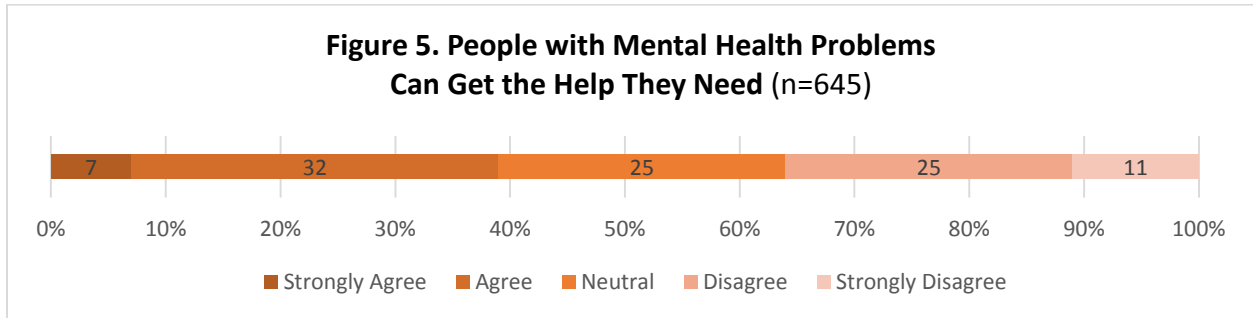*"Materials are in multiple languages, but are not culturally competent"*

"I believe our agency does a great job at recognizing the clients that need services and what they need. However, there isn't enough staff to accommodate the need."

"Public transportation for ease of access is limited"

"The ER [Emergency Room] is filled daily with mental health patients and the ER is not equipped to provide the proper level of mental health care needed."

Unmet Mental Health Needs

As part of the assessment, respondents were also asked (1) whether those in need of mental health services can access them; (2) what the most urgent issues affecting mental health are at this time; (3) which populations were in greatest need of mental health services; (4) what, if any, unmet mental health needs exist within the communities they serve; and, (5) whether their agency's capacity is currently sufficient to meet identified needs.

As seen below (**Figure 5**), respondents were split when asked if people with mental health problems in their communities can receive the help they need.

Figure 5. People with Mental Health Problems Can Get the Help They Need (n=645)

7	Strongly Agree
32	Agree
25	Neutral
25	Disagree
11	Strongly Disagree

When asked about the most urgent issues affecting mental health, respondents most frequently indicated substance use, homelessness, lack of access to services, and depression (**Table 3**).

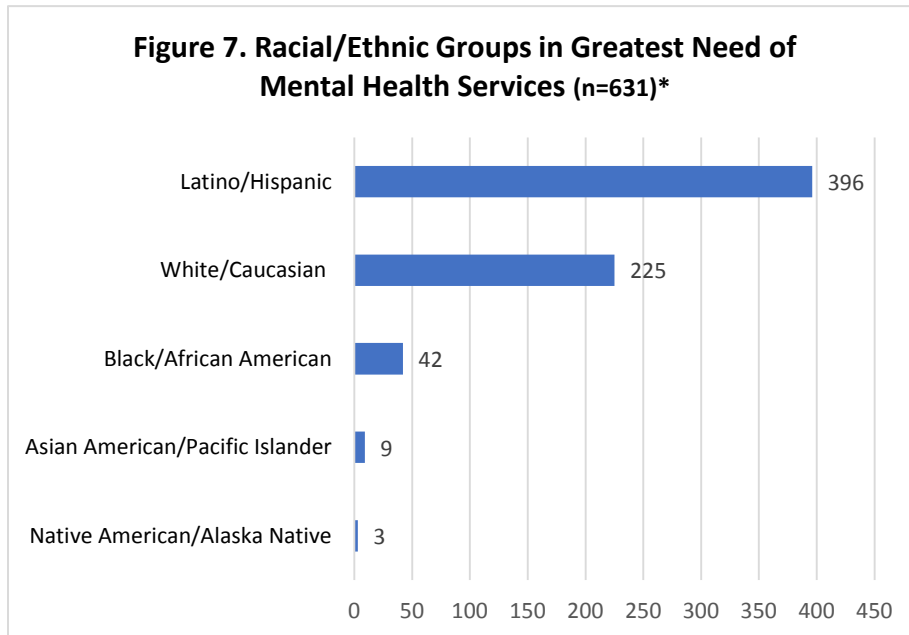| Table 3. Most Urgent Issues Affecting Mental Health (n=648)*		
	Number	**Percent of Respondents**
Alcoholism/Drug use	399	62%
Homelessness	387	60%
Lack of access to mental health services	343	53%
Depression	323	50%
Childhood trauma	272	42%
Thoughts of suicide	247	38%
Lack of culturally appropriate services	108	17%
Lack of services in clients preferred language	95	15%

*Respondents could select more than one response

Over 100 respondents opted to provide additional "urgent issues" affecting mental health in Ventura County. A sample of the coded responses is below:

- Other mental health conditions or disabilities ranging from ADD/ADHD to schizophrenia and psychosis (n=23)
    - Note: anxiety was the most frequently indicated (n=15)
- Personal issues (e.g., divorce, deportation or incarceration of a family member) (n=7)
- Effects of low income (n=6)
- Domestic violence (n=4)
- Gang involvement/exposure (n=4)
- Stigma (n=2)

When asked specifically which age group is in greatest need of mental health services, the most frequently chosen age category was Adults (26-59), followed closely by TAY (ages 16-25) (**Figure 6**). Latinos/Hispanics, followed by Whites/Caucasians were the most frequently selected racial/ethnic groups in greatest need of mental health services (**Figure 7**).
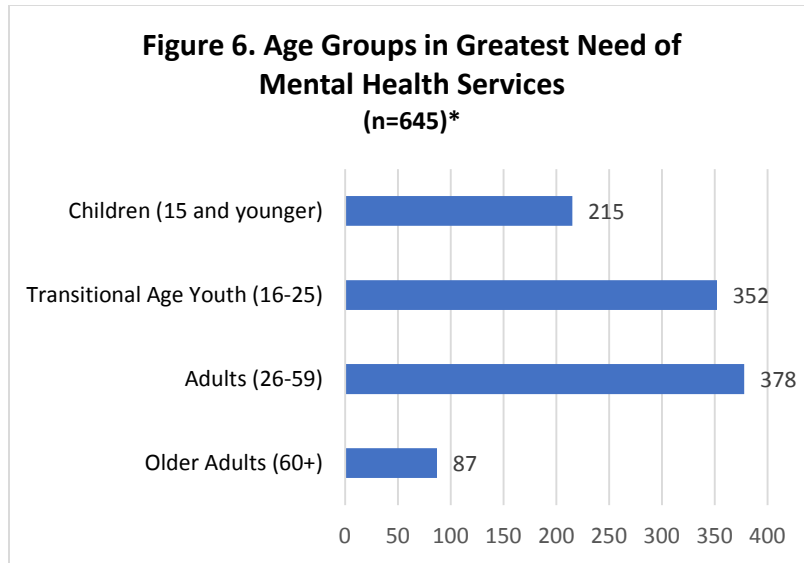
Figure 6. Age Groups in Greatest Need of Mental Health Services (n=645)*

Age Group	Value
Children (15 and younger)	215
Transitional Age Youth (16-25)	352
Adults (26-59)	378
Older Adults (60+)	87

*Respondents could select more than one response

Figure 7. Racial/Ethnic Groups in Greatest Need of Mental Health Services (n=631)*

Racial/Ethnic Group	Value
Latino/Hispanic	396
White/Caucasian	225
Black/African American	42
Asian American/Pacific Islander	9
Native American/Alaska Native	3

*Respondents could select more than one response

Other subpopulations in great need of mental health services according to respondents include: persons with mental disabilities (n=186), LGBTQ+ (n=107), persons with chronic health conditions (n=64), persons with mobility/physical disabilities (n=30), persons with communication disabilities (n=21), and those with substance use problems (n=11). Other subpopulations indicated were: persons experiencing homelessness (n=7) and indigenous populations (n=4). An additional 38 respondents selected 'other' (e.g., caregivers; those with social emotional problems; and youth exposed to gangs, domestic violence, and sex trafficking).

When asked to describe any unmet needs relative to mental health services in the communities they serve, a total of 245 individuals provided responses. Coded response categories are below:

- Increased access to services: shorter wait times, more beds in hospitals and other facilities, services available at more times (weekends and evenings), and simplifying the difficulties in navigating the process (n=57)
- Substance use treatment: including in-patient, sober living facilities, and treatment for dual diagnoses (n=28)
- Housing: emergency, transitional, affordable, etc. (n=20)
- Transportation (n=15)
- Education and outreach (n=15)
- Services for individuals experiencing homelessness (n=15)
- Availability of different levels of care and follow-up such as counseling and therapy (n=15)
- Affordable/low income services (n=13)
- Local services (n=13)
- Appropriate treatment for youth: inpatient, psychiatric, substance use treatment (n=11)
- Childcare (n=10)
- Assistance for families with children with varying needs (autism, social emotional, behavioral) (n=9)
- Multilingual and culturally competent service providers (n=9)
- Mobile/in-the-field mental health services (n=8)
- Access to mental health services in schools (n=8)
- Timely crisis intervention (n=7)
- Treatment for eating disorders (n= 7)
- Services for undocumented individuals (n=2)
- Services for older adults (n=5)
- Services tailored to women (n=3)
- Care for caregivers (n=3)
- LGBTQ+ (n=2)

"[We need to determine] why clients don't follow through when a referral is made and [try] to correct whatever issues are blocking access to services."

A sample of select quotes are provided below:

"Prevention and intervention is needed! Why does the county have to wait until a youth is in full crisis and suicidal?"

"Parents may not know a service exists or they get denied and give up. Sometimes the parent needs someone to advocate for them to help them navigate how to get services for their child."

"Local services with culturally competent staff. Often families are referred to locations towards the east end of Ventura. Families on the West side often are limited in their English communication skills and lack transportation."

As shown in **Figure 8**, almost two-thirds of respondents felt that their agency's capacity to meet the mental health needs in their service area is sufficient or sometimes sufficient; yet, 45% felt that their agency's capacity was insufficient (45%) to meet the mental health needs in their service area**.**

Figure 8. Sufficiency of Agency Capacity
(n=643)

■ Sufficient   ■ Sometimes Sufficient   ■ Not Sufficient
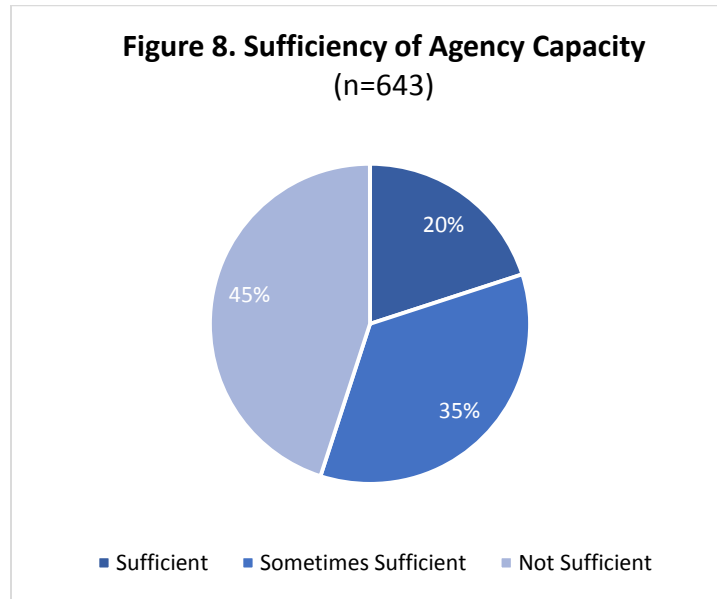
Barriers to Accessing Mental Health Services

Respondents were asked to consider available mental health services in the communities they serve and indicate which barriers listed below may prevent clients from accessing care (**Table 4**). They were also provided with an option to write in barriers not provided.

Table 4. Barriers to Accessing Mental Health Care (n=612)*		
	Number	**Percent of Respondents**
Transportation	469	77%
Client knowledge of available services	397	65%
Availability of services	302	49%
Location of services	261	43%
Lack of childcare	182	30%
Lack of culturally appropriate services	100	16%
Staff competency	69	11%

*Respondents could select more than one response

Over 65 respondents provided additional barriers affecting mental health care access in Ventura County. A sample of the most common response themes is below:

- Individuals themselves are unwilling to seek or pursue services (n=12)
- Financial concerns/unable to afford services (n= 7)
- Hours of operation (n= 6)
- Wait times for care (n= 5)
- Staffing shortages (n= 4)
- Language barriers (n= 3)
- Stigma (n= 2)

Recommendations

At the conclusion of the survey, respondents were asked to provide recommendations to better meet the primary mental health needs within the communities they serve. A total of 260 respondents provided suggestions. Coded response categories are below:

- More providers and capacity to serve (nonprofit, private, and county clinics; mental health facilities or hospitals) (n= 92)
  - Hiring staff (n= 25)
  - School-based services (n =17)
  - Inpatient (n=10)
- Improving access to care (n=59)
  - Extended hours of operation (n=18)
  - Transportation to and from services (n=17)
  - Childcare for clients (n=7)
  - Streamlining intake/reducing barriers to services (n=5)
  - Addressing stigma (4)
  - Advocacy (1)
- Community and provider outreach, education, and training (n=46)
- Supplemental or enhanced types of services (n= 37)
  - Substance use (n= 11)
  - Follow-up/aftercare (n= 8)
  - Mobile/in-the-field services (n= 7)
  - Affordable (n= 5)
  - Assessment/screenings (n= 5)
  - Local (n= 1)
- Services for specific subpopulations (n=17)
  - Older adults (n= 6)
  - Caregivers (n= 4)
  - People experiencing homelessness (n= 3)
  - Individuals with dual diagnosis (n= 2)
  - LGBTQ+ (n= 1)
  - Persons involved with the foster care system (n= 1)

"Mental health professionals should be available to ride with certain police officers during varying hours of the day and be available to assist persons wo are in a mental health crisis."

- Housing (including board and care facilities) (n=16)
- Interagency collaboration (n= 15)
- Multicultural/lingual staff (n=12)
- Prevention (n=5)
- Prosocial youth activities (mentoring, sports, art programs, etc.) (n=5)
- More options for quick/immediate care outside of law enforcement and emergency rooms (i.e., hotline) (n=5)
- Whole Person care (n=2)

"[We need to be able to provide] prosocial referrals for youth and families that are struggling with negative activities of gang violence and drug abuse in the community. Families are seeking replacement activities to remain sober, channel anger, express emotions…that are not accessible to families with little economic resources and in poverty."

"There is not enough being done to address chronic homeless mental health issues. It is without doubt the greatest mental health challenge facing our community. It should be given the highest priority."